INDIAN ECHOES 1995

IT'S ALL

GAMES

AND

GAMES

BUT...

IT'S ALL *Fun* AND GAMES BUT...

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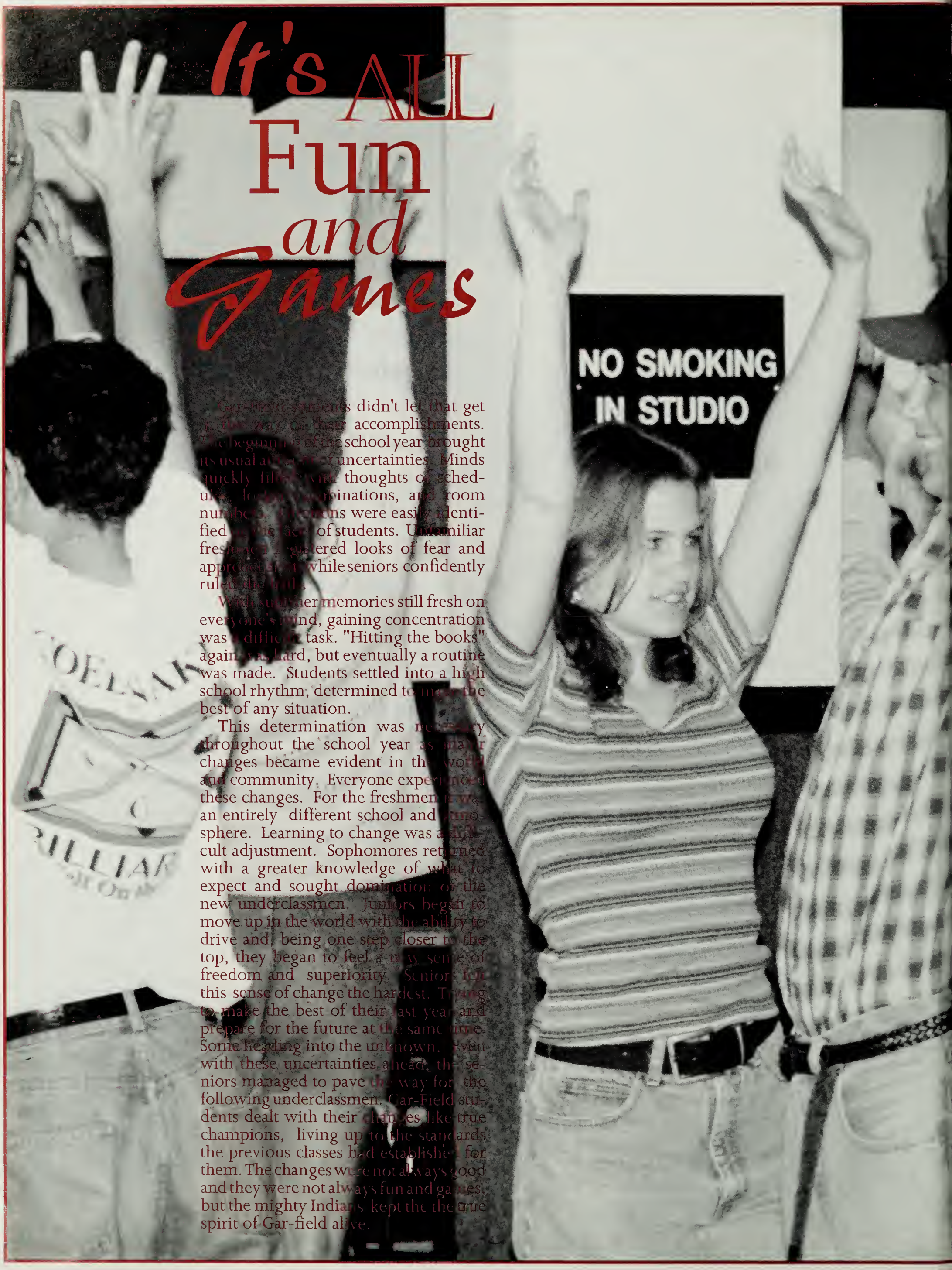
GAR-FIELD HIGH SCHOOL



fun AND GAMES



It's ALL Fun and Games



Gar-Field students didn't let that get in the way of their accomplishments. The beginning of the school year brought its usual array of uncertainties. Minds quickly filled with thoughts of schedules, locker combinations, and room numbers. Freshmen were easily identified by the faces of students. Unfamiliar freshmen registered looks of fear and apprehension while seniors confidently ruled the halls.

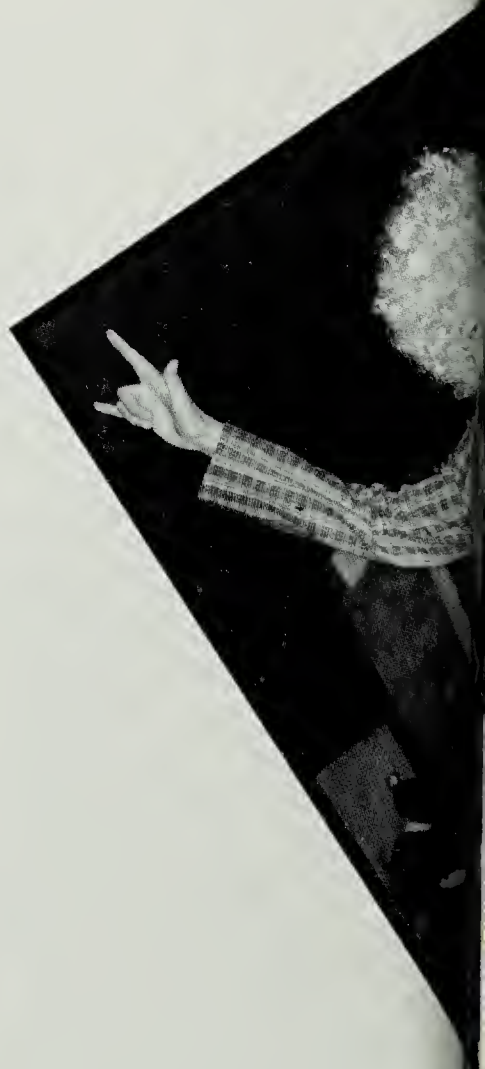
With summer memories still fresh on everyone's mind, gaining concentration was a difficult task. "Hitting the books" again was hard, but eventually a routine was made. Students settled into a high school rhythm, determined to make the best of any situation.

This determination was necessary throughout the school year as major changes became evident in the world and community. Everyone experienced these changes. For the freshmen it was an entirely different school and atmosphere. Learning to change was a difficult adjustment. Sophomores returned with a greater knowledge of what to expect and sought domination of the new underclassmen. Juniors began to move up in the world with the ability to drive and, being one step closer to the top, they began to feel a new sense of freedom and superiority. Seniors felt this sense of change the hardest. Trying to make the best of their last year and prepare for the future at the same time. Some heading into the unknown. Even with these uncertainties ahead, the seniors managed to pave the way for the following underclassmen. Gar-Field students dealt with their changes like true champions, living up to the standards the previous classes had established for them. The changes were not always good and they were not always fun and games, but the mighty Indians kept the the true spirit of Gar-field alive.


ERLEADER









GAR-FIELD

Student Life





Valedictorian James Sullivan wished his class luck after he thanked them for unforgettable high school years.



Amy Alter gets an encouraging hug from a friend after the graduation ceremony. Her first one as part of the "real" world.

Students Annette Ansong, Amy Alter, and Heather Alsup place their hands over their hearts to show their patriotism to their school and country for the last time with the full class of 1994.





As they made their way to their places, seniors Terri Barnes, Kim Baxley, and Tara Beale anxiously awaited their tickets to the future.



Holding back tears of joy, Megan Hiett receives her salutatorian medal. A trophy representing four years of hard work.



Guest speaker and former teacher, Larry Bell, shares words of encouragement with the graduating class as well as his eldest son, Jason Bell. It proved to be a memorable evening for everyone.



Discussing their plans for later on that evening, Michele Slaughter, LeeAnn Sincavege, and Tracy Sieme decide to go to the after-graduation party together.

It's All Over Now!



It's 7:15 a.m., September 8, 1993. That first crowd of returning students burst through the doors. These students seem very comfortable with the school. They walk with a little bit of attitude..... maybe even arrogance, and you know exactly what they are thinking..... Look out Gar-Field, here I come!! These aren't just any students, they are Gar-Field's newest batch of seniors!

From day one, most of the seniors experienced the same daydream almost everyday....June 18, 1994.... better known as graduation. The anxiously awaited day for seniors and their families throughout the year. This was a day to feel proud of yourself, your friends, and your class. "I was very proud of my sister Christina Templin." recalled freshman brother, Cody Templin, "I'll miss her." he added. Yet, when the glorious day finally came, some were a little unsure of just how bad they wanted to leave. 1994 graduate Bonnie Cameron said, "I had some great experiences here, but now I think I am ready for a greater challenge."

The ceremony finally came on a beautiful, breezy June evening. These unconvinced seniors received a boost of confidence from requested guest speaker, Larry Bell, and Valedictorian James Sullivan. Some still left a little shakey, but graduate Jennifer Scolleri said it best, "The year was great and flew by, but here we are now. Gar-Field has prepared me for the future."- Rena Ryan, Cinthia Rios, Alease Tate



With a hint of pride, Shana Chuquillangui, Maurice Crittendon, James Sullivan, and Megan Hiett lead the crowd onto the field. These leaders definitely earned their places in Gar-Field history.



Adam Ash, Bernard Arnoldi, and Jacque Arnold said goodbye to the good old days and hello to the future. They finally realized that four years of high school did have a reward of its own.

. . . It's All Hokie-Pokie



If you were to picture yourself in 20 years, reminiscing about high school, what one thing would you remember most vividly? You might have said the 1994 prom was a "River of Dreams" if you weren't one of the couples who drove around Fort Belvior lost all night.

Rena Ryan confessed, "I really got nervous when everyone started following us because we had no idea where we were going."

The class of 1995 worked hard to make this prom special. The junior class had been fundraising since their sophomore year. They increased their initial $200 into $3,000 by selling concessions after school and through the sale of homecoming tickets. By their junior year, they had enough to afford the $14,000 it costs to hold the prom at the Fort Belvior Officer's Club. The location was perfect as it offered both beautiful scenery and a great night for students.

Although many students thought they would never make it to prom, when they finally arrived, they made last year's prom a memorable one. -Jennifer Glufling and Megan Glyer



Demonstrating the long- time tradition, Sarah Weaver and Russel Johnson exchange flowers on prom night. Sarah's silk-covered fingers fumble for a pin, while Russel attempts to hold on to camera cards.



As a final luxury of their senior year, Angela Grubb Christian Reilly, Autumn Noel, and Ray Tolbert arrive at prom in the comfort of a limousine. Limousines are an expensive item, therefore couples often ride in groups.





With a moment to spare, Todd Affeldt and his date took time out to enjoy each other during the dance. Prom is one of the last opportunities for couples to spend quality time together before graduation.

Before Kevin Dewhurst and Lisa Hrubes take their pictures, they must decide which packages they want to order. It is common for students to purchase pictures in order to remember their special night.





King and queen, Winston October and Diedre Rich enjoy their moment in the spotlight. Nominations were made early in the year by the senior class to elect the king and queen. Sociology teacher, Mr. Patrick O'Shea, made the final decision after consultation with others.

Top Five Most Embarassing Moments Of Prom

5. "I was walking up the steps to prom when the girl in front of me got her heel stuck in the crack of the steps, her boyfriend had to help her out."
4. "My friend and I were double-dating. We got up to go to the bathroom, when I accidentally stepped on her dress. I was too embarassed to tell her that I ripped her dress."
3. "After dinner in Old Town, we decided to make our plans easier and just meet our friends at the prom. We thought it was strange that they never showed up. It ended up that they couldn't find their car and had to have the police help them find it."
2. "We arrived at the prom and as I was stepping out of the car, I stepped on the front of my dress and I fell."

#1. "I finally got to go to prom with this guy I had a crush on for two years. We were sitting at dinner. While we were talking, I accidentally spit food on his forehead. I had to tell him it was there so he could wipe it off."

. . . School's Out For The Summer!



"I had a great time this summer. I was one of the leads in a play in Maryland. I also worked at the Lazy Susan and had roles in three of their shows." -Aaron Fuska



" This summer I volunteered at the Health Department. Most of what I did was filing papers, but it gave me great experience for college and in later life." - Erin Megil

No more homework, no more books, no more teacher's dirty looks! Summer has finally arrived. A time to stay out all night, to sleep in, and not worry about waking up at the crack of dawn. For many people, the summer was a time to work and make money, or in the graduate's case to get prepared for college.

Summer was not all it was cracked up to be for those who had to go to summer school. "I had to go to school over the summer to take Driver's Ed," commented sophomore Ryan Hurm, "but at least I have a license and a car to drive. Now I don't have to depend on people to give me rides anymore."

Amusement parks, the beach or a relative's house are just some of the places where students went for vacation.

"Summer was pretty boring for me other than going to King's Dominion with my friends five times," stated Trevor Bank.

"I went to Ohio over the summer to visit relatives and I saw the comedian, Gallagher. He hit me in the head with a watermelon!" Jason Knepper jokingly added.

Whether you went to the beach or just stayed home, we were all thankful for having a break. - Katie Hawxhurst, Lorene Banning, Sabeen Shah



On her trip this summer to Texas, Mary Campos visited Texas Sea World. Mary got the chance to get up close to feed the dolphin. Many students were able to take trips, and spend some quality time with their families.





After having dinner together, friends Tiffany Hoffman, Lori Rowe, Tina Kobasa, Wendi Blindauer, and Kelly Trowbridge, take time out to pose for a picture to remember their trip to Virginia Beach. Going to the beach was a good way for friends to get away from the stress of school work.

Seniors Frankie Jung, Kevin O'Grince, David Hardin, Neil Puri, Georgia Gray,and Chris Pratt (Woodbridge), spent some of their summer vacation at the beach. Spending time relaxing in the sun is a good way for friends to get together and just enjoy being away from school.





After a hard day at the beach, senior Frankie Jung takes a break for a little snack. After a long year of working hard, students wanted to play hard, too.



Spending some time together during their summer vacation, seniors Jennifer Glufling and Rena Ryan get ready to watch the Fourth of July fireworks in Washington, D.C. Even though many people juggled busy schedules over the summer, friends usually found time for some fun with one another.

Go Big Red



"It was kind of nice to do something creative and fun for the school for a change." -Chris Lanzillotta



"I think everybody needs a little school spirit. Without students cheering in the stands, a game wouldn't be the same." -Stephanie Jansen

"Spirit has got to be the most important part of your senior year," exclaimed Joe Tompkins. Spirit helped to create a common bond between the graduates. Whether it's enduring the hard times in classes or worrying about SAT's and college applications, sharing spirit helped to relieve a little stress.

Seniors stayed after school to work on the homecoming float, and gathered at football games early to rope off a section just for seniors. Some people painted their faces and cheered the team on during every game. "I like to go to games, to cheer and wave the flag," commented Neil Puri.

It's important for seniors to demonstrate school spirit so the underclassmen catch on, and learn to take pride in their school.

Mrs. Joyce Jones, a 12th grade counselor agreed, "The first part of the year makes all the difference. It helps the seniors communicate with the rest of the school."

Others, like Kevin Dewhurst, participated in sports. "By participating in football, it helps other people become more involved." exclaimed Kevin Dewhurst. Still others dressed in school colors every Friday before a game. Last, but certainly not least, there were the cheerleaders, who are always spirited. "It's fun being on the sidelines cheering on our teams," said Doug Blanchard.

Whether the graduating class of '95 actually took part in the sports the school offered, or just went to the games to support the mighty Indians, they showed a tremendous amount of school spirit, and set a great example for the rest of the school. -Alicia Cupp, Alex Friedrich, Paul Oremland



Eating a healthy lunch, Christa Pratt and Doug Blanchard painted their faces for spirit day. Face-painting was a common trend throughout the building on that spirit day.



Laughing and dancing, Liz Hutson, Paul Bruss, Alex Friedrich, Joe Tompkins, and Rachel Dency clap to show spirit. Only those seniors who worked on the float were allowed to ride and participate.

Enjoying her school lunch, Lori Rowe converses with her friends. Lori was one of many extremely spirited cheerleaders. During football season, being spirited proved only part of the cheerleaders' job. They needed a good arm to throw miniature footballs into the stands after each Gar-Field scoring drive.









Supporting her friend at the homecoming game, Emily Faught gives Jamie Cartwright a boost. Sometimes a piggyback ride was the only way to see the football field over the heads down in front of the stands.

On her way to class, cheerleader Jaime Smolko stops at her locker. She showed her school spirit by painting her face red, white, and blue.

. . . Rules Count



"The homecoming queen or princesss should be an exemplary student, but at the same time, some of the minor infractions should be overlooked." commented Mr. Winger.



" I think if you munch an samething in the hallway after lunch it's okay, but eating an apple all day is ridiculous." stated Kevin O'Grince.

"It was almost as if someone was out to get us, " commented Wendy Stein. That was the sentiment of students when confronted with this year's new policies. The most talked about policy was this year's tardy policy.

"There were fewer tardies than ever before. It worked but I knew the kids didn't like it," said Data Processing Teacher, Mrs. Connie Barley.

At the sound of the bell, students were anything but saved. They "rushed" to class all year long to avoid tardies, and with more than two thousand students, it was hard to push through the masses.

The 1994-95 Tardy Policy states: 1 tardy=warning, 2 tardies= ISS or Saturday School, 3 tardies= YOUR OUT!! OSS.

The tardy policy wasn't the only change in school policies this year.

Thanks to the Junior Class's petition, eleventh and twelfth graders with a an 'A' average in any class were once again exempt from their final exams.

Junior Christine Peterson thought the policy "...was really good because it was something you could strive for." However, the teachers felt the policy could eventually penalize students because the exams prepare students for college.

Next year more students will be focused on new school policies that can ruin their FUN AND GAMES.

- Sabrina Smearman, Miki Ortiz, Jemini Patel, Rachelle Jones, Leah Kuhn, and Nikki Steck



This year's policy was a tough one. Even Mr. Upperca complied with this year's new palicies when he put them inta practice . The schaal's population measured right with its intended capacity at just aver 2,000 students this year.





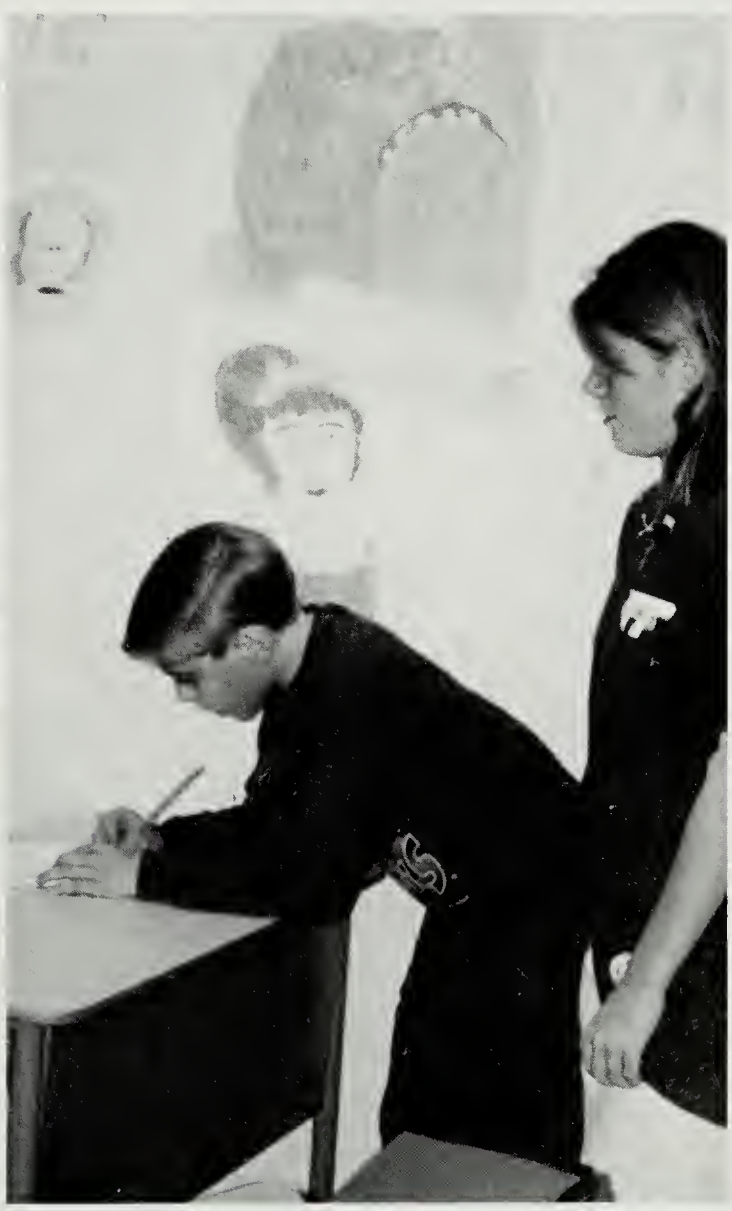
Hallways were constantly patrolled by teachers and administratars. Thaugh Tamara Barber attempted to avoid them, she was approached by Mrs. Weiler far a pass check.

Late again, Kelly Schalz is farced to sign the tardy baak. "Better late than never," she exclaimed. Students had ta keep up their humar when teachers



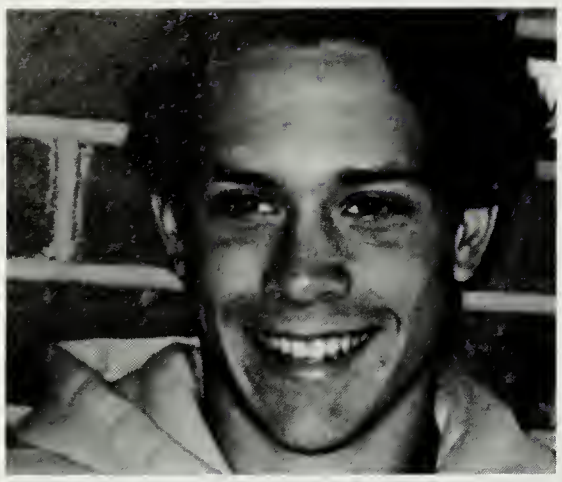


Students who would have eaten on the patio ar in the hall were moved to the cafeteria. Steve Tekampe, Wendy Blindauer, and Shaun Mathewson share their lunches and chat tagether during lunch.



Reluctantly signing the tardy baak in English class Theresa Peters and Brian Shifflet hope this is their last tardy sa they are not faced with the inevitable.

. . . It Was A Game of Remembrance



"I really enjoyed the homecoming game. It was great how everyone came together to cheer on the football team!" said Scott Norgart.



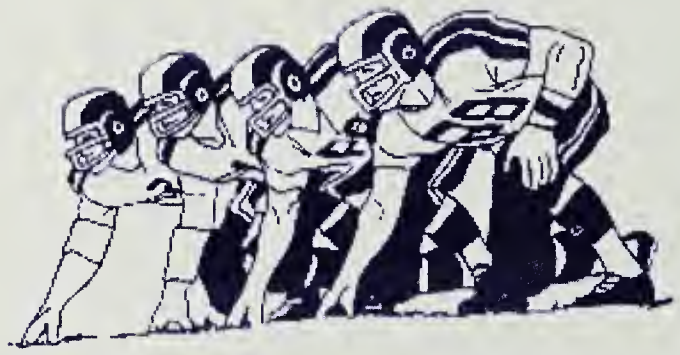
"I cheered during the game. It was the most spirited I've seen the football fans. In the end, they cheered the Indians on to victory," said Jaime Smolko.

You could feel the anticipation and anxiety in the air. A large crowd of Gar-field supporters filled the stands to cheer on the mighty Indians. The Indians offense and defense both played exceptionally well for the first time in the same game. "We played really well; we dominated Brooke Point physically and mentally. It showed," explained quarterback Kevin Smith.

After a sweeping first half, spectators were dazzled by the Homecoming princesses, the announcement of the queen, Francis Velez, and the marvelous floats. Once again, the senior class came through for the float competion. The competition was judged by the class of '74 which considered costumes, theme, decoration, effort, and creativity.

Senior, Sarah Hamilton, captured the magic of the evening, "It was a great experience to have worked so hard on the senior float and have won. It left me with a lot of special memories."

There were various floats, which proved fun for both the spectators and the participants. The Indians finished the game with a final score of 30-0. This victorious game proved to be a big part of our *Age of Remembrance*.





Senior spirit came into play once again as seniors finished first in the float competition for the second year in a row. The floats were filled with excitement and the spirit of remembrance.





Brooke Point's Kris Poncin attempts to hold back Indian wide receiver, John Feeney, as he tries to advance the ball into the endzone. John Feeney was a big part of the homecoming victory over Brooke Point.

Indian fans got together in the stands to cheer on their team. The homecoming game was a good way for students to show their spirit and root for Big Red.





Picture perfect, Francis Velez came out on top being crowned Homecoming queen. Francis has been princess three of the four years she has been at Gar-Field.



The third Gar-Field touchdown was caught by the Indians' #5, Thomas Wallace. Thomas was one of the Indians' leading scorers.

. . . Our Memories Were Cherished



"Just being there and having fun with all of my friends is what makes something like Homecoming worth remembering." -Emily Faught



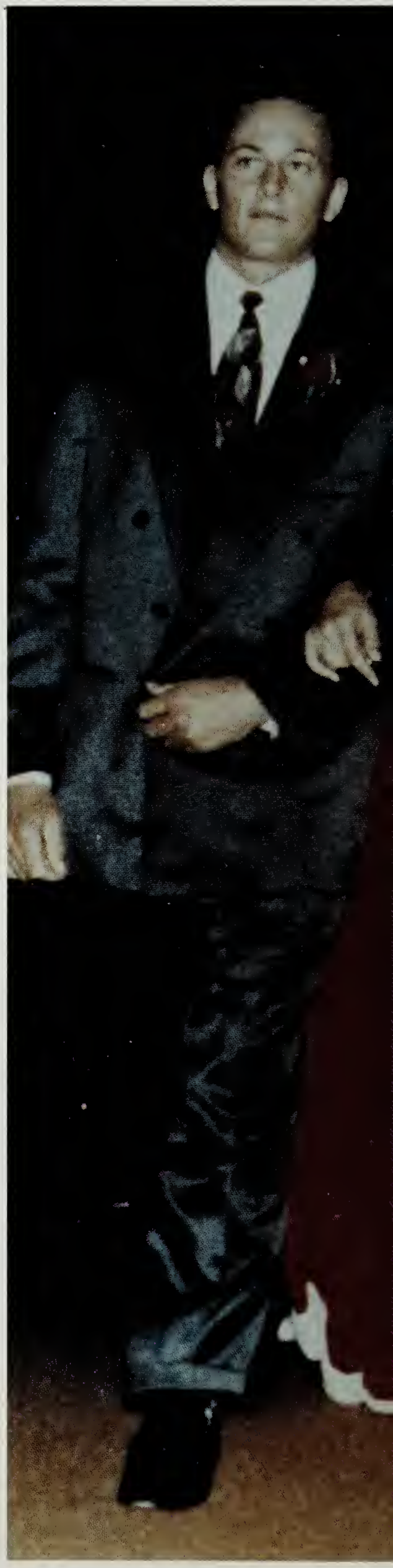
"At this year's Homecoming, I had a lot of fun! At first, I wasn't going to go, but as I think back on it, I'm glad I went because I had a great time."
-Jim Carson

The weekend of spiral curls, shiny nails, and paisley ties had finally arrived. While there were some broken hearts, many daring students found the courage to pick up the phone and ask, "What was our homework?...Oh, by the way, will you go to homecoming with me?" Luckily for most butterfly-filled stomachs, the response allowed them to arrive in class the following night. Many students ended up asking their friends. Clay Rowland commented, "I asked one of my best friends, Lori Rowe, and I had a major blast! There was not as much to worry about and I was much more relaxed."

"The Age of Remembrance" was a memorable theme for the setting this year. The evening started out with pictures and a romantic dinner. Amanda Gonzalez commented, "I went to dinner with seventeen of my closest friends, and even though it took us almost an hour to get our food and another hour to eat, the time flew by with all the conversations." After dinner the students entered the dance through an archway of blue and white balloons and into a hallway of decorations and memories to come.

As couples danced to the final song, "I'll Remember", by Madonna, the students thought to themselves, I will remember this dance forever. Senior Doug Blanchard looked back on the night and said, "This was the best Homecoming ever because I finally learned how to dance."

-Tiffany Hoffman, Tara Stapleton, & Angela Arbogast





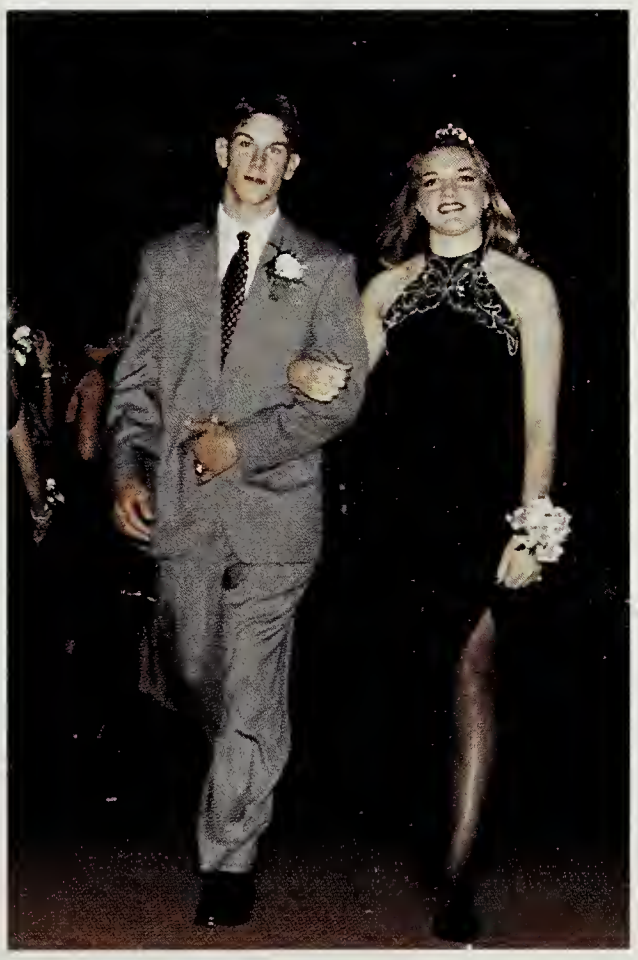
Dancing while balancing her tiara on her head, Nova Evans suddenly glances away from date, Dexter Emery, to see who just bumped into her.

Third yeor homecoming court veteran, senior Frances Velez, mokes her woy down the oisle with dote Dovid Boker ('93). Representing the closs of 1995, Frances said, "It's a greot honor and being elected Homecoming Queen tops off the yeor!"

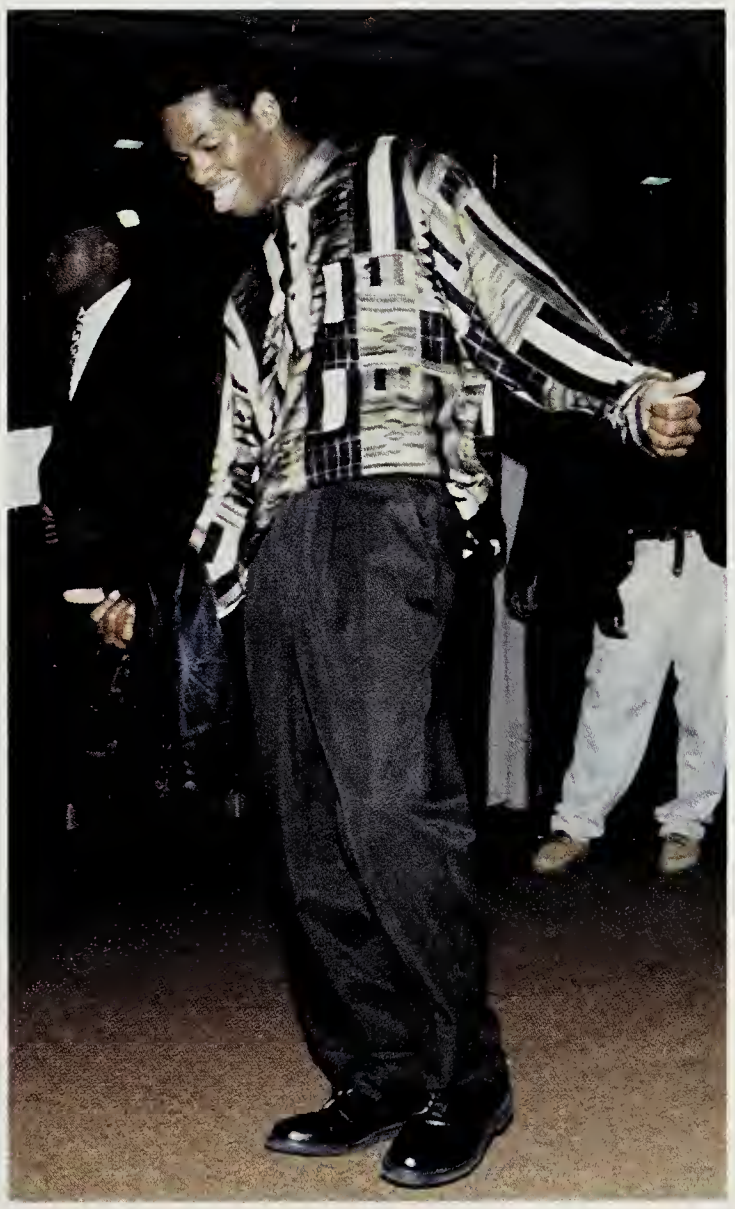
Enjoying their first chance to go to o high school formol dance, the two freshmen shown below lough and hove o good time. Going to homecoming can be an exciting ond nerve-rocking. Trying to moke the evening os perfect as possible for your dote tokes o lot of effort.





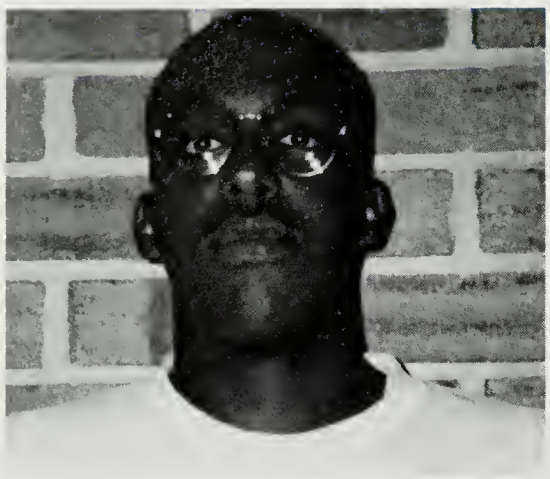


Walking through the waiting crowd, Tod St. Clair escorts sophomore Homecoming princess Melanie Lindemuth. More than 320 couples ottended the Homecoming Dance this yeor.

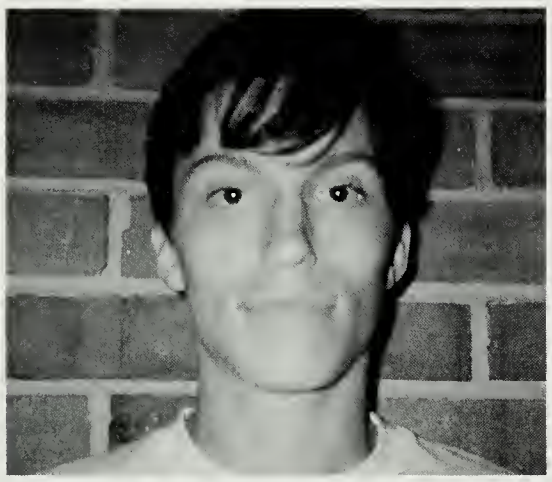


Grooving to the beot of the music, Germoine Tumer shows off his Solid Gold dance moves. Dressed in his new duds, he commands the crowd's attention as he ottempts to rival James Brown os the new Godfother of Soul.

. . . After School, It's Even Better



"I play tennis at Devil's Reach at least four times a week between five o' clock and seven o'clock. Now, I've improved and play on the school team." -Mahdi Hersi



"I hang out with my friends at Young Life. It's a great time to meet with old and new friends alike." -John Feeney

"What are you doing after school?" This is one of the most commonly asked questions at the School of Champions. While a lot of students participated in school activities, most students were involved in non-school-related activities, like clubs and community service. Most students took time away from school to relax or enjoy their favorite sports and varied interests.

Friends got together to share their common interests. "On my free time, I like to play soccer with my friends," exclaimed Marco Ellis.

Playing football, basketball, and soccer were excellent ways to meet new people and have a great time. After-school activities were not only ways to contribute to Gar-Field, but they could also be a great escape from the constant pressure average students faced daily.

A few students took time off to find out about their religions and churches. "I go to Bible study every Thursday from seven o' clock until nine-thirty p.m. with my friends. We have a good time and enjoy the food." said Kevin McMullen.

Sometimes students hung around after school to socialize, while others hit the road scattering to other activities.

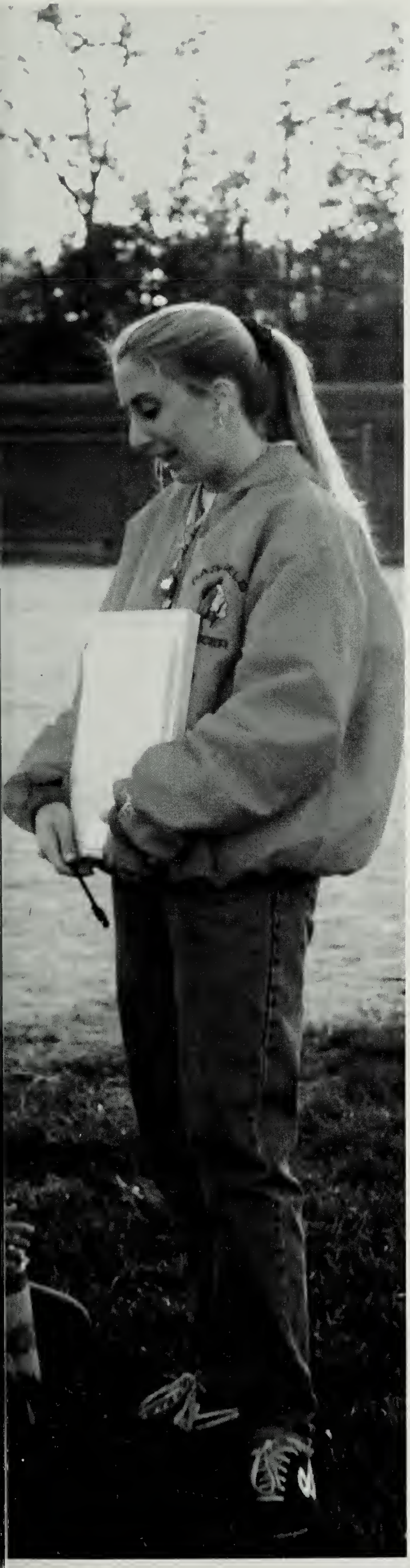
All of these choices proved rewarding in the end. Whether you met new people or offered time to the community, there was almost always something to be gained. So if it's sports, hobbies, or just plain relaxing, students always found the best way to make sure they had a great time before facing another school day.

-Radwa Al Saadi, Brian Christenberry, Mark Hamilton, Tony Magoch



Having fun with friends, Tami Prisco and Sandi Goulet went to Doug Blanchard's house and jumped on his trampoline. Being with friends and enjoying yourself was one of the most popular things to do after school.

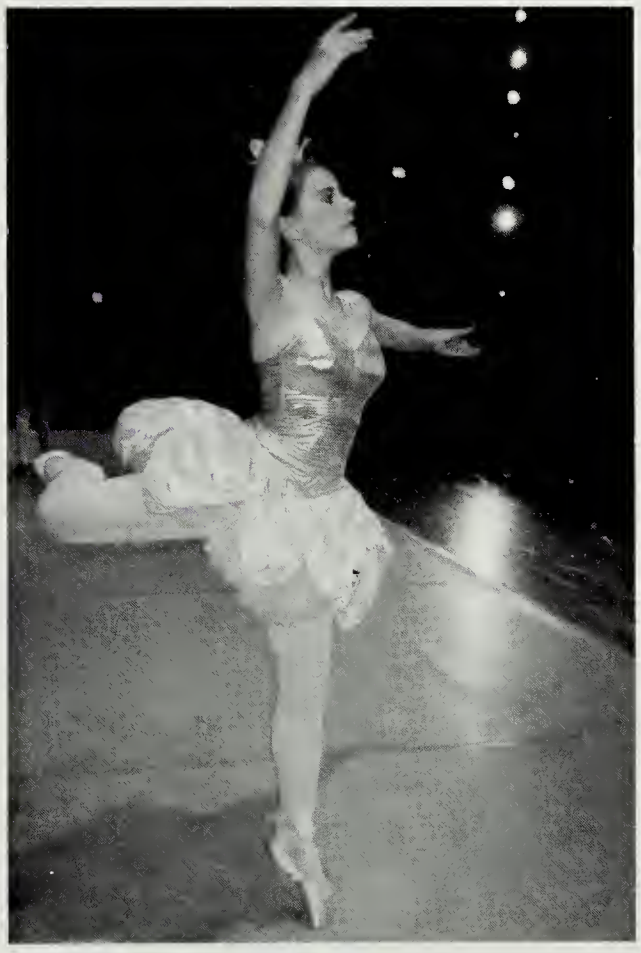




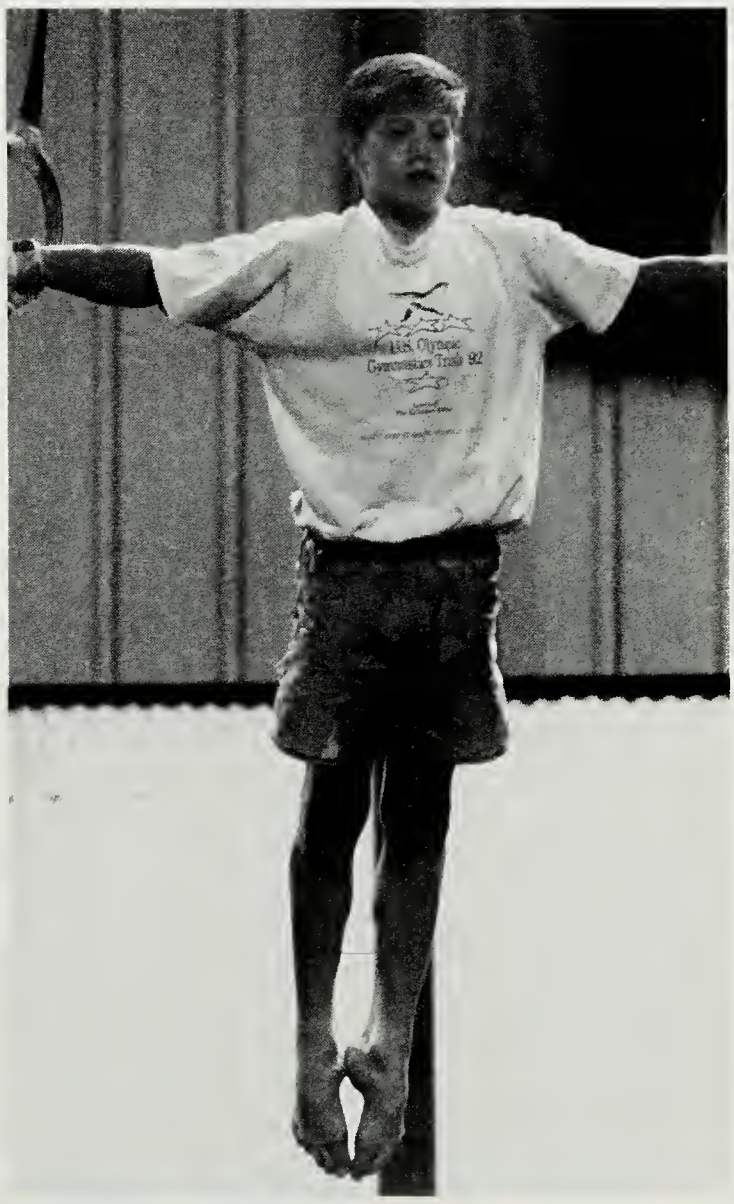
Contributing port of her week to her Prince Williom soccer teom, Sorah Homilton receives credit for community service hours toword graduotion. Cooching is one of the many things seniors ore able to do in order to get their credit hours.

After enduring o tough doy ot school, Matthew Broaddus relieves tension by running vorious distonces oround his neighborhood. For Mott, jogging is o woy to cleor his mind of his everydoy pressures.



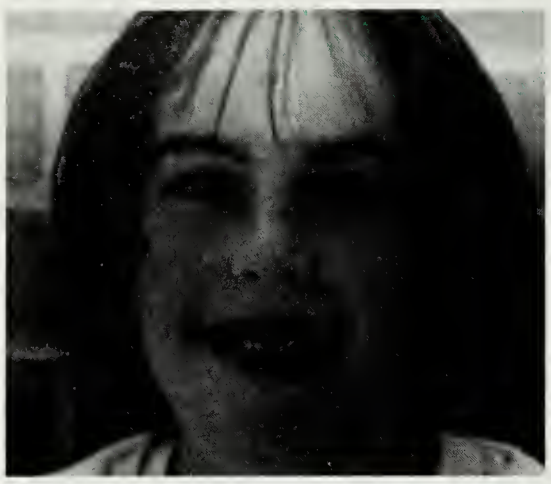


Porticipating as the Golden Foiry, Collete Manordi danced on stoge for DeGrosse Dance Studio's production of Sleeping Beouty.



After school, Joson Furr's time was occupied by his troining for the 1996 Olympic Summer Games thot will be held in Atlanta, Georgio. Gymnastics tokes o lot of time, skill and potience.

. . . Sometimes Siblings Rival



"I think my sister Megan and I have become a lot closer now that we're both in high school. We're around each other more and we have more in common." -Janet Oldis



"My brother Pat and I are very competitive, especially when it comes to sports. That causes us not to get along. Overall, we get along pretty well." -Tad St.Clair

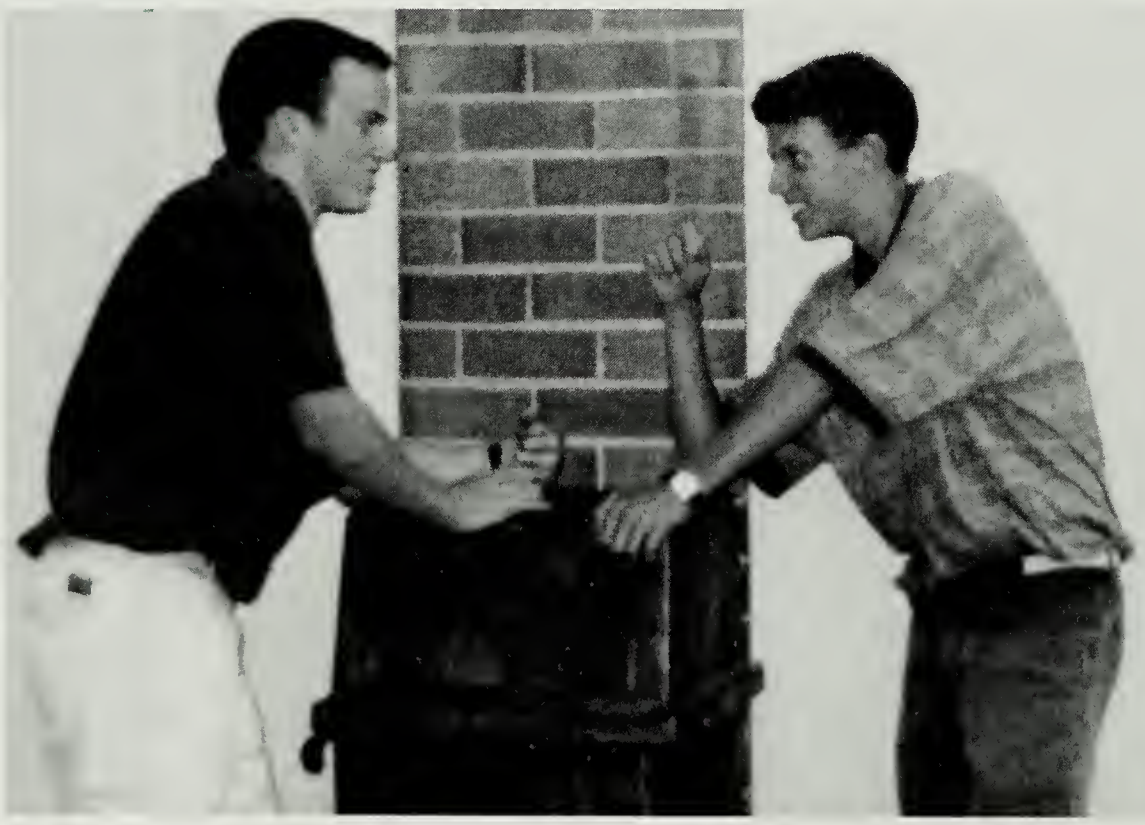
Every hall you walked down and every pod you had a class in, there were sometimes people we are afraid to admit are related to us. Brothers and sisters make one's life interesting. Many opinions exist about whether or not siblings get along, ranging from not having to hide in the back seat of the car when your mom drives you to school to being hooked up with the other's good-looking friend.

Matt Guilfoyle stated, "My brother and I get along pretty well and we share a lot of ideas with each other. We are both on varsity cross country and become extremely competitive when it comes to that." Twins had a bit of a different spin on this according to Heather Jenkins, "We have a lot of the same friends and the same classes. We do everything together; we're the best of friends."

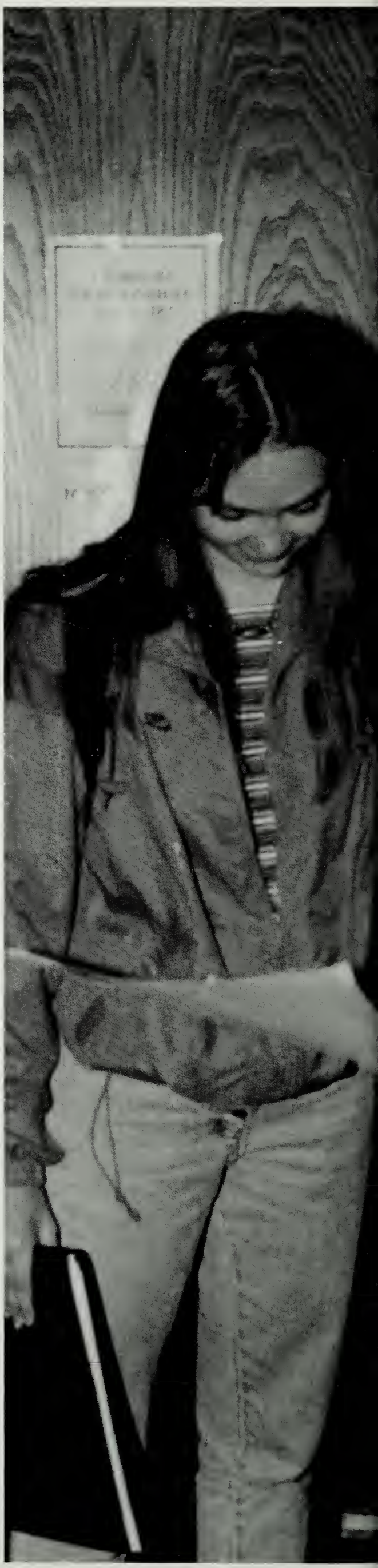
Many twins had the idea that they feel closer to each other than other ordinary siblings. Jason Hogan stated, "People usually expect us to act and be the same, but we're really not." There are also reasons not to want a brother or a sister at the same school. They blame you for being late to school or get your parents freaked out about applying to colleges and taking the SAT's.

Amber Hoke explained, "I wish my sister and I were closer, but it's not always easy. Even though we share some of the same thoughts, we argue about the same amount, but I love her no matter what."

It's all fun and games, but..... there's bound to be some rough times growing up with a sister or a brother. -Amy Nicholson, Lisette Hoyos, Nadine Boisvere



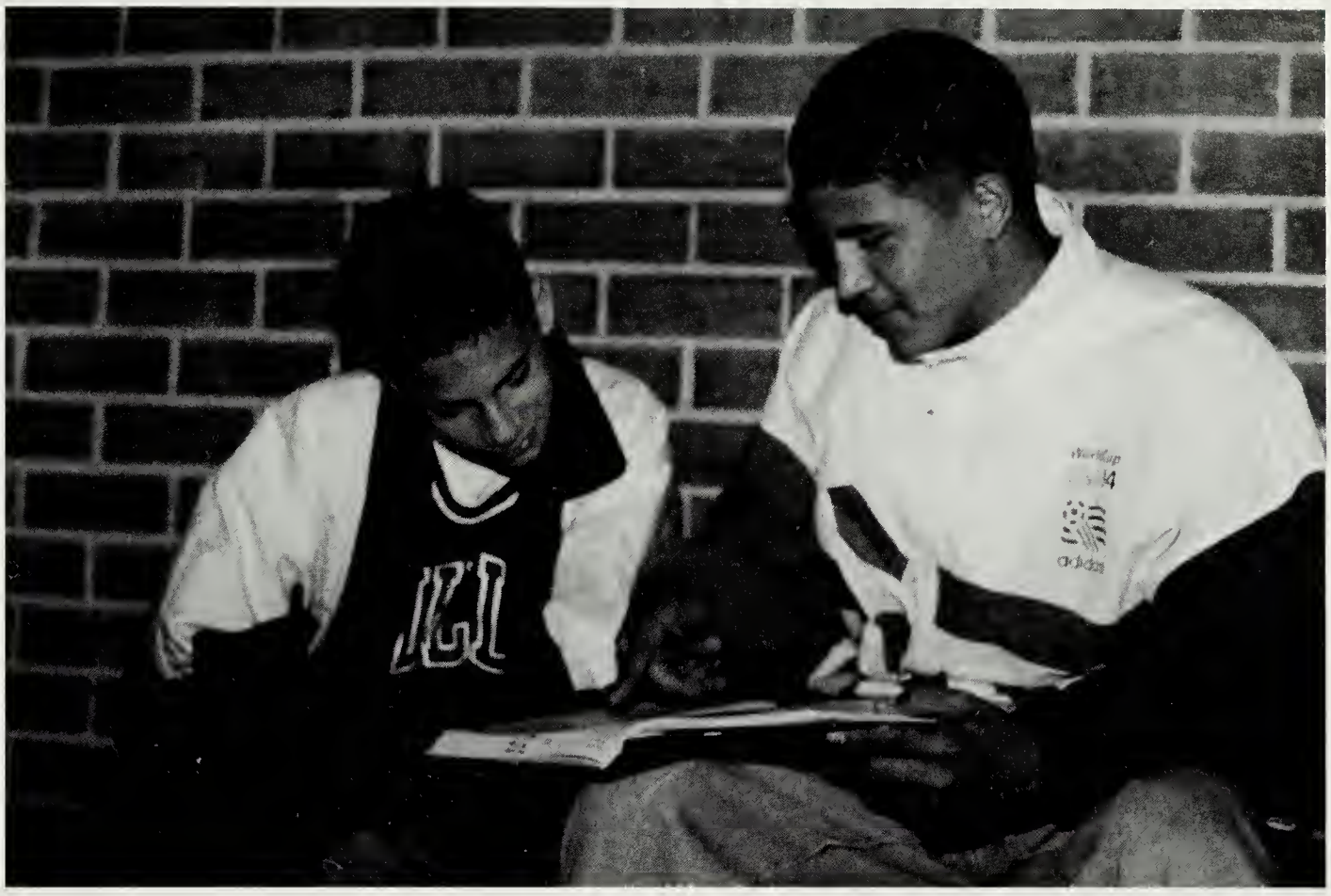
Arguing over issues of the day, Matt and Mike Guilfoyle hold their tempers down. Matt, the big brother that he is, has to set an example.





Showing her little sister around the school, Wendy Blindauer exercises the knowledge of an upperclassman. Freshmen who have older brothers and sisters tend to rely on their siblings for help.

Helping his brother with homework, Carlos Vera points out Casey's problem. Being there to lend a helping hand gives many people a sense of accomplishment.





Misty Rybicki helps her sister, Rachel, pin a "You're a good man, Charlie Brown" badge on her shirt to advertise the play.



Stepsisters, Angenique Smiley and Shadina Joyce, compare their tastes in men between classes. Sisters by marriage, they're examples of stepfamilies who do get along.

. . . All The World's A Stage..."



" I don't have to go home to my psycho-hose beast mom from hell!"
-David Zornak



" Everybody is really nice and very weird!" - Beth Lace

"Encore, Encore!" These were the words heard often by the School of Champions' Drama department. For the last few years, Gar-Field has received critical acclaim for its outstanding productions. This year's cast has been no different from the others.

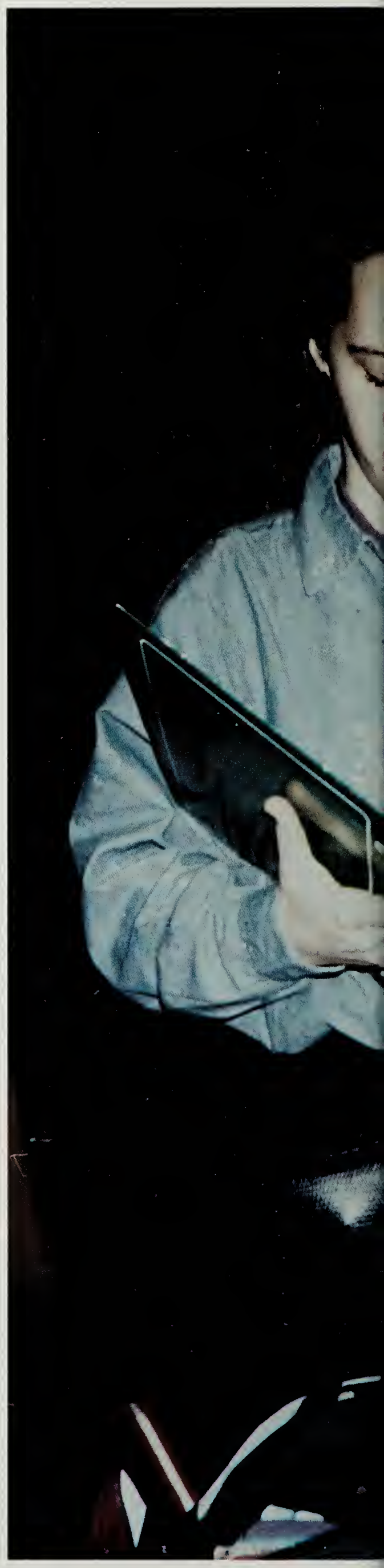
The action on the stage looked like fun and games, but Mrs. Ann Martin, Ms. Lisa O'Hara, and more than 100-member casts this year in each play, logged more than 300 hours rehearsal time.

"Basically, it takes a lot of organization. We really bust our butts!" said Mrs. Martin.

The actors' work began before the first rehearsal. Stage managers worked hand in hand with the directors to create realistic set designs, lighting, and prop construction. - Allison Russell , LaShawnda Powell, Curtessa Pennington, Jillian Bernard



Friends work very well together. Erin Caricofe and Dawn Daly focus in on learning their lines.

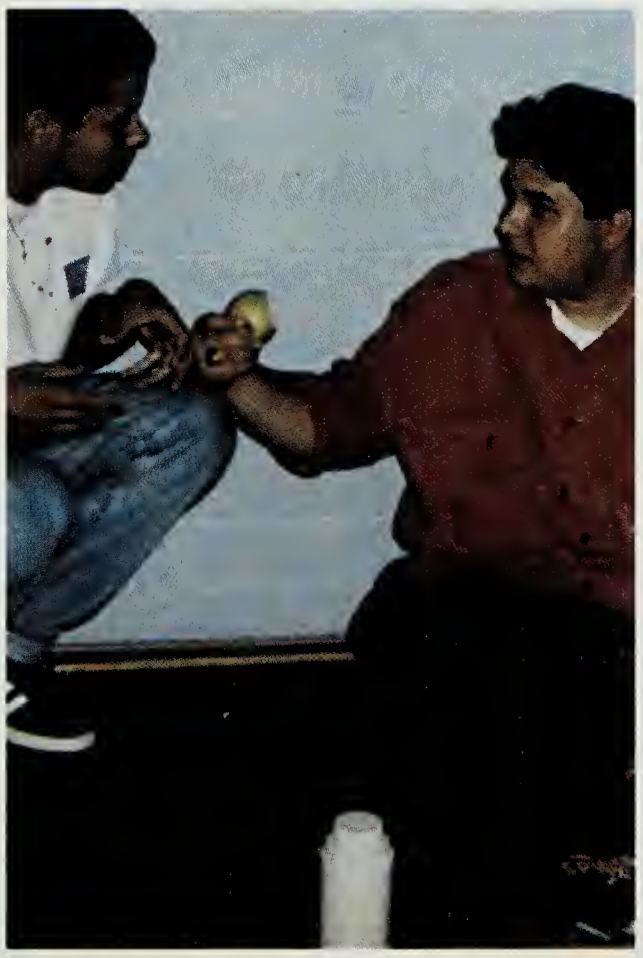




Taking a break from rehearsals, Krista Mann remembers she has other responsibilities, too.

Off-stage work is important as well. Jemini Patel and Teresa Smith attempt to become organized.





Being a thespian is hard work, so friends Danny Acosta and Aaron Fuksa chat while Aaron has a snack.



Warming up his vocal chords, Sean Hanrahan practices his part. Sean is active in both drama and chorus.

. . . Money Matters



"I have always loved animals, so working at Pet Stuff is perfect for me. Even if my job takes up a lot of time, at least I enjoy what I do."-Sarah Hamilton



"I liked working at the Cannon's Stadium because I did something I enjoyed and still had time to talk to my friends as I worked."-Jenni Reese

Whether paying for a car or buying clothes, cash flow was a problem, unless of course, you had a job. Students never seemed to have enough money! Bagging groceries, customer servicing, or flipping burgers, students will do anything to keep that cash flow rushing.

The Potomac Mills Mall offers job opportunities where students can work at clothing stores or fast food joints. Since our school sits in the middle of an area crammed with commercial establishments, innumerable opportunities exist for part-time employment.

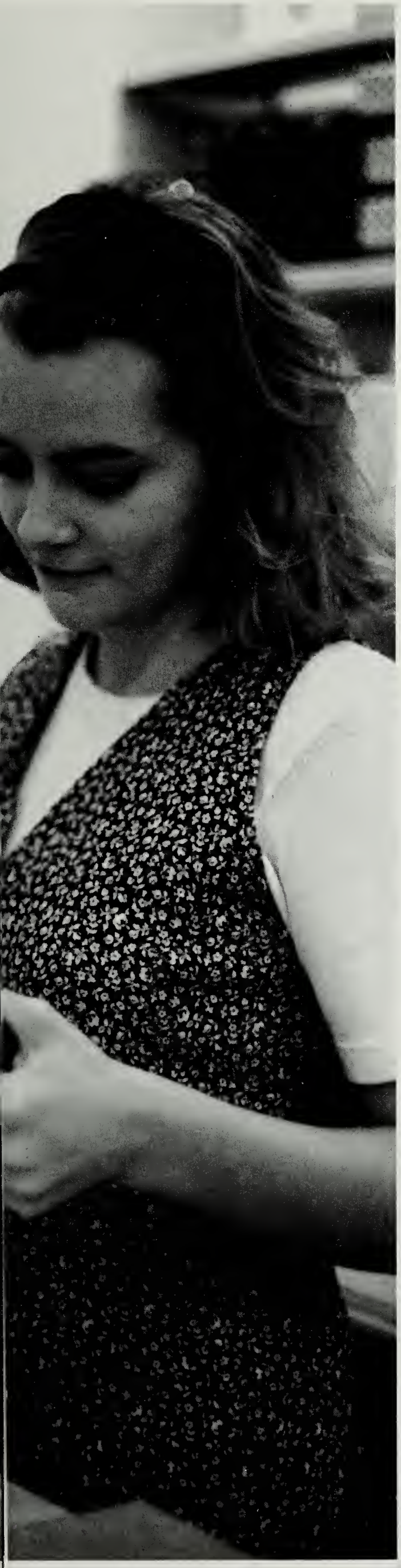
A controversy may be whether or not part-time jobs interfere with school activities. For some, only working on weekends resolves this issue, which destroys any social life. Jobs do offer experience and require commitment and responsibility, giving students a sense of purpose.

Is it worth having to work seven hours on a school night, when a three-page paper on the American economy is due the next day? Is it also worth hearing parents complain they no longer spend quality time with their kids? The answer lies in one's priorities. What's more important ? Family? Future? Education? or good times? -Jessica Johnson



As part of the COE program, Kate Kaldenbach, works as an administrative assistant for Mrs. Norma Early, who supervised Kate. Kate's many responsibilities included copying pages, compiling an inventory of business supplies, and completing computer work. "There is always work to be done, but I have fun doing it, so there is a happy medium to it all," said Kate.

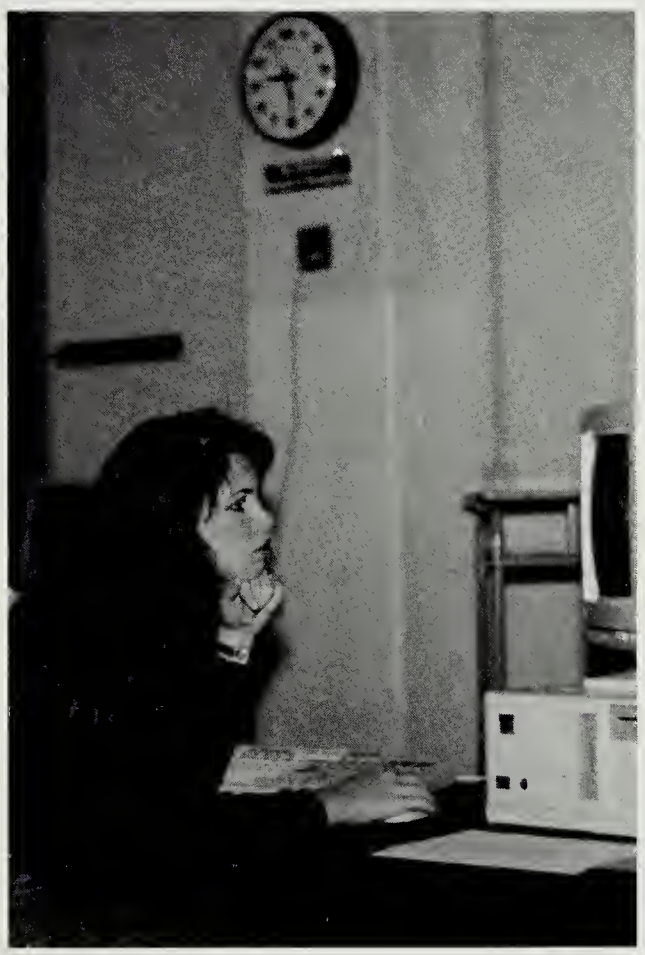




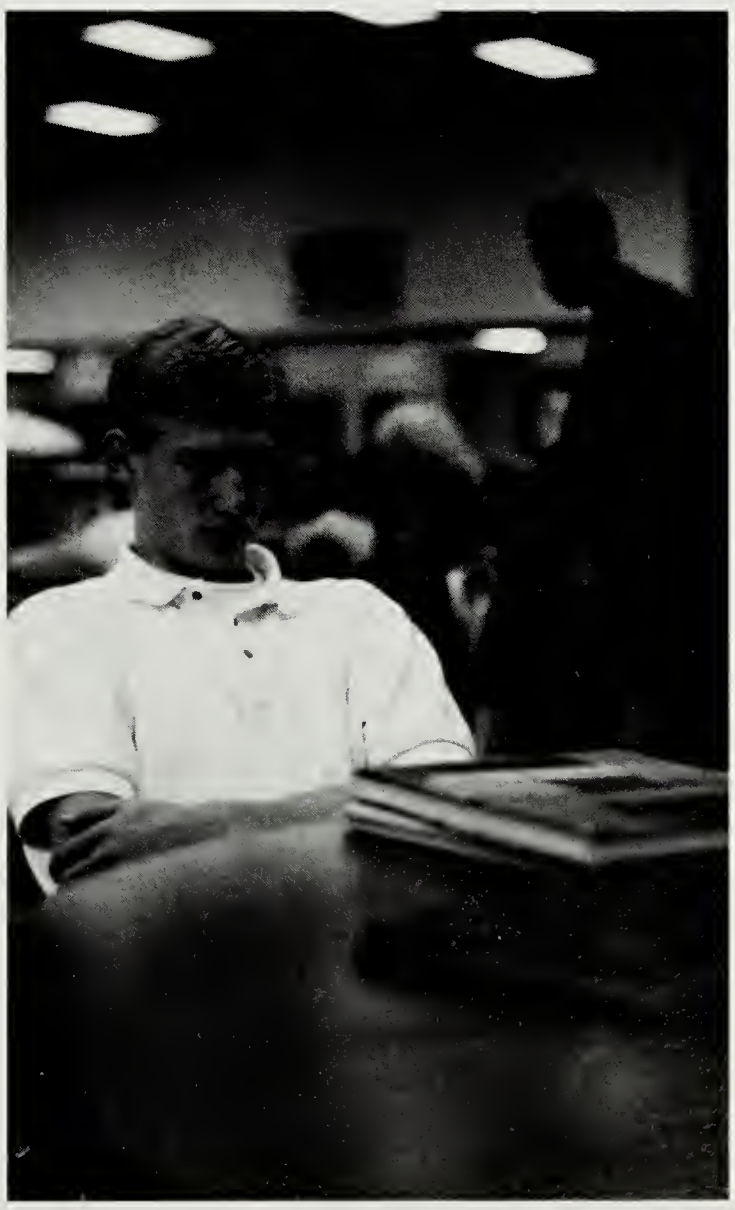
At work ,Tammy Cameron helps a customer by closing a sale at the register. While working at Colours and Scents ,Tammy bounces around customer to customer while still managing the register.

Deep in thought ,Mike Asimi put in a customer's order at his watch counter. Most of the orders he takes require special orders. This must be where the computer training comes in handy. Mr. Willis was right!





Hard at work ,Tara Brown is taking an Information Word Processing course to help her with her afterschool job. Tara has a part-time job working as an office assistant in the Law Offices of Pfitzner, Morley, and Stephens.



After a long night working at the Nike Outlet, Steve Tekampe takes a quick nap during Sociology class. Working the closing shift after the mall closes at 9:30 p.m. means employees must stay into the late hours of the night until all of the clean-up is completed.

. . . We're Friends 'Til The End



A friend is someone who I can look up to and who I can share my secrets with. I would do anything for my friends, even if it meant me doing without. I get the best advice from my friends. -Joanna Beavers



"When I first came to school here, I was really nervous, but I've adjusted well and met lots of great people." -Heather Alexander

As the years passed by us, people changed and new friends were made. Friends played an important role in our lives during the high school years.

"I can tell, even this being my first year in high school, that as you get older, you can tell who your true friends are. They are the ones who stick by you," stated Nicole Brulotte.

Everyone has his or her close friends, whether it's just a few or the whole class. " A friend, to me, is someone who is caring and who I can trust. I can tell how close we are if I know I can always act like myself," said Stephanie Jansen.

Being a true friend meant being honest and always there. Attending such a big school can make meeting friends a little bit harder as Emily Faught explained, "When I first started high school, I was overwhelmed by how many new people there were. It took me a while to get used to this."

Friendships were not always perfect. Along with most friends came competition, jealousy, and arguments.

"I feel that arguing with your friends comes along as a natural part of life, because you can't expect everyone to always be perfect," said Shontisha Ligon. Once a friend, always a friend! True friends stayed together 'til the end. -Amy Nicholson, Kevin Smith, Karen Testerman



Jessica Knuth, Jennifer Johnson, Vanessa Scherstrom, and Sandy Habina bring out the kid in themselves acting a bit crazy with their oranges during lunch.



Doug Blanchard and Renee Rochette spend their free time in lunch working together on a homework assignment. Sincere and smart . . . now that's a winning combination!



Allison Garrett, Amy Nicholson, Jill Hrabosky, Janet Oldis, Lisa Hrubes,and Chari Gargan all join in singing "I Just Called To Say I Love You" during Karaoke Night at the bowling alley after the Homecoming Dance. The craziest things seem to be the most memorable.





Missy Bussard and Claudia Williams show their school spirit with a smile selling football programs during the game. As expected, attendance at the game was close to a record.

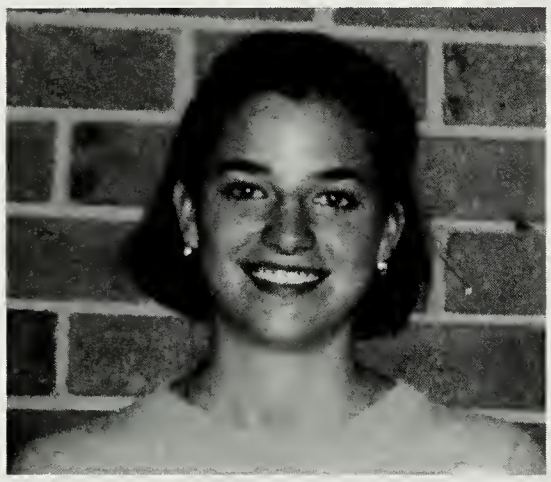


Katie Hawxhurst and Elizabeth Hutson exchange looks at pictures of their friends at the Homecoming dance. Friends are always eager to show each other what a good time they had on such a special night.

. . . The Real World Is Brutal!



"I'm afraid that partying will take precedence over my academic responsibilities and I will lose my sense of direction." - David Hardin



"They expect a lot of things from you and sometimes you don't have exactly what they want. It makes you angry." -Elizabeth Kershaw

The class of '95 walked into the halls not knowing what the future would hold. Through the years, they grew and matured, all the while not even realizing how quickly the four years would pass. During the four years, the mighty class of '95 worked together on activities, like the homecoming floats, prom, and preparation for college.

"These four years have gone by very fast and it's hard to believe I'll be graduating. I'm excited to go off to college," said John Feeney.

From the beginning of September, guidance counselors and students worked together trying to decide what college was right for them. Filling out applications and writing essays was hectic, stressful and nerve-racking.

"Having a job, doing school work, and then trying to find time to do college work is stressful," said Justin Sawyer.

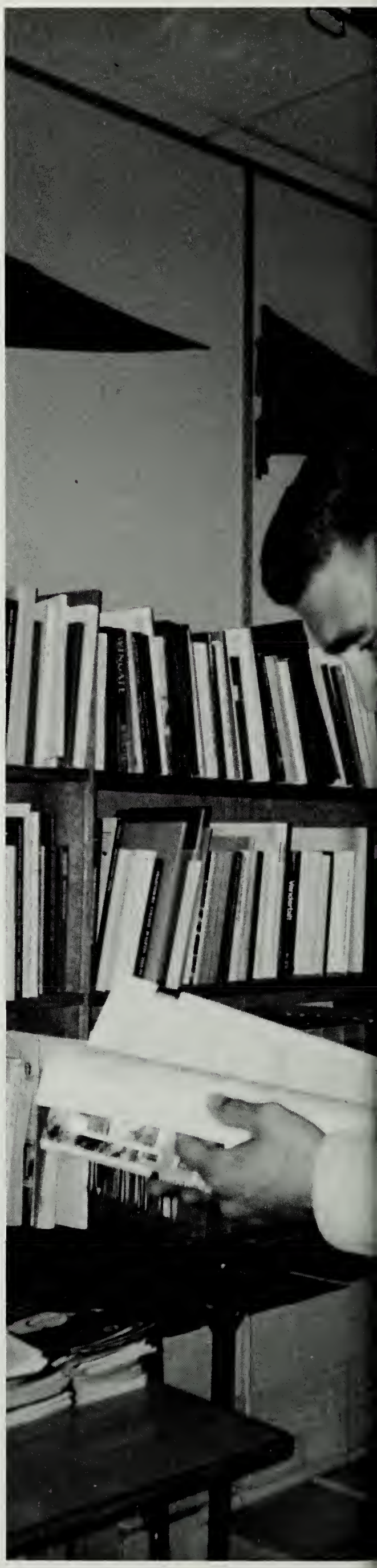
After all of the applications were completed and sent off, that was just the beginning. Students still had to worry about acceptance into college, scholarships, money, friends, and last but not least . . . leaving mom and dad. "I'm afraid to leave the security of my parents, but I'm still excited to move on," said Jamie Smolko.

The senior class had been looking forward to this year all of their lives, but in the long run, they were sad that it had to come to an end.

As the years went by, the inexperienced freshmen grew into confident, young adults. They will always remember that the high school years were the best years of their lives. Seniors may also ponder how they grew closer together to form the mighty class of 1995. -Adrienne Cross, Jen Robinson, Missy Bussard, and Jenni Reese.



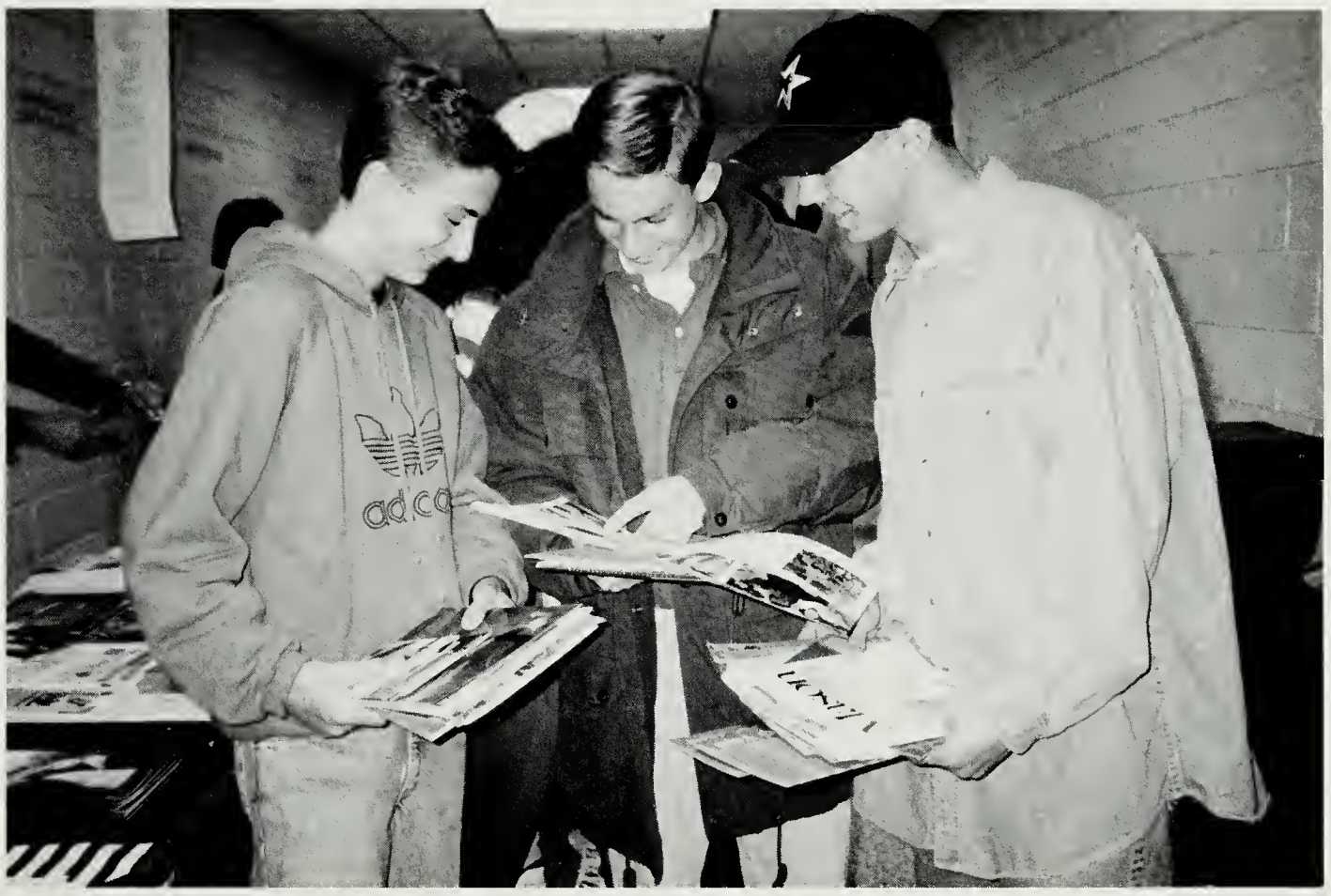
Once again, seniors meet with their counselors to touch base and talk about final plans for college. Carlos Vera converses with Mrs. Joan Roche and informs her of his plans.





While in the career center, SCA president, Kevin O'Grince, looks at some potential colleges. Many juniors and seniors spent their lunch shifts in the career center. Guidance counselors helped students with their applications and the decisions they made.

Mark Hamilton, Pat Lichy, and Joe Brulle share their interests in the college applications they received the night of the college fair. It's advisable to start searching for a suitable college during your junior year.





At the "M" on the hill of the University of Montana, Robin Schrimpf sits with her mother. They visited the campus in the summer. Robin plans to attend Montana in the fall of '96.



During their stay at Virginia Commonwealth University, Jessica Knuth and Megan Glyer point out their next destination while exploring the campus. Many students visited colleges in the fall to get information and to see first-hand what the campuses were like.

. . . We Keep Looking Back



A group of seniors ('74) pose for a final class picture to appear in the POTOMAC NEWS. These are faces not unlike those Robin Williams refers to in the film, DEAD POET'S SOCIETY. What lives have they created for themselves?

As we look back at the senior class of 1973-74, we see a dramatic change. As always, all seniors say that their last year is going to be their best year. You would think that with all of the stresses of college applications, prom, homework, jobs, and graduation, they would have never survived it. But the class of `74 said it was their best year in high school.

The Homecoming of 73-74 was the first dinner/dance at Gar-Field and everyone who was anyone went. Becky Bowen-Ansink said, "Being with my friends was the best part of Homecoming, especially seeing them all dressed up!" The cost for dinner and the dance was $15 per couple and $3 per couple for the dance. What a bargain compared to our $15 per couple cost in advance and $25 at the door! Christopher Brown said, "My date and I were among the few who ate outside of Woodbridge. We went all the way to D.C."

The class of 1973-1974 was into the hottest trends at the time, *DISCO*! The look was bellbottoms and platforms, butterfly collars and afros. All the girls wanted a perfect guy like the hottest teen idol, John Travolta. Naturally all the guys wanted to look like him.

When asked where everyone hung out after school and on the weekends, Christine Affleck said, "After school and every weekend, you could find all the seniors at Manny Moon's Pizza'Rant! Too bad the class of 1995 couldn't enjoy Manny's, since it burnt down in October of 1994."

In all you can say that the class of 1974 had nothing but FUN AND GAMES! -Janet Ortiz

Manny's Moon Pizza'Rant
VIRGINIA'S FINEST PIZZA RESTAURANT AND CARRY-OU
A FULL MENU OF ITALIAN & AMERICAN CUISINE
Pizzas Hand-Rolled to Suit YOU From Our Own Dough & Sauce
We're Famous For Our Steak and Cold-cut Sandwiches
494-6550
OPEN DAILY TO 11 P.M. OH FRI. & SAT.
Community Shopping Center • Rt. 123 & Horner Rd. • Woodbridge, Va.

This advertisement, in the March 25, 1974 edition of the INDIAN SCRIPTS, shows Manny Moon's Pizza'Rant-- the class of 1974's favorite spot to hang out with friends. The class of '74 was sad to hear that the pizza place burnt down in October of 1994.



The 70's hit single, "One Beautiful Day", seems to echo these class of 1974 members. The senior class' pictures were in the POTOMAC NEWS.





Tony Borrayo and Siam Sumongkol sort through some of the top albums of 1974. Even though it seems like centuries ago that these were hits, the 70's will always live on in the hearts and minds of the class of 1974!

Goofing around during senior class pictures, two class of '74 students sit in a Volkswagon Buggy while their other classmates sit above thier heads. As the car says, the seniors must have thought they had the strength of Captain America.





Looking like an exact replica of the Mona Lisa in her senior class picture is Marian Yvette Baggett. Yvette Baggett now teaches and coaches Freshman girls' Basketball at Osbourn Park High School. Yvette was one of the leading scorers on the Varsity Basketball team her junior and senior year.

The Senior Class

of

Car-Field High School

announces its

Commencement Exercises

Friday evening, June seventh

Nineteen hundred seventy-four

at seven o'clock

High School Gymnasium

Baccalaureate
Sunday, June second
at two o'clock
School Auditorium

Due to rain, the location of the graduation exercises was changed from the football field to the auditorium. Rev. Robert E. Allard of Good Shepherd Lutheran Church performed the sermon for the Baccalaureate service on June 2 at the Car-Field High School auditorium.

Having a gaad time while exercising, Wendi Blindauer, Tiffany Haffman, and Tami Prisco participate in a valleyball match.









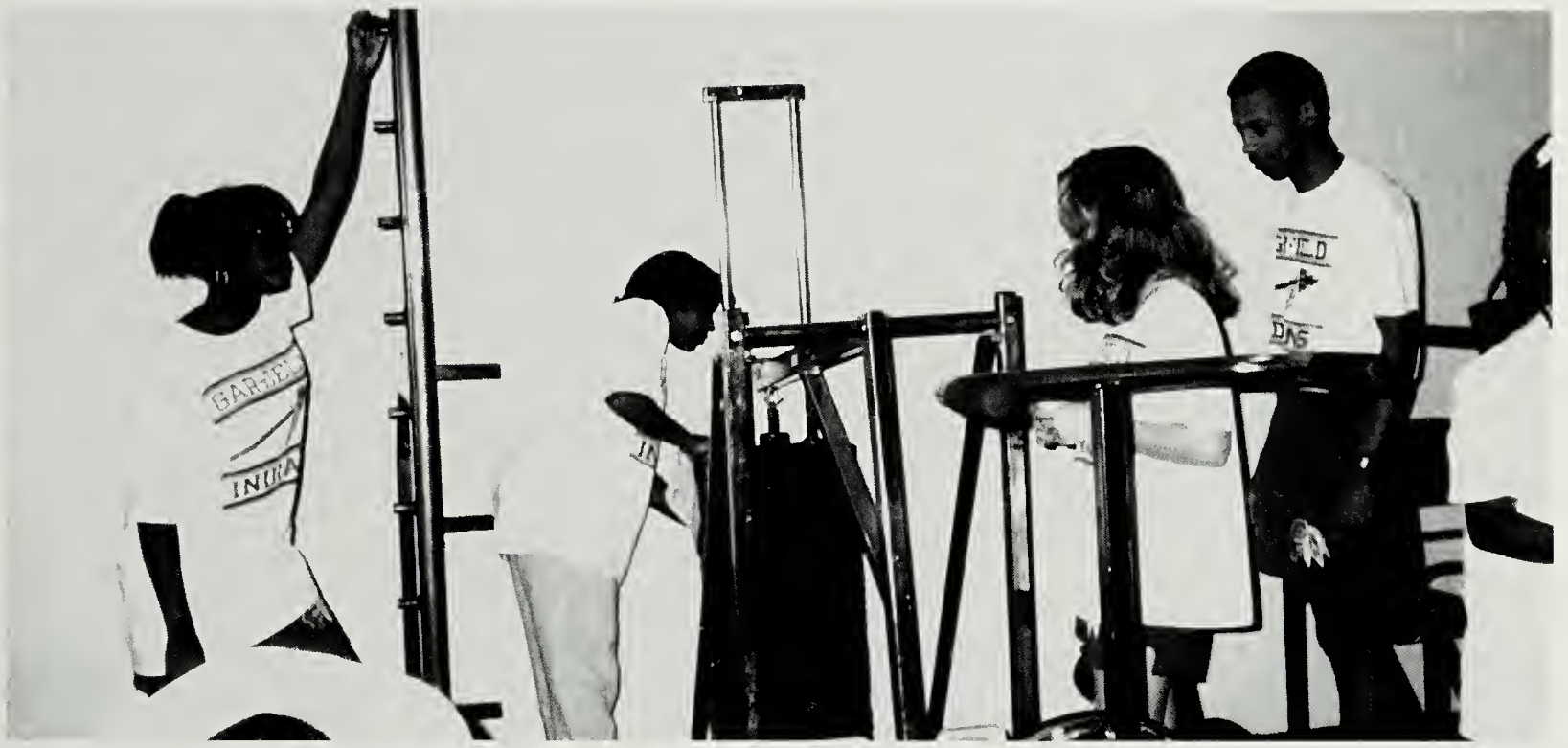
Saphamare Felicia Tetzlaff uses her time wisely in the weight raam during P.E. Using the weight raam is samething all P.E. students da regularly thraughaut the year.

During P.E., freshmen and sophomares participate in valleyball match. Same students chose to stand araund while others are actively involved.

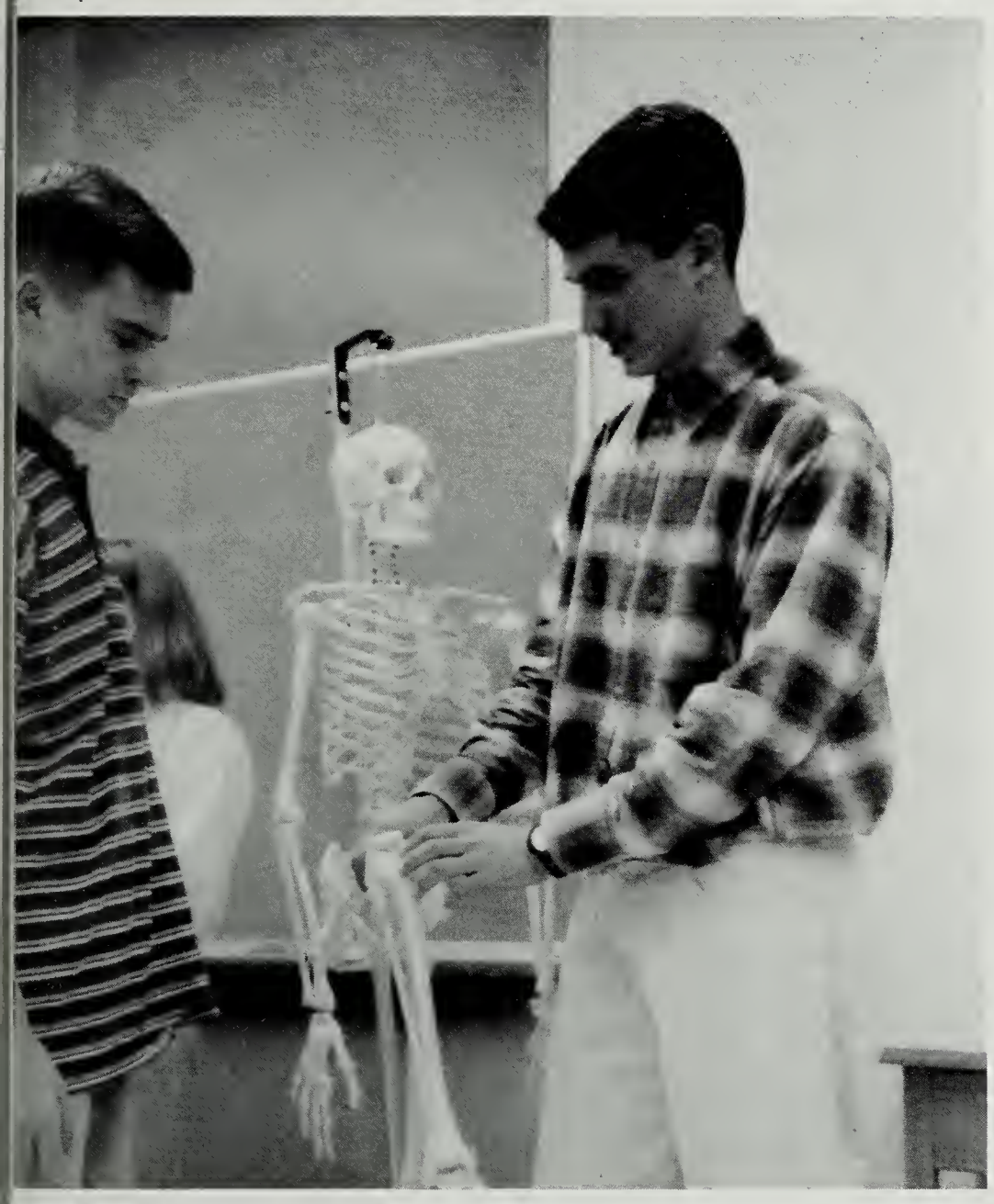




Thomas Wallace patiently waits to ice his ankle. After icing his injury, he will have to wait for someone to evaluate his injury, which is learned by students in Athletic Injuries.



Building up their muscles, freshmen and sophomore P.E. students learn how important it is to keep in shape.



Junior Jon McElhenny participates in a basketball exercise during Advanced P.E. Basketball is usually the sport the guys prefer to play.

Sophomore Brian McElhenny and junior Dan Bono demonstrate the parts of "Freddie" during their Athletic Injury I class. Learning the anatomy of the body is the top priority in this class.

FROM ANATOMY TO PHYSIOLOGY

Physical Education and Athletic Injuries are two of the courses offered in Gar-Field's P.E. department. While Athletic Injury teaches one how to take care of your injuries, P.E. is the place where you have the opportunity to prevent injuries from occurring by getting in shape.

Many people often wonder on how to cure there own injury, which is the main reason Gar-Field has developed the Athletic Injury course. The class specializes in taking care of injuries, learning more about the body and all that it consists of, and students will learn how to wrap up their injury. If students find interest in their first year, they may take Athletic Injuries II, which specializes in hands on evaluations of the bone anatomy.

P.E. is a required class to be taken by freshmen and sophomore students. Students have the opportunity to stay in shape and add a little fun to their day. Advanced P.E. is offered to junior and senior students who want to continue keeping active. Activities such as lifting weights , running, volleyball, soccer, and basketball are some of the many sports students can participate in. Senior Renee Rochette explains, " I took Advanced P.E. to keep in shape and help me with my running. It gives me a little extra something to look forward to and a reason to have fun."

-Amy Nicholson, Kevin Smith

. . . Can I Help?



Junior Darcie Gibson prepares to begin her homework as she takes advantage of the Peer Tutoring Program. Peer Tutoring was set up to assist students in courses they needed help with.



Jemini Patel, and Kim Kinoshita hide behind the front desk in the office. Next to them is a box that was used for a food drive held earlier this year.

In a community, many people do different types of service. Some do work as a requirement and some voluteer just for the sake of it.

Many clubs volunteered to help in the community and in schoolthis year. The Indianettes volunteered to clean up Prince William Parkway, the Leo Club played bingo at a nursing home in Woodbridge, Junior Civitans helped out at the special olympics, and the Student Ambassadors helped people out right here in school.

The Student Ambassadors helped new students get adjusted to our school, they were also there to answer any questions and help out with any problems. They also tutored and student that needed it. "It's not just a bunch of students coming in to do homework," Mrs. Ellerbe explained, "whoever wants to come in and help other students or get help, comes." The mentor program was yet another way students helped each other. Many students had problems at home that was effecting their school work. Mrs. Snyder helped these students stay on task by talking to them about their problems and checking up on them.

Not only clubs volunteered to help others,there were a large variety of different things people did. Much of the volunteering around the county comes from an idea called S3. That is where seniors enrolled in American Studies II must serve atleast fifteen hours of community service. Many of the seniors went to local elementary schools and help tutor kids in various subjects.

Some students may do more volunteer work than others, but the community benifits from all the work that is done and that is what's important.

- Carlos Vera and Lorene Banning





Charity begins at home. Helping each other out with some group work, Kenric Ferguson, Rob Firvida, Marisa Hunter, and Stan Pagel look at the stack of books on the table and laugh.



The peer tutoring coordinator, Mrs. Jean Ellerbe patiently waits to finally sit down at the 1993-94 school year graduation. Thanks to her work in the Learning Lab and after schoool with peer tutoring, students graduated who might not have made it otherwise.



At their post outside of Bannister Shoes in Potomac Mills Mall, Cindy Compton(left)) and Patricia Chamberlain volunteer their day working for the Muscular Dystrophy Association collecting donations in return for a shoebox grab.



Student Ambassadors Front Row: LaShawn Dillard, Felicia Glapion Jill Harbsky Middle Row: Melinda Jones, Jemini Patel, Allison Rowe, Christal Thompson, Christel Spears Top Row: Kim Kinoshita, Mollie Pineda, Issac Assante, Eric Porter, Sponsor Cathy Nickerson.



Jermaine Hoskin spends his time at the volunteer fire department. He currently volunteers, but he has plans to become a paid fire fighter in the future.

Young Life: You're Only YOUNG Once



"I like Young Life becouse it's o good time to hang out with your friends, be yourself, and shore your foith!"- Rhett Bentson



" Young Life was a good opportunity to meet other people from different ploces and to try new experiences."-Erin Word

Have you ever wanted to go to a place where you can feel accepted, be yourself, and have fun at the same time? Many students gathered together in the Mill House at Tackett's Mill on Mondays for Young Life.

At Young Life, students were positively influenced by college-aged leaders. Funny skits, good food and visits with friends were only some of the highlights of "club."

During the school year, students had opportunities like repelling in West Virginia, skiing in Pennsylvania, retreats, King's Dominion in April, and camp in New York.

Trips were not the only activities that Young Life offered. There was a Halloween Disco party, activities at Potomac Mills and time with the leaders. These trips were a great way to get away from the stresses of school and meet other people from different schools and states.

"My favorite trip with Young Life was when I went skiing in the Pocanos for a week over Christmas break. It was my first time skiing and it was an experience to remember," said John Feeney.

In the long run, Young Life was a great way to start the school week off with some excitement. Students could relax with friends and enjoy the activities. It's all fun and games, but here, it only got better. - Jen Robinson and Adrienne Cross



While on o weekend retreot, Brent Smiley relaxes on o secluded rock in the mountoins. Although the mini-vocotion only lasted o weekend, the memories will last a lifetime.

As she inches her way down from the "ropes" course at Saranac Lake, New York, Tammy Cameron holds onto the rope with all of her strength. The Young Life camps offered many challenging obstacles for the campers to tackle.

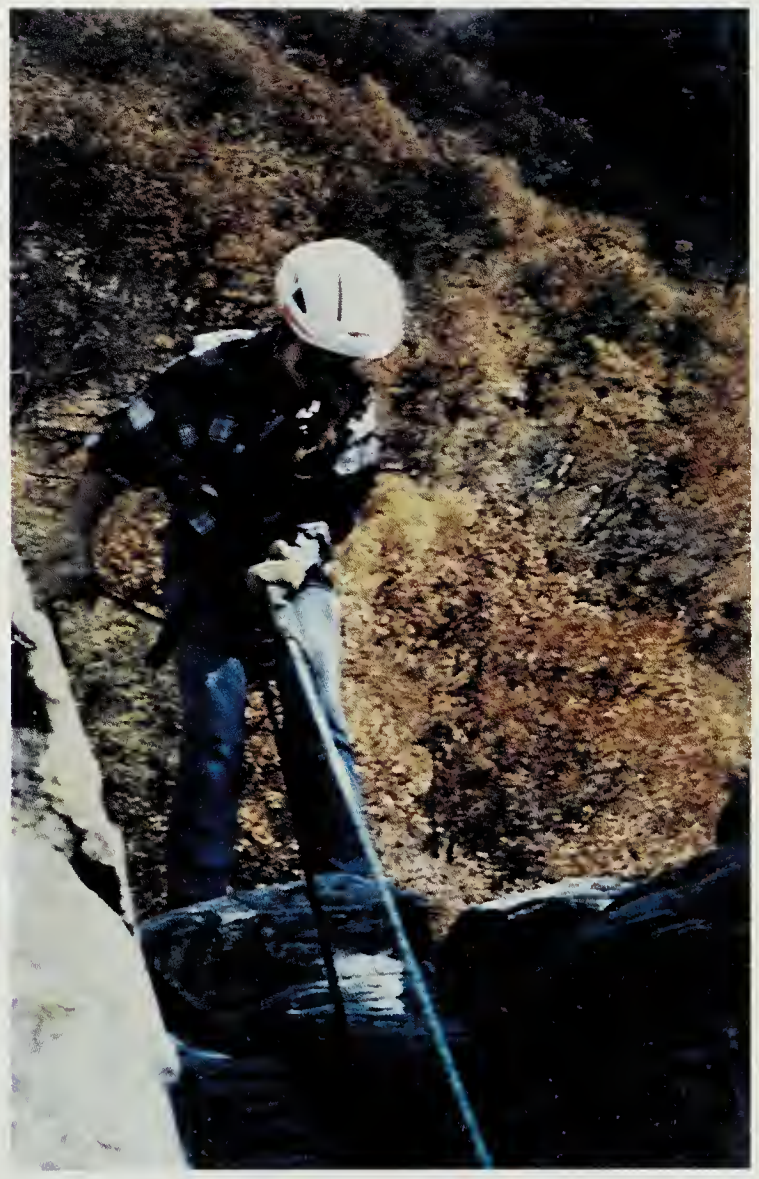
Funky music, crazy dancing and wild clothes echoed the atmosphere of the 70's Halloween Disco party. Mike McConnell strikes a pose in the center of the dance circle. The party brought students from all of the local high schools, such as Hylton, Osbourn Park, Potomac, and Woodbridge.







In line for the Rebel Yell at King's Dominion, Jeannie Rubino, Robin Schrimpf, Adrienne Cross, and Jen Robinson take time out for a picture. Kids from all around the state went to King's Dominion in April to enjoy a day of rides and at night a huge "club".



On Seneca Rocks in West Virginia, Tara Brown repels down the mountain on a weekend adventure. Pushing their fears to the limit the Young Life adventurers took the chance to test their courage and their faith.

. . First Loves Last Forever



Spending time in another country can be very romantic. Seniors Cloy Rowland and Lori Rowe take a cute picture in the hollwoy of the Tower Thistle Hotel in London. "Spending o week with Cloy mode me feel a lot closer to him," commented Lori.



Supporting one's girlfriend or boyfriend ot an important event can be very encouroging. Senior Ryan Willioms supports his girlfriend, Tino Kobaso, the doy before o cheerleoding competition in Williomsburg. "Since I was not oble to be with Tino during the competition, I wished her luck oll through the doy!" commented Ryon.

When past graduates look back on their high school years, many memories flash back. The friends, the teachers, the games, and the parties, but most of all they look back on that special someone who brightened up any day. He or she always made you smile.

That first date when you were so nervous and you didn't know what to say, what to wear, or how you were going to stop your palms from sweating. Followed by that oh-so-special first kiss where you were wondering, "Does my breath smell like that hamburger we had for dinner?" or "Am I doing it wrong?".

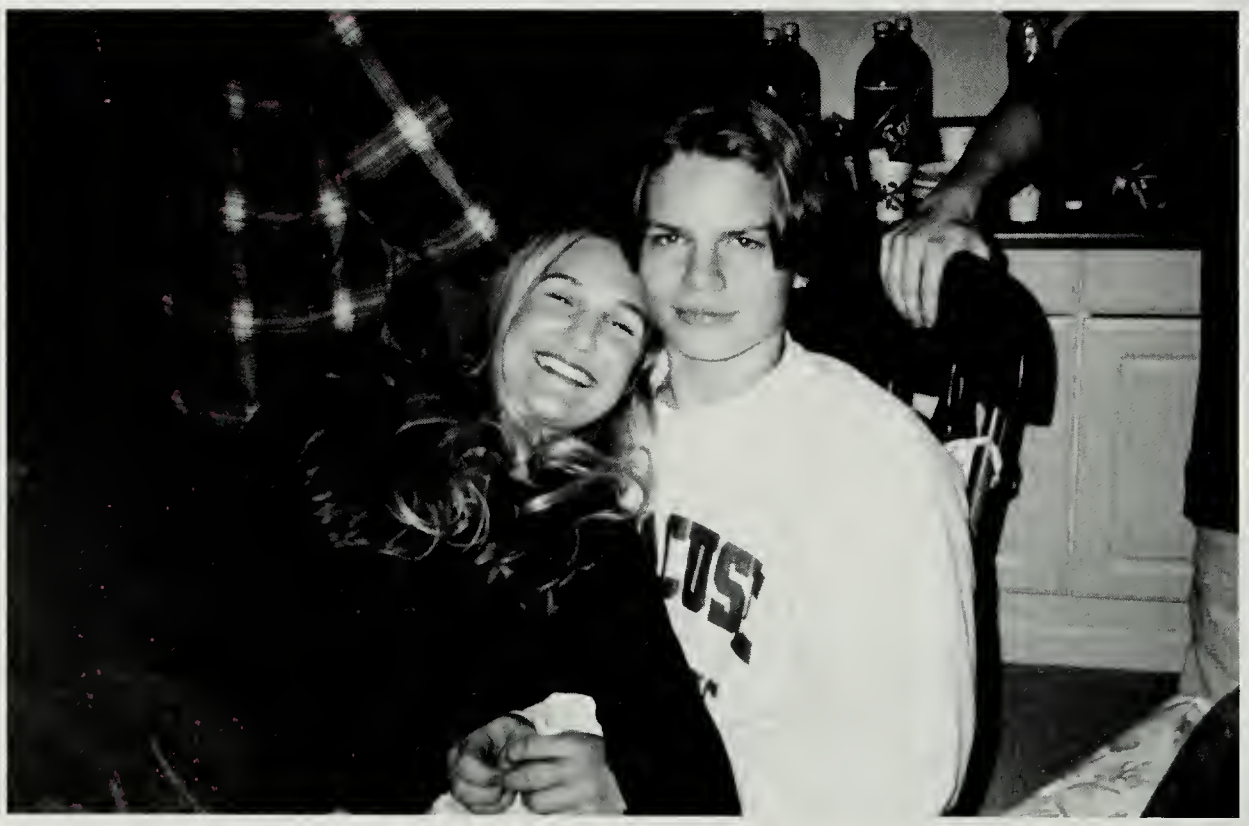
After all the waiting and worrying, it all worked out and you were both happy. You spent all your spare time with one another and the two of you would walk around school with a sparkle in your eyes and a silly grin on your faces.

Remember the special anniversaries where he would take you out for a romantic night or just leave a flower on your car for no reason? Then, there were the millions of little notes and cards you would give him, or just a telephone call, to tell him how much you love him.

Wait a minute. . . Reality check! Dating was not always lovey-dovey and perfect. There were always the fights, the crying, and the break-ups. What was all of this heartache over? Well, usually it was because of the big "J-word." Jealousy. You saw him looking at another girl, or one of your ex-boyfriends called while you two were on the phone. Or maybe, it's because the night before he said just the two of you would go out for a special date, but then at the last minute, he wants to go out with his buddies.

You say, "Well, I guess that's okay," but what you really mean is "If you go out with them and not me, you will regret it for a long time!"

Times are not always perfect in realtionships. Overall, the satisfaction of being in the company of someone you care about was worth all of the disappointments and difficulties.-Tara Stapleton



Shoring o speciol moment ot o Super Bowl porty, Tommy Cope and Tiffany Hoffman snuggle up for o momentous picture. Many couples tend to enjoy hanging out in groups on the weekends, just spending time with friends. High school doesn't lost forever and many students love to cherish the memories thot ore mode.

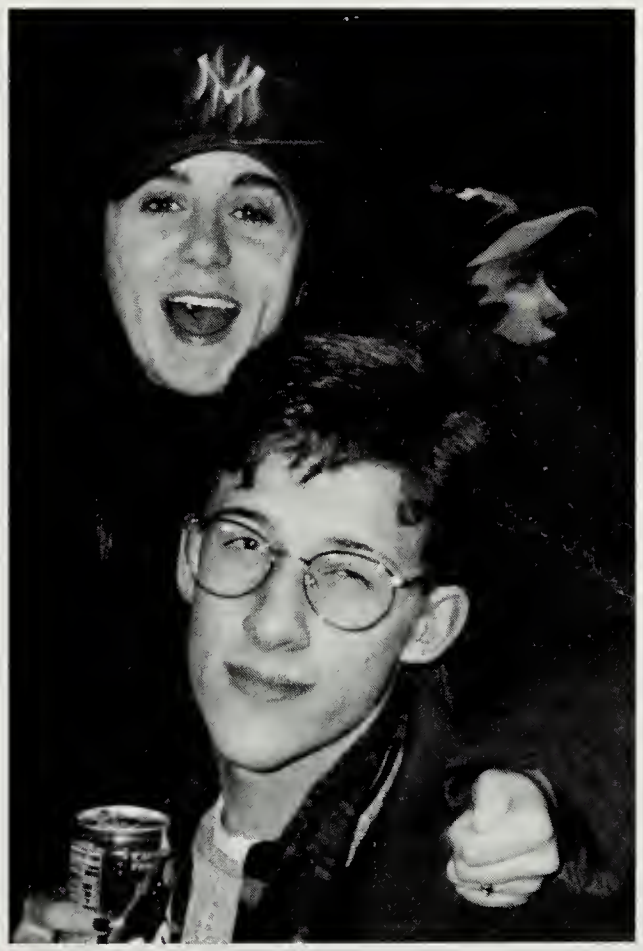




Being able to spend special time together is very important in a relationship. Elliot Sheehan and Alicia Cupp spend a quiet evening at home together just kicking back and relaxing. Alicia said with a smile, "Elliot and I love spending time together alone. It gives us a chance to get to know each other better and also to become closer."

Going to holiday parties with one's significant other can be a lot of fun. Travis Neagle and Kerri Kraft smile for the camera at a Halloween Party. "Kerri and I always have fun when we go out together," stated Travis.



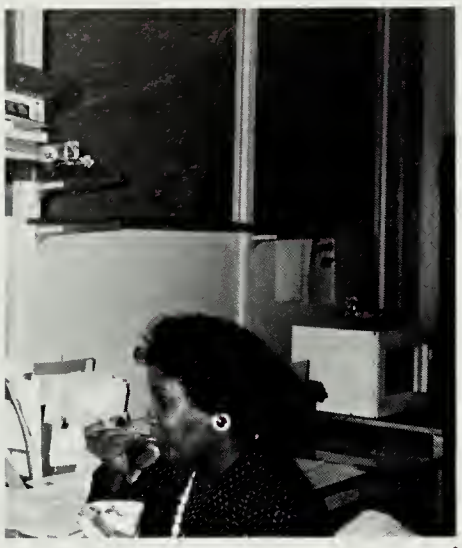


Football games tend to be a good social hang-out for couples. Joe Tompkins and Elisa Lambert take a time-out from the game for a memorable picture and snack. "I like the Sprite in you, Joe", expresses Elisa with a smile.



Taking a break in between classes, Jaime Cartwright and Jason Gvozdas share a moment together. Going to the same school as one's boyfriend or girlfriend can be both positive and negative. Being able to spend time with each other can be helpful, since afterschool sports and homework can get in the way.

Do You Mind?
Pushed to the Brink of Insanity



You can bet the Business Department's Mrs. Johnson has a new pet peeve--being photographed while she's eating lunch!



Mentioned more than once as a pet peeve was when students lean up against the garbage cans and bang the lids open and shut. This was especially annoying during class time. Like a gentlemen, Nima Harris refrains from beating on the garbage can as he says goodbye to friend, Kevin Hicks.

Pet peeves can be annoying, frustrating, and even the least bit cute. For some unknown reason, the tapping of a pencil, the crack of a nail bitten, the twirling of bubble gum, the sound and visual of animalistic eating behaviors send people over the edge. The degree of irritation depends largely upon the charity of the person witnessing the atrocity.

Most pet peeves are are unexplainable. The person telling one to quit drumming on the desk may not know why the drumming is bothersome. Other pet peeves just remind us of someone or something we'd rather not remember.

Tenth grader, Maggie Smith said, "I hate it when your friends spread your business around school. If you wanted everyone to know you could have posted it on a wall."

"I hate to see people all up on each other when they are not going out," said freshman Christina Saunders.

Teachers are not immune to the bad habits of students, that's for sure. Teacher Mrs. Amy Weiler stated, "When students crackle and pop bubble gum, it runs a chill down my spine. It's even worse when your colleagues do it."

In a perfect world, pet peeves wouldn't be an issue. One's fellow man would be aware of his actions and how they affect others. Much is left to just plain courtesy. But for now, on this sadly imperfect planet, all one can do is be forgiving and tolerant.

-Tijusha Haley





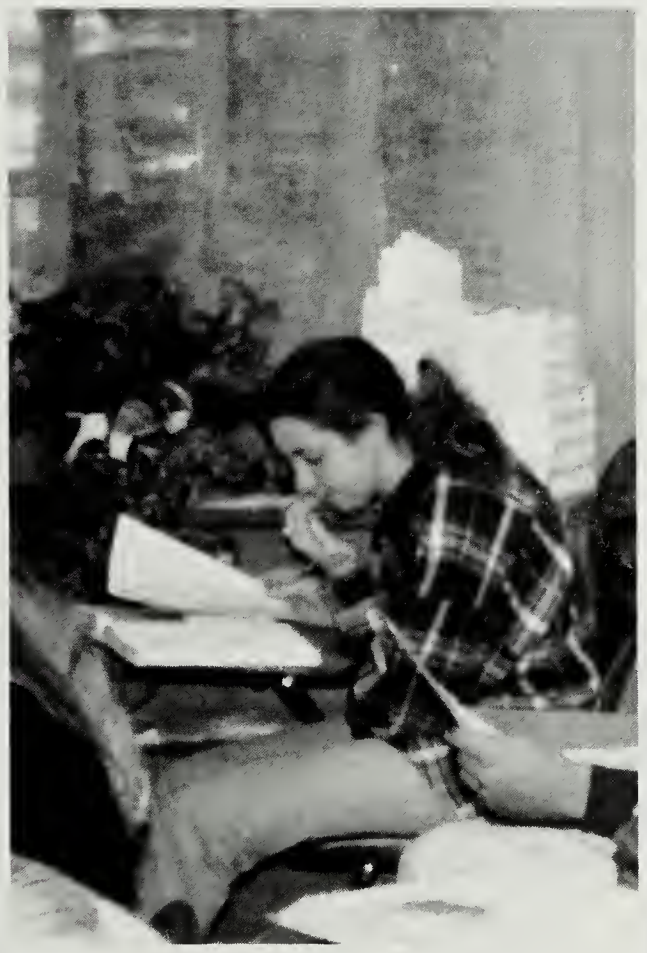
Slirping up food, or in this case, water from the water fountain may bring looks of disgust and laughter. Teresa Carey, Latoria Haygood, and Crystal Thompson get a kick out of a friend.



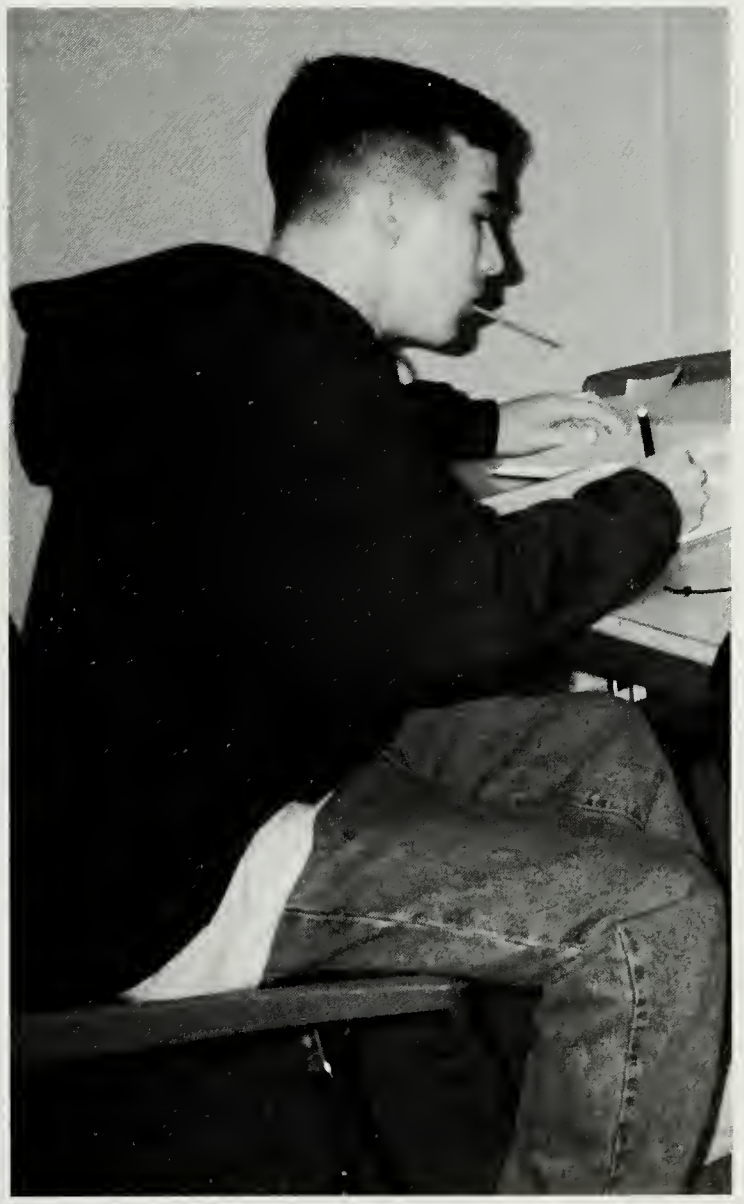
You know that little piece of hair in the front of your head that just won't seem to lay down? Crystal Stephan and friend exchange horror stories between classes.

Even in close quarters, twins Isaac Asante and Janet Asante, say they don't fight that much. Although they each have pet peeves about the other, they remember that blood is thicker than water.





American Studies requires some intense concentration. Kelli Bellando probably doesn't even realize she's chewing on her nails as she works to complete an assignment for Mrs. Bittner.



In the lobby of the science pod, Cameron Williams chews on his straw while catching up on the day's homework. Students must learn to have great patience with each other when they find each others habits annoying.

Paisley and PLAID

When Wardrobes, Words, and Woes Collide



Staring in disbelief, Charisma and friend Crystal checked out some of the more bizarre clothing trends roaming through the halls.



Laid back, during class, Karen Hennessee talks to Jennifer Burwell. Choosing more unique outfits, the two dared to be different this year.

Clothing, music, personalities, and attitude are all unique qualities about people throughout history. These attributes are some things that make up the Gar-Field population. Students wear clothes to show their mood and express themselves.

"People put labels on others to waste time and it is something to do," said Luke Checkon. Dawn Fales, on the other hand, thought, "It is the first impression which makes people react this way."

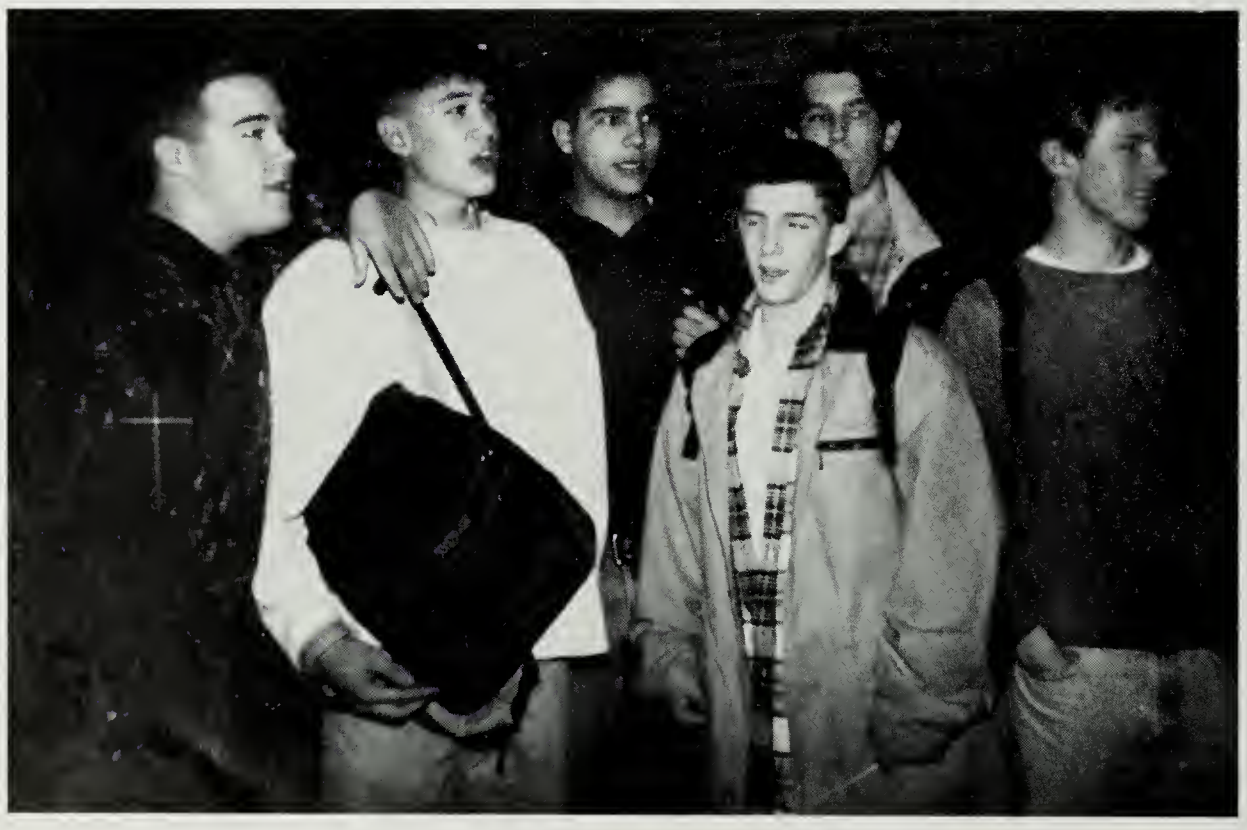
For many, first impressions are a big deal. The way one acts or looks may cause others to think differently of them. Still, there are some who could care less about what others think of them. They do what they want and act how they feel. Gar-Field had wide ranges of color and style among the classes the past year. Through a combining of cultures, musical preferences, and attitude, everyone finds their own style.

Looking around the School of Champions, you can find many diverse groups. You have your preps, cheerleaders, jocks, hardcore, ravers, ganstas, and many others.Some groups feel that if you have a similar styleyour stealing from them. Others feel that they are just getting a liking to the trend. Luckily at Gar Field, if you dressed a certain way, it did not mean you had to separate from anyone else. The average student could hang with whomever no matter what they were like and never feel obligated to stay round certain people.

Some students felt that their style didn't matter. It was just what they could afford at the time. Dawn Alston commented, "I don't care what anyone thinks. No one pays my bills or puts food on my table. I have to do what I can, and I feel I do a great job!" -Jenni Reese



Matt Blamey, Shaun Mathewson, Rob Firvida, Ryan Williams, and Mike Smith make up a circle of friends known to always be together. On Fridays, the crew bands together to figure out what to do for the weekend.

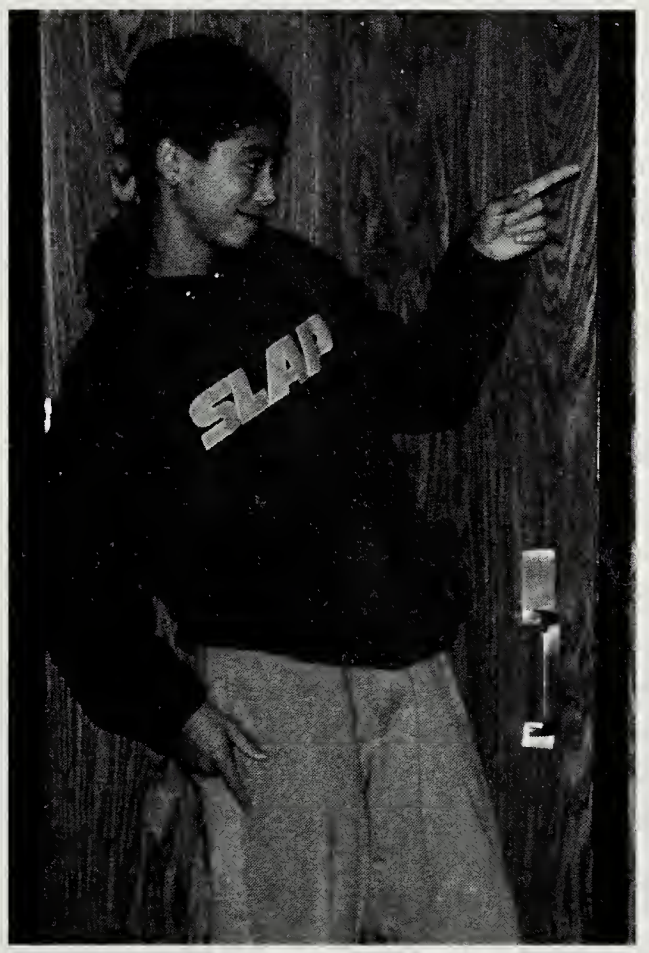




Dressed alike, Tina Figueras and boyfriend Hannibal Jacksan express their attachment to each other during lunch. Couples ware similar autfits to shaw they were to each other.

Being comfartable is alsa imartant, which Tavis Nagel and Whitney Packard shawduring class. Some days students dan't feel like putting on a fashian show and go far what's easy.







Shirts with logos were often seen around Gar-Field. T.J. Williams was spotted during lunch sporting his SLAP sweatshirt. On Fridays, even the faculty wore polo shirts with the schaal insignia an the frant.

Cliques hanging aut at lunch were always a fixture. Nikki Finch, Taria Smith, and Kendra Stewart stand araund talking abaut what's gaing on.

. . . Cherished Memories

The best years?



"I believe that the best times of your life are spent in high school. I have had so much fun and I can say these have been the best years for me, I have so many great friends and I'm glad that I'll have so many good memories to look back on." Jaimie Cartwright



"Everybody makes such a big deal about their four years at high school, and yeah, it's fun but there is a lot more to life than just high school!" Justin Sawyer

As some students are getting ready to leave and take with them their memories, there leaves the rest of the students to begin their most cherished times.... "the high school years."

One's best times are said to be lived during high school. It's a time to just have fun and not worry about the pressures of college. Being a senior is a time to concentrate on your best lived memories and make sure you will neve forget them. It's a time to take risks, to meet new people, keep strong relationships together, and live life to the fullest without any regrets. Jason Gvozdas states, " I think that you should have fun, but not always concentrate on how it's supposed to be the best, because then you won't be able to enjoy it."

Students learn to treasure what means the most to them. Senior Kelley Stokes adds, "High school goes by so fast and my advice to the younger classes is not to take these years for granted and just have fun! I know I had a lot of fun, you just have to take each day as it comes." Now is the time to discover what means the most to you and to just have fun! -Amy Nicholson



Patiently waiting for the freshmen basketball game to begin, cheerleaders Jessica Hacker, Erin Nicholson, Olivia Buchan, and Allison Moore relax before cheering.





Before playing a big game, the girl's varsity basketball team stands for the National Anthem, standing is Heather Henson, Mia Chiparus, Nelaya Lee, and Stephanie Tucker. The girls will never forget what an excellent season they had and how well they played. They ended their season at 23-1.



While having a good times with their friends, Vinnie Kwatra, Rob Firvida, Matt Blamey, and Richard Mullins hang out at the basketball game. Students often use sporting events as a way to spend time with their friends.

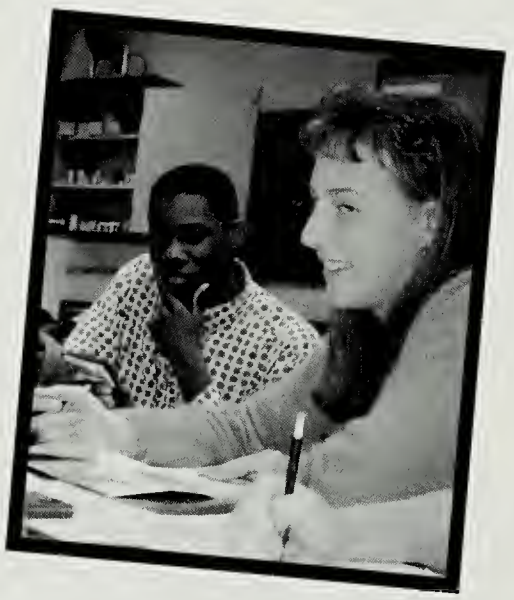


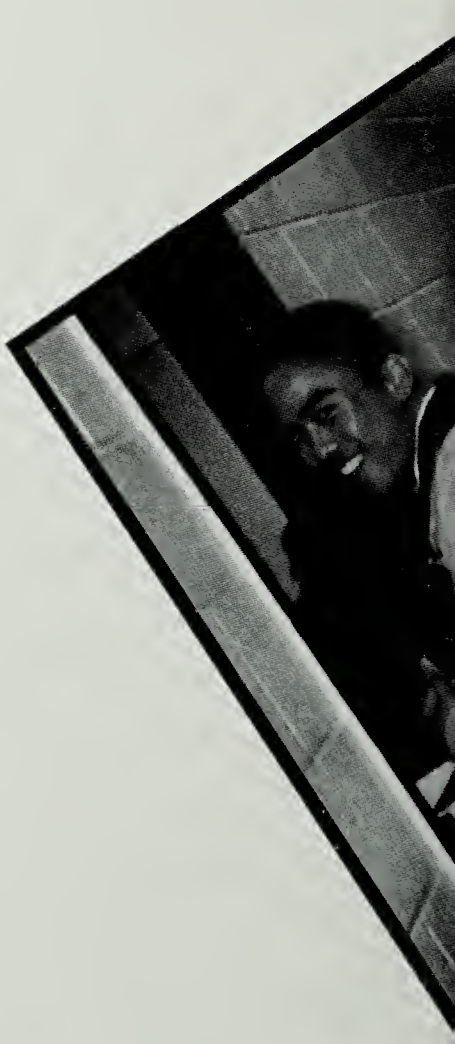
Showing their school spirit, senior Janet Oldis and junior Missy Wycinsky attend the boy's basketball game that night. You won't see Janet at a game without her unique spirit T-shirt!



Anxious for the New Year to begin, junior Carrie Hernandez and senior Stephanie Jansen celebrate at a friends house. Who else would be brave enough to wear these party hats besides the two of them?



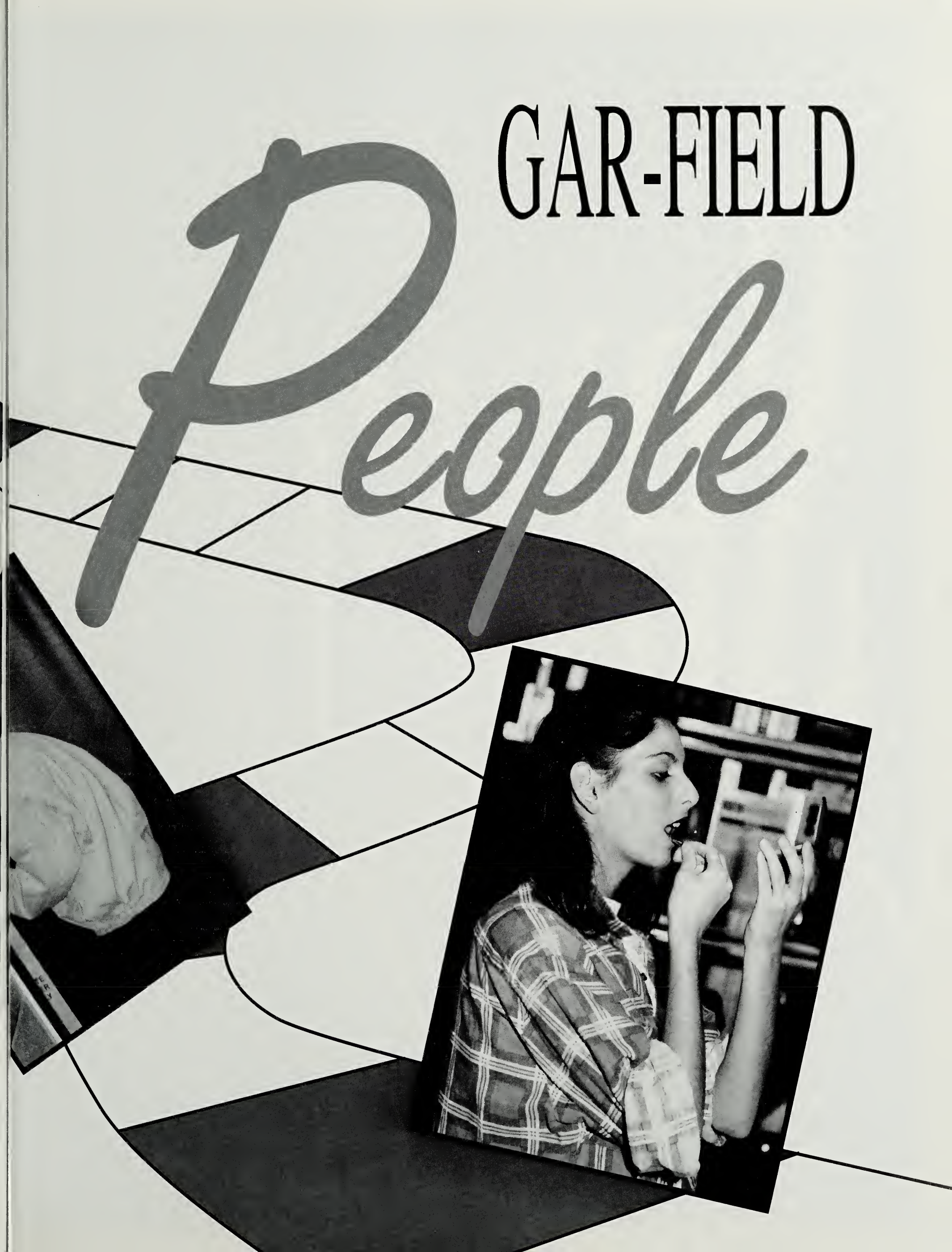






GAR-FIELD

People



Seniors

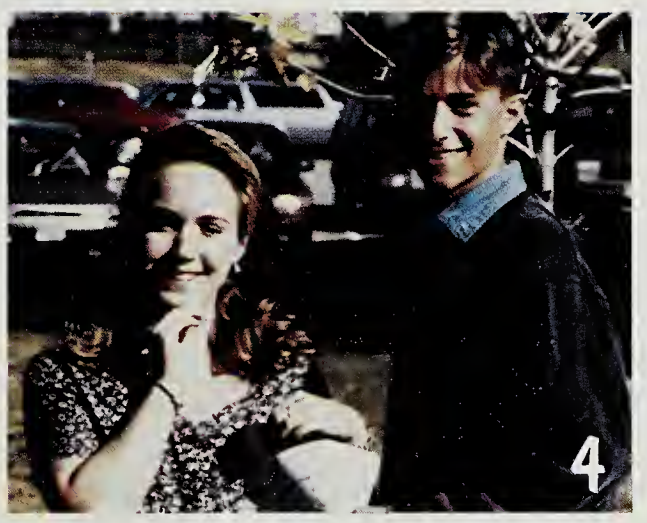
Class of 1995

Senior Superlatives. . .















1. Mr. and Mrs. Gar-Field

Kevin Smith and Stephanie Tucker

2. Most Talented

Aaron Fuska and Erinn Smith

3. Class Clowns

Rob Firvida and Eboni Fulwood

4. Most Intelligent

Josh Levin and Beth Miller

5. Best Eyes

Travis Neagle and Rena Ryan

6. Best Smile

Clay Rowland and Renee Rochette

7. Most School Spirited

Doug Blanchard and Janet Oldis

8. Class Couple

Kevin Smith and Amy Nicholson

9.Biggest Mooch

Shawn Matthewson and Jessica Johnson

10. Most Likely to Become Rich and Famous

Aaron Fuska and Beth Miller







11.Most Friendly

John Feeney and Amy Nicholson

12. Best Hair

Clay Rowland and Kerri Kraft

13. Most Likley to Cause a Scene

Milton Wright and Eboni Fulwood

14. Most Shy

Aaron Mordan and Corey Benderoth









15. Most Unique

Paul Oremland and Stacey Will

16. Most Talkative

Andrew Einsmann and Tina Kobasa

17. Most Involved

Matt Guilfoyle and Stacey Will

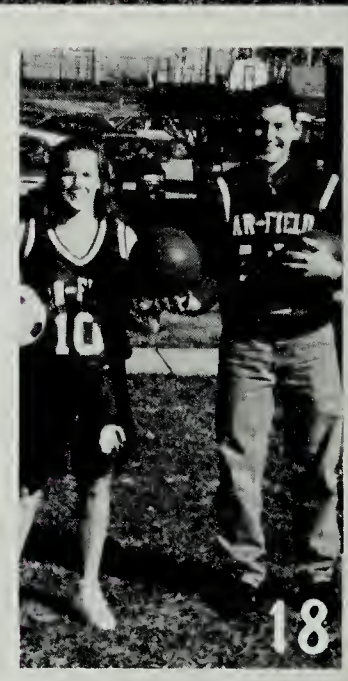
18.Most Athletic

Kevin Smith and Sandi Goulet















19. Biggest Party Animal

Josh Wehmeyer and Debbie Allan

20. Most Outgoing

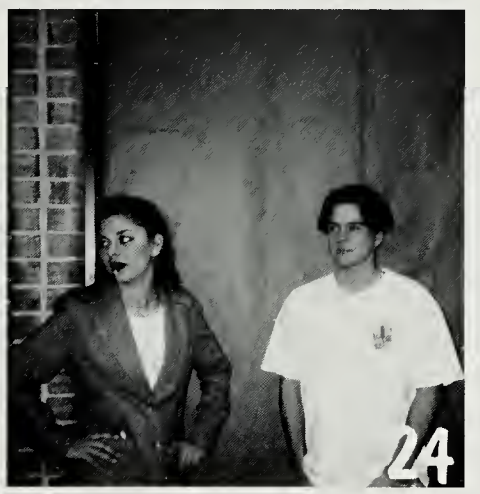
Rob Firvida and Tammy Cameron

21. Most Dazed and Confused

Stan Pagel and Alicia Cupp







22. Best Apple Polisher

Justin Sawyer and Crystal Stephans

23. Best Personality

Doug Blanchard and Sarah Hamilton

24. Most Moody

Kevin Tripler and Adriene Ceja







25. Most Likely To Succeed

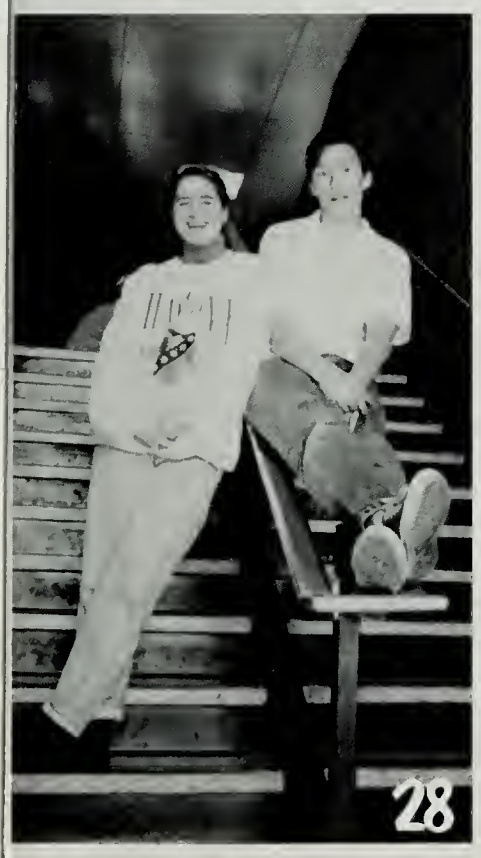
Josh Levin and Katie Hawxhurst

26.Best Dressed

Kevin Tripler and Tammy Cameron

27. Most Flirtatious

Joe Tompkins and Heather Alexander







28. Most Dependable

John Feeny and Georgia Gray

29.Most Cheerful

Sany Said and Jaimie Cartwright

30. Tardy King and Queen

Milton Wright and Stephanie Jansen

Zadig Abebe

Michael Abel

Daniel Acosta

Johana Aguilar

Idress Ahmed

Renee Akins

Heather Alexander

Debra Allan

Dawn Alston

Guyisha Alston

Amy Anderson

Janice Anderson

Isaac Asante

Janet Asante

Aneesha Askew

Aissatou Ba

Aaron Babaie

Andrea Balch

Gary Bansen

Felecia Barner

Chad Barnes

Matthew Barnes

Constance Barnette

Joseph Barrows

Paul Bazzano

Jonathan Beaver

Joanna Beavers

Jeanine Bellock

Melissa Belt

Michael Beltethon

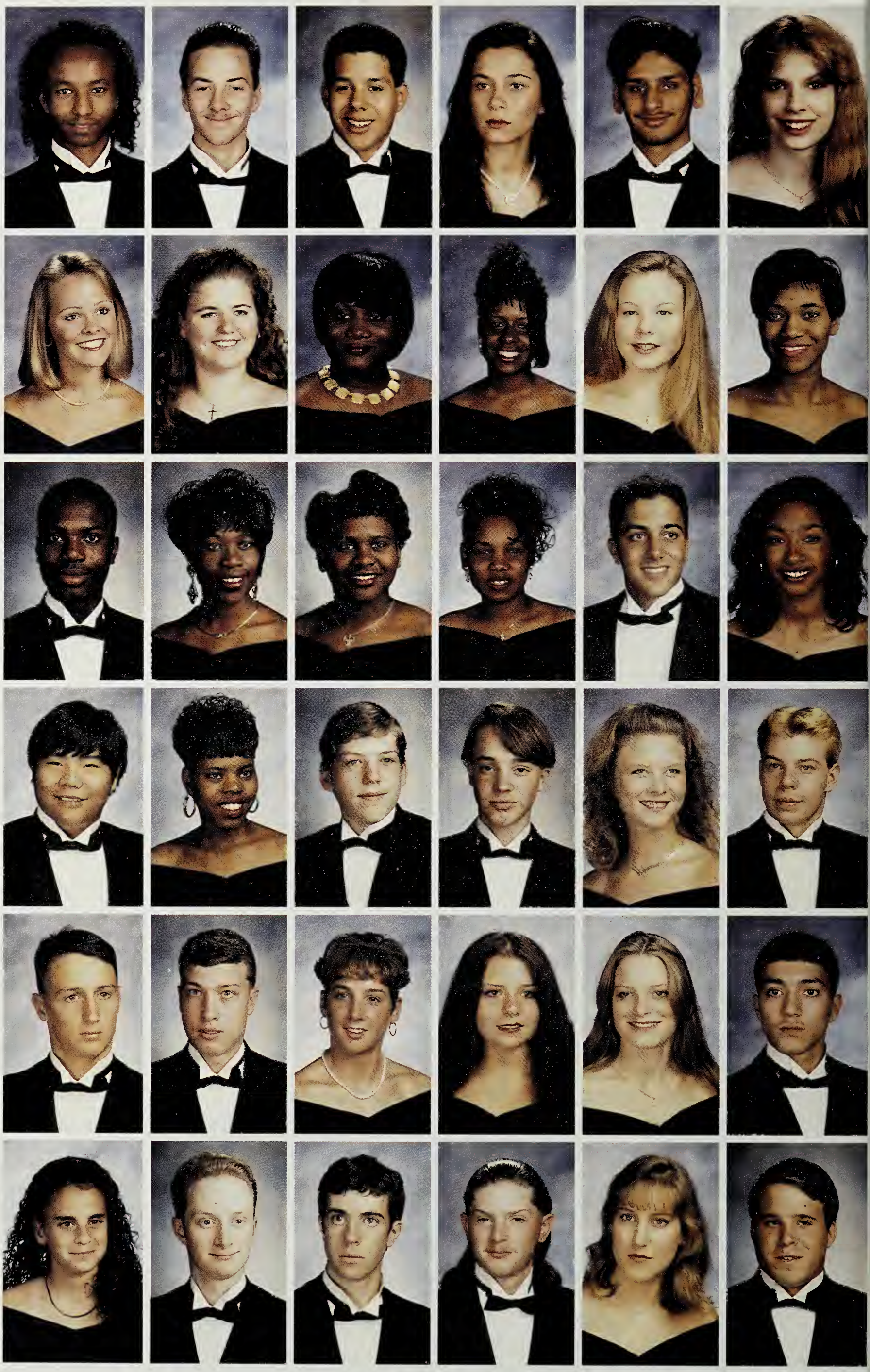
Corey Benderoth

Kinter Bernard III

Sean Bethel

Ronald Betts

Mariazell Birzack



When School Lets Out, It's Time to Hang Out!

Yet another highlight of the Dale City hang-out scene is the Fairlanes bowling alley. Lounge lizards Sany Said, Meredith Piplani, Jennifer Graf, and Rachel Dency discuss the possibility they will still be at the bowling alley talking on their 40th birthdays. Varsity bowling anyone?



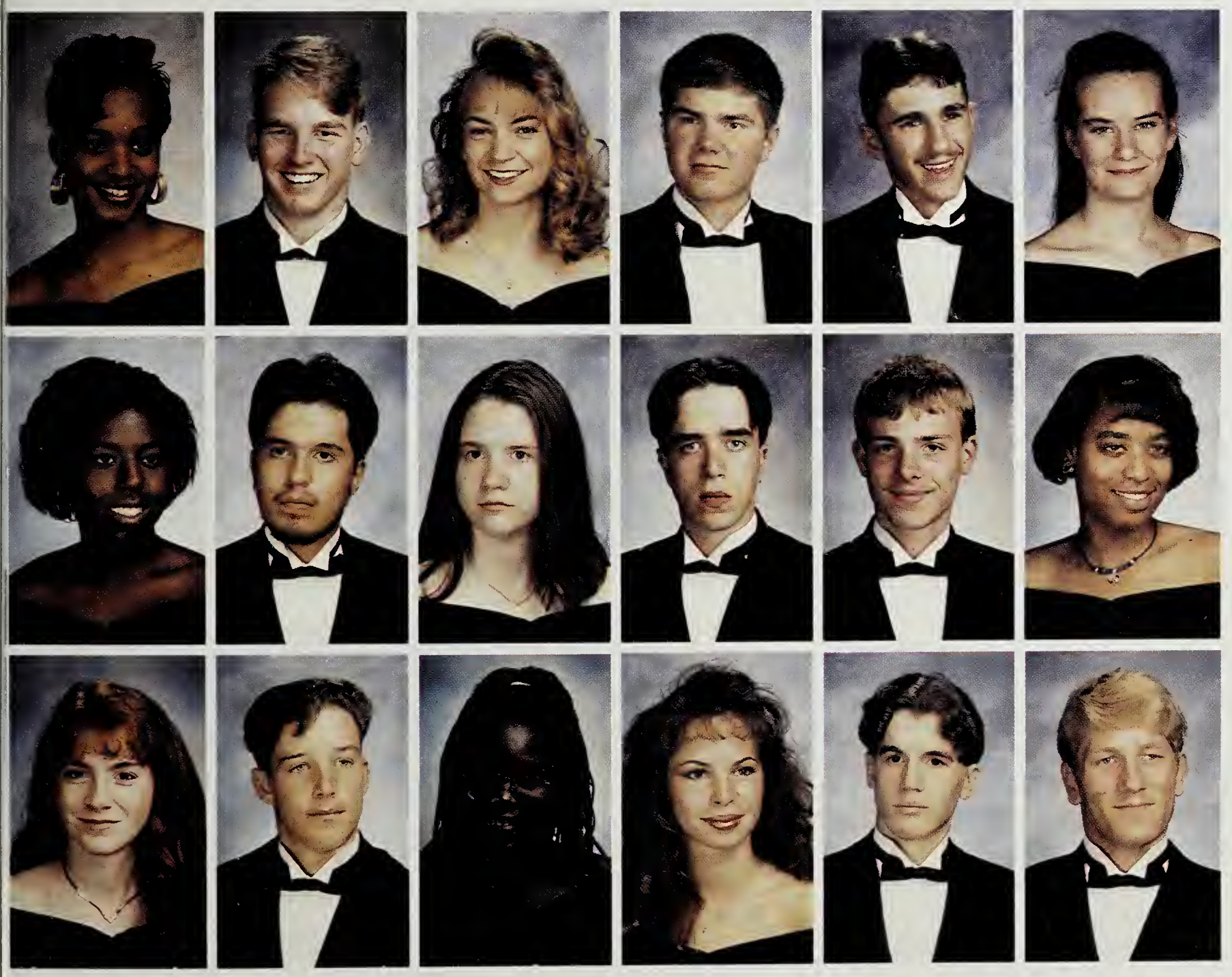
After a grueling week of school, studies, college applications, and scholarship hassles, seniors had a knack for finding many ways to amuse themselves on the weekends. Study? Nah! Homework! I don't think so! Party? Did someone mention a party?

You can bet the class of '95 was there! Seniors didn't seem to mind who, what, when, or where . . . if there's a party, they were there ! When the party scene was not happening, most seniors found other ways to entertain themselves. Football games, Old Town, the movies, Taco Bell, and McDonald's were some of the favorites of the class of '95.

Jamila Smoot likes to "go out with my friends," while others, like Brad Norgart, prefered to spend time "going out with my girlfriend." Some found other ways to amuse themselves, like SCA President Kevin O'Grince, who "can't miss "The Simpsons !"

It's not all fun and games. Babysitting, working, and yes, studying did seem to sneak its way into the lives of seniors busy preparing for college. Aside from the endless applications and interviews, touring college campuses seemed to be a favorite way to prepare for college. Senior Paul Bazzano likes to hang out at JMU to find out "what college life is all about ."

No matter where seniors chose to hang out, all tended to agree that the most important part of having a good time is simply being with friends. -Heather Alexander and Elisa Lambert



Michanda Blackwell

Douglas Blanchard

Wendy Blindauer

William Boebel

Greg Bogan

Brie Barclay

Corinne Bolder

Jose Borrayo

Suzanne Bouchard

Jason Boyd

David Bradley

Tameeka Brantley

Jennifer Brittle

Matthew Broaddus

Sharisse Brown

Tara Brown

William Brown

Paul Bruss

Jennifer Burke

Marques Butler

Bryan Cable

Gene Caldwell

Chevon Callen

Tammy Cameron













Teresa Carey

Millicent Carmouche

Reina Carrillo

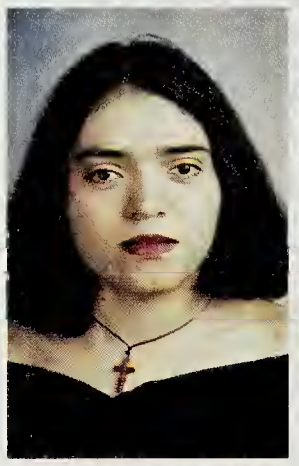
Toni Carroll

Kelly Carson

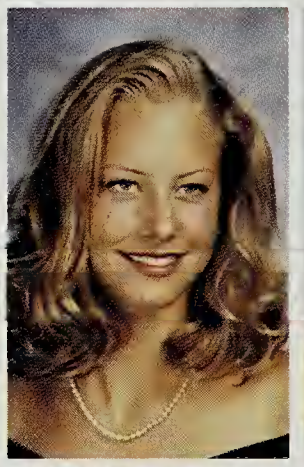
Denedra Carter













Jaime Carter

Jaimie Cartwright

Adriane Caja

Brandon Cerny

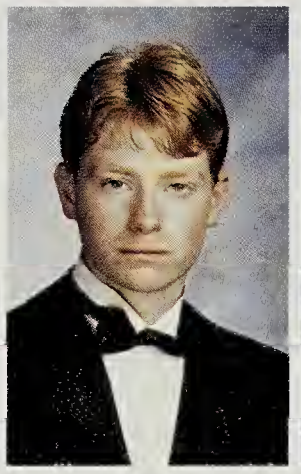
Jennifer Chamberlin

Simone Chan-Tai











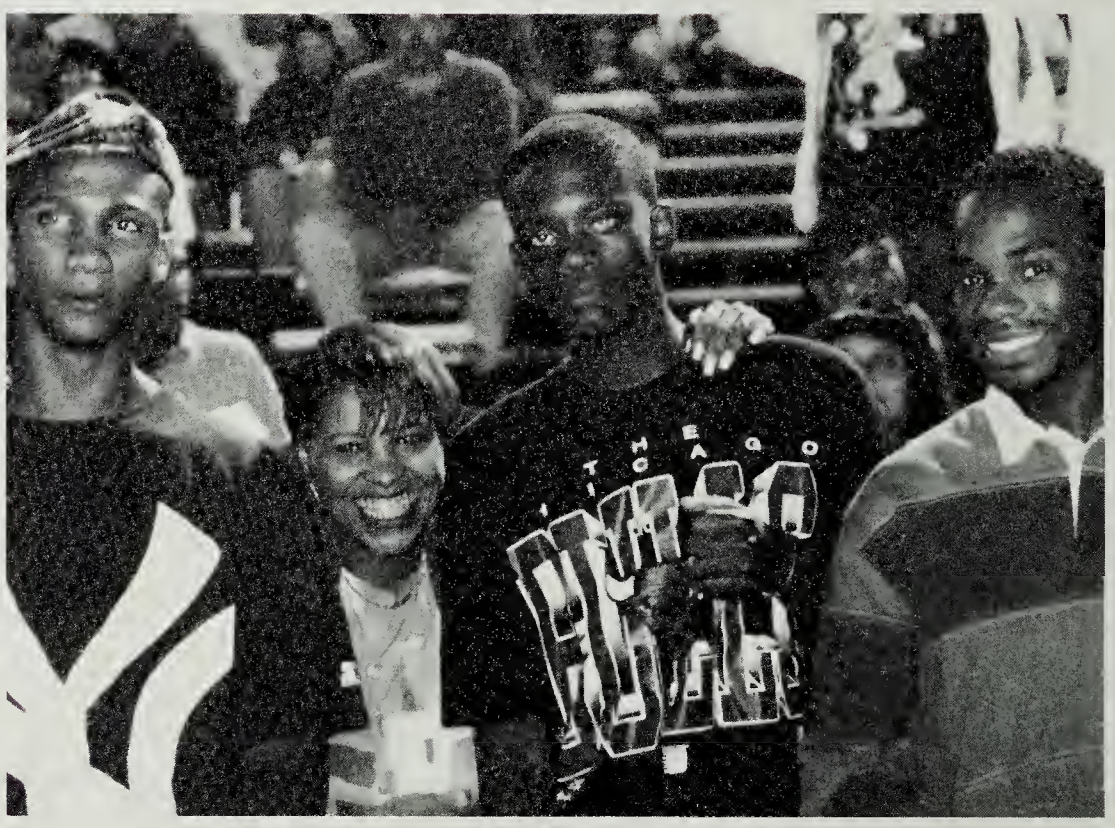


T.G.I.Friday

"It's finally Friday!" screamed Gar-Field students as they left school for the weekend. Friday set the tone for the weekend as students discussed their plans. "I like attending all the sporting events on Fridays, especially football and basketball, because it's a time when I can be around all of my friends and show my school spirit," replies senior, Kelley Stokes.

Attending sporting events was popular for most students, especially for seniors because it's their last year here. Senior Reggie Jackson stated, "Seeing all of my friends and other sports fans in the stands really pumps me up and pushes me to do my best."

While the majority were at the games, others chose to go out places with their friends, or may even had jobs they had to work. "I hate getting stuck at work when my friends go out to have fun, but the money is nice," said senior Amy Johnson. The movies, hanging out at the mall, and going to parties were all favorites of students.-Amy Nicholson and Kevin Smith



Thanking God it's Friday, David Halmon and Anthony Perkins hang out with friends at a home football game. Attendance at home sporting events has been on the increase in the last couple of years. Undoubtedly, they'll hit one of several post-game hangouts--Taco Bell, McDonald's, Silver Diner or a party.



Luke Checkon

Demetrius Cheeks

Mia Chiparus

Charinee Chirapanda

Cynthia Chittum

Michelle Cianflone

Denise Clapper

Jill Clark

Jesse Clarke

Latanya Clay

Tammy Click

Julie Clubb

Brent Conner

Jennifer Conrad

Damion Constantopoulos

Heather Cook

Scott Coulter

Jamila Cox

Miguel Crevoisier

Alicia Cupp

Arthur Daniels, Jr.

Brandy Davis

Jennifer Davis

Michael Davis

Michael Day

Heather Dempster

Rachel Dency

Kevin Dewhurst

Stephen Dittmer

Antoinette Divittorio

Christina Doggett

Mary Doss

Eboni Dubar

Albert Dukes

Olivia Dunn

Daniel Edwards

Julian Edwards

Danielle Egan

Andrew Einsmann

Kirsty Elstob

James Embrey

Antwan Epps

Roger Erickson

Robert Fairchild

Chris Faught

Eboni Faux

John Feeney

Benjamin Fehrman

Josely Feliciano

Kenric Ferguson

Crystal Ferrell

Krystal Fichter

Robert Findley

Roberto Firvida

Rodrigo Flores

Anitra Ford

Gerald Fowkes

Jeffrey Franklin

Alexandra Friedrich

Aaron Fuksa

Eboni Fulwood

Farrah Gaitan

Osmin Garcia

Chari Gargan

Darsheema Gary

Joel Garza

Latisha Gaymon

Jennifer Gearing

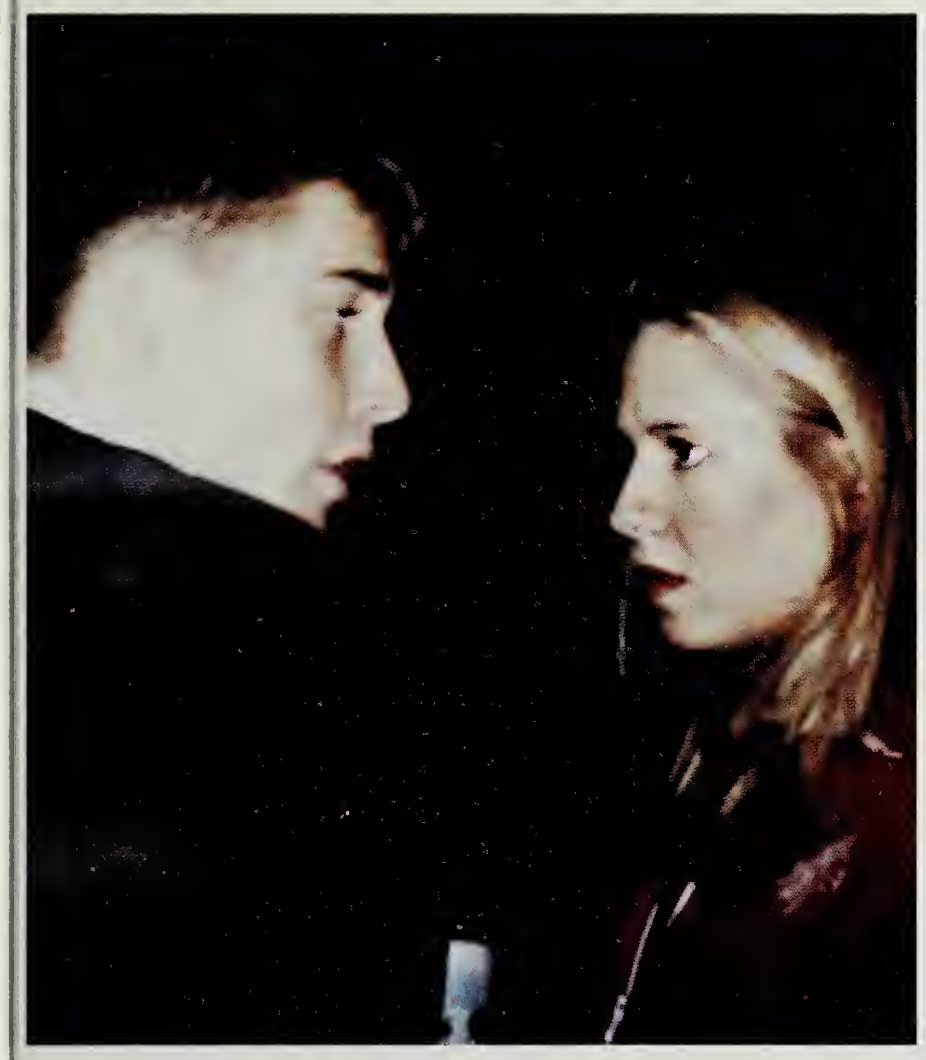
Nadya Ghaniova

Keith Gibson



Skipping the Light Fantastic . . . (and other deeds)

Travis Neagle and Kerri Kraft discuss what they are going to do for skip day. Right now, the decision is between spending a quiet day together at Travis' house, or going to D.C. with their friends to hang out. Even a bad day downtown beats a good day in school.



"Let's see, one, two, three . . . yep, I've only missed three days which means I have two more days left!" This was a common thought that ran through the heads of many seniors. There was a wide variety of reasons for skipping. One of these being, just to have the day to relax and kick back with a couple of friends.

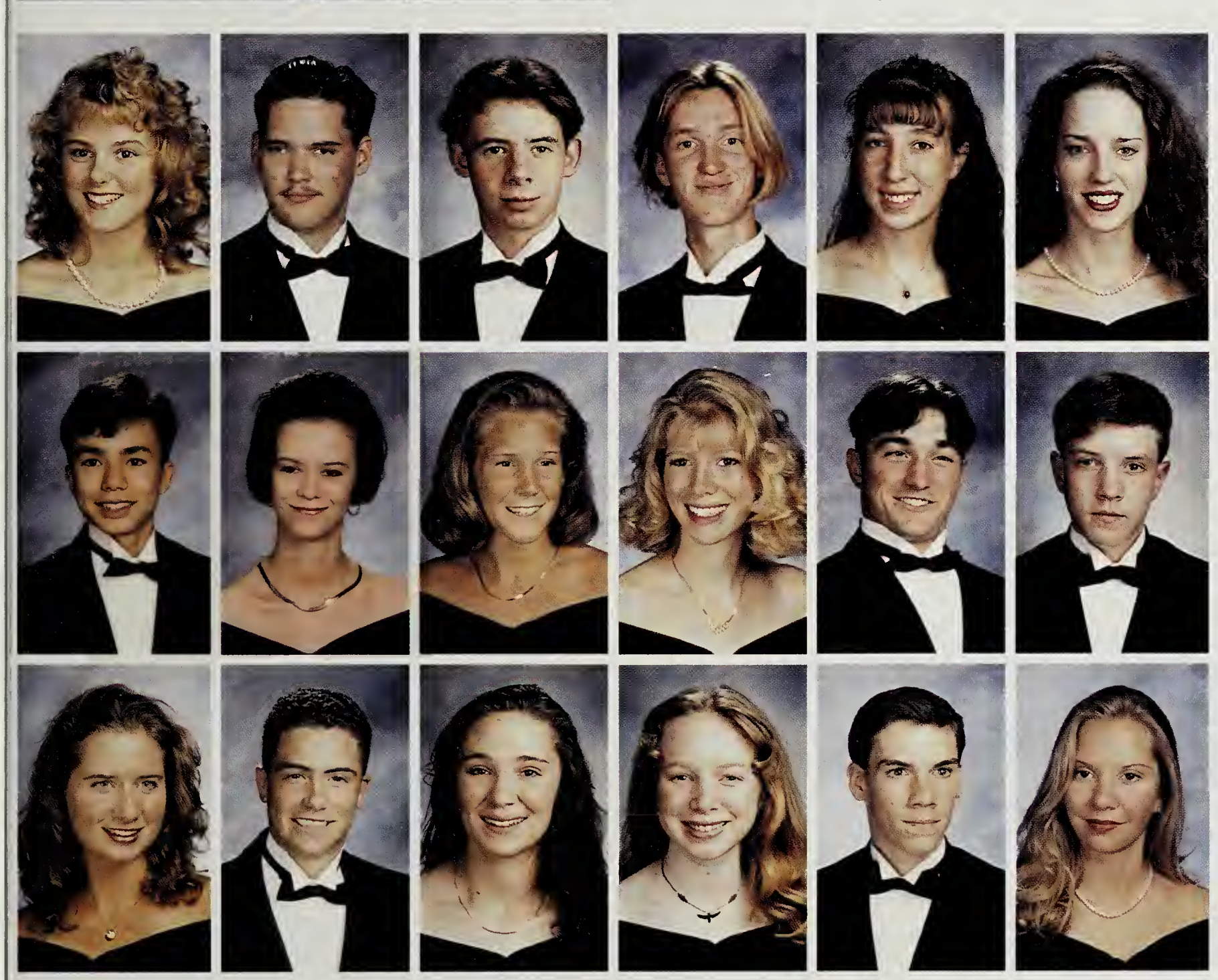
When asked the question, "What do you do when you skip?" Francis Jung replied, "A couple of friends and I like to go to breakfast, then just chill, and watch television until we decide to do something. We usually go out to lunch and keep ourselves hydrated."

Others need a little time to themselves. Paul Caldwell stated, "By skipping school, it helped many students cope with their problems."

Rumored senior skip days were heard throughout the school. David Hardin remembered, "I was here on skip day and all of my teachers gave me good grades." Most teachers heard of the proposed day and gave tests; some even gave out free A's just for being in school.

Coming into school late was also a popular turnout. Chris Lanzillotta clearly stated, "I like to skip first and second periods to go to breakfast at Denny's. The $1.99 Grand Slam is a real bargain." Most Dazed and Confused winner, Stan Pagel, grinned and said, "I come in late everyday so I can recover from the night before."

As graduation approached, senioritis kicked in. Sarah Weaver advised, "You gotta do what you gotta do!" - Alicia Cupp, Alex Friedrich



Marlena Gilbert

Troy Gilbert

Taylor Gill

Gregory Gilmore

Jennifer Glufling

Megan Glyer

Dmitry Golenko

Kari Goodman

Sandra Goulet

Jennifer Graf

Robert Graham, Jr.

Kevin Grant

Georgia Gray

Kevin Gray

Heather Green

Holly Green

Phillip Greenfield

Brandi Griffith

Matthew Guilfoyle

Sachin Gupta

Jason Gvozdas

Richard Gysel III

Sandy Habina

Kelly Hall



Michael Hall

Sarah Hamilton

Gina Hanna

David Hardin

Gerald Harris

Nima Harris

Eric Hartman

Katie Hawxhurst

Latoria Haygood

Karen Heckman

Cory Helmerson

Jonathan Hendrickson



Help Wanted

Volunteer (vol'en-tir') n. 1. a person who performs or gives his services of his own free will. 2. S3 - Students Serving Society.

What do these two things have to do with the School of Champions? In order to graduate, seniors are required to perform 15 hours of community service or write a research paper on local government. Most students opted for the community service because of the longer time period in which it can be done, and because it benefited everyone involved, the community as well as the student.

Some seniors used their required 15 hours to discover or eliminate future career paths. Senior Millicent Carmouche shared, "I am going to volunteer at elementary schools. I want to be a teacher, so this will really help me."

Some students decided to participate in clubs specializing in community service. The Junior Civitan Club deals mainly with the mentally disabled, the Leo Club works with deaf and blind citizens, and the Key Club gives help where and when needed in our community.

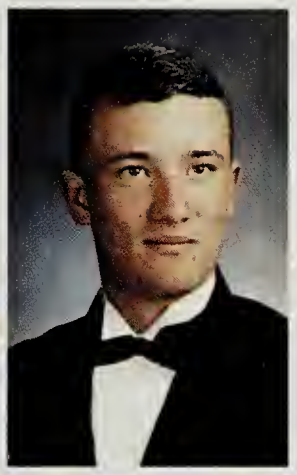
Mr. Kirk Darrough, the Key Club advisor explained, "Community service is an important part of the Key Club. It fits in well with the senior program." Students reluctant to participate in the community service found out the value of volunteering by their 15th hour. -Jennifer Glufling, Megan Glyer, Rena Ryan



As a part of their community service, seniors might volunteer their time to help out fellow Indians. Fulfilling her required 15 hours, Keishia Kemp, assists William Lee in understanding his English homework.



Shannon Henson



Horacio Hernandez



Jonathan Hernandez



Philip Hernandez



Kevin Hicks



Christal Hill



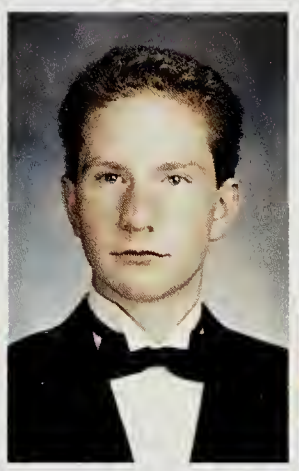
Vinh Hoang



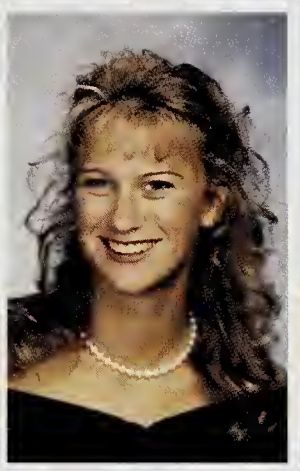
Avesta Hojabrzadeh



Brandy Hopkins



Mark Howard



Jill Hrabosky



Lisa Hrubes



Pamela Hunko



Marisa Hunter



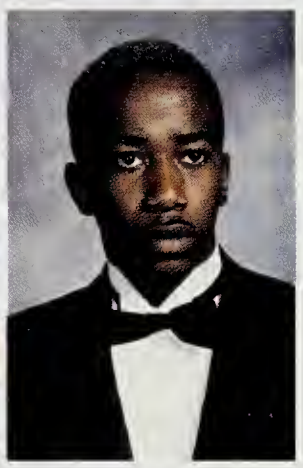
Elizabeth Hutson



Maria Ibella



DeLaura Ingram



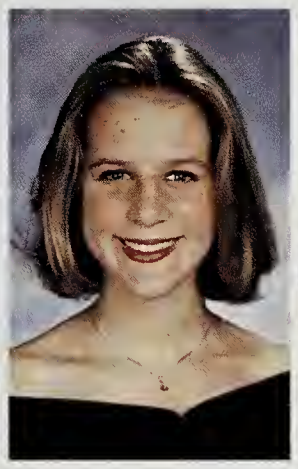
Eugene Ingram



Stephanie Jansen



Tawnia Jeffrey



Christina Jenkins



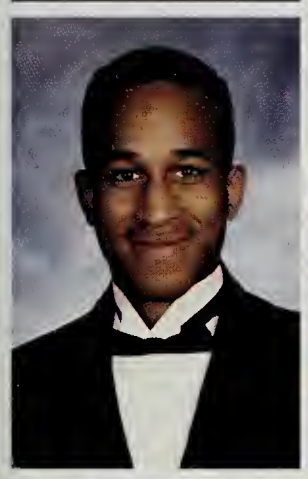
Heather Jenkins



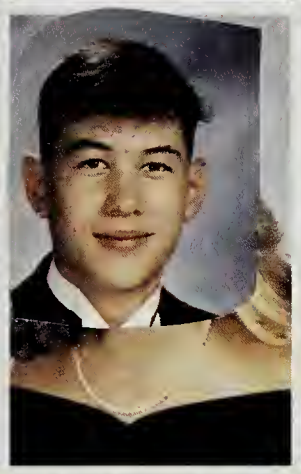
Jennifer Jenkins



Amy Johnson



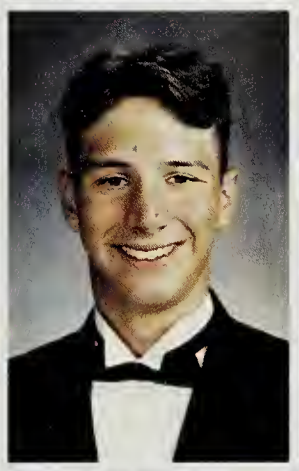
Dwayne Johnson



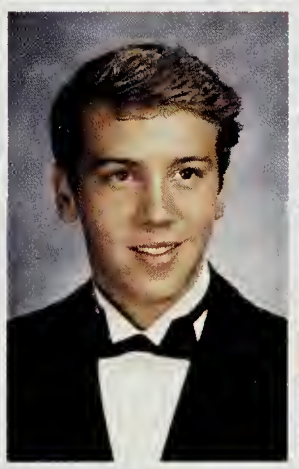
Jessica Johnson



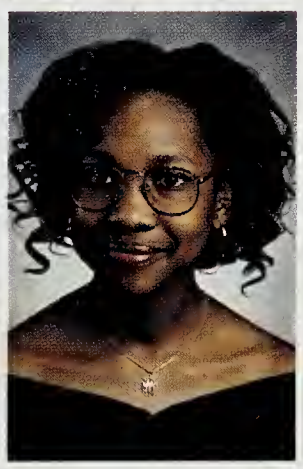
Shanna Johnson



William Johnson



Daniel Johnstone



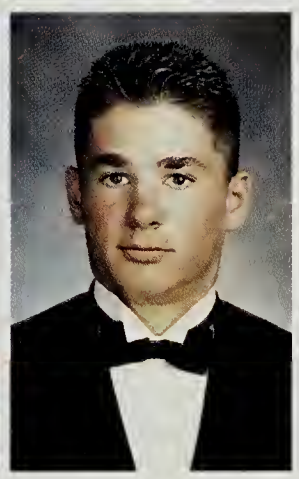
Melinda Jones



Shawn Jones



Shawnta Jones



Scott Joseph



Billy Joyner Jr.



Frankie Jung



Shenja Kah

Troy Kaiwi

Keisha Kemp

Elizabeth Kershaw

Katie Kibler

Christopher King

Danielle Klemm

Jessica Knuth

Christina Kobasa

Kerri Kraft

Carolyn Kratzer

Janette Kuzma

Naveen Kwatra

Dana Lace

Elisa Lambert

Adam Lantier

Till Langschied

Lawrence Lanzillotta

Diana Levenuta

Henry Lazcano

Ngan Le

Craig Leonetti

Erena LeTourneau

Joshua Levin

Maria Lewis

Jason Limerick

Bryon Linthicum

Jamey Long

Terrence Long

Samuel Look

Jonathan Lovelace

Christopher Lumney

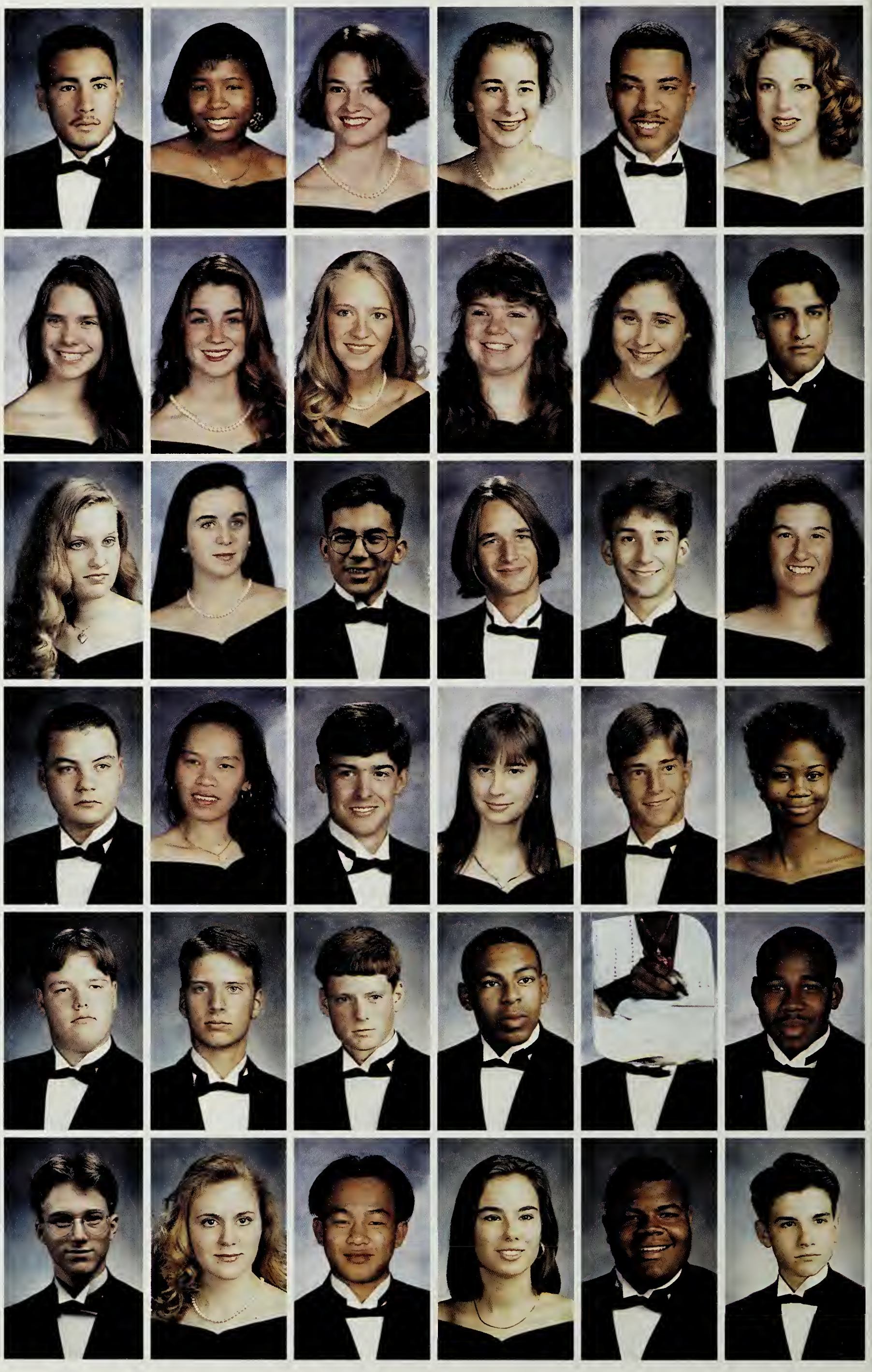
Melissa Lumpkin

Bang Luong

Stephanie Machado

Douglas Madison

Anthony Magoch



Passage to Freedom

Complete with tinted windows, headlight covers, and a vanity license plate, Carlos Vera spends most of his time and money customizing his Suzuki Sidekick.



One of the most important items you may own will be a car. Most Americans use cars for transportation, to go to and from work, school, and other activities. However, the automobiles in the school parking lot looked as if the only place they were going was to a car show.

Plenty of students at spent their free time and money working on their cars. From fixing up old classics to souping up brand new cars, customizing cars was one of the biggest trends of the 1990s. Students took pride in their cars this year by tinting their windows, lowering their suspension, and installing sound systems.

Sound systems were the biggest accessory to have in cars. There was a nationwide competition to have the deepest bass, with the biggest speakers. Often people can hear cars before they see them. Most of the music of modern times emphasizes loud bass.

Lowering the suspension, or "dropping" cars was another custom feature that students enjoyed in their efforts to have a good-looking car.

There are no special reasons why students customize their cars. Neon lights, head light covers, and graphic designs are merely attention-getters. Who knows when the car customizing fad will end, but for now, the cars will roll on.

-Keishia Kemp



Jeremy Mahoney

Michael Maline

Eric Mann

Krista Mann

Ainhoa Martin

Amanda Mason

Jacoi Matali

Shaun Mathewson

Bolivar Matias

Angela Maynard

Radheim McBride

Brian McCutcheon

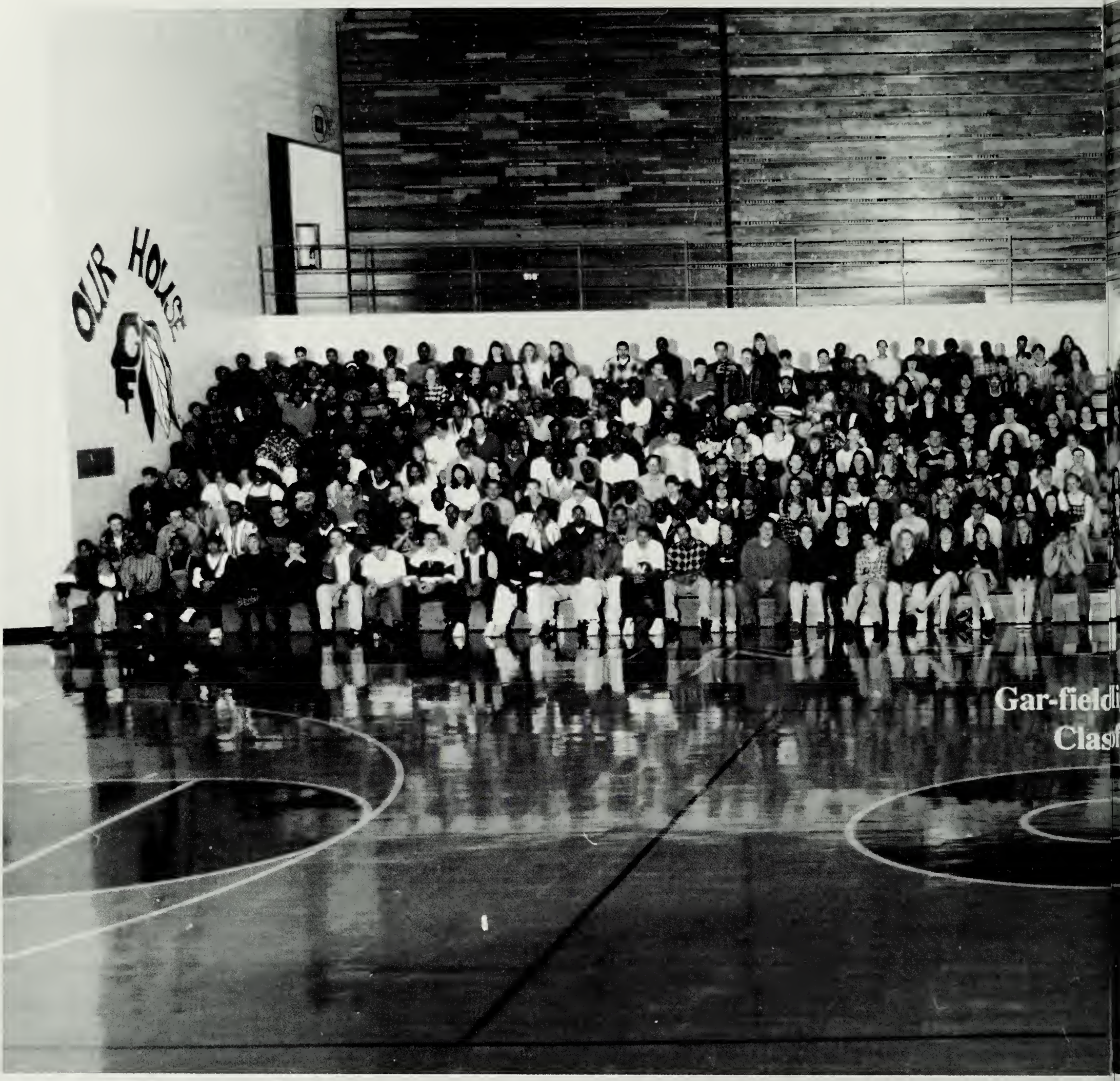
Sherita McGee

Veronica McGee

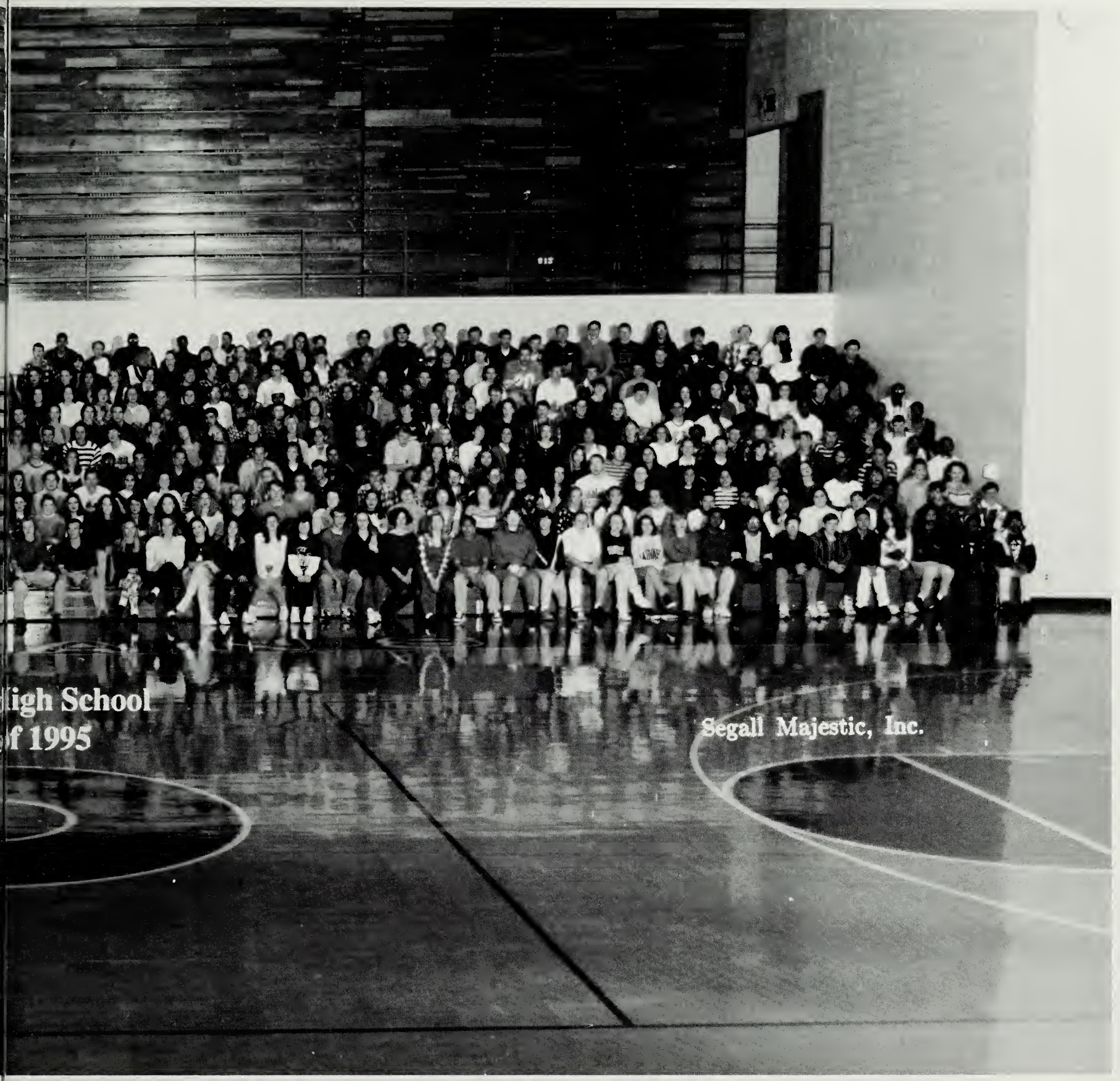
Kimberly McLeod

Erin Megill

Ruben Mendez



Class o



of 1995

Elizabeth Miller

Jason Miller

Jeremy Miller

Janice Mitchell

Clarence Moniba

Denisha Moore

Ian Moore

Jason Moore

Phillip Moore

Stanley Moore

Aaron Mordan

Anika Morgan

Derek Morgison

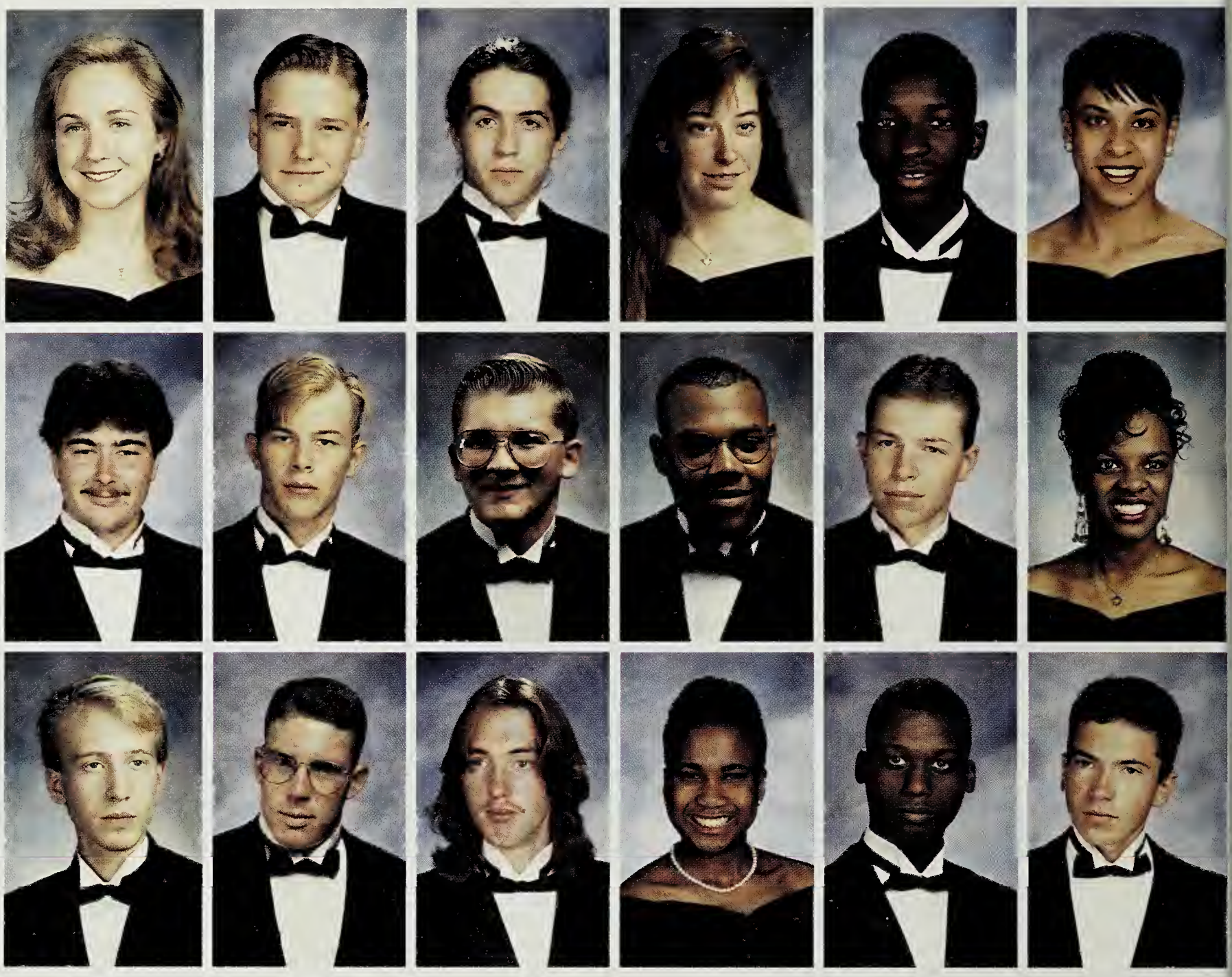
Brenton Morris

Ricky Morris

Ra'Dotta Murrell

Trokon Nagbe

Luis Naranjo



Top Ten Movie Picks

1. The Santa Clause
2. A Low Down Dirty Shame
3. Junior
4. Star Trek Generations
5. Interview with a Vampire
6. The Lion King
7. Bullets Over Broadway
8. Pulp Fiction
9. The Professional
10. Miracle on 34th Street

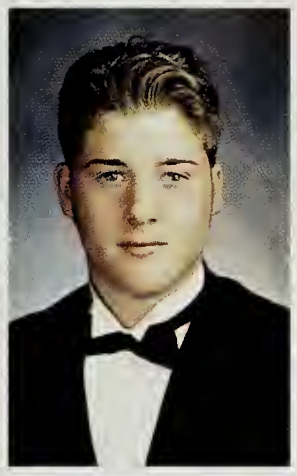
*Top Ten December, 1994

- Katie Hawxhurst, Liz Hutson, and Jessica Johnson



Escaping their busy senior year schedules for a few hours of action and adventure, Chris Lanzillotta and Joe Tompkins buy a ticket to a another time and place. Movies are a way to slip away from reality to experience life from a different perspective.


Sarah Narburgh


Travis Neagle

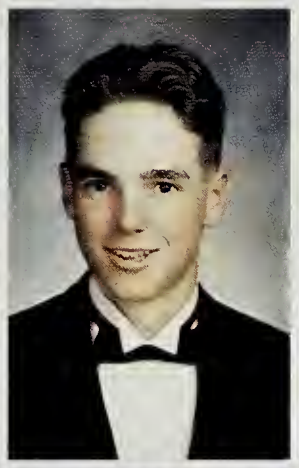

Mark Nebel


Amy Nicholson


Cecilia Niederriter

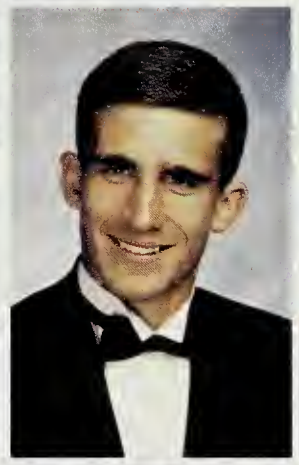

Leslie Nkansah


Grover Noel


Bradley Norgart


Scott Norgart


Wendy O'Ferrell

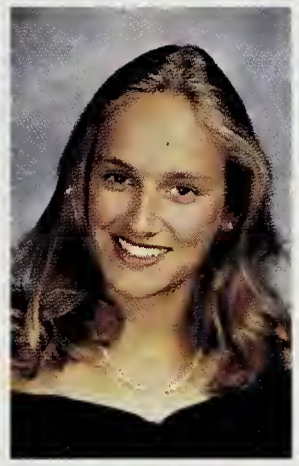

Kevin O'Grince

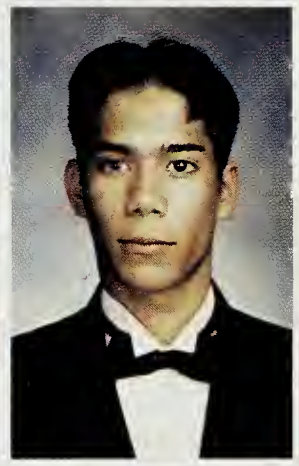

Janet Oldis

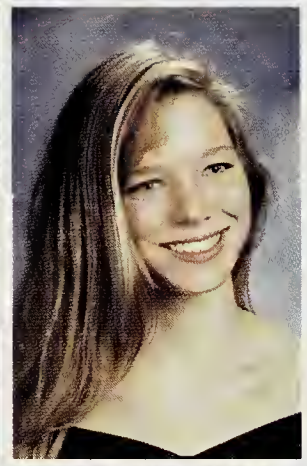

Alesha Olson


Paul Oremland


Miki Ortiz

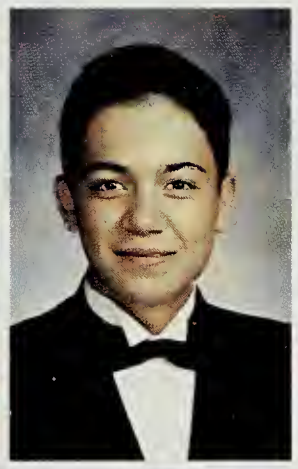

Whitney Packard


Stanley Pagel

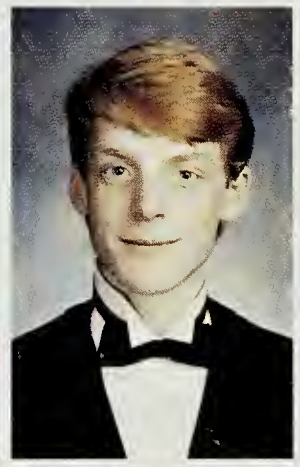

Crystal Paine

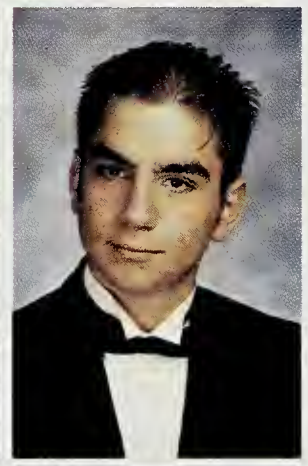

Wendy Paine

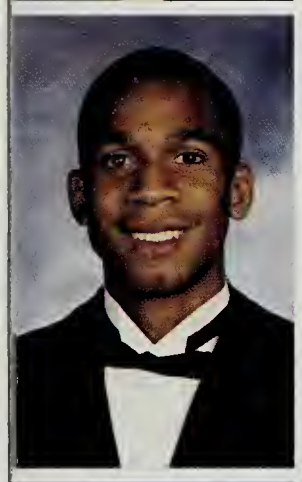

Allison Papovich


Santos Parada


Erica Parrish


Charles Parsons


Joseph Passarelli

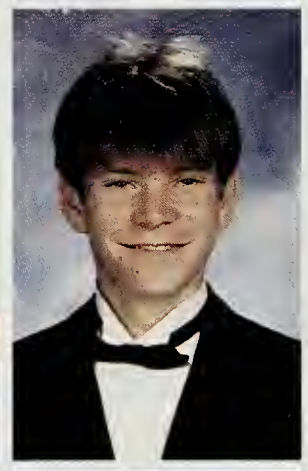

Ervin Patterson


James Payne


Tony Penn

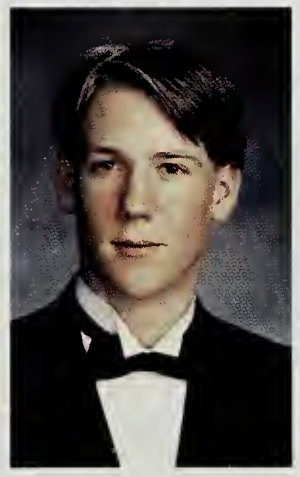

Emiko Perry


Angela Peterbark


Eric Peters


Oshaughnessy Pierce


Meredith Pipilani


Henry Pitera


Nitasha Pittman


Matthew Plutz

LaShawnda Powell

Reashamor Prather

Christa Pratt

Jessica Price

Shenita Price

Neil Puri

Michael Rainsberger

Shahzad Raja

Thomas Ramsey

Ben Ramos

Neelam Rani

Brooke Reilly

Justin Reubens

Bobbie Rice

Lee Rice

Cinthia Rios

Jaimie Rivera

Quiana Rivera

Ingeborg Roald

Amy-Jo Roberts

Amie Robins

Linda Rocha

Renee Rochette

Scott Rodgers

Shane Rogers

Sonya Rohrbach

Austin Round

Lori Rowe

Clay Rowland

Belinda Ryan

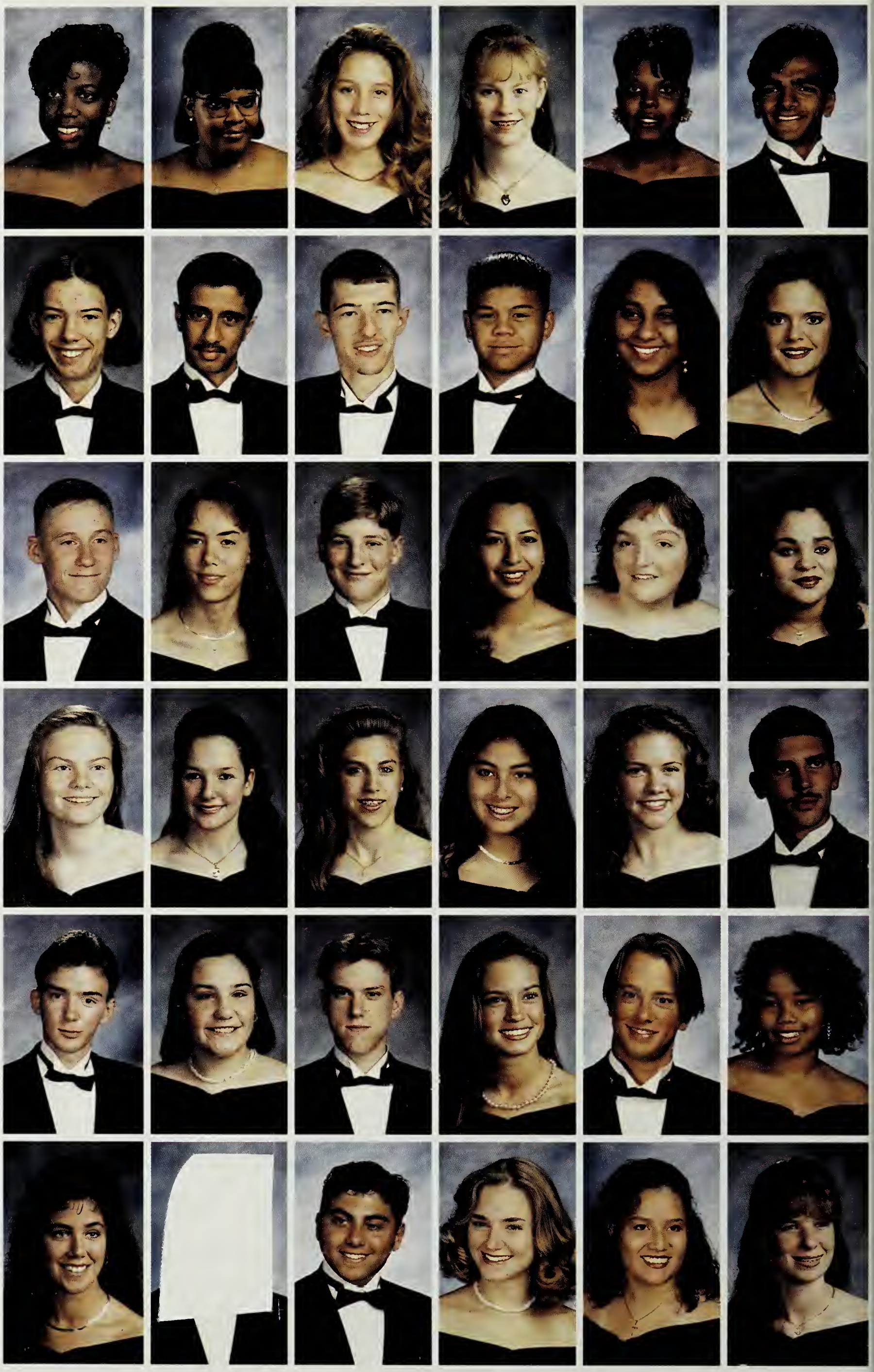
Rena Ryan

Shawn Ryan

Sany Said

Tracy Samanka

Iris Santos



Senior Melissa Belt shows little Candice how to match up the blocks with the shapes. This is the first year for the GRADS program here at Gar-Field. Candice is one of the older children attending the pre-school.



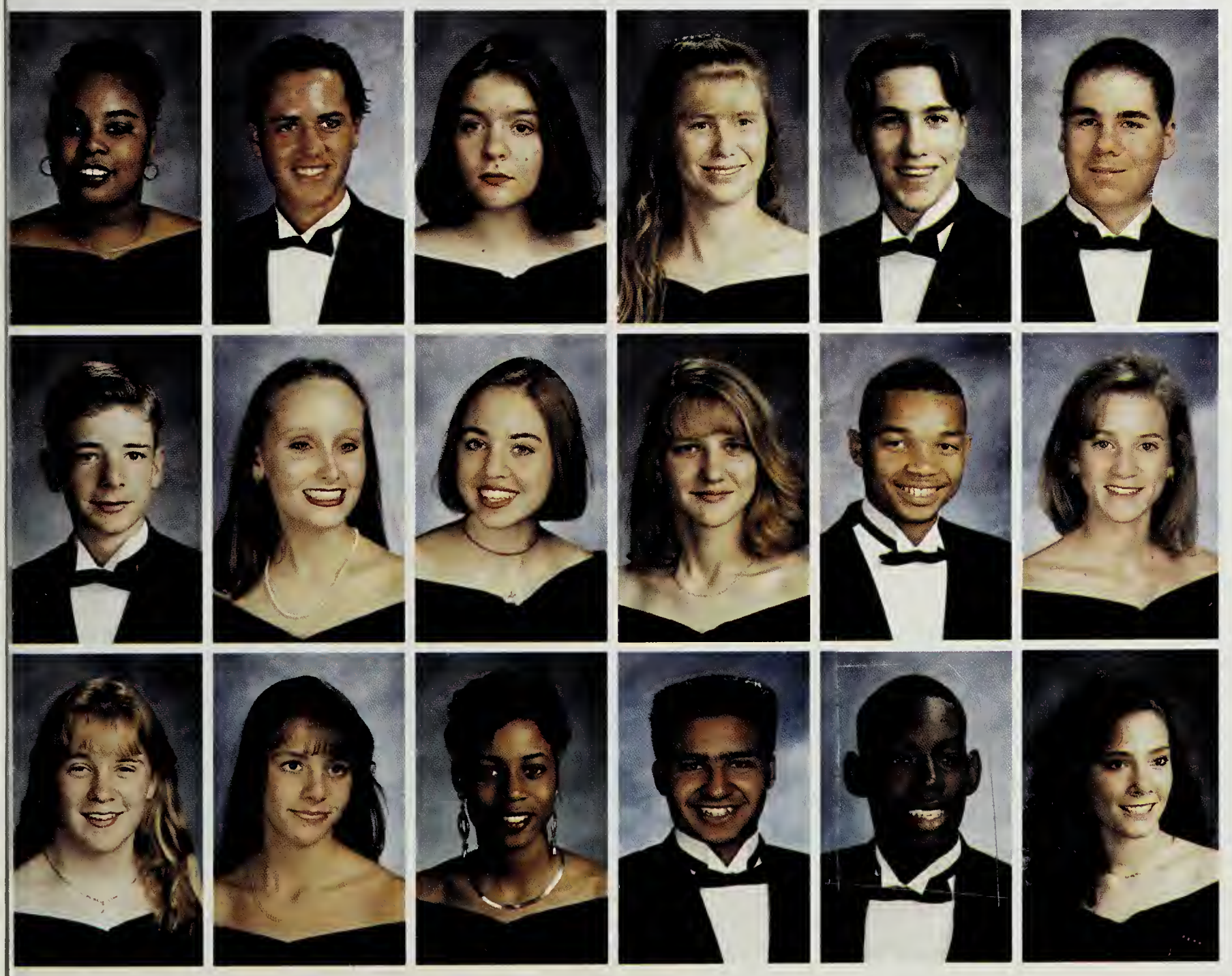
Alternate Routes

Children and school...

New to our school this year was a program designed to help our teen mothers attend school without having to worry about child care. Graduation Reality and Dual Skills (GRADS) allows the young mothers to bring their children to the child care center that was built especially for this program. The purpose was to help with the increasing numbers of pregnant teenagers in the area.

GRADS encourages young mothers to reach their goals no matter what obstacles stand in their way. The students are taught parenting skills that will be useful to them, even after they graduate from high school. Along with the room where the babies are cared for, there is classroon for students who do not have their own babies, but are interested in learning more about the child care careers. They are taught how to care for their children and how to cope with the pressures that come with being young mothers. GRADS offers an alternative for those mothers who would otherwise not be able to go to school.

The GRADS program seemed to be a great success. It is safe to assume that it will continue to thrive thoughout the years. -Cinthia Rios and Alease Tate



Jeneta Saunders

Justin Sawyer

Vanessa Scherstrom

Theresa Schoenborn

Brian Schoenemann

William Schwinn

David Scott

Susan Scott

Kristin Sears

Brooke Seeger

William Segers

Candi Self

Sara Share

Stacy Sherwill

Machelle Shivers

Harbir Singh

Kierr Singleton

Cheryl Sipes

Erinn Smith

Kevin Smith

Michael Smith

Tonia Smith

Toria Smith

Jaime Smolko

Haralambos Sokos

Jamila Smoot

Paul Sootkoos

Shelly Spaulding

Christel Spears

David Spenner

Deborah Sprouse

Patrick St. Clair

Chrystal Stephan

Bradley Stine

Kelley Stokes

Kevin Sullivan



Vital *Idol*

One's personality, the way he or she acts, who one is, and what one wants to be is inevitably influenced by popular culture and those most important to us. Tastes are as different as perceptions. The music and dress of a popular group, whether school friends, family members or musicians, can be as different as rap and classical.

"My dad's my idol. I want to be a father to my children just like he was to me," said senior Justin Sawyer.

No matter how hard we try not to, we pick up many of our parents' traits-- their laughs, smiles, and other characteristics of a personal nature are all things we pick up from our parents.

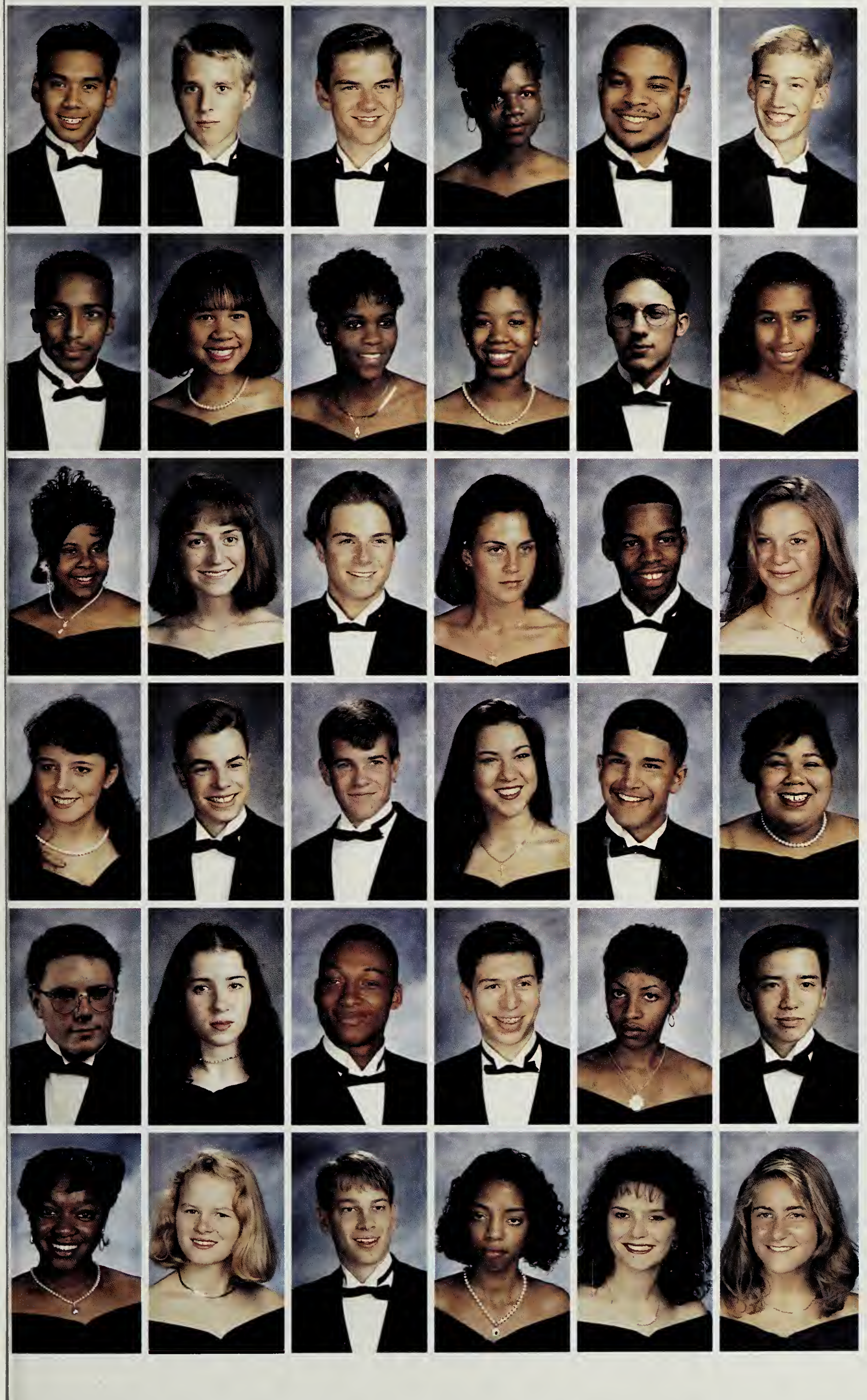
One of the biggest influences, aside from parents, are people with fame and fortune who are at the top of their crafts and who express the same interests. Whether a sports figure or an actor in the school play, we all want to be like our idols.

"Pat Wedge is mine. He's awesome . . . the best stuntman in the nation," commented cheerleading stuntman, Doug Blanchard.

No matter how hard we try, our lives are affected by our mentors. As long as we are emulating their examples positively, then the world will be a better place. -Paul Oremland



Hendrix fans unite! J. T. Bercegay proudly holds a picture of the purple-hazed, experienced Jimi Hendrix. The guitarist/vocalist made a reputation for himself as one of rock's bad boys. From somewhere out in the cosmos, Hendrix must be thrilled with the number of his devotees here on earth.



Siam Sumongkol

Michael Surrena

Christopher Swift

Alease Tate

Kenneth Taylor

Stephen Tekampe

Gregory Thomas

Victoria Thomas

Christal Thompson

Joyce Tidball

Joseph Tompkins

Vanessa Touset

Denise Townes

Laura Tracey

Kevin Tripler

Stephanie Tucker

Germinie Turner

Katherine Turner

Marcie Tuttle

David Varca

Eric Veeder

Frances Velez

Carlos Vera

Jamie Wade

Joseph Wallace

Rowena Wallace

Thomas Wallace

Michael Warren

Anita Washington

Michael Watkins

Christine Waysome

Sarah Weaver

Joshua Wehmeyer

Yolanda Wellington

Angel Welsh

Robert Weston

Erin Weyant

Candis Whalen

Kelli White

Shamus White

Shanna White

Andrew Whiteman

Scott Wilkins

Kathleen Wilks

Stacey Will

Jeffrey Williams

Katrina Williams

Leonard Williams

Theodore Williams

Tiffany Williams

Brandon Wilson

Sara Wilson

Brian Wood

Anthony Woskobunik

Benjamin Wright

Milton Wright

Zachary Wyatt

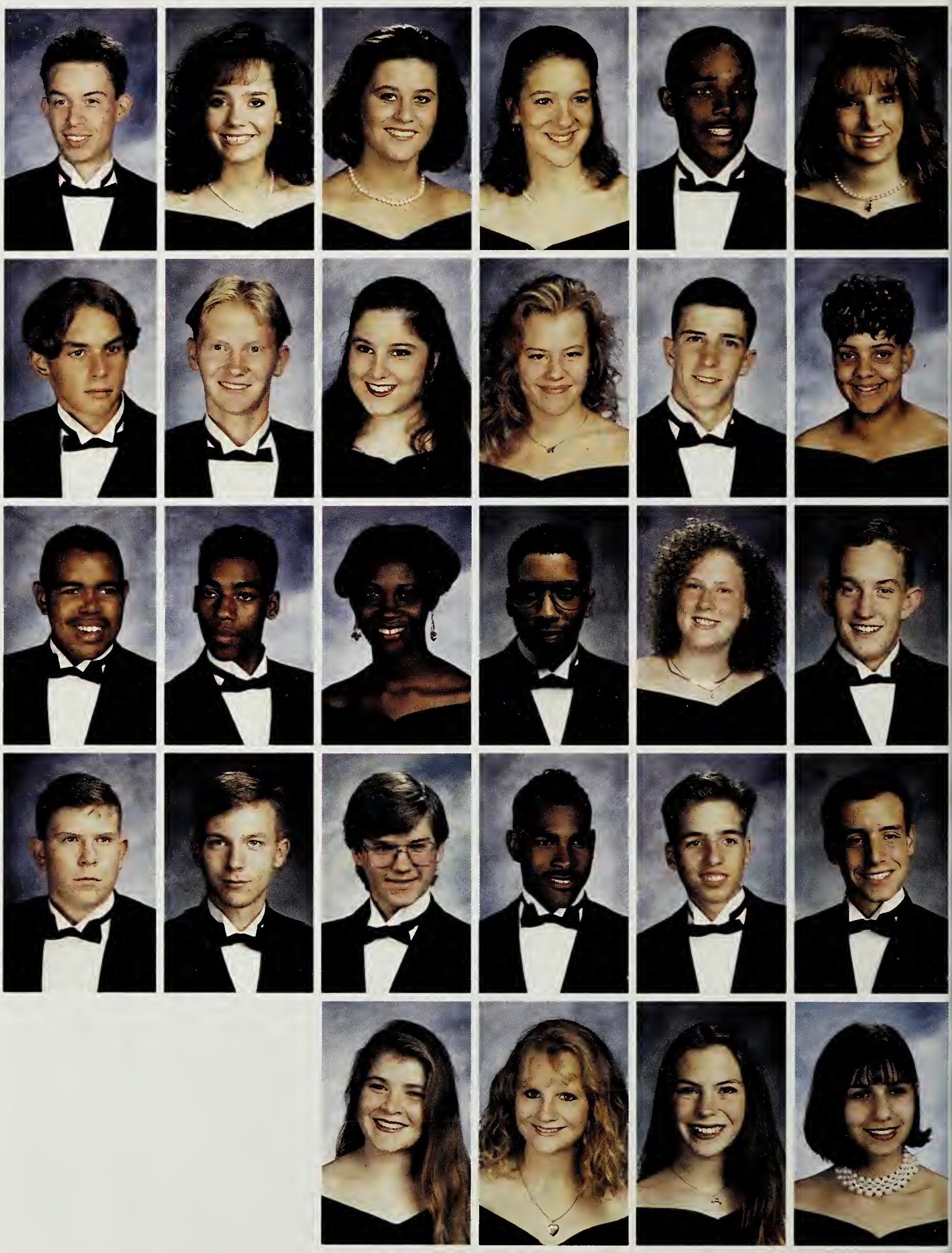
Robert Young

Catherine Zawisa

Rachel Zimmerman

Abigail Zinn

Betsy Shokri





Sophomore JasonGreyson practices some riffs for his band called Head-On Collision.



Lead singer of "Ashes" performs at the Safari Club in Washington.

NOTES *from* *the* Underground

Minor Threat, Teen Idols, Government Issue, Fugazi, The Ramones, and all kinds of underground punk. "This music gives me a chance to express who I am," commented junior Brian Dahinden.

Self-expression is one of the most important vehicles for letting people know who you are and what you're about. Music plays a big role in a most high school students' lives. Music influences the way one feels and one's mood.

Individuals choose bands by their styles. Whether the most compelling images or impressions are based on something heard with a friend, or the band possesses a favorable style one discovers on his own.

Last year, hundreds of bands emerged from the underground crowd to enjoying more mainstream crowds. Bands like "Smashing Pumpkins, Dinasour Jr., and "Rage Against the Machine" started off as simply underground bands. Over a short period of time, these bands were topping off the charts. Bands like "Fugazi" and "Daisy Chainsaw" decided to remain underground,

"Jimi Hendrix is one of my favorite artists to listen to. He's the originator of modern rock today. Listening to him gives me a feeling of euphoria," stated Matt Barnes.

Newer, more popular bands reach out to the majority of today's teens. Although young people are spending their money on compact discs and band paraphernalia, don't count the classics out. Musicians like Jimi Hendrix, The Grateful Dead, Led Zeppelin, and many others are still gracing the shelves of music stores, holding prominent positions in personal collections, and expanding the airwaves of many popular radio stations.-Paul Oremland



Drummer and vocalist, known only as R.D. practices for a weekend gig for Head-On Collision.



Goings on in the mosh pit at the Safari Club. What some people call fun.

. . . Giving Credit Where Credit Is Due

Danny Acosta- Bass Choir; Concert Choir; District Choir; All-County Choir; Community Choir; Church Choir; Gospel Choir; Dominants; Drama.

Heather Alexander-V. Tennis; Softball; V. Cheerleading; Track; Crew; NHS; Mu Alpha Theta; French Honor Society; Delta; National Merit Commended.

Debbie Allan-Frosh, JV Basketball; JV Soccer; NHS; Key Club.

Dawn Alston-YBW; COS.

Renee Akins-Adv. V., All County, Concert Choirs; Drama; Forensics.

Amy Anderson-Crew; HERO; Treble Choir.

Isaac Asante-Football; Volleyball; Youth Advisory Council; BHC; HOSA; YBM; African American Club; Multicultural Club; Student Ambassador; Mediator.

Janet Asante-African-American Club; HOSA; Athletic Trainer; Mediator.

Aneesha Askew-Softball; Basketball; Debate Team; Adv. V., Treble, Concert, Gospel, All County, District, State Honors Choirs; DECA.

Aissatou Ba-African-American Club, French Club; Mediator; HOSA; Honor Society.

Felicia Barner-African-American Club; FHA;HERO;FBLA;

Constance Barnette-Swim Team; Marching, Symphonic, Jazz Bands; Orchestra; Drum Major.

Joseph Barrows-Drama; Concert Choir; Thespian Society.

Joanna Beavers- Basketball; Track; Soccer; Environmental Club; DECA.

Melissa Belt- DECA.

Mike Beltethon-Football; Track.

Kinter Bernard-Orchestra; the hyphen; Concert, All County, All District Choirs; Dominants.

Sean Bethel-Lacrosse.

Corey Benderoth-Basketball; Soccer; Junior Civitans; Horseback Riding.

Mariazell Birzack-FBLA; DECA.

Doug Blanchard-Football; Cheerleading; Environmental Club; Senior Advisory Council; Anti-Violence Task Force; UCA Allstar.

Wendy Blindauer-Cheerleading; Concert, Symphonic Bands; Anti-Violence Task Force; Senior Advisory Council.

Corinne Bolder-Soccer; Tennis; French Club; NHS; FBLA; NomineeWho's Who in HIgh School Students; Nominee Gar-Field's Heisman Award.

Suzanne Bouchard-Spanish, Science Key Clubs; NHS; FCA.

Tameeka Brantley-Adv. V., Treble, Concert Choirs.

Tara Brown-Cheerleading; Soccer; ChamberOrchestra; Orchestra Ensemble; NHS; FBLA; COE.

Jennifer Burke-FHA; HERO; VICA.

Tammy Cameron-Soccer; Tennis; SCA; Principal's Advisory Council; Junior Civitans; Environmental, Key Clubs; Young Life; Girls State; FCA; Homecoming Princess.

Teresa Carey-Adv. V., Treble Choirs; FBLA; Mediator.



Millicent Carmouche-Mediator; SCA; FBLA; the hyphen.

Toni Carroll-Track; Mediator; Black History, Drama Clubs.

Denedra Carter-True Colors; YBW.

Jaime Carter-DECA.

Kelly Carson-Gymnastics; Track; Cheerleading; Lacrosse Mgr.; SCA; Principals Advisory Council; Senior Advisory Council; Mediator; Environmental Club; Anti-Violence Task Force; UCA All Star Cheerleader.

Adriane Ceja-Cheerleading; French Club; Treble, Concert Choirs; Dominants; Yearbook.

Jennifer Chamberlin-Tennis; Varsity, Jazz, Symphonic, All County, Dominants, Marching Bands, Regional, All County Orchestra, Orchestra Ensemble; Mediator.

Michelle Cianflone- Flags; Drama; Thespian Society.

LaTanya Clay-Clothing and Textiles Club; FBLA.

Tammy Click-Boys Varsity Basketball Mgr.

Julie Clubb-Gymnastics; Varsity, Marching, Concert Bands; Mediator; Key Club.

Heather Cook- Varsity Choir; FBLA; Leo Club.

Jamila Cox- Mediator; African-American Club; Pep Club; DECA.

Alicia Cupp-Yearbook; Junior Civitans; Mediator.

Brandy Davis-Orchestra; HOSA.

Jennifer Davis-Cheerleading; Indianettes; Pep Club; Orchestra.

Albert Dukes-Bass, Concert Choirs; Football; Wrestling.

Heather Dempster-Cheerleading; Mediator.

Rachel Dency- Soccer; Concert Orchestra; Pep, Environ mental, Sec. Explorers, Key Clubs; HOSA; Junior Civitans.

Stephen Dittmer-Adv. Varsity Choir.

Antoinette Divittorio- Concert, Chamber Orchestras; NHS; Environmental Club.

Olivia Dunn-Cheerleading; Athletic Trainer; Mediator.

Daniel Edwards-Track.

Kirsty Elstob-Orchestra; NHS.

Bryan Embrey- Football.

Eboni Faux- NHS; The Shaman; Principals Award; Indianette; Governers School

John Feeney-Football; Baseball; Young Life.

Ben Fehrman-Football; Wrestling; Athletic Trainer; French Club.

Josely Feliciano-Volleyball; Track; SADD; Chorus; Orchestra; Shaman; HOSA; FBLA; Spanish Club.

Kenric Ferguson-Football; Basketball; YBM; VICA.

Gwendolen Finney-Volleyball; Choir Orchestra; SCA; Debate Team.

Anitra Ford-Pep, African-American Clubs; Gospel Choir; DECA; FBLA; YBW; Mediator.

Eboni Fulwood- Mediator; Pep Club; Loud Crowd.

Aaron Fuksa-Bass, Concert, All County, All District, All State Choirs; SCA; Dominants; Drama; Thespians; Mediator.

Eric Garber-Football.

Chari Gargan-Soccer; Volleyball; SCA; Treble, Concert Choirs; Dominants; NHS.

Darsheema Gary-Basketball; African-American Club; Concert, Gospel Choirs; Mediator.

Jennifer Gearing-Cross-Country; Track; Basketball; Soccer; SCA; SGG; UMYF; Folk Choir; NHS; German Club.

Megan Glyer-Dance; Concert, All- County, All District Choirs; Thespian Society; Yearbook; Governers School; Environmental, Drama, German Clubs.

Jennifer Glufling-Crew; Year book.

Jennifer Graf-Tennis; Soccer; SCA; NHS; Drama; Junior Civitans; Mediator.

Mike Graham-Track; Football; Lacrosse.

Georgia Gray-Cross-Country Mgr.; Swim Team; Environmental Club; NHS; Young Life.

Kevin Gray-Soccer.

Heather Green-Soccer.

Philip Greenfield- Tennis; DECA.

Brandi Griffith- Indianettes; Junior Civitans; Environmental Club; Young Life.

Matt Guilfoyle-Cross-Country; Track; SCA; Class President; School Planning Council; Principals Advisory Council; the hyphen; Boys State; Model U.N.

Jason Gvozdas-Soccer; Football.

Sandy Habina-Concert, Treble Choirs; the hyphen; TSA; Gems;Drama, German Clubs; Forensics.



Sarah Hamilton-Soccer; Environmental, Key Clubs.

David Hardin-Wrestling; Cross-Country; Track; SCA; Junior Civitans; Model U.N.

Katie Hawxhurst-Volleyball; Crew; Science Club; V. Band; Yearbook; NHS; SCA; Girls' State.

LaToria Haygood-Track; Pep Club; Concert Orchestra.

Cory Helmerson-Baseball.

Jonathan Hernandez-Football; HOSA; FBLA; NHS; Student Ambassador.

Mark Hernandez-Football; Baseball; Track.

Christal Hill-FBLA.

Jill Hrabosky-Volleyball; Basketball; Softball; NHS.

Lisa Hrubes-Wrestling, Soccer Mgr.; Adv. Varsity, Treble Choirs; Environmental Club; the hyphen.

Marisa Hunter-Track; DECA; Homecoming Princess.

Liz Hutson-Cross-Country; Track; Yearbook.

Delaura Ingram-Black History Club; HOSA; DECA.

Stephanie Jansen-Soccer; Basketball; Athletic Training; Key Club; Junior Civitans.

Tawnia Jeffrey-FBLA; DECA; VICA.

Heather Jenkins-Volleyball; Softball; NHS; Concert Choir; Athletic Trainer.

Jennifer Jenkins-Volleyball; Softball; Choir; NHS; Leo Club.

Amy Johnson-Concert, Marching, Symphonic, Varsity Bands; Junior Civitans; FBLA; Environmental, French Clubs.

Jessica Johnson-Swimming; German, Environmental Clubs; FBLA; Yearbook; Junior Civitans.

Shanna Johnson-Percussion Band.

Melinda Jones-Varsity, Concert Bands; SCA; FBLA; Drama; Student Ambassador; French Club.

Shawn Jones-Track; Drama.

Shawnta' Jones-VICA.

Francis Jung-Football; Wrestling; Cross-Country; Track.

Troy Kaiwi-Football; Track; FBLA.

Keishia Kemp-French Club; NHS; Mediator.

Katie Kibler-Track; FBLA; Young Life.

Chris King- Basketball.



Danielle Klemm-Varsity, Treble, ConcertChoirs; Drama.

Jessica Knuth- Track; Cheerleading; Treble, Concert Choirs; Latin Club; Thespians; Drama.

Carolyn Kratzer- Swimming; Junior Civitans.

Tina Kobasa- Cheerleading; Soccer Manager.

Kerry Kraft- Cheerleading; Baseball Manager; Athletic Trainer; Orchestra; Drama Club.

Janette Kuzma- Chorus; Drama; Mediator.

Naveen Kwatra- Football; Volleyball; Lacrosse; Latin, Key Clubs; NHS;

Dana Lace- Varsity, Treble, Concert, Choirs; Mediator.

Elisa Lambert- Volleyball; Field Hockey; Track; Drama; SCA; NHS; Leo Club.

Adam Lantier- Lacrosse; Athletic Training; HOSA; FBLA.

Chris Lanzillotta- Lacrosse.

Diana Lavenuta- Tennis; FBLA; Biology, Ecology, Key Clubs.

Craig Leonetti- Football; Track.

Josh Levin- Tennis; Golf; Athletic Training; FBLA; Latin, Key Clubs; NHS.

Freda Lewis- Gospel Choir; Science, French, Multi-Cultural Clubs.

Sam Look-Bass, Concert Choirs; Journalism.

Jamey Long-Tennis.

Terrence Long-Football.

Ray Lowery-Swimming; Cross-Country; Track; Mediator.

Tony Magoch-Varsity Basketball Mgr.; Mediator; Concert Choir; Yearbook; FBLA; Drama Club; Thespian Society.

Krista Mann-All-County, Chamber, Senior Regional Orchestras; Orchestra Ensemble; Drama Club; Thespian Society; NHS.

Bolivar Matias-Cross-Country; All-County, Bass, Concert Choir; Dominants; Mediator.

Eric Mens-Crew; NHS; Governor's School.

Ruben Mendez-Who's Who in American High School Students.

Sherita McGee-Track; Drama Club.

Veronica McGee-Mediator; FBLA; African-American Club; YBW.

Erin Megill-Basketball; Softball; HOSA.

Elizabeth Miller-Indianettes; Concert, Chamber Orchestras; Drama; NHS.

Janice Mitchell-Softball; Athletic Trainer; Drama.

Luis Naranjo-Hockey.

Trokon Nagbe-Basketball.

Travis Nagel-Soccer.

Mark Nebel-Football.

Cecilia Neiderriter-FBLA; Tennis; HOSA; Environmental, French, Leo Clubs.

Amy Nicholson-Soccer; Basketball Mgr.; Athletic Trainer; Key Club.

Leslie Nkansah-Track; Indianettes; African-American, Science Clubs; HOSA; DECA; Step Team.

Ray Noel-Junior Civitans; It's Academic.

Brad Norgart-Baseball; Golf; VICA.

Scott Norgart-Lacrosse; Golf; Junior Civitans; Environmental Club.

Janet Oldis-Volleyball; Softball; NHS; Junior Civitans; Who's Who Among American High School Students.

Wendy O'Ferrell-Drama Club.

Alesha Olson-HOSA; Science, Environmental Clubs; Mediator.

Paul Oremland-Lacrosse; Yearbook; the hyphen; Young Life.

Miki Ortiz-Swim Team; Cross-Country; Yearbook; Science Club; FBLA.

Whitney Packard-Swim Team; Band; Mediator.

Stan Pagel-Soccer.

Wendy Paine-Drama; NHS; Mediator; Choir.

Allison Papovich-Adv. V., Concert Choirs; Dominants; Forensics; Drama; Junior Civitans; NHS.

Charles Parsons-Marching, Concert Bands; Concert Choir; Dominants; Drama Club; Thespian Society; Forenics.

Tony Penn- Football; Track; YBMC; Vica.

Melody Pone- Journalism; Leo Club.

Lashawnda Powell-Drama; Thespians; Forensics; Yearbook; The Shaman; the hyphen.

Christa Pratt- Soccer; Environmen tal, Explorer, Key Clubs; Junior Civitans; HOSA; Pep Club.

Jessica Price- Varsity, Treble Choirs; HERO; VICA.

Neil Puri- Football; Wrestling; Track; Cross-Country; Junior Civitans.

Neelam Rani- Key, Multi-Cultural, Latin Clubs.

Lee Rice- Bass, Concert Choirs; Dominants; Drama Club; Thespians.

Cinthia Rios-Volleyball; Leo, French, Environmental Clubs; Yearbook; Ahletic Trainer; Mediator.

Amy Jo Roberts- Mediator; HOSA; Latin Club; Junior Civitans; Model UN.

Amie Robins- Volleyball; Adv. V., Treble, Concert Choirs.

Renee Rochette- Cross-Country; Track; Soccer; Mediator; Girls Varsity Club.

Shane Rogers- Marching, All-County, All-District, Sym phonic, Concert Bands; Tuba Ensemble.

Sonya Rohrbach- Debate Team; SCA; Drama, Environmental Clubs.

Lori Rowe- Cheerleading; Varsity, Concert, Symphonic Bands.

Clay Rowland- Swimming; Golf; Cheerleading; NHS.

Rena Ryan- Mediator; SCA; Principal's Advisory Council; FBLA; Junior Civitans; Yearbook; NHS.

Tracy Samanka- Cheerleading; Swimming; NHS; Junior Civitans; Theatre, Spanish, Pep Clubs; Mediator.

Justin Sawyer- Baseball, Golf.

Theresa Schoenborn- Tennis; Track; Concert Band; Journalism; French, Key, Debate Clubs; NHS.

Brian Shoeneman-Bass, Concert, All-County, District Choirs; Dominants; Thespians; Drama Club; Forensics.

David Scott- Baseball.

Susan Scott-Model U.N.; FHA; True Colors; Multicultural, Environmental Clubs; DECA; FCA.

Kristin Sears-Treble, Concert Choirs; Dominants; Drama Club; FBLA.

Brooke Seeger- Flags; Symphonic Band.

Candi Self-Cheerleading; Concert Choir; Spanish, Drama Clubs; FBLA; FCA.

Sara Share-FHA; HERO.

Betsy Shokri-FBLA; DECA; VICA.

Erinn Smith-Concert Choir; Dominants; Swimming; Girls Soccer Mgr.; Junior Civitans; SCA; Drama Club; Thespians Society; Forensics.

Kevin Smith-Football; Basketball; Baseball; Yearbook.

Mike Smith-Soccer; NHS; Key Club.

Jaime Smolko-Cheerleading; Drama, Environmental Clubs; Junior Civitans.

Jamila Smoot-Volleyball; SCA; Spanish, History, Art Clubs; FBLA; NHS.

Shelly Spaulding-Basketball; Soccer; Mediator; Yearbook; the hyphen; FCA; Key Club; It's Academic; Junior Civitans.



Christel Spears-FBLA; Mediator; Leo Club; Student Ambassador.

Pat St. Clair-Football; Baseball.

Crystal Stephan-Drama, Debate, Key Clubs; Concert, Adv. V. Choirs; Dominants; Junior Civitans; Thespians; NHS.

Kelley Stokes- Cheerleading; Athletic Trainer; Key Club.

Kevin Sullivan-Football.

Michael Surrena-Lacrosse.

Chris Swift-Marching, Varsity, Concert, Symphonic Bands; It's Academic; Volleyball Club.

Alease Tate-Track; Basketball; Softball; Yearbook; Mediator; YBW; Footbal Mgr.

Kenneth Taylor-Football; Wrestling.

Stephen Tekampe-Basketball; Soccer.

Victoria Thomas- Girls Basketball Mgr.; Mediator; DECA.

Joyce Tidball-Cosmetology; GRADS.

Vanessa Touset-Basketball; Soccer.

Denise Townes-Basketball; Track; YBW; FBLA; HOSA; True Colors; VICA; African-American Club.

Stephanie Tucker-Soccer; Basketball; Football Mgr.; Mediator; Project Refuge.

Laura Tracey-Marching, Symphonic, All-County, District, Jazz Bands; Orchestra Ensemble; NHS; FBLA; Honor Roll.

Kevin Tripler-Soccer; Volleyball; Cheerleading; Key, Science Clubs; FBLA; Junior Civitans; NHS; SCA.

Germinie Turner-Basketball; SCA; NAACP; YBM.

Katherine Turner-Swimming; Marching Band; Key Club; All-County District Bands.

Marci Tuttle-Cheerleading; Concert, Chamber Orchestras; FCA; NHS; Key, Environmental Clubs.

Frances Velez-Tennis; Adv. V., Concert Choirs; Drama, Spanish, French, Environmental Clubs; Junior Civitans; Homecoming Queen.

Carlos Vera-Basketball; Indoor Track; Soccer; SCA; Mediator; Debate Club.

Joe Wallace-Bass, Concert, All-County, All-District, All-Star Choirs; Dominants; Drama Club.

Rowena Wallace-Drama CLub; Thespians; NHS.

Mike Watkins-Indoor Track; Crew; Science, Environmental Clubs; Drama.

Erin Ward-Basketball; Softball; Symphonic, Marching, Jazz Bands.

Christine Waysome-Track; Student Ambassador; Mediator; FBLA; African-American Club; Girls' Basketball Mgr.

Joshua Wehmeyer-Mediator; Key Club; SADD.

Yolanda Wellington-DECA.

Erin Weyant-Cheerleading; Young Life.

Kelli White-Adv. V., Treble, Concert Choirs; NHS.



Ryan Williams-Football; Baseball; Key Club; NHS.

Kathleen Wilks-the hyphen; FBLA; NHS; Junior Civitans.

Stacey Will-Cross-Country Mgr.; Principal's Advisory Council; Mediator; Junior Civitans; CORE.

Leonard Williams-Basketball; Marching, Concert Bands; VICA.

Sara Wilson-Math, Science, Environmental, German Clubs.

Brian Winkler-Varsity, All-County, Symphonic, Marching, All-Distict Bands; German Club; NHS; All-County, All-District Orchestras.

Candis Whalen-Volleyball; Basketball; Track; Wrestling Mgr.; SCA.

Reashamor Woody-Track; NHS; FBLA; Gospel Choir.

Saqib Younis-Wrestling; Football; Tennis; NHS; Spanish Club.

Cathie Zawisa-Cheerleading; Mentor; Drama.

Rachael Zimmerman Cheerleading; Gymnastics; Mediator; Leo Club.

Graduating Class of '95

"Red, an endless sea of red. Brake lights as far as the eye can see. How am I even going to get to school on time?"

This thought, frequently accompanied by several expletives through the minds of hundreds of students every school morning. Their stern faces stare grimly through the frosted glass of their windshields as their fingers grip the steering wheels, knuckles white from the pressure. The two-mile stretch of fierce black top, known to most as the Prince William Parkway becomes a vast speedway in the wee hours of the morning as students race against time.

Students test their driving skill against others as they speed towards the end of the line. Their goal? To see who can cut in front of that one last car, make that one final move inside to take a place in the stream of cars building up in the right hand turn lane. Most of these a.m. Andrettis lose faith in their skill early on to succumb to the heat of battle.

Then, there are those few, fierce competitors left who jockey for the best place in the turn line, paying no heed to disaster, throwing caution to the wind. These are the fearless ones. The true members of victory lane. They speed up, racing their engines full bore and sweating in the brisk morning air. And, at the last second, when the end is eminent, they whiz into the turning lane right in front of me. -Joe Tompkins

Ticket City: Your TAKING





Into LIFE

Your OWN Roads

Prince William
Parkway
Drive
Gently









GAR-FIELD

Juniors



Angela Acheson

Jamika Adams

Akintokunb Akinlotan

Aaron Alderman

Derek Alderman



Amanda Allen

Radwa Alsaadi

Cynthia Anderson

Rebecca Antio

David Arndt



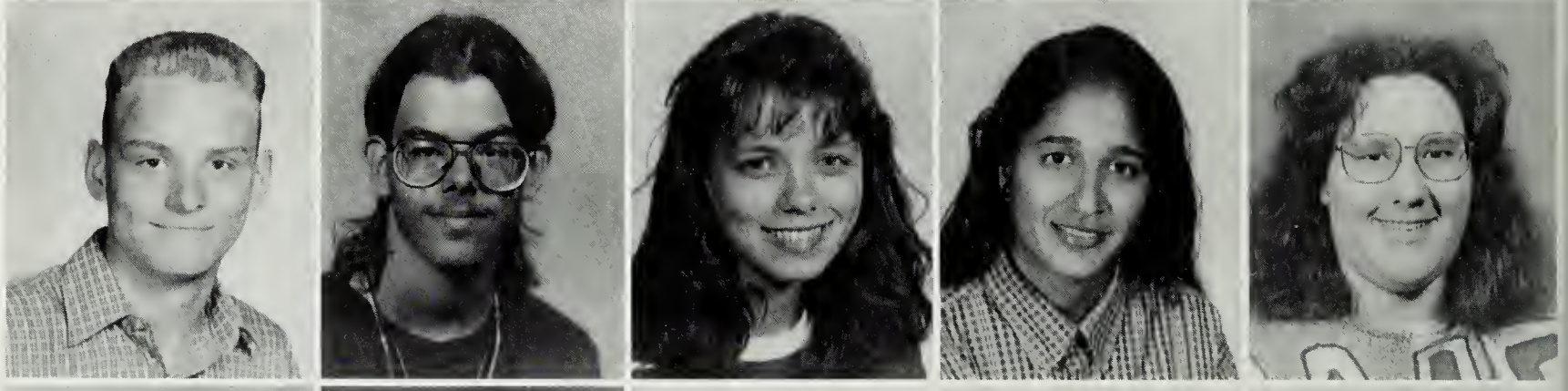
Jared Arny

Warren Ascione

April Baggott

Amandeep Bajwa

Jacqueline Baker



Kristin Balderson

Jennifer Ball

Qiana Barner

Heather Barnett

Paxton Barnhill



Tonya Batchelor

Joshua Bates

Lashawn Bates

Brian Batres

Antwi Bawuah



Chyron Beavers

Lorraine Bedeau

Serena Beeton

William Behan

David Bell



Advanced Placement Language & Composition was only one of the blocked classes piloted during the last school year. Pictured below (from left to right) is Jon Wiegand, Rachel Powell, Missy Wycinsky, Nisreen Sabah, and Peter Bradford in Ms. Early's second period class. On Tuesdays, the class met two periods with Ms. Early. On Thursdays, students met with Mr. Bunn for American Studies during second and third periods.



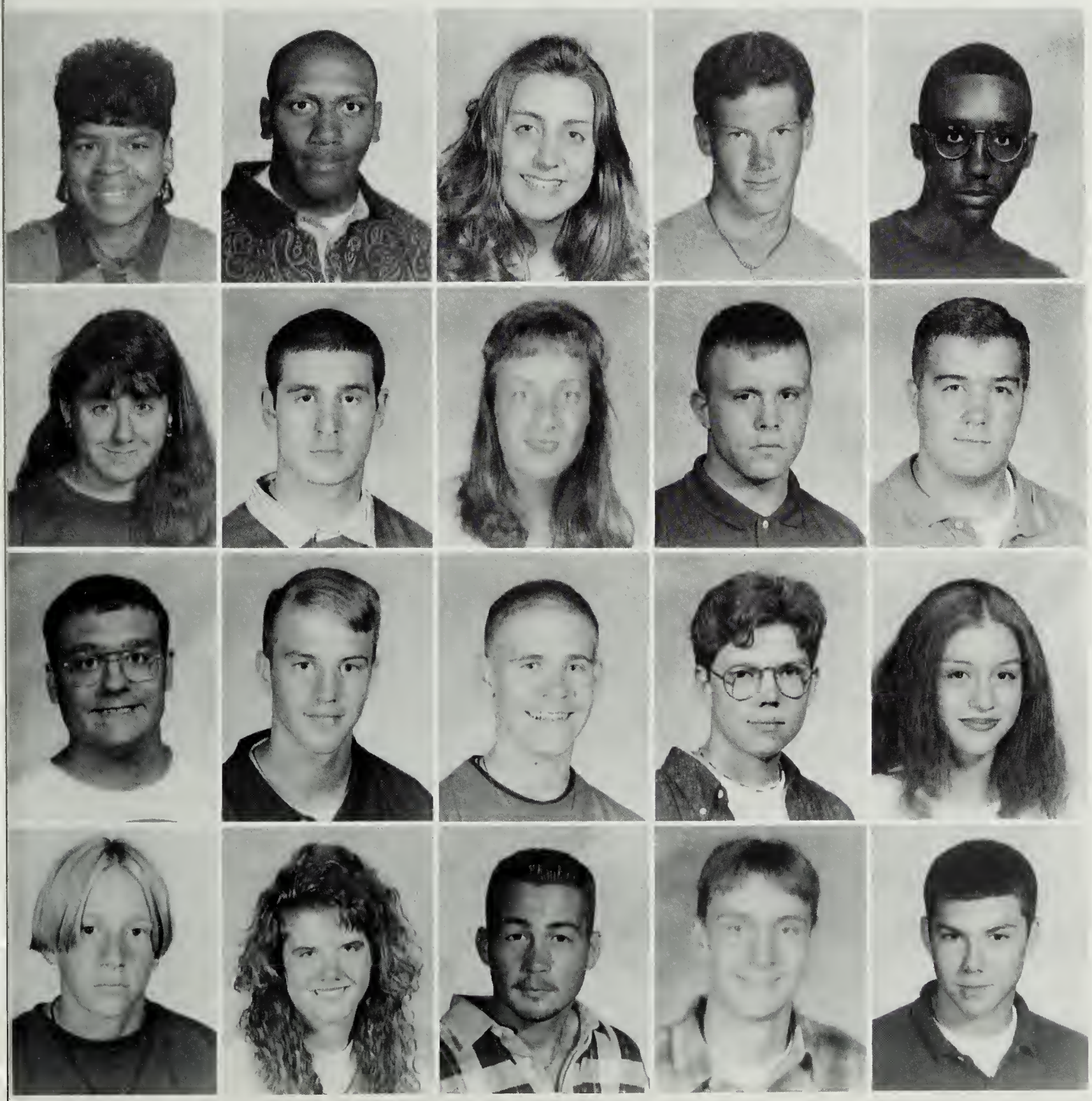
Blocked!

"There is no way that I'm going to sit in one class for over an hour with the same teacher!" exclaimed Shane Mordan. This was one side of the argument over whether or not the school should switch to block scheduling starting with the 1995-96 school year.

For most, this issue was a hotly-debated within the junior class. The proposed change became an issue for many upcoming students because they didn't want their schedules to change in their last year of compulsory education.

While some students were opposed to the new changes, many were in favor of the new plan for several different reasons. The school has proposed several new ways to use time more effectively in the classroom. One plan, in particular, interested some students. This plan would allow a student to take four classes per semester. Such a schedule would allow a student to earn more credits per year. Seniors would be able to earn enough credits for graduation by the end of their first semester.

While some classes are already blocked, students should prepare themselves for more changes in the future. -Brian Christenberry



Tashawntae Bell

Tiko Bellamy

Kelli Bellando

Joshua Bennett

Steven Bennett

Jillian Bernard

Chip Bernazza

Kristine Bishop

Brian Bixon

William Blamey

Jason Blanchet

Scott Bosworth

Joseph Bowling

Peter Bradford

Debbie Brandan

Daniel Breckenridge

Paula Brent

Richard Brown

William Brown

James Bruce

Joseph Brulle

Darcel Bryant

Robert Bryant

Stephanie Bryant

Edward Burke

Jackie Burress

Michael Burton

Amanda Bussells

Jeremy Bynum

Elizabeth Byrd

Joy Byrd

Adonis Cabarle

Diego Campos

Michelle Cantey

Gabrielle Carmouche

Denise Carr

Melissa Carr

Laura Carrano

Daneliz Carrasquillo

Joey Charles



Student Suffering Continues

Junioritis-(joon-yor-i-tis) -n- *having senioritis as a junior. The obsession of wanting to graduate a year before scheduled. Symptoms many include: loss of concentration, clasterphobia, anxiousness, and slight depression, (due to loss of friendships.)*

Many juniors had friends who were graduating seniors. The talk of senior skip day, graduation, beach week, and college caused a lot of teasing towards the junior class. "All of my friends are graduating and they talk about beach week and college. It makes me feel left out," said Allison Garrett.

Throughout the year, the junior class was busy organizing events, such as homecoming and prom. These things took time and money, and could only be successful with the cooperation of the juniors. When the seniors sat back and relaxed, the juniors took control using their best efforts in making the evenings unforgettable. The Class of 1996 looks forward to next year, so it can sit back and relax as the rising juniors take control. - Jen Robinson and Adrienne Cross



Juniors Robin Schrimpf and Brian Dohinden count on their fingers how many woys it is possible to get out of completing homework. The locker boy developed o reputotion os o sidewolk cofe for those who chose not to eot in the lorger dining room. Perhops the junior locker boy provided a folse sense of security thot teachers and odministrators would not bother escopist students.



Helena Chaulk

Cecilia Chavez

Kamun Choy

Brian Christenberry

Chad Clabo

O'Della Claiborne

Frederic Clark

Sallie Clark

Jamie Clausson

Stephanie Clear

Steven Clevenger

Joshua Cochran

Vonetta Cole

Jeremy Collier

Tara Conroy

Cathy Cook

Mary Cooke

Ronald Cooper

Denise Cornelius

William Cornwell

Lynette Cottrell

Danielle Coulther

Kathryn Crabtree

Adrienne Cross

Jeri Culp

Allan Cuttino

Brian Dahinden

Jamie Dalton

Audrey Davidson

Allison Davis

Jess Dawson

Timothy Demers

William Dembroke

Benjamin Dibert

Kristy Dillard

Terry Dillard

Jennifer Dineen

Monica Dionne

Tamara Dixon

Jennifer Dodson

Laquisha Doomes

Corey Doyle

Michael Duff

Shavonne Dunkley

Roderick Dunn

Sheri Dunnam

Mary Dvoroznak

Kathleen Edwards

Andrew Elliott

Jason Elliott

Jeremi Ellis

Dexter Emery

Matthew Englefield

Terrence Estu

Nova Evans

Glenn Ewell

Allen Famiglietti

Jamall Featherstone

Eric Felix

Emanuel Ferrel



Missy Wycinsky (left) and Louis Sanchez-Canete (right) sell boxer shorts during lunch shifts to finance junior class projects. The juniors worked hard to make sure their bank account measured their plans for an awesome homecoming and prom.



Taking Over

As the new year began, the Junior class officers eagerly assumed their new set of responsibilities. The officers worked long and hard hours on many thankless jobs to make the 1994-95 school year a memorable one.

The exemption policy was perhaps the most popular issue tackled by the junior class. In order to provoke change in the policy for exemptions, the officers asked class members to sign a petition to be presented to Mr. Dallek.

As the year progressed, many fundraising events took place, like the car wash, bake sale, t-shirt sales and of course, the homecoming dance.

Thanks to Luis Sanchez-Canete, Missy Wycinsky, Christina Taylor and Hattina Washington for making the year more exciting and meaningful.

-Jemini Patel, Radwa Alsaadi, Jill Bernard



Thomas Fetherolf

Marie Figueroa

Erika Fisher

Jeremy Fitzgerald

Ryan Fitzpatrick

Daniel Flynn

Paul Fortenberry

Richard Fossum

Angel Freeman

Lucetta Furr

Sara Gangawere

Cesar Garcia

William Garcia

Allison Garrett

Rosemary Garrett

Kristen Gaskins

Casey Gastley

Kellesha Gay

James Gazzoli

Charity Gentile

Erica Gentile

Darcie Gibson

Greg Gibson

Janet Gilbert

Melanie Gill



Albert Gomes

David Gonzales

Amanda Gonzalez

Christopher Graf

Joe Graft



Robert Graham III

Shawn Gravely

Jennie Gregory

Michelle Grylik

Sauncha Guy

Kwame Gyamfi

James Habersat

Jason Hakenson

Maleia Hakimi

David Halman

Class Clowns, Teachers' Pets, and Other Annoyances . . .

Staring at the clock, waiting for the bell to ring, you hear some giggles come from the back of the room. You think to yourself "It's got to be the clown in the last row again."

Class clowns and teachers' pets are often attention-getters in the classrooms. Occasionally, they angered teachers with disruptive jokes and obvious calls for attention.

Although most students used somewhat obnoxious ways to get attention, most students didn't mind these jokes and welcomed these breaks in their daily routine. Others, however, found some of these clowns to be rude and annoying.

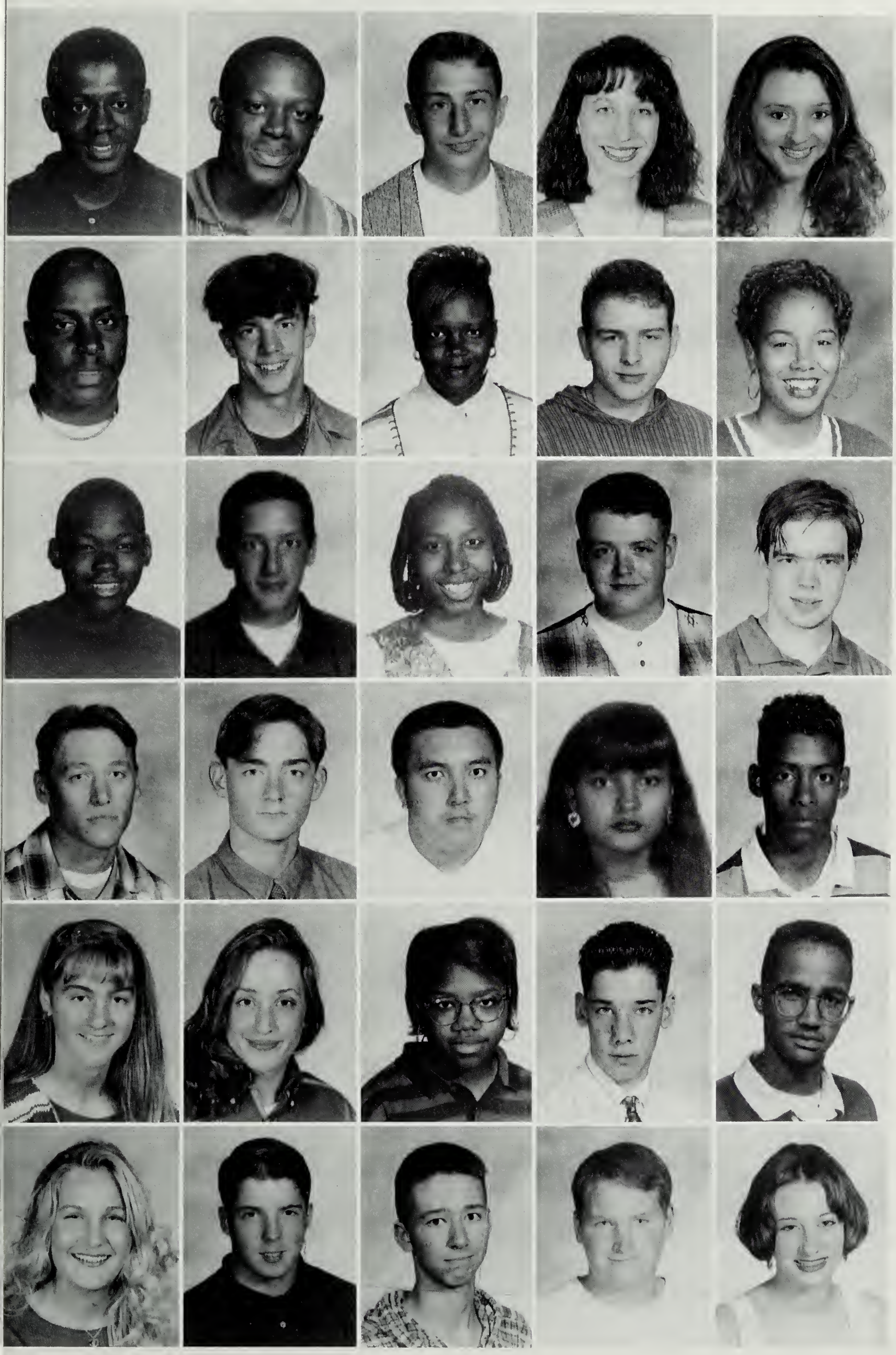
According to Mrs. Weiler, "Students who need extra attention are simply children dying for an education."

"I guess I bring attention to myself naturally because I have an extremely loud laugh and I like to question authority," says Terry Dillard.

-Sabrina Smearman



There's always a few in every crowd. Some kids are never too old to clown around. Guess which one of these two ladies is the Gar-Field faculty member? Selling tickets to football games in the brisk, winter air demands a sense of humor. Come to think of it . . . anyone in the teaching profession must have a little child inside.



Charles Ham

Montrese Ham

Mark Hamilton

Stephanie Hammons

Jessica Hanks

Ronnell Hardy

Alan Harris

Chaitra Harris

James Harris

Lacey Harris

Vernon Harris

Jack Hartman

Nailah Hassan

Michael Haven

Michael Hawkes

John Hays

Joshua Heddings

Tim Heffel

Jessica Henriquez

George Henry III

Heather Henson

Carolyn Hernandez

Katrina Herndon

Thomas Higgins

Izaak Hill

Tiffany Hoffman

Brandon Hogan

Michael Holmes

Daniel Hooks

Kassey Hootman

Richard Horesky

Noel Houston

Maria Howard

Toris Howard

Yvette Hoyos

Steven Huffman

Robert Hughes

Mike Jackson

Steven Jakub

Adrian Jenkins

Elizabeth Jewell

Cristille Jewett

Craig Johnson

Devin Johnson

Ebony Johnson

Heather Johnson

Jennifer Johnson

Myrna Johnson

Olwen Johnson

Samuel Johnson

Tangenique Johnson

Andrew Jones

Chenise Jones

Mikon Jones

Kate Kaldenbach

Kyle Kaneshiro

Jin Kang

Rachel Kapitan

Robert Keller

Amber Kelly



SEEDS of Change

So many schools, so little time. College representatives gather here at the School of Champions to tout their schools and recruit qualified students. Eighty-five percent of the student body attends some institution of higher learning after graduation.



The big year had finally arrived. A crucial year in one's high school career, the junior year. By the time sophomores had become juniors many received their licenses, class rings, and had begun to prepare for what the future held. They were no longer freshmen, they had responsibilities to uphold. From the beginning of the year, guidance counselors were telling the class of '96 that their junior year was their most important year and to make it count. Stress and tension were felt by many. As Jeannie Rubino said "The beginning of my junior year was very stressful, but as the year progressed things leveled out. After this, I was able to schedule things around my daily activities."

Students went from writing things to do on their hand to planning out their schedule in a daily organizer. Mike McConnel said, "I have so many things to do, from homework assignments to staying after school, that I just can't remember everything. At times, I find it harder to keep my priorities straight. But I know that in the long run, I think I've learned a lot about responsibility." -Adrienne Cross, Jen Robinson



Jennifer Kettren

Amy Kidd

Hyun Kim

Jung Kim

Kimberly Kinoshita

Timothy Kokan

Wanda Kotey

Jessica Koutnik

Joelle Kreamer

Sean Lally

Ebony Lambert

Heidi Lampa

Anthony Lasica

Mimi Le

Candice Lee

Casey Lee

Jason Lee

Nelaya Lee

Lauren Lending

Kimberly Lewek

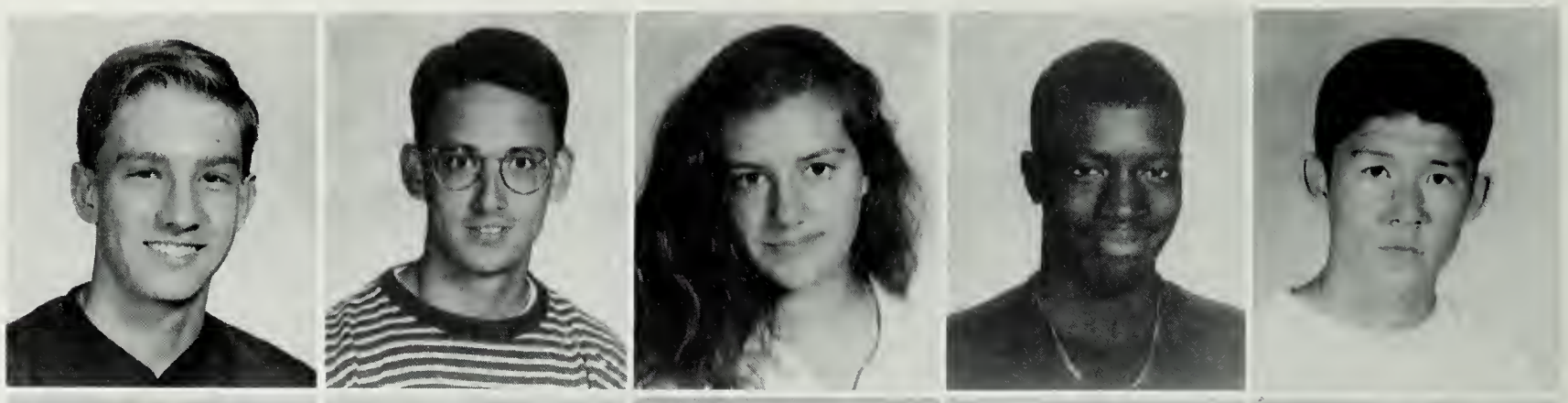
Patrick Lichy

Richard Link

Amanda Lloyd

Anwand Lockhart

Christopher Logan



Alfred Lottii

Shannon Lowe

Larry Lucas

Victoria Luttrell

Kenya Mack



Latisha Mackey

Melody McCurdy

Richard Mahnke

Astrid Manzano

Lauren Mark

Carlos Marnghitr

Rodrigo Martinez

Kelvin Mason

Jeffrey Mathis

Jeffrey Mayo

All Work and No Play

What did you do in your spare time? During the school year, it was hard to find the time to just lay back and spend time on something that is fun to do. Allison Garrett stated, "Softball, swimming, and work take up all of my time!! I don't have much time for much else."

A common practice among students today is just putting all effort into their social lives and sports. Activities, these days, can lead to prosperity in the future and in college.

Other juniors find time for more than one interest. Lani Stewart commented, "I spend my time reading and roller blading. But most of all, I enjoy collecting football cards."

On the other hand, junior Shawn Rice expressed his love for soccer and spending time with his girlfriend, Chari Gargan. "It was not easy balancing soccer and studies for me. Soccer takes up a lot of time, so sleep is often lost to make time for studying." -Tara Stapleton, Tiffany Hoffman, Angela Arbogast



Passing the time until the final bell, Isaac Asante (right) finishes up the day's homework, while a fellow science department aide reads the sports section of the newspaper.



Pi Mayrin

Katie McCann

Michael McConnel

Sherrie McCormick

John McElhenney

Laura McFall

Paige McFarland

Benny McKee

Karen McSorley

John Megathlin

Angela Meidt

Michelle Merced

Jennifer Mess

Jeff Methis

Dana Miller

Talitha Mills

Christina Millsap

Joseph Mitchell

Denis Mittakarin

Cordale Montgomery

April Moore

Marvin Moore

Monique Moore

Susan Moore

Paul Morales

Shane Mordan

Eric Morgan

Jennifer Morgan

Stephanie Morgan

Ryan Mouw

Richard Mullins

Tiaisha Myers

Hasina Naderi

Christopher Neal

John Neal

Michelle Neal

Brad Newell

Quan Nguyen

Teresa Nguyen

Vi Nguyen

Vu Nguyen

Vu Nguyen

Andrew Norgart

Amy O'Neill

Cherrard Odom

Andrea Oester

Adam Oh

Bennie Oliphant

Bryan Olsberg

Christine Olson

John Orndorff

Chelsey Orth

Rory Owens

Angela Owusu

Candice Parker

Latoya Parker

Rashida Parrish

Tyrone Parson

Julie Pasqualini

Gerard Pastore, Jr.



Always trying to beat the bell, students in Mrs. Darlene Wooley's art class rush to complete projects. From left to right, Paige McFarland, Rachel Powell, and Dana Miller check out the last minute details. Because hands-on classes make the class period seem like it ends too soon, the stress is in planning one's time.



¡Stress! Stress!

Brrrrrring! As the final bell rang ending another stressful day at the School of Champions, students swarmed in the halls from all directions. The usual pushing and shoving, along with commands of "get out of the way!" and "don't just stand there--go!" added strain to already overwhelming school days.

Along with crowded hallways, the class of '96 had other things to worry about. Classes were tougher and juniors were busy preparing for their senior year, and the future ahead of them. With all of these pressures, how did we cope?

Tara Conroy said, "When I'm really stressed out, I go in my room and have a good cry." Other juniors offered suggestions, like taking a warm bath, going on a hike, reading a book, hanging out with friends, and taking time out for oneself.

According to school social worker, Mrs. Laverne Yates, the best thing to do to relieve stress is to "take one step, take one day at a time."

"Basically, what I do is take a walk somewhere and talk out any problems with a friend," commented Melody Macurdy. Time management was also mentioned as a way to reduce stress.

Guidance counselor, Mrs. Bettie Harrison, said "Stress is like a snowball. It gets bigger and bigger, unless you take a hunk and deal with it."

- Jillian Bernard



Jemini Patel

Eric Penic

Curtessa Pennington

Anthony Perkins

Scott Peters

Wesley Peters

Michael Peters

Christine Peterson

Dominick Petro

Matthew Phillips

Kerthesia Pierre

Mollie Pineda

Lehuanani Pittman

Rishonda Plummer

John Pomaranski

Julia Poole

Rachel Powell

James Prewitt

Sean Price

Shante Pringle

Joseph Prior

Tami Prisco

Brian Pritchett

Jeffrey Quesenberry

Russel Rakestraw

Pretpal Randhawa

Tajuana Ransome

Nicholas Rascona

Kevin Rasmussen

Christina Ratliff

Jamila Rattler

Diana Rice

Shawn Rice

Jennifer Rich

Mary Rich

Stacy Richards

William Richardson

Jennifer Robinson

Gareth Robinson

Peggy Rodriguez



Paying The Price

On the first day of school, most students cheered when they didn't have to ride the bus. As they sat in their cars and watched the buses go by, they thought about how lucky they were. By the end of the first week, their spirits had been broken. That was when Mr. Dallek made that fatal announcement, "All students must buy a School of Champions parking permit that cost $30.

Some students thought this was ridiculous. I thought it didn't make much sense, since they only checked permits once, " said Theresa Nguyen. A lot of other students thought the permits were a big waste of money. Casey Lee stated, " It was a waste of $30 because they were only checked once. I think they were just trying to make some money!"

- Curtessa Pennington



Students could take Prince William County Schools up on its invitation for public transportation to and from school. Aside from the inconvenience and the stigma attached to riding the bus, Rob Firvida and friend pose as siamese driving buddies. Christa Edsall looks on wondering if Rob will steer with his left arm.



Timothy Rohlfs

Jessica Rooney

Carey Rosen

Michael Rosete

Mary Roslan

Allison Rowe

Jeannie Rubino

Misty Rybicki

Nesreen Sabah

Luis Sanchez-Canete

Melissa Sauls

Brian Savage

Alyssa Schaeffer

Shannon Schaumburg

Christina Schelin

Christina Schlegel

Robin Schrimpf

Shanita Scott

Crystal Scroggins

Doris Self

Scott Shaffer

Misty Shalawylo

Bobbi Shannon

Bart Sheehan

Ayat Siddig

Gurneet Sidhu

Rommel Siervo

Chiante' Simmons

Sabrina Smearman

Brent Smiley

Brenda Smith

Clarence Smith

Desmond Smith

Lakeya Smith

Ryan Smith

Sean Smith

Teresa Smith

Till Snead

Kareem Somerset- Nedd

James Sorlin-Davis

Lorie Spears

Steven Spencer

Jerome Spinner

Daniel Stallings

Chris Stanley

Tara Stapleton

Tad St. Clair

Gabriel Stewart

Lani Stewart

Kathryn Stoneburner

Bryan Strahan

Pamela Stukes

Elizabeth Sullivan

Christopher Surmancz

Christina Taylor

Olivia Teves

Kimi Thammavongsa

Venus Thomas



Thank heavens for Potomac Mills Mall! Where else could so many students find part-time jobs? Tiffany Hoffman (below) arranges merchandise at the athletic shoe store where she works.



Brother can you spare a dime?

10 cents

Everyday sophomores, juniors and seniors use up gas to drive to and from school. With rising gas prices, this can get very expensive. The alternative to this money problem for many students is to work. Charity Gentile stated,"I work at McDonald's to pay for my car insurance, car payments, and for gas money. I never knew driving would be so much work and be so expensive !"

Another expense that has been a burden to many students is the more speeding tickets that policemen have been giving out lately. They have been trying to enforce the 25 miles per hour school zone in the mornings.

"Many drivers decide not to go the speed limit. I guess that is the chance they feel they have to take," asserted Bobby Jo Shannon.

Driving is a big responsibility. Unfortunately, many students don't realize it until it is too late. To all the new driver's out there, take it seriously! -Tara Stapleton



Maral Tirgari

Keicy Tolbert

Sarah Toth

David Touchette

Kathleen Towner

Samori Turay

James Turner

Karen Uceda

Erika Valdez

Irene Valdez

Francis Velasquez III

Chris Venus

Alexandro Veolarde

Christopher Vigil

Michael Vitko

Lisa Vlielstra

Deidre Wade

Kristopher Wagner

Shayne Waldner

Mark Wallisch

Lucas Walter

Wesley Ward

Jamal Wara

Yolanda Warren

Erick Washington



Hattina Washington

Tiffany Watkins

Crystal Watson

Kenneth Watson

Michael Westgate

Brian Westley

Angela Weston

Patrick White

Michael White

Stacy Wido

Jonathan Wiegand

Cameron Williams

Carrie Williams

Kendra Williams

Leigh Williams

BURNING THE MIDNIGHT OIL

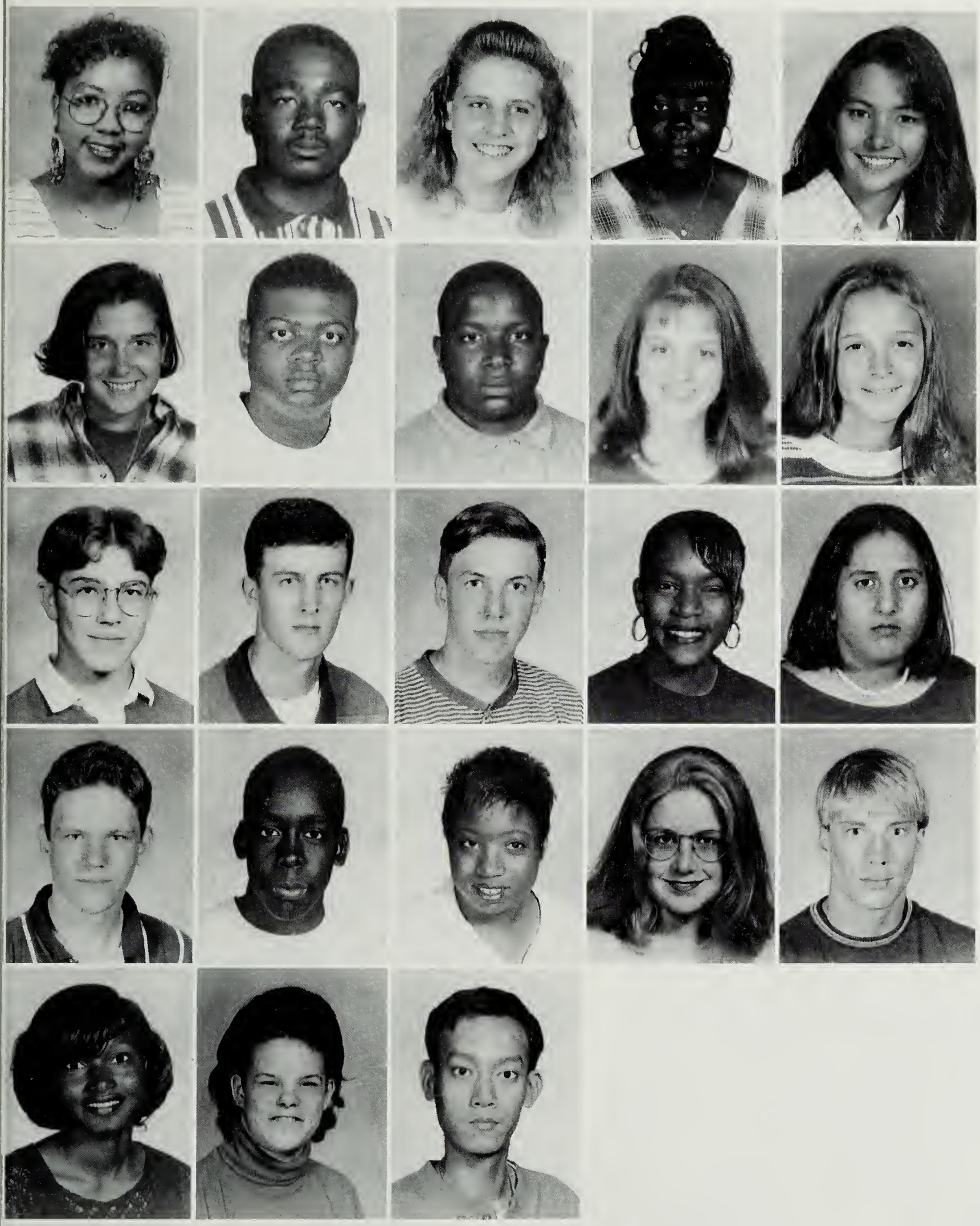
While students throughout their sophomore year are just beginning to experience the pressures of high school education, juniors are already starting to take advantage of the Advanced Placement classes offered here at Gar-Field. With the exception of a few subjects, most Advanced Placement classes are excluded to sophomores and freshman.

These classes are not only a high school challenge, but include college-level learning. Undoubtedly, there are many reasons why students choose to take these classes. For instance, some students take advantage of the 5-point class attempting to boost their G.P.A. Others may want to prepare themselves for their upcoming college years.

There is a vast difference between regular classes and A.P. classes. An A.P. student can often expect to receive class lectures daily, larger writing assignments, and an hour more homework a night. Although the work is time-consuming, as long as colleges expect high school standards to remain high, juniors will continue to prepare themselves by taking on the A.P. challenge. - Brian Christenberry, Sabrina Smearman



As a result of the efforts of Mrs. Martha Beall, Advanced Placement Language & Composition became a reality at the School of Champions. The course is blocked with American Studies. Above, Tony Cooper and David Touchette discuss last minute touches on an essay.



Marion Williams

Anthony Wilson

Jamie Wines

Bianca Wiredu

Susan Wollersheim

Nicole Wood

Shawn Woodson

Charles Wright

Rachel Wyatt

Michelle Wycinsky

Brian Wynne

Bryan Yawberg

Christopher Yommer

Iris Young

Quratulain Zafar

David Zornek

Torre Allen

Martina Armstead

Leslie Ashton

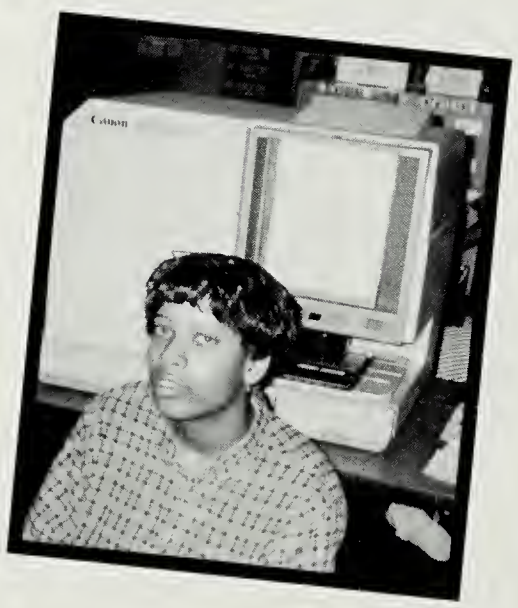
Jason Carlisle

Simone Chan -Tai

Michelle Haoughtalin

Don Khampheng









GAR-FIELD

Sophomores



Sarah Abraham

Candace Adams

Veronica Adams

Amanda Adkins

Patience Adu



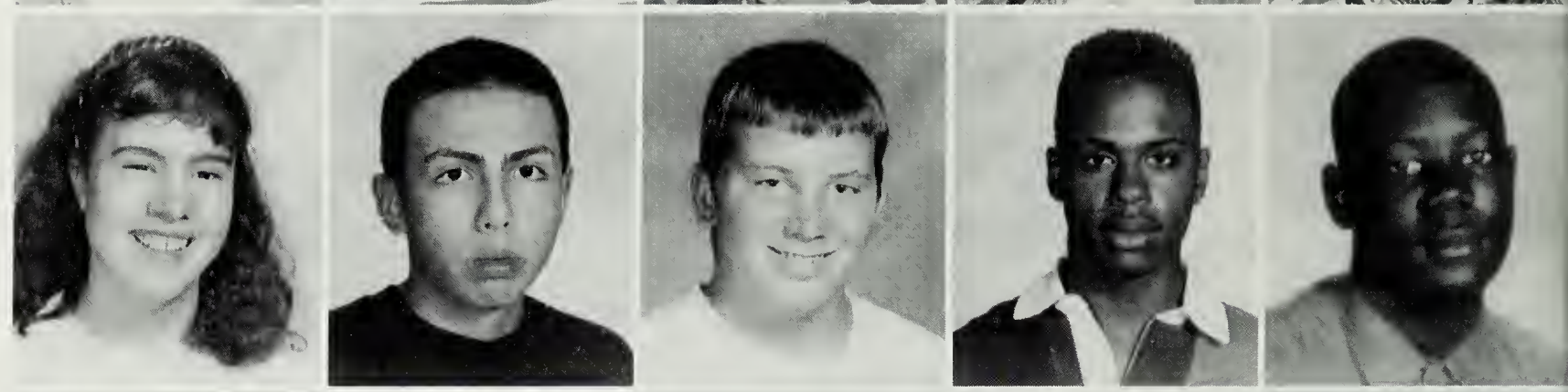
Sara Aikin

Marcus Alcazar

Robert Alderman

Derrick Allen

Ricardo Allen



Julie Alter

Vanessa Amaya

Tammy Ambrose

David Anderson

Denise Anderson



Erin Angell

Trevor Ansell

Amy Ansong

Richard Appau

George Apprey



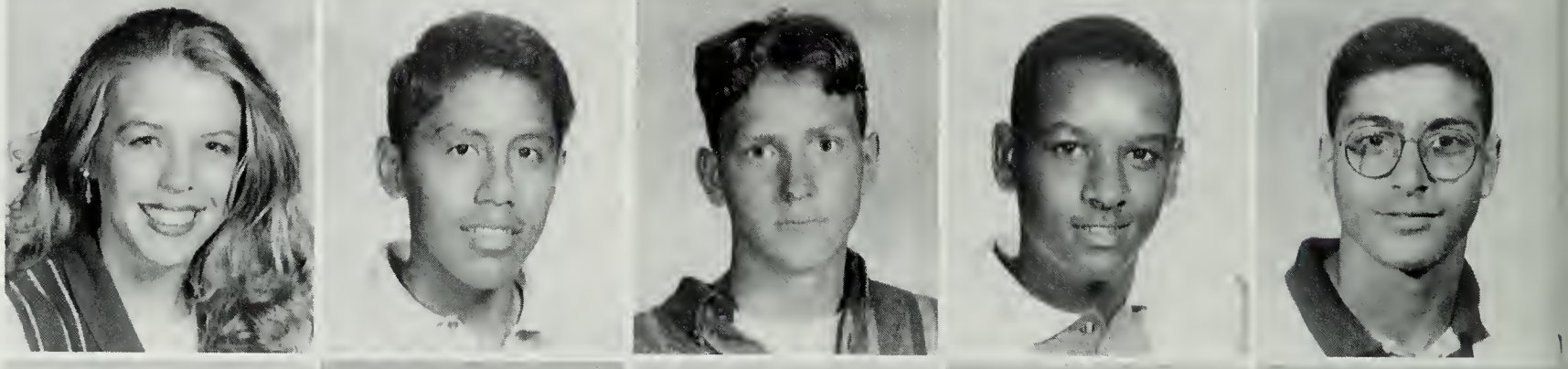
Angela Arbogast

Clemencia Arnez

Dallen Arny

Maurice Atkins

Khalid Attia



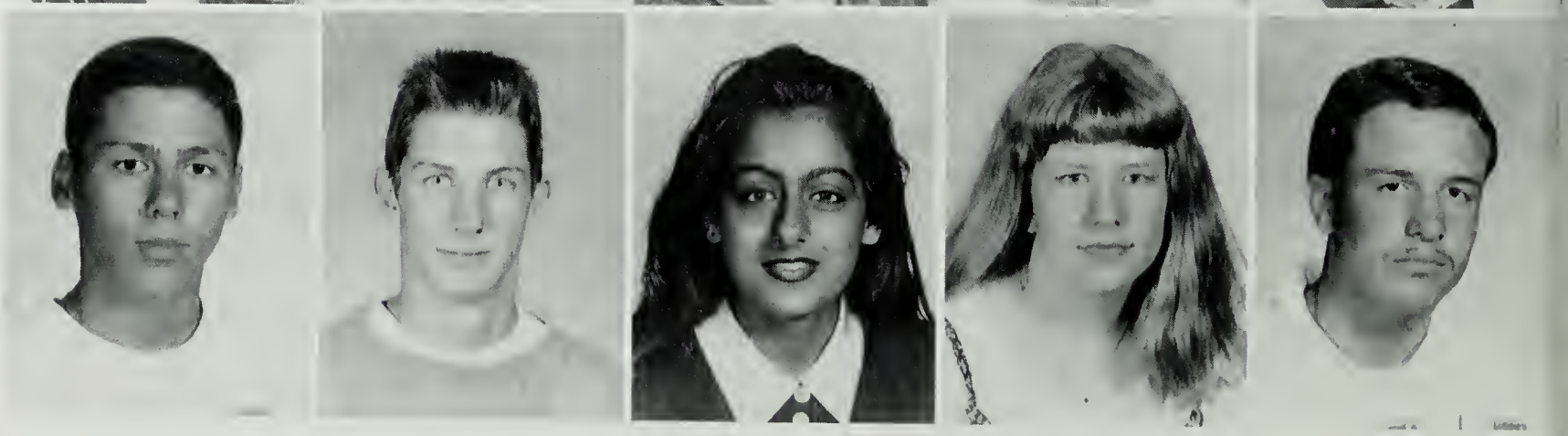
Daniel August

Brian Ayres

Weda Azimi

Heather Baldwin

Ronnie Ball





ONLY Good Vibrations

Any day at any time in the parking lot, one heard and even felt the bass waves vibrating the asphalt. A guy can drive a '71 Nova, but have the interior rigged with the best stereo components money can buy. It's all a matter of priorities and personal taste, especially when a kid's dealing with tunes.

Tastes were as different as the various ways students found to sneak a walkman into school. Sophomore, Jason Trainum, said "I listen to alternative music, because it has more meaning to it." Jason wasn't alone. According to a completely unscientific survey of a sampling of 100 students. Thirty-two percent of the sophomores surveyed responded that they listened to alternative rock. Rap ran a close second, carrying 31 percent of the students surveyed.

"Country, rap, rhythm and blues . . . it's all relaxing," said Aaron Gomes. From Garth Brooks to Nine Inch Nails to NWA, music was the soundtrack of our lives. Judging from the smiles and interest in discussing musical preferences, our lives always will have a soundtrack. -Nadine Boisvere, Lissette Hoyos and Staff



Clifford Ballard

Brandon Banks

Lorene Banning

Anthony Bapple

Amber Barber

Tamara Barber

Kala Barnes

Jose Barrera

Montre Bass

Cheryl Baxley

Lisa Beach

Christina Beavers

Jesse Bedford

James Bercegay

Eamonn Bethel

Betty Betts

Harmeet Bindra

Michelle Boatwright

Peter Bobolia

Scott Boebel

Nadine Boisevere

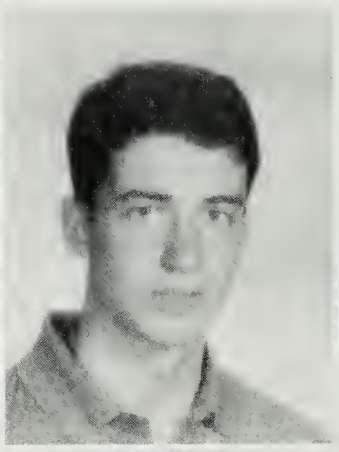
Daniel Bond

Amanda Borrello

Lisa Boughner

Cynthia Bowman











Victoria Bowman

Louise Boyd

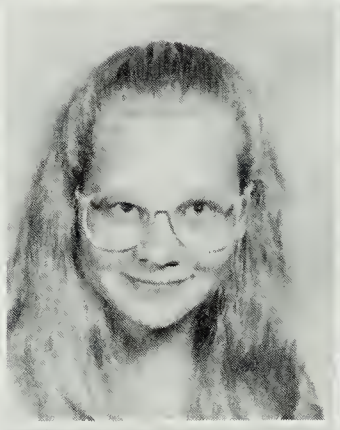
Elissa Bradford

Karen Bridgett

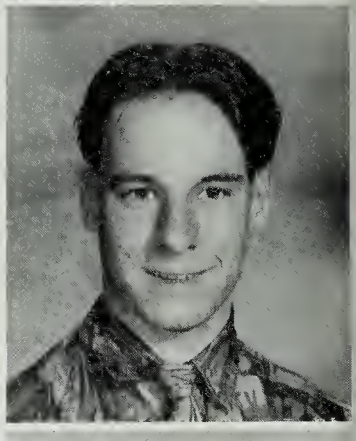
Gregory Briney











Daniel Broughton

Elise-Estee Brown

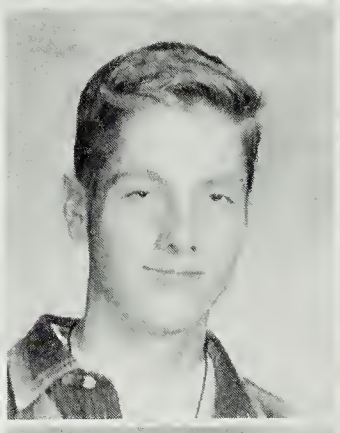
Joseph Bruss

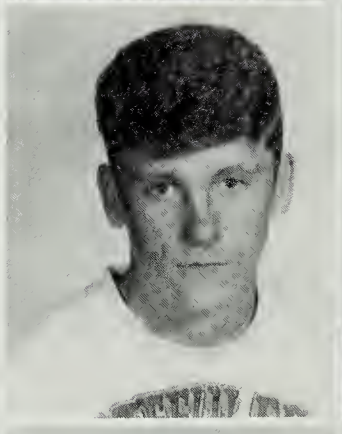
Erik Burke

Gina Burke











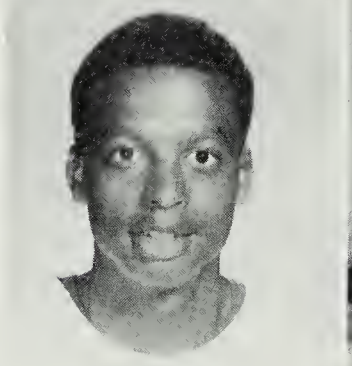
Jimmy Burgess

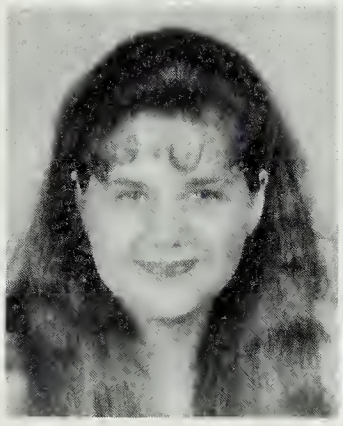
Barbara Burns

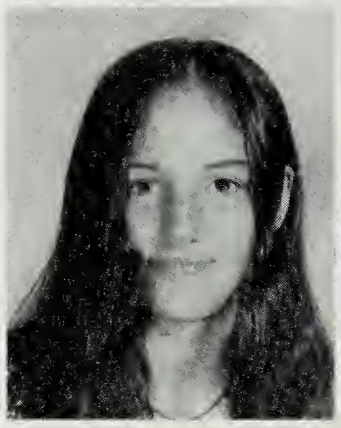
Jennifer Burwell

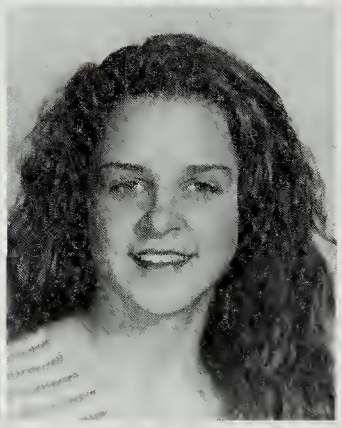
Melissa Bussard

Cathrine Byrne











House Style

The 1994-95 school year began with many new faces, new rules, new teachers, and most importantly. . . new styles. As you walked through the halls of Gar-Field, you probably noticed all of the uniquely different clothing on students.

"I look for something nobody else has and something that's cheap," commented Brian Dahinden. "The thrift store and the Salvation Army have really cool clothes if you rummage through them thorougly."

Some stylin' clothes that are making a comeback are 70's and 80's fashions, including shoes.

"Funky old dresses with weird patterns and cloggy shoes best suit my interest. I like old 80's stuff and little shirts with baggy jeans also." reported Dawn Daly. T-shirts featuring bands, such as Green Day, Grateful Dead, and Pink Floyd were really hot this year.

People, remember, whether you shop at the thrift store or wear your siblings' old hand-me-downs, it doesn't matter anymore. Old is good. Just slap on a pair of Cons and you'll be set to go! -Lorene Banning and Lissette Hoyos





Dorthy Caldwell

Rodolfo Camacho

Clarence Campbell

Nancie Campbell

Mary Campos

Erin Caricofe

Jordon Carpenter

Joel Carroll

Carl Carter

Octavia Carter

Emile Castro

Patricia Chamberlin

SharonJean Chambers

Laura Chapman

Christopher Chase

Heather Chase

Tejinder Chawla

Earnest Cheatham

Jeffrey Cheek

June Cho

Guillermo Cintron

Shawn Clapham

Christopher Clarke

Jennifer Clarke

Matthew Clear

Stephen Clemens

Scott Clendaniel

Christopher Clow

Danielle Colbert

Cindy Compton

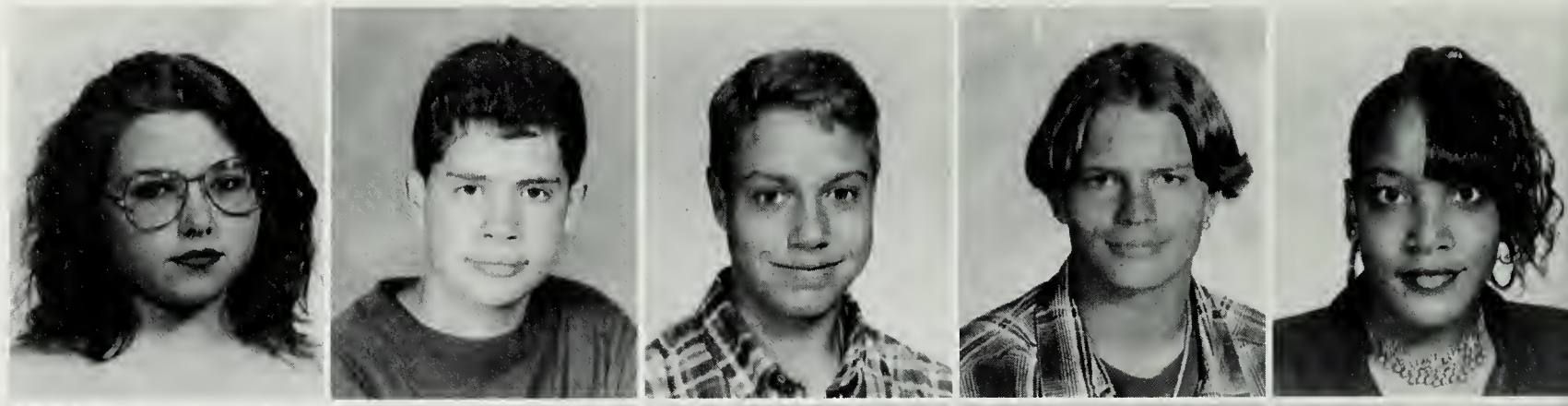
Teresa Conley

Jeffrey Conrad

Joseph Cooper

Thomas Cope

Danielle Colbert



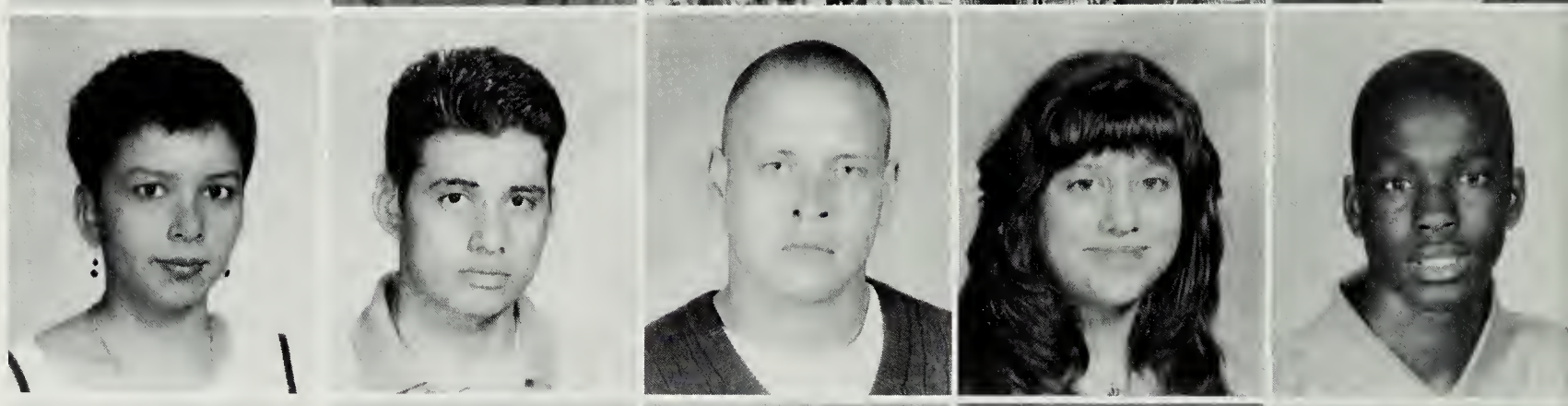
Maitte Cornejo

Damian Cota

Kevin Courtney

Jamie Crawley

Selwyn Crittendon



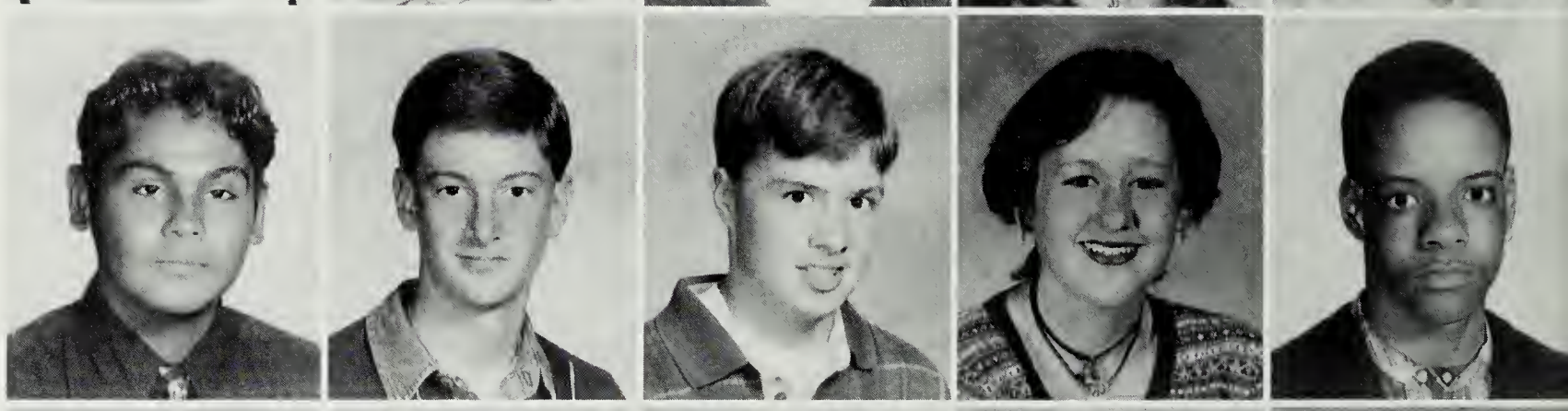
Fredrick Custodio

David Dallek

Randy Dallos

Dawn Daly

Tejmun Dandrige



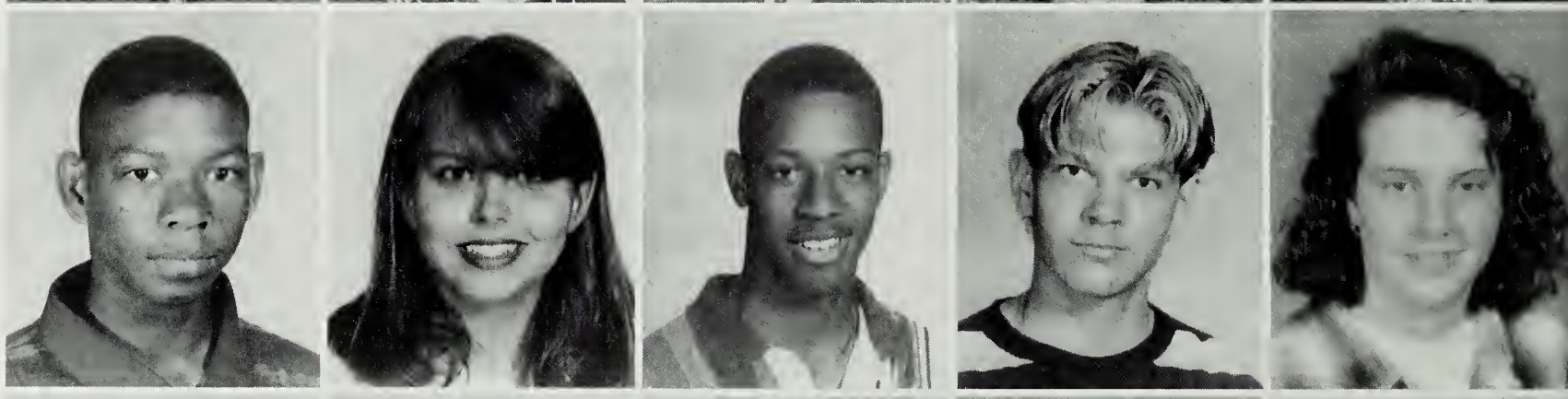
Brian Daniels

Nichol Daniels

Warren Daniels

Christopher Davidson

Brenda Davies



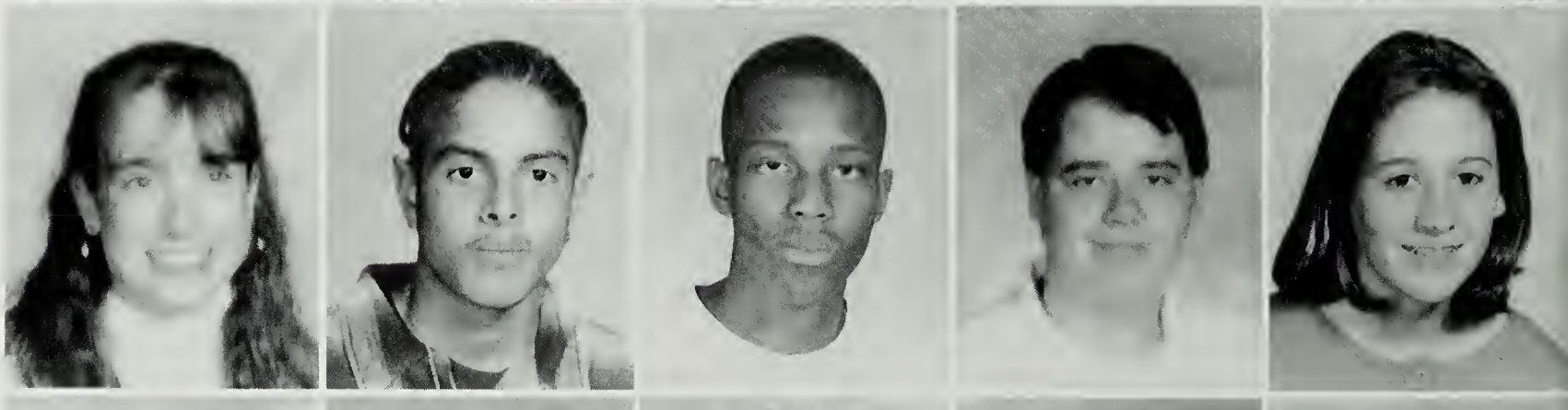
Holly Davies

Ricky Davila

Telly Davis

Christopher Day

Kelly Day



Jason Del' Aguila

Mary Beth DelaCruz

Julie Dement

Amanda Dempster

Jeffery Denham



"Okay, How much do you need this time?" exclaimed junior Gabrielle Carmouche during Ms. El Naggar's 2nd period Latin class,as her classmate, junior Delmar Manabat, stretched out his hand to borrow money. Regardless of the teacher, class, or time scenes like this one occured daily all over Gar-Field.



Money . . . It's a Gas!

Becoming a sophomore not only brought with it a few more privileges, and many new responsibilities. For instance, how to purchase our cars? Spending money? Sure, a couple of years ago we could go into our parents' wallets and search for a few bucks. Who knows? Maybe some of us still do. This past year we had more expenses, which required us to show a little more responsibility.

Therefore, we got jobs. It took time to find a job and to adjust, but it was worth the extra effort come payday. Being able to spend that money made the long work days worthwhile.

"When I get paid, I like to buy clothes and save for a dream car," said Erin Caricofe.

Many maintained jobs because they needed spending money, a car, gas, or maybe a little extra to get out on the weekends. "I'm making money so I can fix up a car I already have really nicely," said Joe Waysome.

Students were finally realizing what their parents have been going through all of these years.

Not only did we go to school everyday, but we performed chores when we got home, we hit the pavement to flip burgers, sell shoes, pump gas, and more. Now that's commitment! -Lorene Banning, Angela Arbogast, Michael Nuygen, Christa Edsall



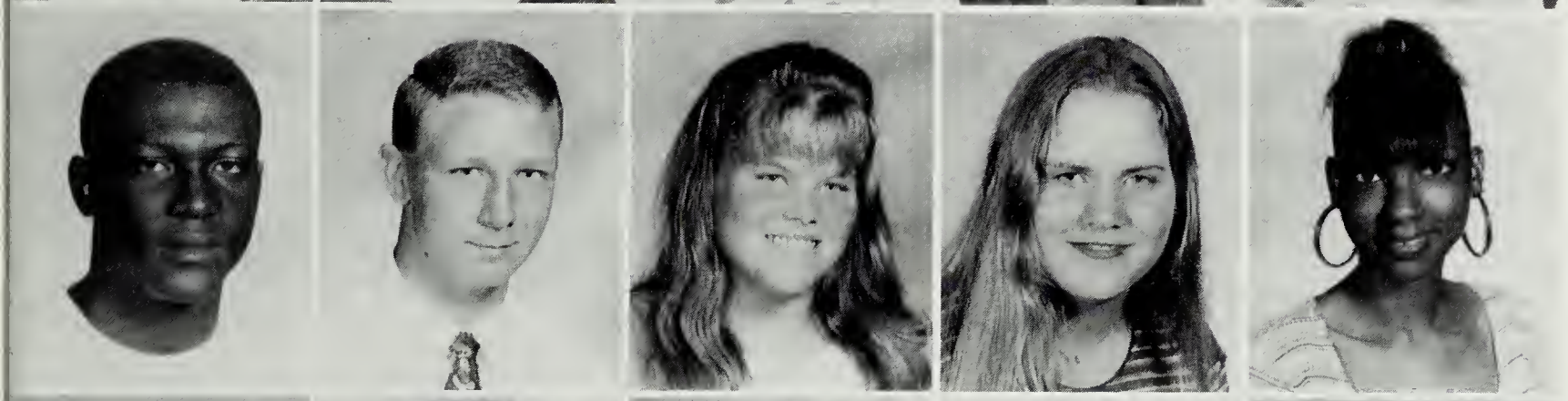
Rebecca Devanney

Sabrina Didomenico

Mandy Dietrich

LaShawn Dilliard

Danielle Dixon



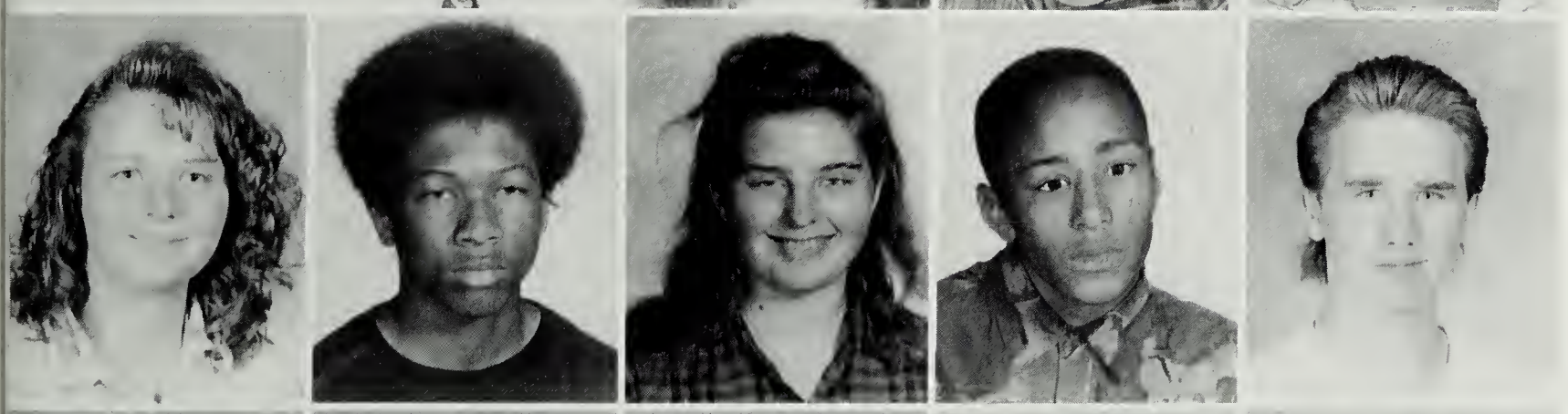
Makafui Dogbatse

Jason Donath

Lindsey Doyle

Shannon Doyle

Shavolume Dunkley



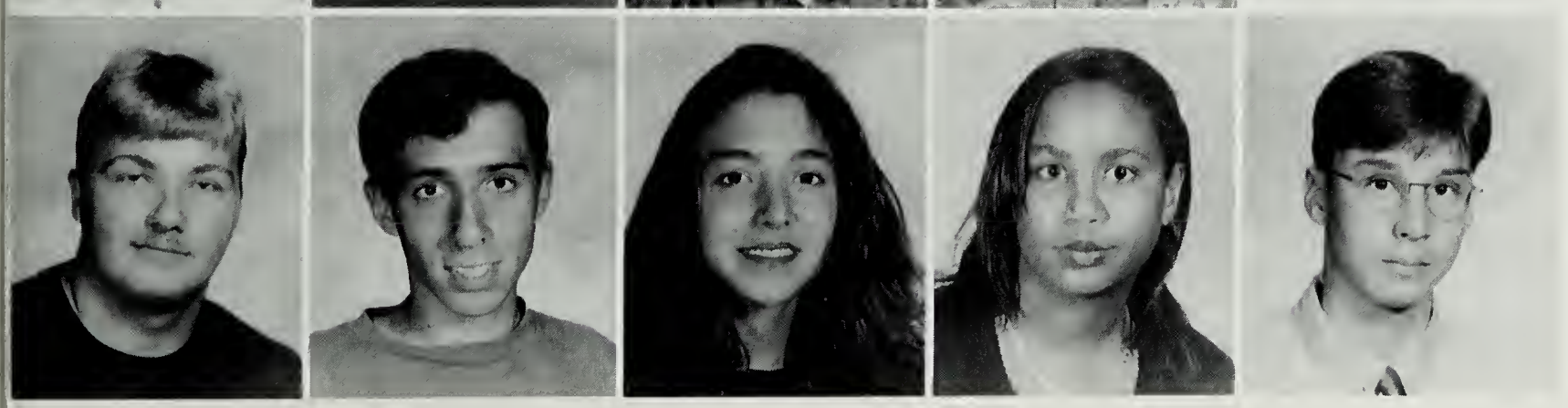
Christal Dunnam

Cedric Durr

Kristina Dwyer

Michael Eaglin

Charles Easley



Gerri East

Adam Edmunson

Christa Edsall

Jochelle Edwards

Michael Edwards

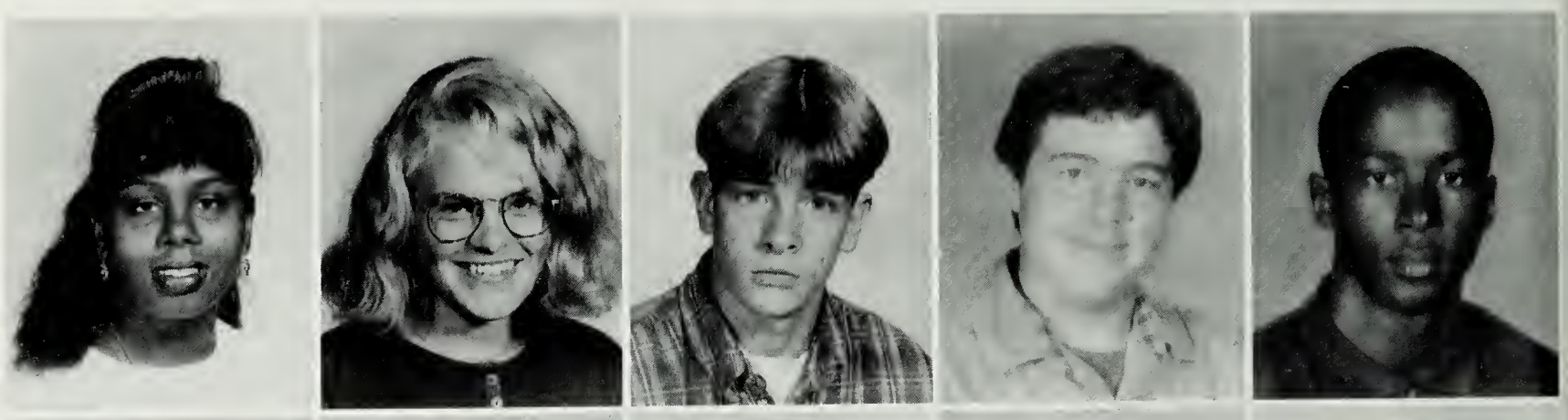
Nisreen Elhillali

Amy Elliott

Christopher Elliott

Matthew Elliott

Marco Ellis



Nicola Elstob

Kimberly Endicott

Mina Ennin

Kyle Enzler

Elena Epps



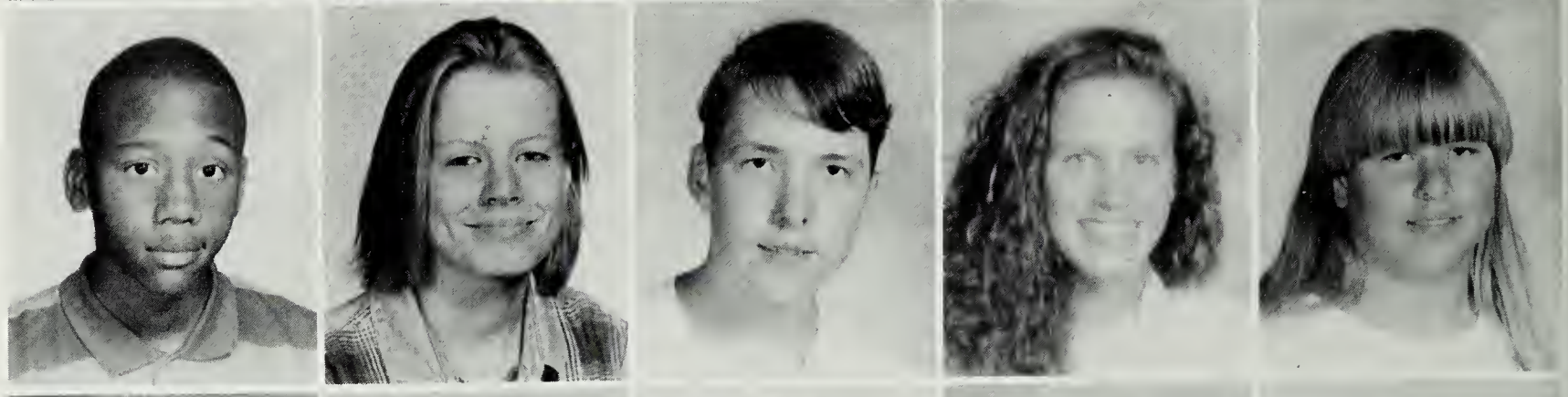
Alvin Evans

Dawn Fales

Spence Fast

Emily Faught

Abigail Fehrman



Virginia Ferrell

Brian Fichter

Bettina Figures

Jennifer Fink

Shawna Finn



Testing the Mental Waters



What do you get when you combine a Bunch of sophomores with lots of brain power and a couple of spare sharpened pencils? PSATs!

Every November, sophomores around the nation participate in a universal trauma by taking perhaps the most renowned test around. The PSAT is not just any test but rather, it is a test that serves as the determining factor for the granting of the National Merit Scholarships . Students sxoring high enoughon the PSAT test qualify for thousands of dollars in scholarships from colleges nationwide.

Don't fret, sophomore Scott Clendaniels remarked," It wasn't as bak as I thought." The best asvice for thid nerve- racking test? Don't cram, get a good nights sleep, and relax! This test doesn't determine the rest of your life. Only the next six years!- Heather Alexander



Susan Fitzgerald

Richard Fitzpatrick

Christine Flom

Lee Foresman Jr.

Wendy Foscue

Leah Foster

Travis Fox

William Freeman

Deborah Freshwater

Jason Furr

John Galgano

Carola Garay-Ortega

Christa Gargan

Eber Garelal

Wori Garrett

William Gazzoli

Matthew George

Daniel Gilbert

Justin Gilbert

Matthew Gill

Tanisha Gill

Chris Gilliland

Felicia Glapion

Tanya Glascoe

Christopher Gordon

Aaron Gomes

Dwayne Gomez

Jennifer Gonyea

Stephanie Graca

Jason Graham

Andrew Green

Christine Grenier

Jason Greyson

Atiba Grimes

Cathleen Guyett



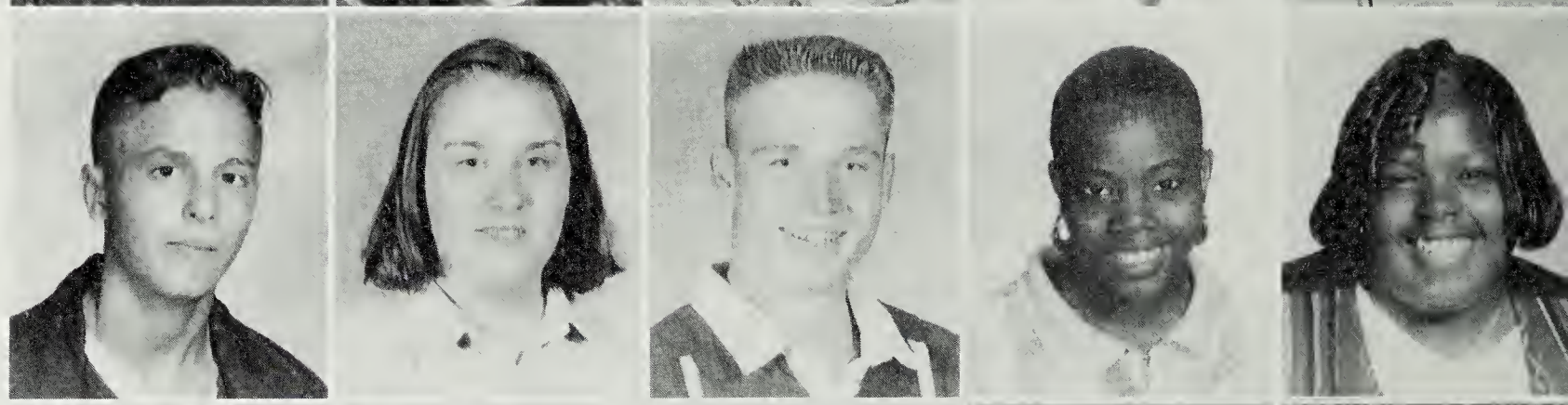
Michael Gysel

Rachel Hamm

Steven Hass

LaShonta Haley

Tijusha Haley



Jennifer Halton

Marcus Hardie

Melissa Hardie

Thomas Harford

Dewayne Harley



Sara Harney

Richelle Harris

Donta Harrison

Matthew Harrison

Lisa Harry



Rebbeca Harvey

Steven Hastey

Jennifer Haynes

Karen Hennessee

Demetrius Hicks



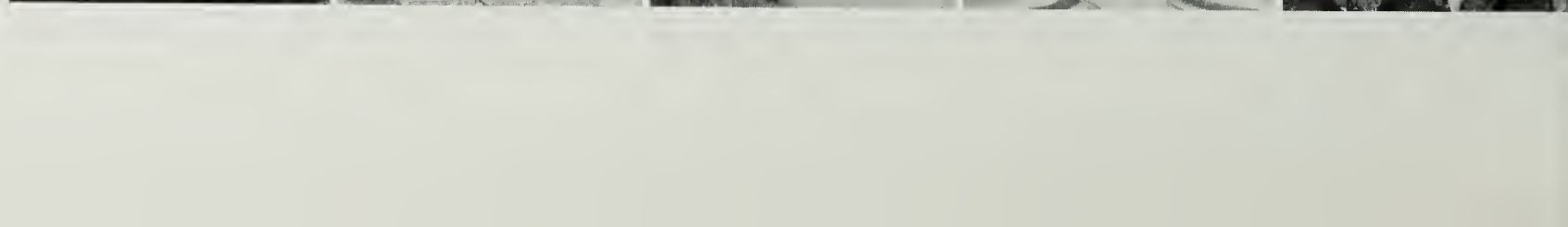
Michael Hicks

Katie Hill

Sarah Hill

Christina Hines

Brandon Hodson



Screechin Tires

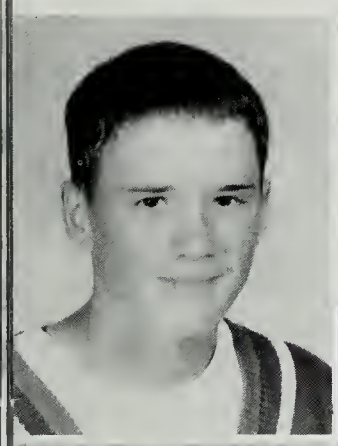


The sophomore class found school much easier after they had a year of experience behind them. New goals and responsibilities were being met. The main goal achieved for many was the passing of driver's education.

Driver's education quickly soared to the top of the priority list for most sophomores above all other classes. "I fell behind in my classes during the first nine weeks because my main interest was passing driver's ed," said Nathan Vineyard.

Once you have passed driver's education, getting your license is the next step towards getting a car. Money then became the main problem for all. Then came the responsibility of getting a job to earn the money for a car, insurance, gas, and other necessities.

To many, a car means more freedom. You no longer need your parents to drive you places. Also, you no longer have to ride the bus. "I was relieved when I got my license because it meant no more bus, but what I was not ready for were the responsibilities that came with it," said Kevin Hubbard. As one can see, a new driver's responsibilities multiply once one slides in behind the wheel. - Christa Edsall, Nadine Boisvere, John Galgano



Jason Hogan



Joshua Hogan



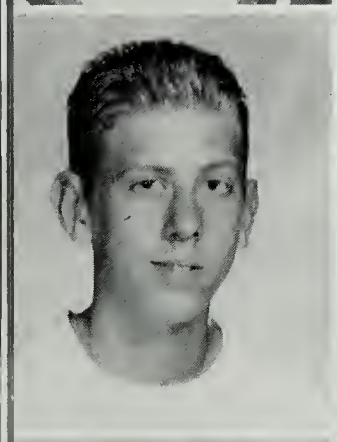
Melissa Hoover



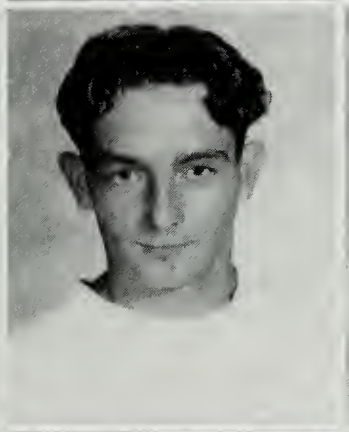
Sherra Howard



Lissette Hoyos



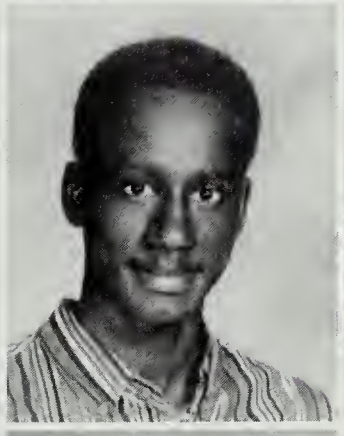
Elisa Hoxa



Kevin Hubbard



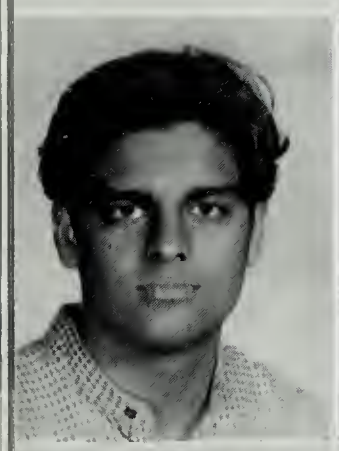
Jason Hube



Kareef Huggins



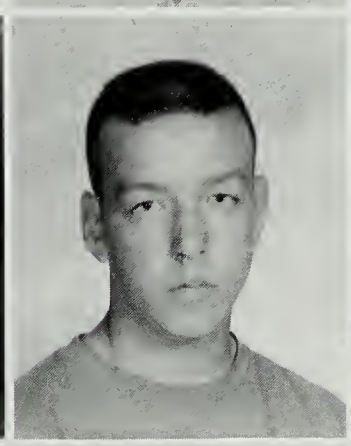
Rosemary Hughes



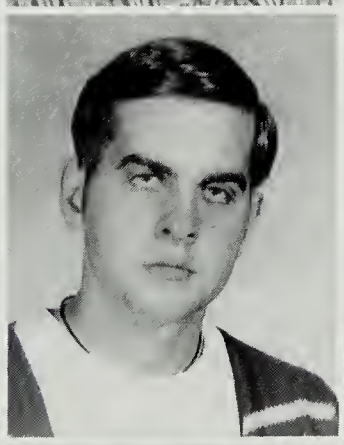
Shazad Hussain



Terry Hutson



Starr Humbleton



Ryan Hurm



Kerry James



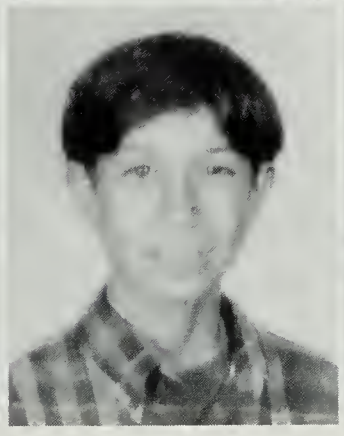
Kisha James



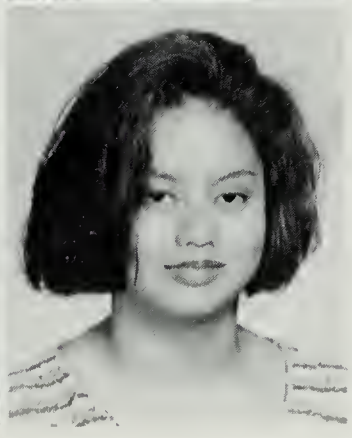
Heather Jappinga



Kurt Jensen



John Jeremias



Joy Jimeno

Clifton Johnson

Daniel Johnson

Nikhia Johnson

Oneisha Johnson

Patrick Johnson



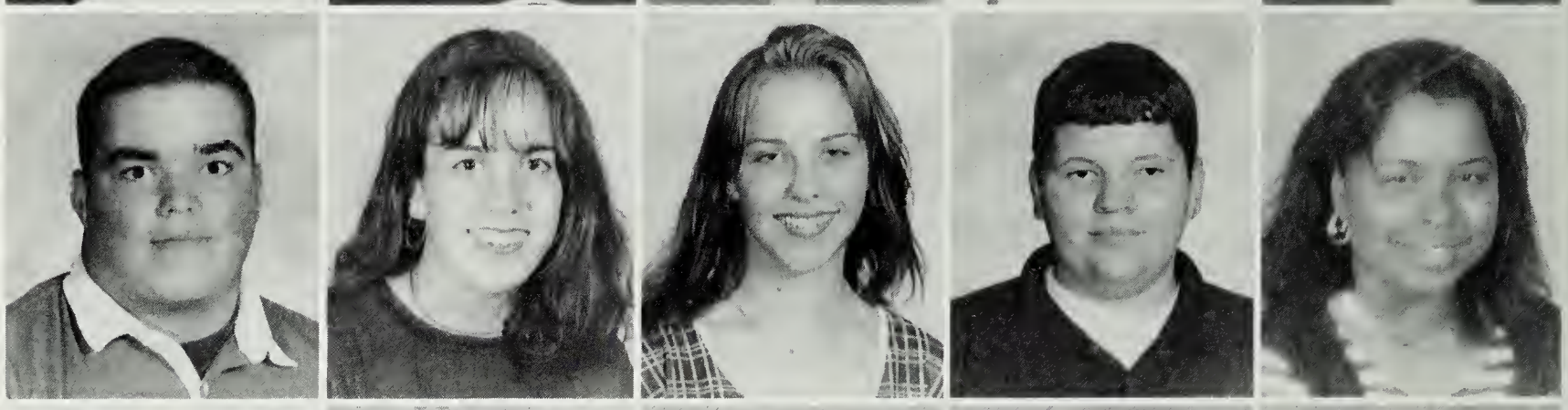
Randi Johnson

Ember Johnston

Heather Jones

Jerome Jones

Rachelle Jones



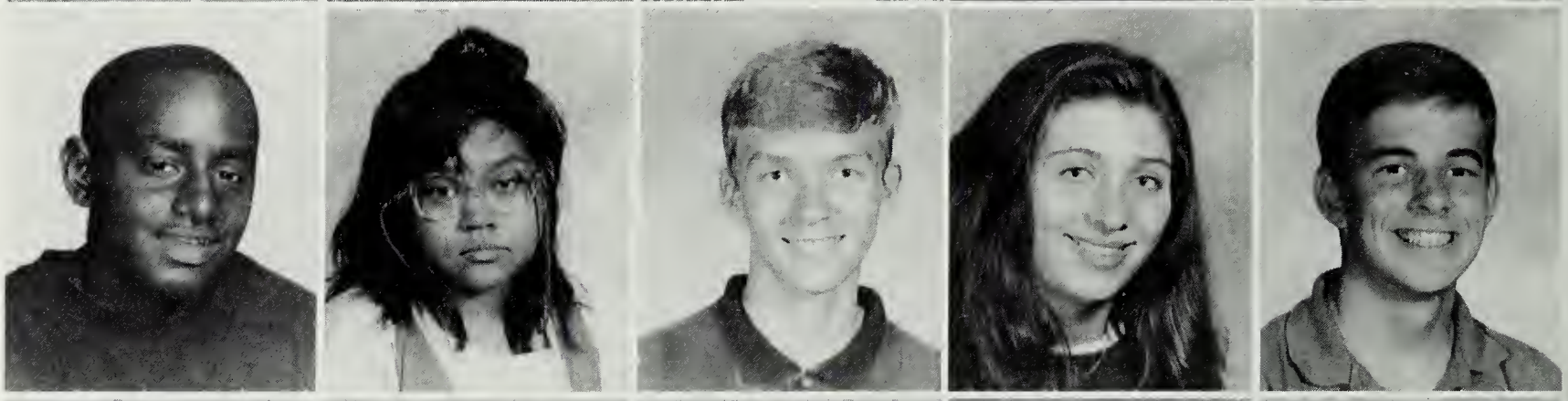
Travis Jones

Sonya Jordan

Philip Kandrut

Tara Koshetar

John Kelly



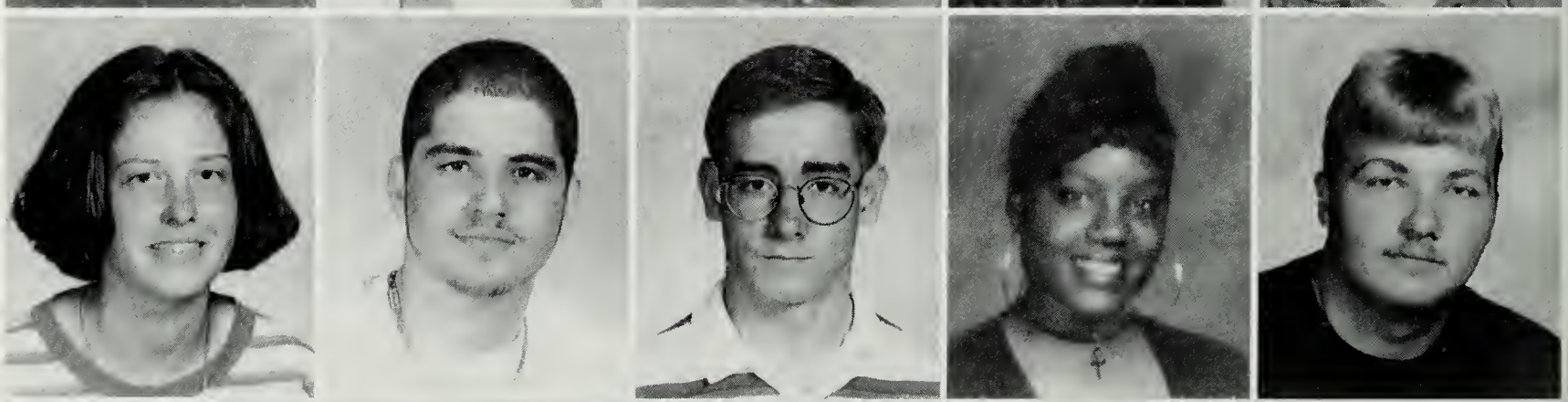
Taana Kelly

James Kelso

Patrick Kennedy

Phoebe Kennedy

Tim Kennon



Waqqas Khalid

Crystal Kidd

Felecia King

James Kimble

Joseph Klemenck



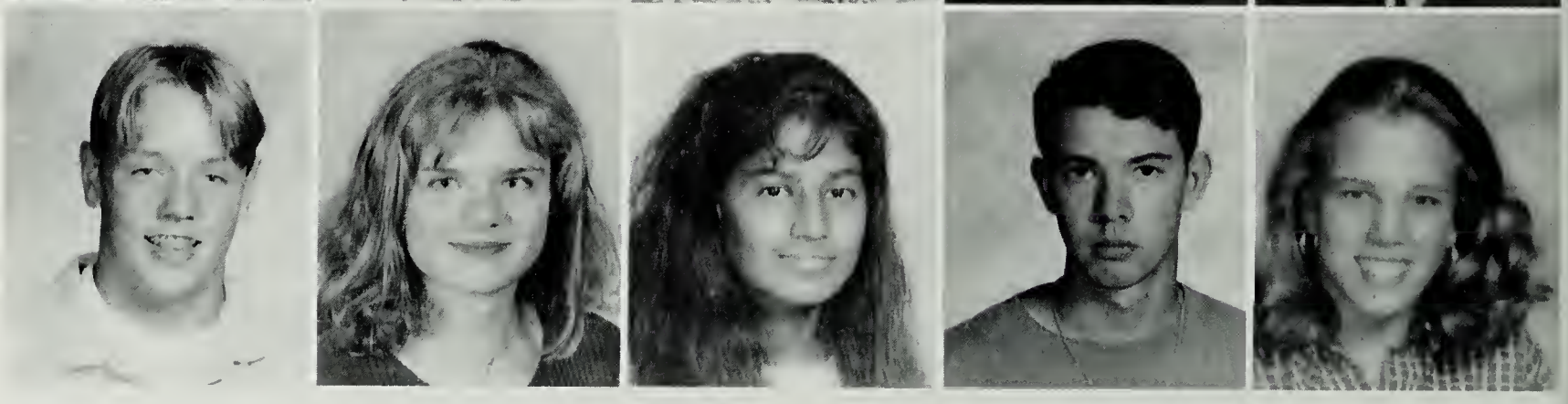
Seth Kloss

Jamilynn Knuth

Sheela Kori

Kerry Kron

Leah Kuhns



Can't see the forest for the trees. Sometimes students had trouble making plans for the future a reality. A few admitted they don't plan beyond lunch of the current day. Marty Atkins (at right) and friends are living for the moment in the double exposure below.



Dreams And Aspirations

As graduation approaches for seniors, sophomores are busy thinking about some of their own dreams and aspirations. Many sophomores find themselves busy preparing for their senior years by taking advanced courses, PSATs and even thinking about college. Rachelle Jones doesn't want to be " One of the seniors who, two days before graduation says, "Oh my gosh, where am I going to go to college? "

Yet with college still far away planning-wise, some sophomores expressed their interests in achieving other goals, like getting their driver's licenses or making one of the varsity athletic teams. Between upper- and underclassmen, sophomores are trying to find their place. Anticipating their senior year, they prepare for their chances to shine. -Alex Friedrich, Elisa Lambert



Jose Laboy

Sarah Laidlaw

Christina Lambert

Joshua Lane

Thomas Lane

Ben Lanzillotta

Joshua Late

Lolita Laws

Josh Lawson

Karen Le

Daniel Leavy

Chris Leckey

William Lee

John Lemons

Heather Lenser

Marc Leonard

Richard Leung

Jason Leydig

Doug Lincoln

Shontisha Ligon

Melanie Lindemath

Kristin Lindsay

Matt Linton

Larissa Little

Issac Lloyd

Walter Locke

Nicholas Lohmann

Christina Long

Jessica Long

Joe Long

Richard Long

Latesha Lonon

Jose Lopex

Robbie Love

Alan Lucks

Tuan Luong

Jennifer Luz

Metha Macauley

Jennifer Machazek

Dan Malanti



Keys to the Motorized Castle

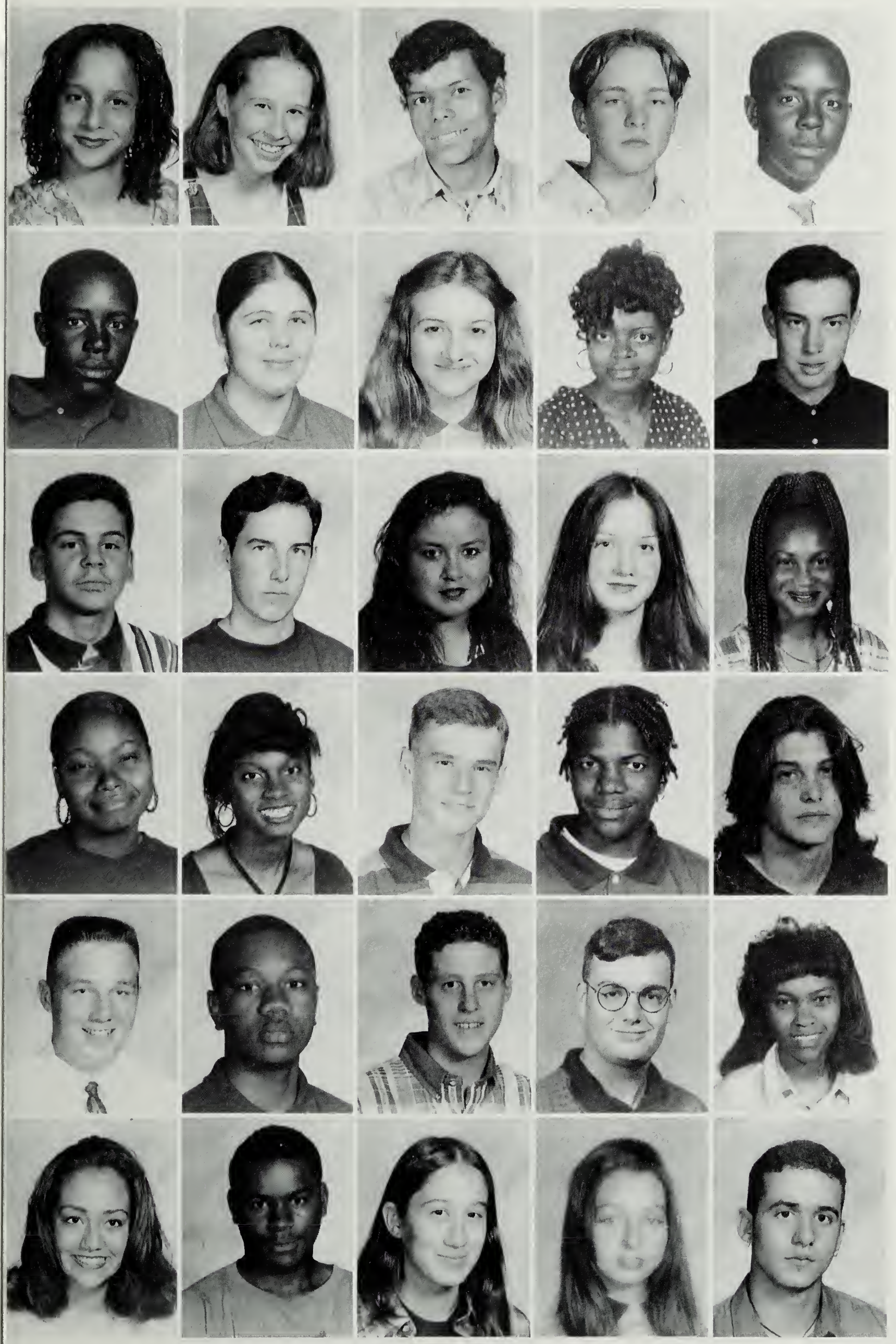
As the year progressed, more and more sophomores experienced the anticipation of getting their driver's licenses. Any kid would wince at the number of times your friends saw you pulling up in the family truckster.

Now the time has come, you have been given the privileges and the responsibilities of driving. Rachelle Jones remarked, "I don't think adults can drive, so why give a teen the privilege?"

On the other hand, Terry Hutson feels "a lot of teenagers are more responsible than their parents and should be allowed the privilege to drive."

Though you may be sixteen and able to drive, there are many restrictions to getting your license. The judge now hands the license to the parents, and it is their decision as to when you get it. -Leah Kuhn





Chaula Manuel

Sara Mammen

Henry Marnghiter

Richard Maroney

Dennis Martin

Derrick Martin

Sara Martin

Alicia Martini

Vivian Massa

George Matthew

Robert Matthers

Tom May

Anna Mazariegos

Brooke McCurdy

Delinica Mcdermott

Shavon McDowell

Regina McGarry

Brian McElhenny

Tony McGee

Matt McGuire

James McKenzie

David McKoy

Victor Mclanhorn

Kevin Mcmullen

Natasha Mears

Rebecca Membreno

Antoino Mendez

Kristen Mens

Alicia Meyer

Andrei Militaru

Virginia Miller

Nicholas Mills

Erin Mitchell

Larwanda Mitchell

Ahmed Mohammed



Shagufta Mohammad

Mahdya Momenni

Keith Monroe

Andrew Moore

Christy Moore

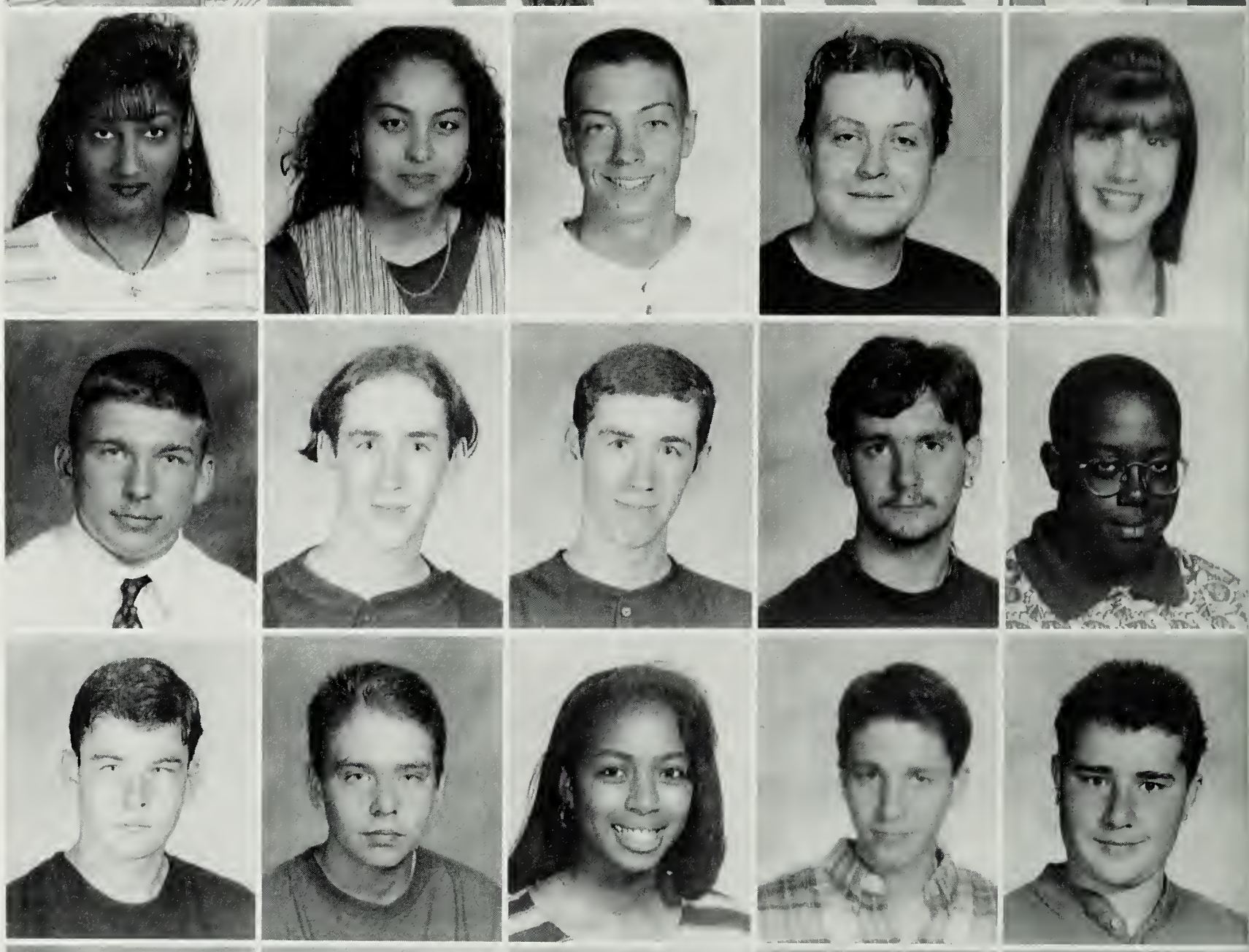
David Moore

Douglas Moore

Wade Moore

Ian Moore

Rudi Morgan



Andrew Morris

Shannon Morris

Talecia Morton

Chris Mosser

Nathan Morin

Victor Munoz

Johnni Murphy

Angela Mursten

Karen Nabholz

Matthew Nagel



Anthony Natale

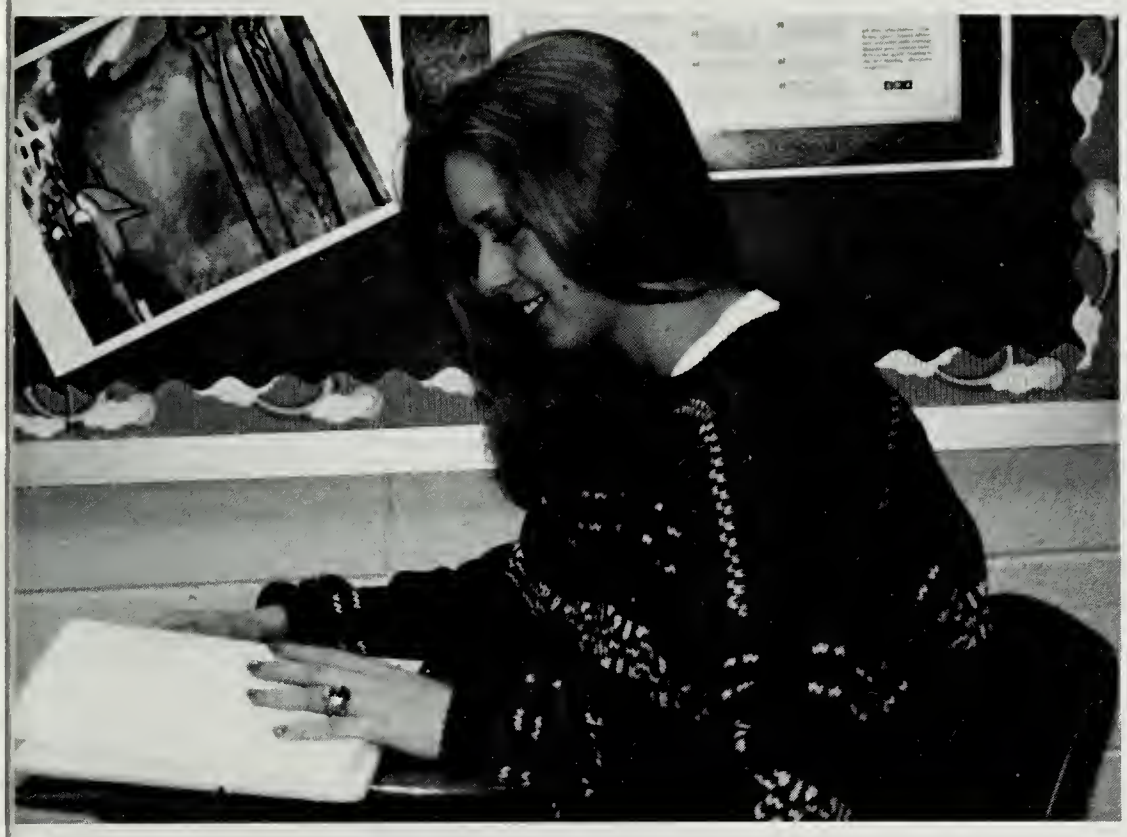
Molly Narburgh

David Nasca

Jorge Navarro

Marianela Nergron

Rings of Burning Gold . . . or ultrium?



What is one of the most important events that a sophomore awaited during the school year? The answer is very simple. For most, a long yearned for event was the ordering of a class ring--the first step in becoming an upperclassmen.

For generations, class rings have been a token cherished long after one leaves high school. Along with your yearbook, a class ring is a symbol of the so-called good ol' days.

The sophomore is just beginning to form an image, and a class ring is a perfect accessory. Of course, rings can be customized in order to reflect one's unique tastes and accomplishments. From any type of stone, individual symbols adorning the sides to ultrium or gold, anyone can complete any look. -Tony Magoch, Jeremy Outlaw, Brian Christenberry



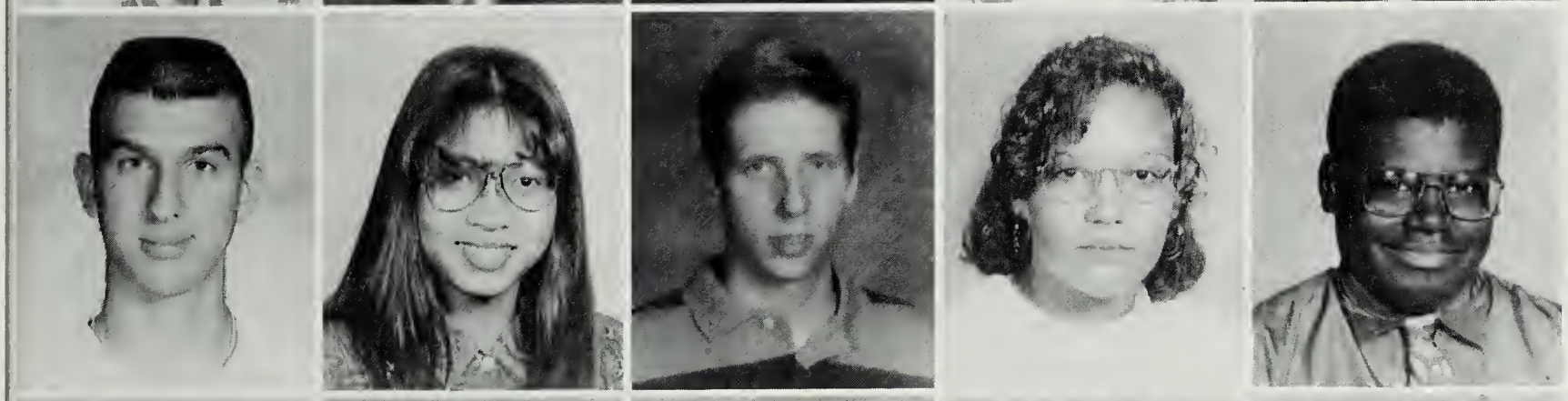
Richard Nesbith

Hal Nesbitt

Stephanie Newberry

Michael Nguyen

Shawn Nicely



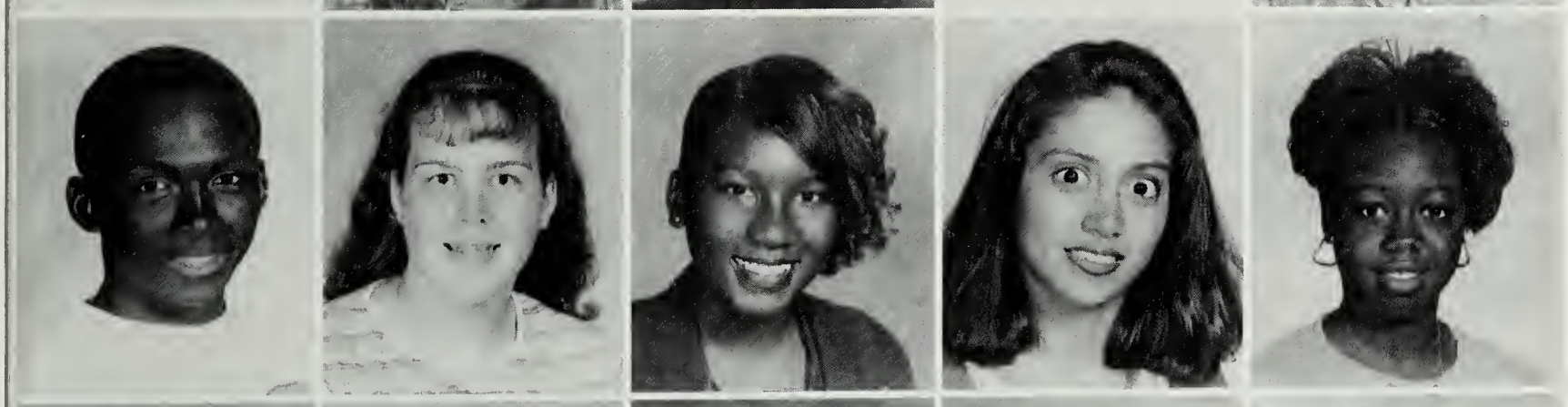
Eric Nohre

Champa Nouv

Kevin Nupdal

Kristina Ogilvie

Michael Okwabi



Tomi Olanigoke

Meghan Oldis

Eunis Omole

Janet Ortiz

Palesa Osei-tutu



Jeremy Osburn

Jeremy Outlaw

Leslie Pace

Nichol Palmer

Tamyra Parker

Matthew Pastors

Bhamita Patel

Danny Patton

Christopher Payne

Gerry Peacock

Maurice Peebles

Julie Peloquin

Leilani Pereyra

John Perez

Laura Perko

Joanna Perry

Annie Peterson

Travis Pfitzner

Chanthasak Phanthavo

Michelle Pickett

Michael Pierce

Sabrina Pitera

Danielle Pokusa

Kelvin Pollard

Adam Poole

Jamie Porter

Alex Prewitt

Kristina Prince

Ebony Prince

Karon Pulley

Vicrum Puri

Ishmal Quansah

Zuhal Rahaim

Bob Rakhmafau

Cynthia Reefer



Sitting down to a bit of lunch time conversation, Deborah Freshwater debates the lyrics of a favorite song with Maisha Williams and the crew. Today they discuss music . . . tomorrow, existentialism.



Say What You Are

A new day, a different identity. Black fingernail polish, pierced body parts, green hair, and purple Dr. Seuss leggings. Students filled the hallways, looking as if they'd walked off of the set of "My So-Called Life."

Eccentricity in the rest of the population seems to be labeled a search for identity in the young. Whether one gains identity with musicians, others may emulate idols from outside the arts. Perhaps as humans, we take bits and pieces of that we like in others and adapt these characteristics to that within us that is praised.

Maybe somewhere, in a more perfect world, young people will not need to search elsewhere for a look. They would be comfortable enough with themselves not to care. -Staff



Lee Revis

Malik Reyes

Shana Rice

Kiwanya Richardson

Mike Riley



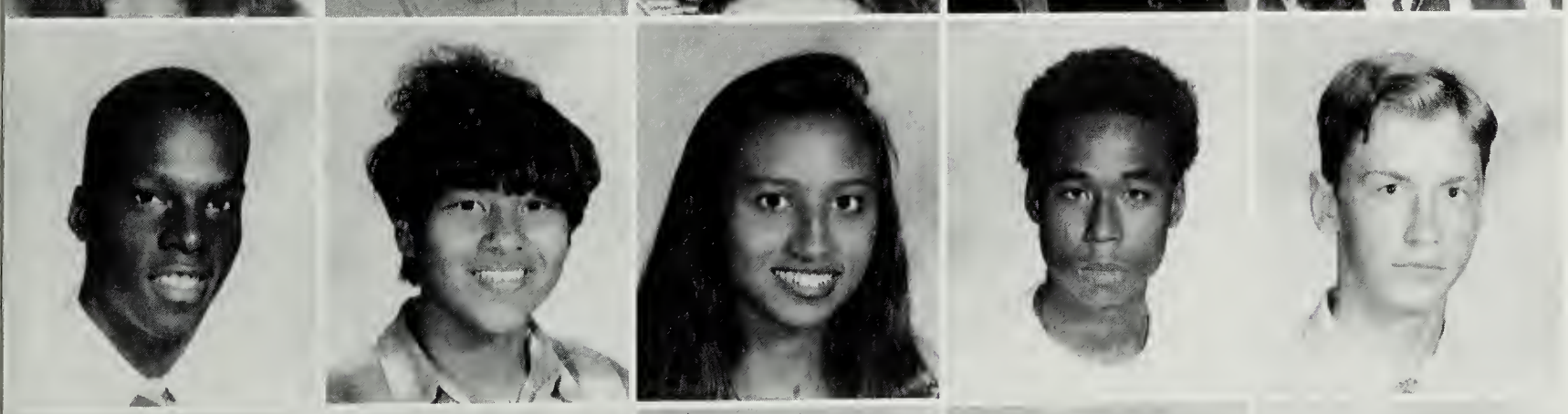
Ana Rivera

Paul Roach

Jennifer Rodriguez

Yamirz Rodriguez

Yary Rodriguez



Jimmy Rodgers

Christina Rollins

Lizzette Rosado

Chris Rose

Joesph Roslan



Stephaine Russ

Allison Russell

Steven Ryan

Rachel Rybicki

Seth Ryder

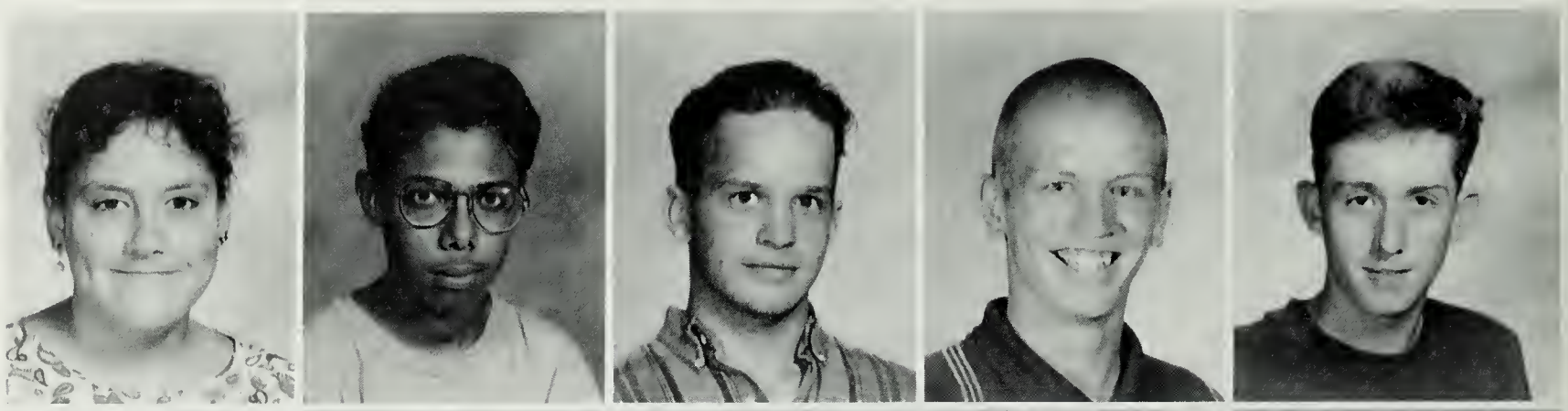
Stephanie Ryozewski

Adnan Sadiq

John Salvucci

Sean Sansbury

Matthew Sanders



Charisma Saunders

Landon Schaefer

Shauna Schaffer

Christina Schenck

Kelly Scholz



Kevon Scott

Stephen Sefchick

Michael Sever

Khalid Shah

Sabeen Shah



Ashs Sheikh

Nicole Shelton

Sean Shelton

Noelle Shott

Price Shylah



Pump You Up!

Fitness seemed to bo the big thing this year at Gar-Field . Yoou wouild be surprised to see how many students belonh to fitness gyms around the area and it wasn't just the guys going to the gym either. Many girls also went to the gyms. It seemed more girls were attending than the guys because they wanted to tone up their bodies and get in shape.

Working out also helped the student build self-confidence. When you've reached a goal of losing weight and getting so much stronger you feel realy good about yourself. How you appear to yourself and others really effects your attitude.- Staff





Ala Siddis

Sam Siefke

Jamaal Simmons

Lisa Singletary

Tekora Singleton

David Skidmore

Norman Sldan

Anthony Smith

Don Smith

Kristie Smith

Maggie Smith

Michael Snow

Cynthia Spain

Jason Spears

Jeffrey Sperry

Crystal Spinks

David Spurrier

Edward Soliven

Mario Sorto

Stephanie Souders

Corey Starks

Jackie Starks

Daniel Staudt

Nicole Steck

Dawn Stehler

Wendy Stine

John Stephens

Tina Stephney

Karima Stevens

Jason Silvers

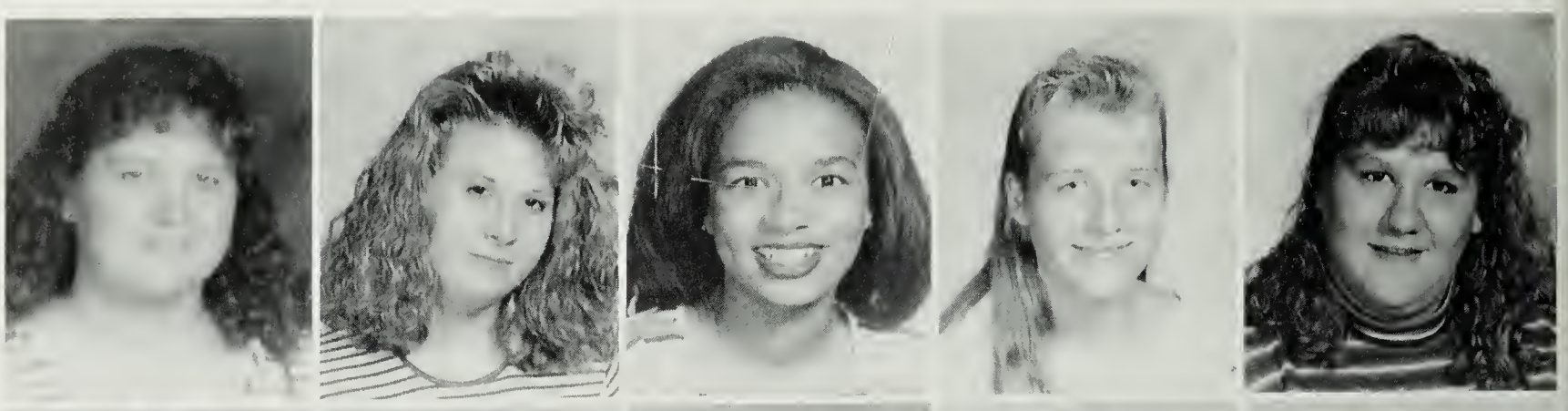
Elizabeth Stockman

Jamie Stocks

Larisa Stovall

Lindsey Stowell

Nicole Strauch



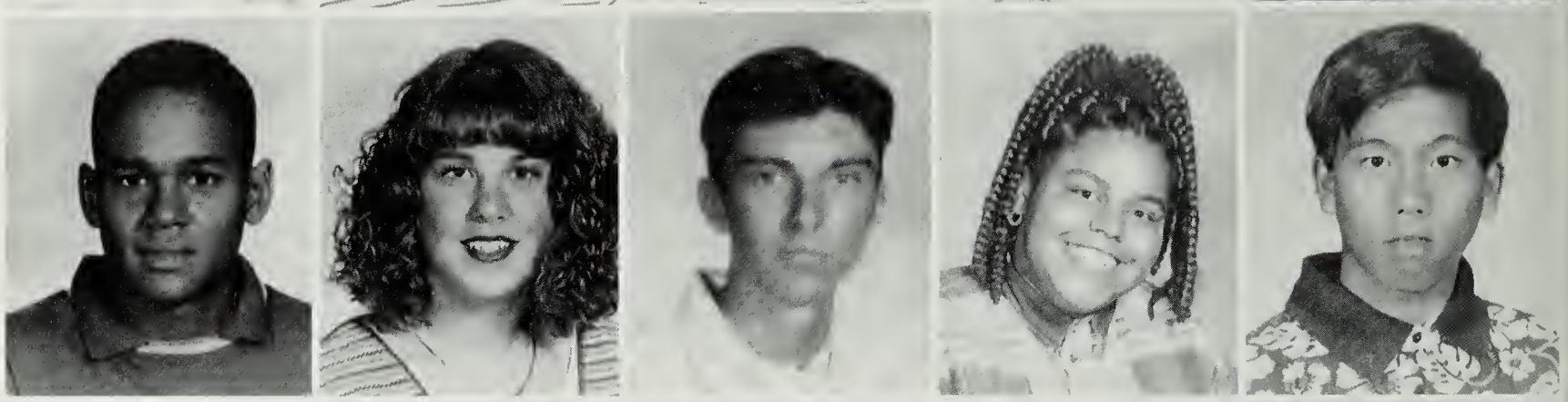
Guillermo Striddles

Kristina Stump

Mike Sullivan

Sheroniece Swain

Alberto Tabian



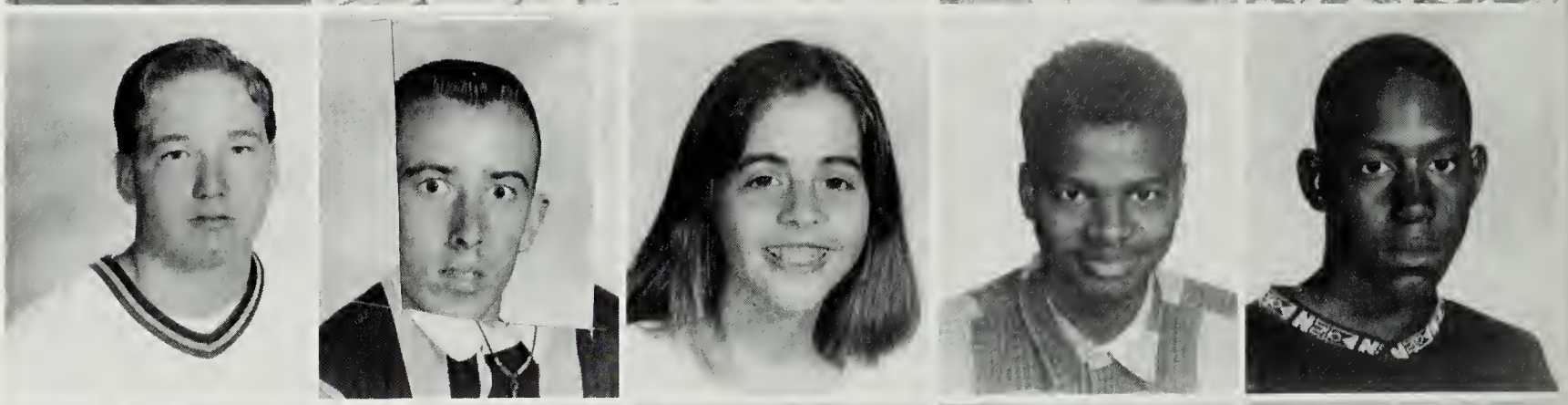
Glenn Tannehill

Anthony Taylor

Maria Taylor

Rashad Taylor

Alvin Terry



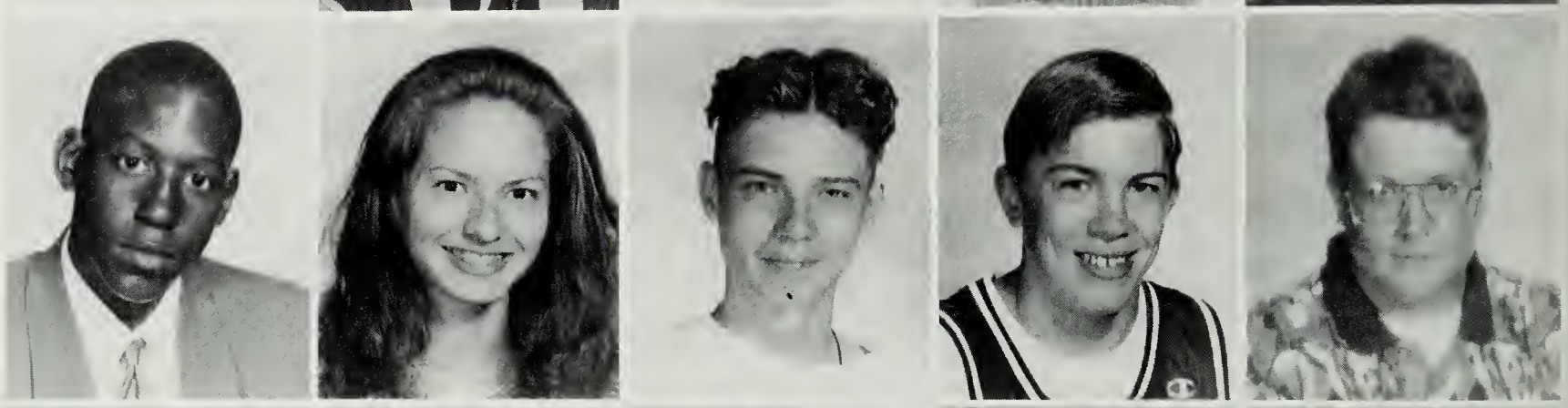
Calvin Terry

Karen Testerman

Uwe Tetzlaff

Chris Thacker

Brian Thelen



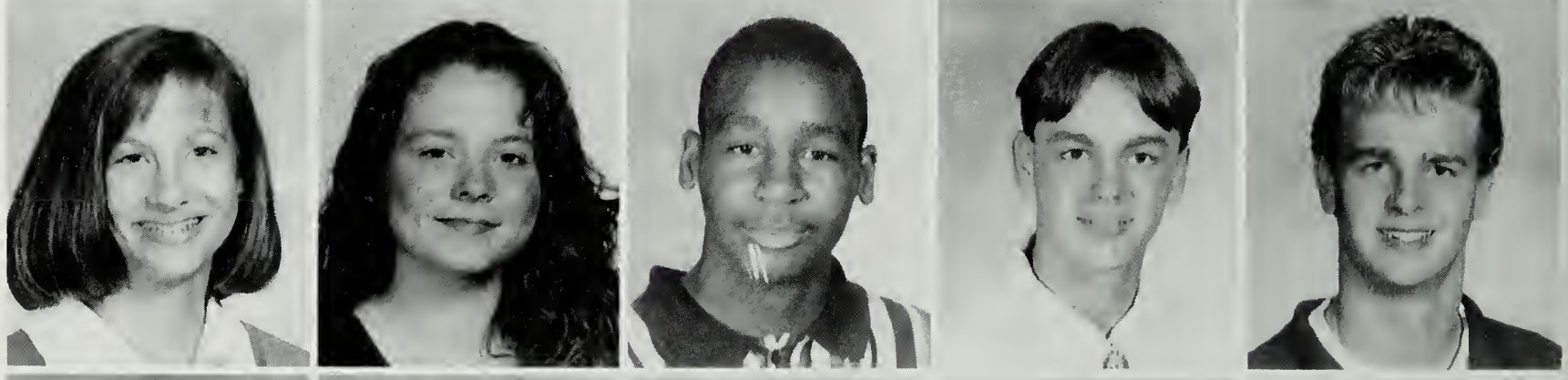
Courtney Thomas

Cherie Thompson

Christian Thompson

Justin Thompson

William Thorne



Adam Thorstad

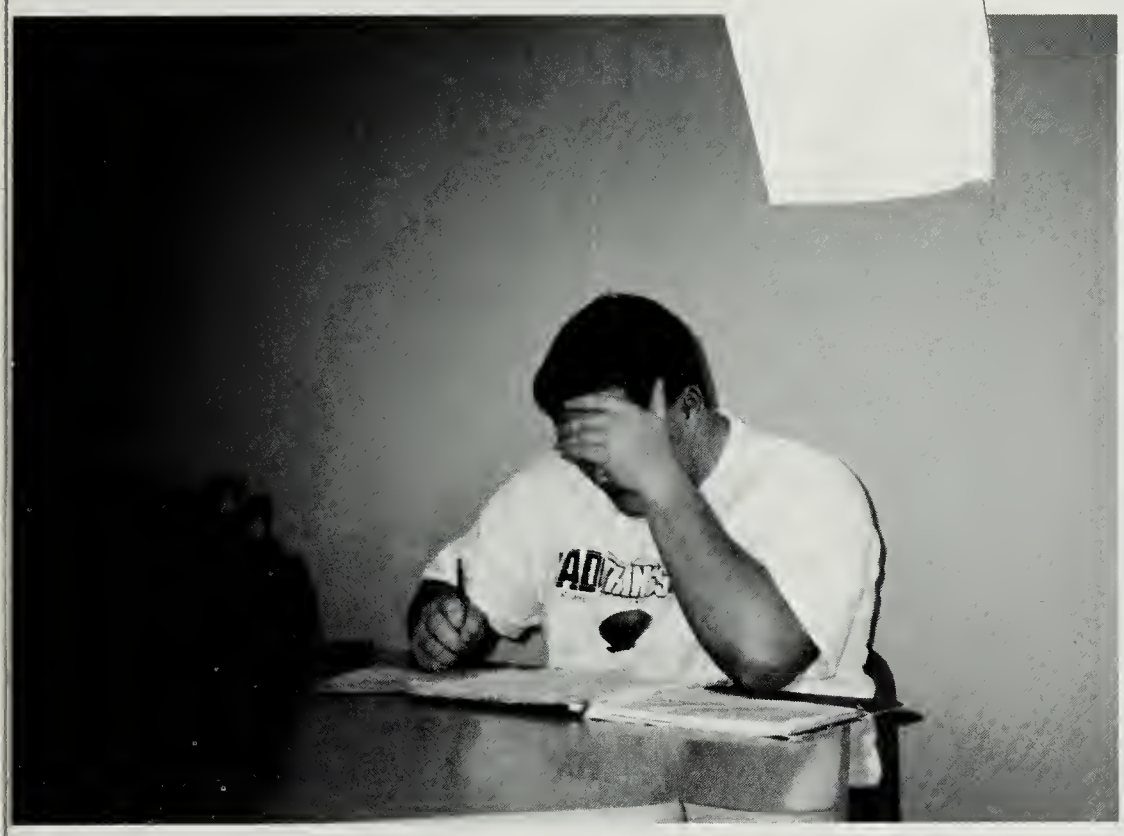
Tipitauee Thostauee

Angela Thurston

Colleen Timmer

Angela Toler





The Blues: Homework or Clapton?

Why is it when students planned to do their homework, they always had something else they wanted to do? Many students told their parents that they were on their way to study, but it turned out like the age-old college telephone response, "If my mom calls, tell her I'm at the library."

Talking on the phone, eating, and watching television were some of the main activities people liked to perform while doing homework. The variety of teens today, people like John Orndorff ,felt listening to music to be one of his favorite things to do. John also likes talking on the phone, eating, and singing along to his country music.

" I try to find the path through my mind," said Tim Surena.

Why is it that a person can find a way to memorize the lyrics of a 20-minute song while driving to school, but can't seem to concentrate on homework. Teens throughout history always have, for some reason, been remarkably interested in things that have no value but for the moment. They rarely want to do the things that will take them places.

-Jenni Reese



Bill Tracey

Jason Trainum

Jennifer Turner

John Turner

Libby Tuttle



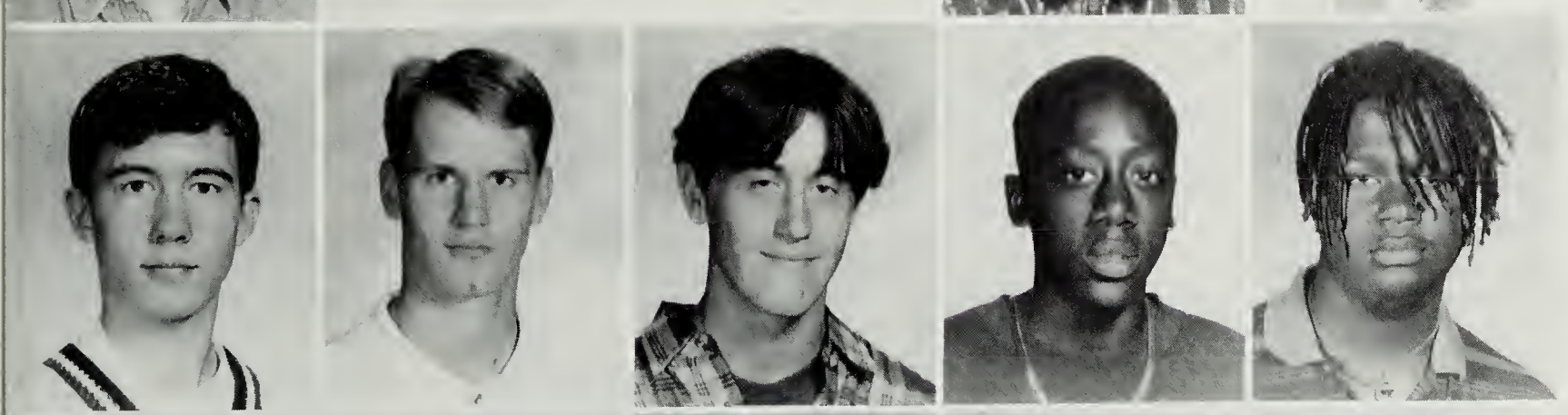
Mark Urch

Agustin Valdez

Deandra Vaghan

Aaron Vento

Brantly Vvernitha



Joe Verschueren

Nathan Vinyard

Jeff Wade

Darryl Walker

Jovan Walker



William Walker

Melissa Wallace

Dawn Walton

Danielle Ward

Latosha Watkins

Latasha Watkikns

Kenyetta Watts

Doug Watson

Lisa Weber

Kristen Webber

Sheree Welborn

Courtney Welch

Monique Welsh

Ben White

Mikie White

Tonya Wical

Matt Wilhoit

Eric Wilkins

Jennifer Wilks

Angela Williams

Claudia Williams

James Williams

Julia Williams

Latoya Williams

Maisha Williams



Creating Culture

Expressing one's self is a very important part of high school, especially for sophomores. The tenth grade class had a hard time getting recognized. They were not new, and they were certainly not old. There was nothing really special about being a sophomore. Luckily, the times and a zest for uniqueness saved the tenth graders from becoming the lost ones.

When sophomore, Matt Haas, was asked how he expressed himself, he quoted from part of a poem he wrote, " Please tell the pink elephants to stop running through the yellow fields of daisies."

Different clothes, hair and attitudes were just some of the vehicles driven to extremes. Monique Welsh said, The type of clothes I wear expresses the type of mood I'm in each day."Others could be sports or extra-curricular activities. " I express myself by saying what I feel and doing what I want to do, not what other people want me to do," said Dawn Fales.

After all of the strange things sophomores have done this year there is one thing they would never forget--all of the wonderful friends they made. -Allison Russell, Jenni Reese, Tijusha Haley





Michael Williams

StevenWilliams

TabithaWilliams

Tom Williams

Joe Willison

Tracy Wills

Glen Wilson

Kathryn Wilson

Thomas Wilson

Edward Witt

Cassius Winder

Symara Woodland

Anthony Wright

Shavonne Wyatt

Elizabeth Yanez

Kristen Yawberg

Sarah Yoon

Asif Younis

Earl Young

Joel Young

Sadiquain Zafar

Gabriel Zepeda

Josh Zilin

Sharon Zirkle

RhondaCummings

Luis DeJesus

Estuardo Escovar

Mike Gaither

Maria Gomez

Andrew Hepburn



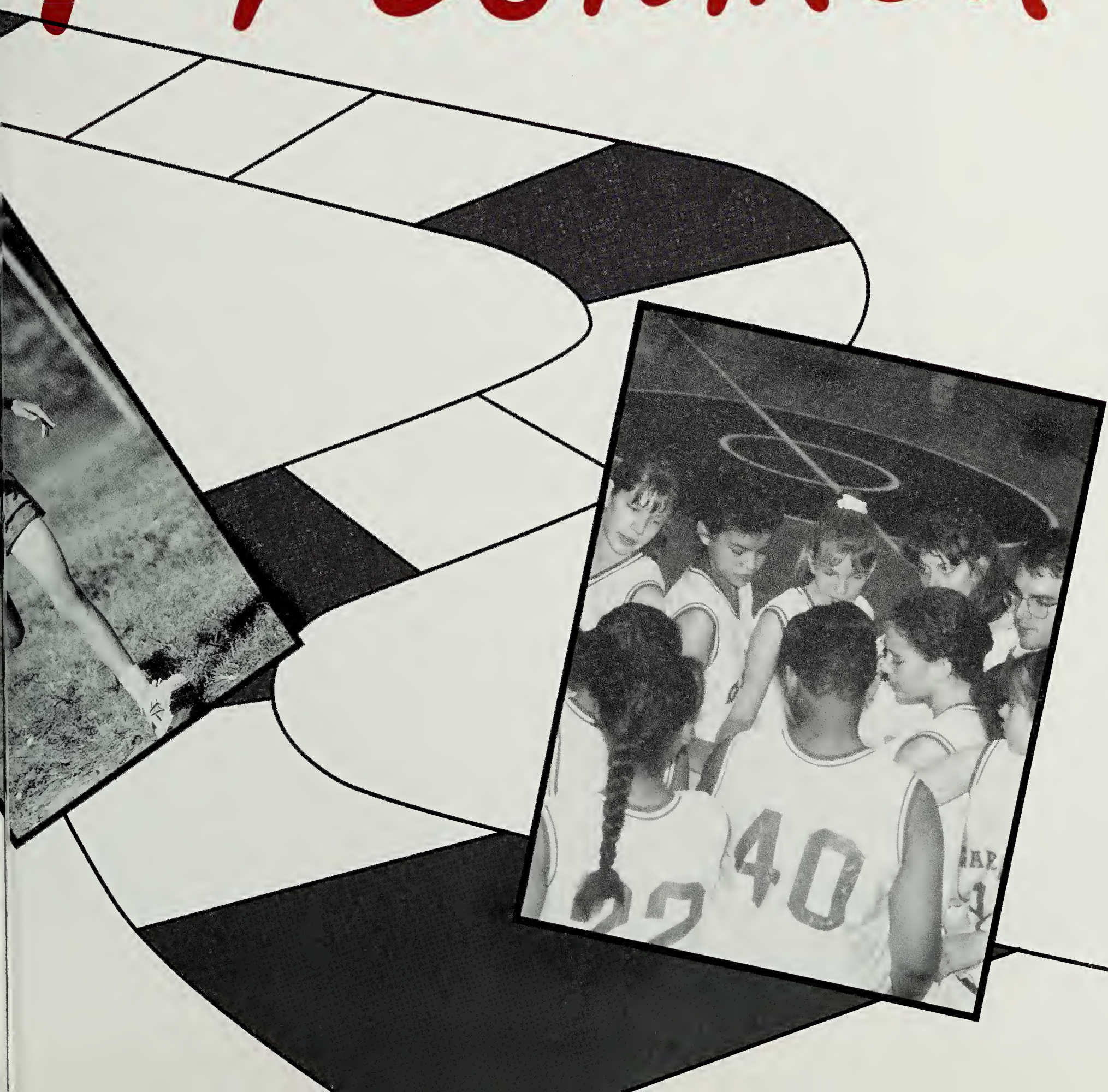






GAR-FIELD

Freshmen



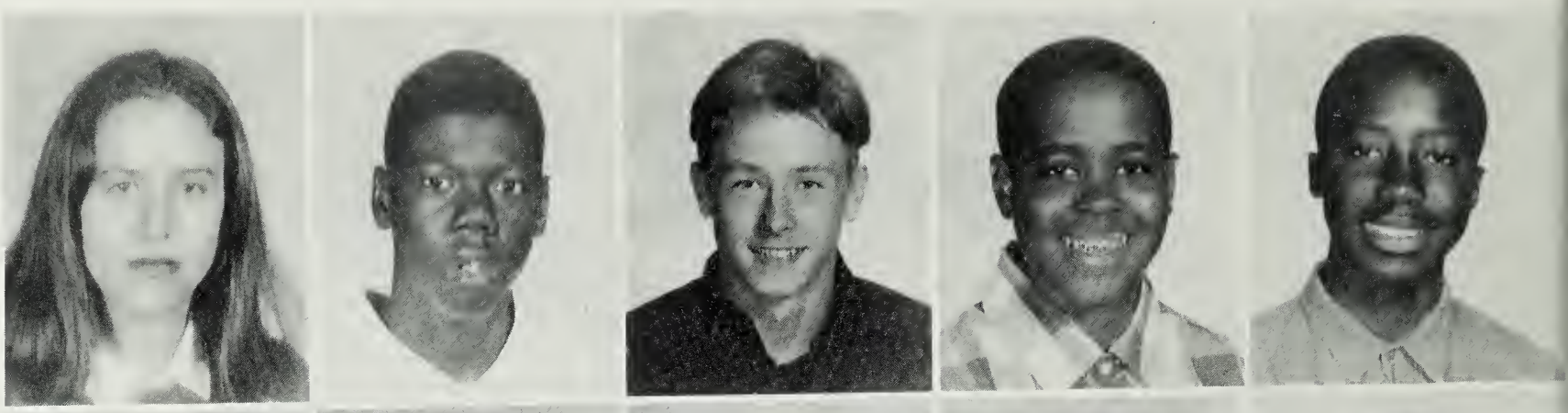
Seyedah Aalaie

Albert Acheampong

Jonathon Adams

Jamen Adamson

Stephen Addo



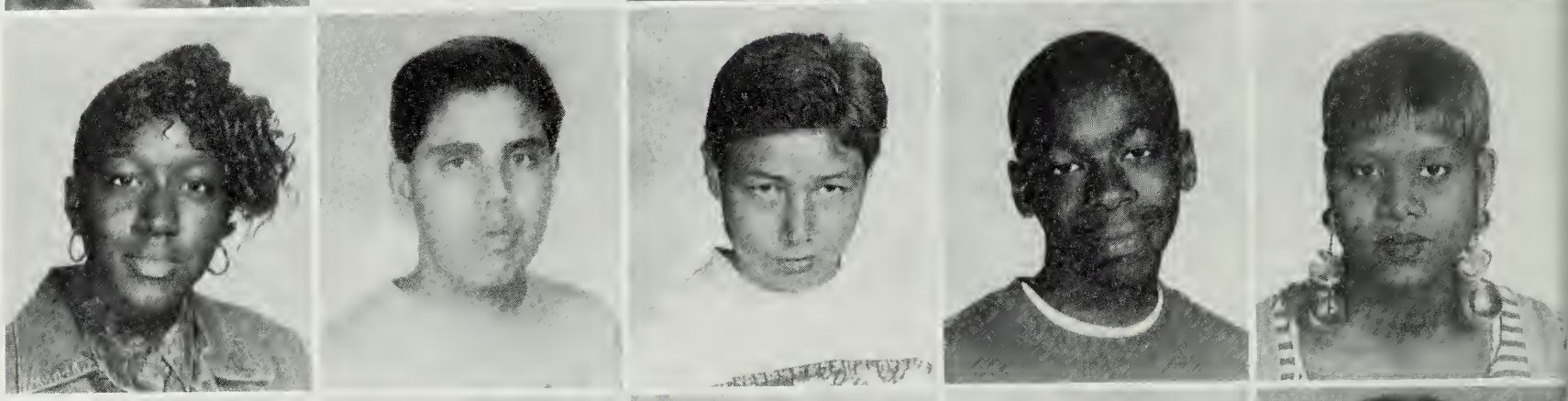
Omolara Akinlotan

David Alcazar

Christopher Allen

Walter Allen

Dana Alston



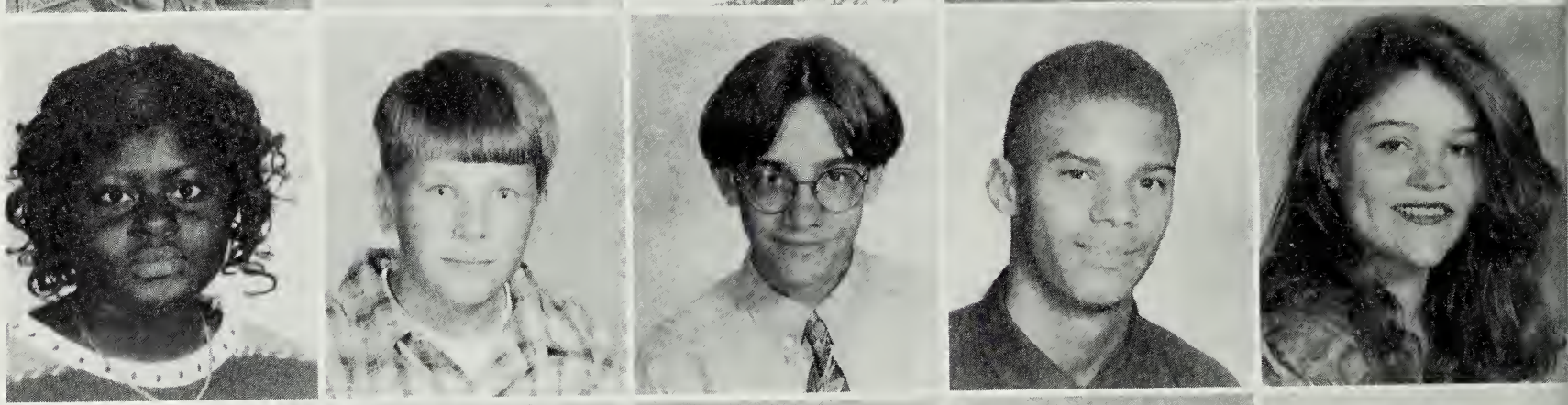
Lucy Amponsah

Brian Anderson

Joseph Anderson

Michael Anderson

Heather Andrade



Natalie Anzzolin

Rachel Arbaugh

Jeremy Archer

Katie Auman

Emad Awwad



Teaching New Dogs Old Tricks



While they adjusted to high school and tried to fit in, freshmen usually looked up to the upperclassmen for some sort of direction. After being at Gar-Field for a few years, upperclassmen knew how to play the high school game.

The upperclassmen were busy skipping classes, leaving early, and some even forged their teacher's signature on a pass. The freshmen were behind the scenes watching and learning. Not all of them chose to follow these 'high class scams' and bad habits, but unfortunately some of them did.

By the end of their first year, the freshmen started (and some completed) the developement of their own patterns, each with their own unique individuality.

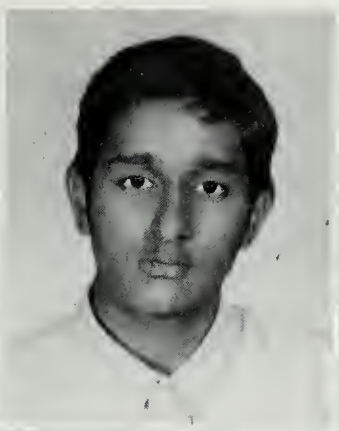
You know the old saying, "You can't teach an old dog new tricks." Hopefully the class of 1998 will reverse that and teach their successors a few of their own. -Angela Arbogast



Muska Ayazi



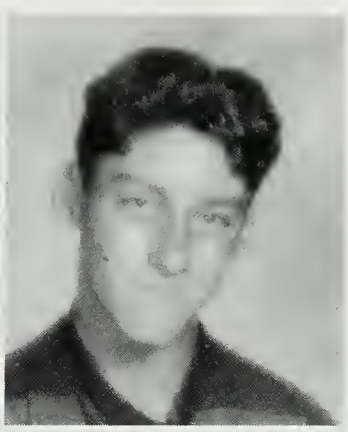
John Bacchus



Harman Bajwan



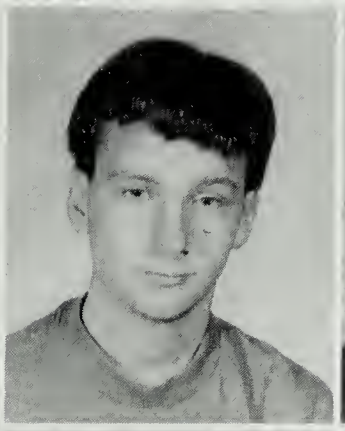
Collette Ball



Michael Ball



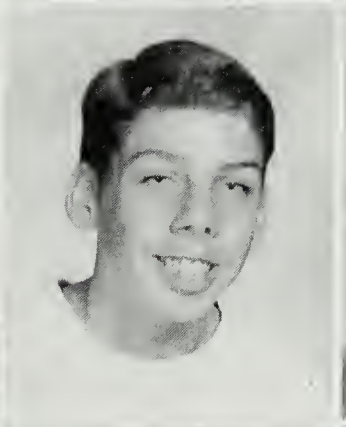
James Balz



Trevor Bank



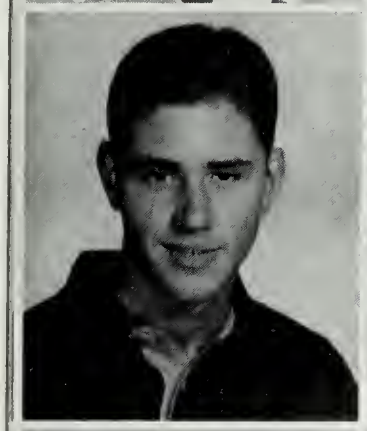
Steven Banta



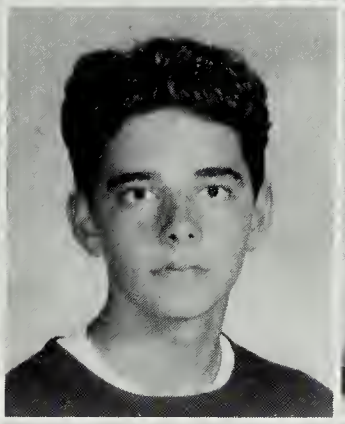
Jeffrey Barefoot



Darrell Barger



Ryan Barker



Bruce Baumgartner



Christina Bayley



Brooke Bayliss



Brice Beaman



Jason Beavers



John Beavers



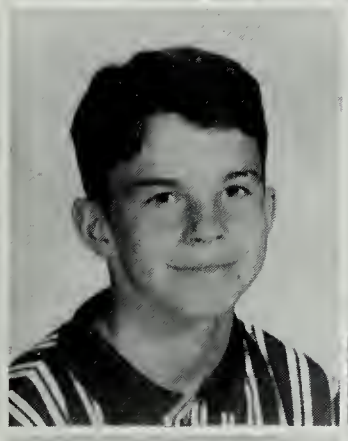
Jami Bedford



Kristin Bellando



Jamie Beltran



Keith Benderoth



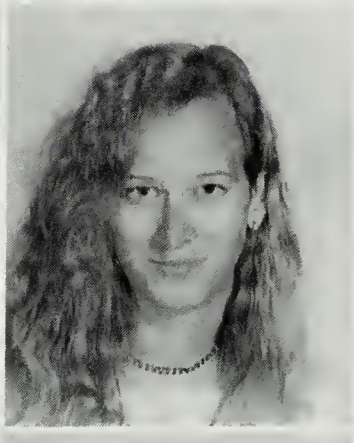
Yolanda Bennett



Kristopher Benoit



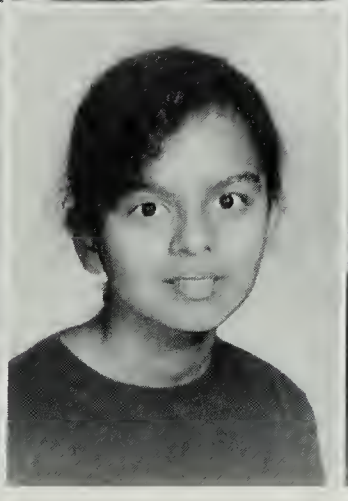
Michelle Benoit



Barbara Bernard



Bridette Berrier



Karla Berrios



Patrick Berry



Tammy Berryman



James Besser

Nakita Bay

Daniel Bishop

Leon Black

Renea Blandford

Sara Blindauer



Nathaniel Bonaparte

Charlene Bonilla

Tosakul Boonklan

Martha Borrayo

Gregory Bosworth

Robert Bouchard

Ramona Bowie

William Brack

Corey Bradley

Julie Brandwein



Jeffrey Breeden

Eric Bridges

Brandi Brinson

Andrew Broaddus

Joshua Brooks

Pool Pass Anyone?

Remembering all of those stories about their soon-to-be high school as eighth graders, freshmen felt tentative. At this point in the year, they could laugh at the truths the Class of '98 was gullible enough to believe. Even the jokes that made them dread their first day.

"The most outrageous rumor I heard about this school," stated freshman Ali Ward, "was about the [swimming] pool on the roof." A swimming pool on the roof? Well, how else could the swim team practice?

Not all rumors recieved such hysterical laughter. As a matter of fact, some brought fear. "I was sort of nervous about coming here because I heard there were always fights," said freshman Mike Moore.

Freshman Mariah Ford agreed, "I heard that people were shot all of the time." Violence... the thought of having to defend oneself everday for four years could be unnerving, unless one had a sibling to dispell the myths.

"I know everything about this school because my sister is a junior and I've been here millions of times before," said freshman Corrina Hanks.

Regardless of which rumor you heard, you still got on the bus or in the car to begin your last four years as a kid.-Rachelle Jones



It was a daily ritual to sit outside and talk about the day and the weekend to come. Robin Schrimpf and Christine Peterson discuss the days events and catch up on the latest news.



Crystal Brown

Jennifer Brown

Shatunja Brown

Nicole Brulotte

Olivia Buchan

Ryane Bulka

Michael Burke

Tony Burton

Latoya Butler

Paul Burnell

Mechelle Butler

David Cable

Daniel Cabrera

Stephanie Cacho

Sean Cagney

Jennifer Cahill

Charles Caldwell

Christopher Cameron

Christopher Campbell

Jerry Campbell

John Campbell

Kimberly Campbell

Mary Campbell

Lashawn Carey

Thomas Carrano

Otis Carroll

James Carson

Dominique Carter

Kevin Carter

Charlene Carthon

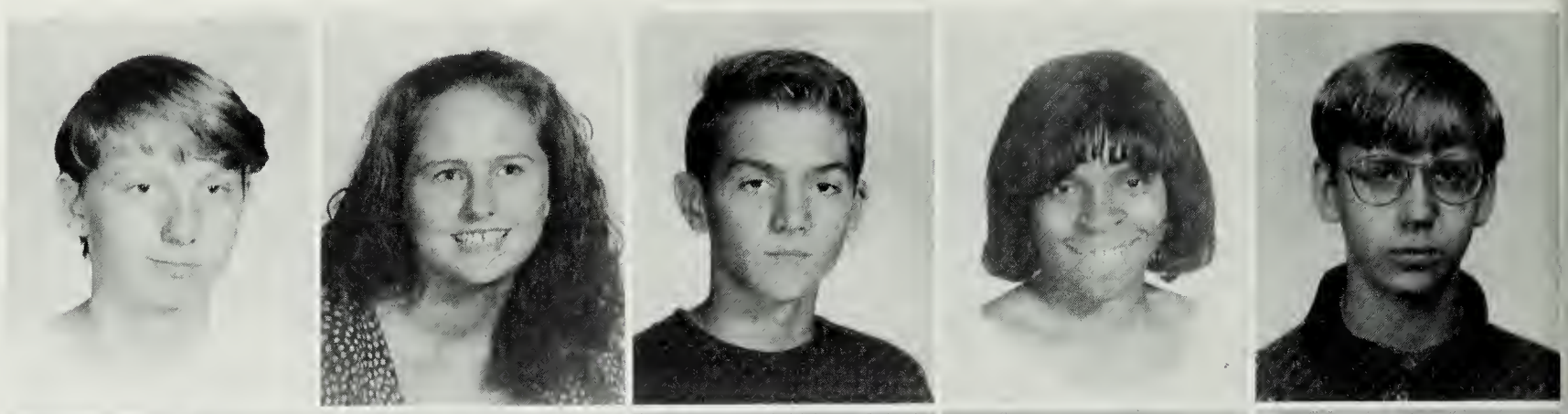
Matthew Dezell

Mellisa Diaz

Robert Diaz

Lesley Dickerson

David Dickenson



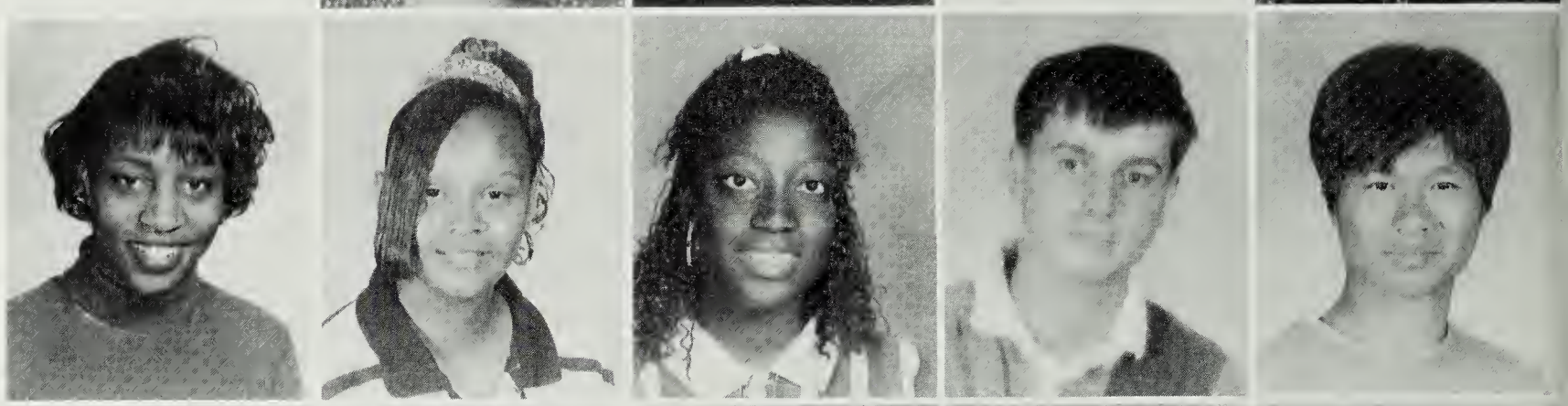
Ashawntee Dingle

Lisa Doe

Akofa Dugbaste

Ryan Donald

Dong Son Tao



Phillip Donnelly

Ivan Dorado

Anna Drago

Angela Dudas

Jefferey Duff



Shimeka Dukes

Martha Dun

Linda Easley

Laurance Easter

Micheal Eaton

Have No Fear

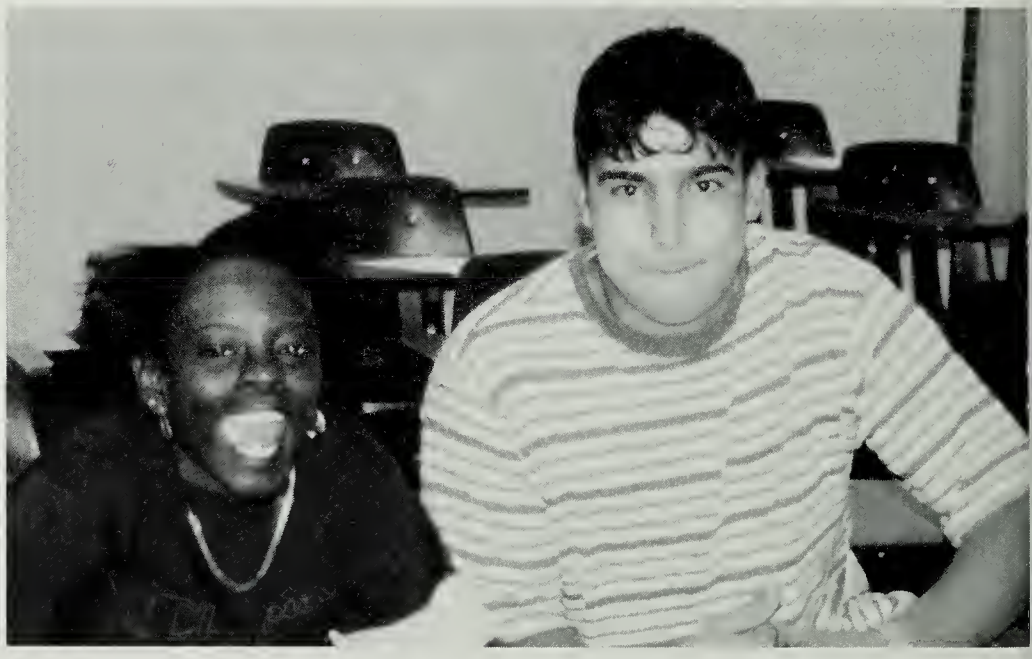
Who could have known about the three-grade English test next period? Too much work and too little time. Requesting to remain anonymous, a few members of the Class of '98 admit their fears of high school.

"On the first day, it was like I was an ant in a gigantic castle. I got lost in the secret hallways and steep stairways."

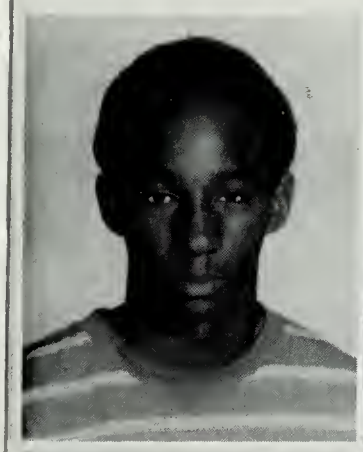
Some even feared physical damage. "My biggest fear was getting beat up over my boyfriend. I don't believe he was worth my life."

Being at such an awkward age and not knowing their true identities freshmen became self-conscious. "What are people going to think of me . . . what if I break out in the middle of class?"

A word of advice to all freshmen. Just relax. You have three more years to break out in the middle of class, fall out of that chair you were once sitting in, or any other way you can think of to make youself look ridiculous . . . and maybe learn something practical in the process. -Nisreen Elhillali



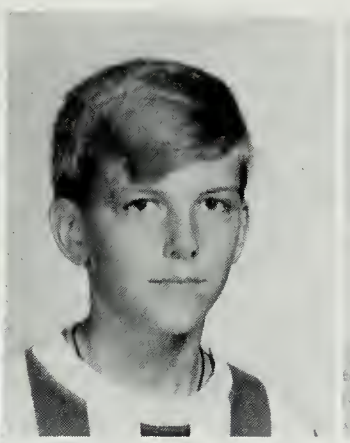
Remembering the days when they were freshmen, Ebony Fulwood and Robert Firvida share a few laughs. They agre being a freshmen was tough.



Daniel Commander



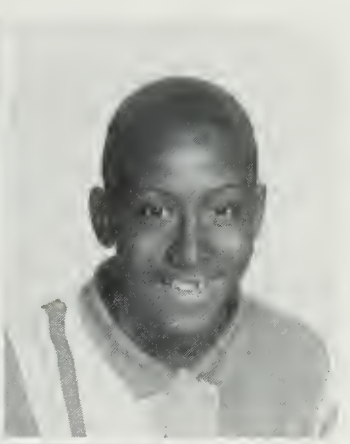
Shanna Conklin



Ryan Conner



Erica Cook



Ivan Cooke



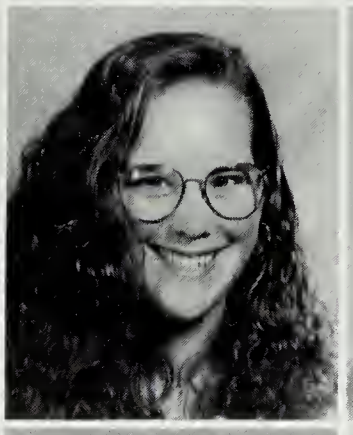
Jonelle Copeland



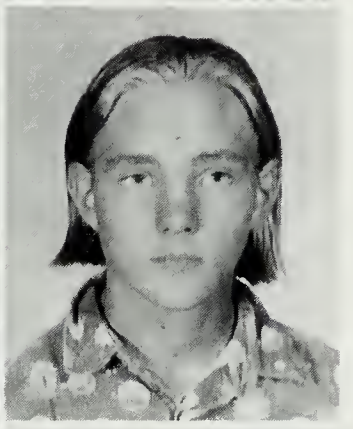
Latasha Copper



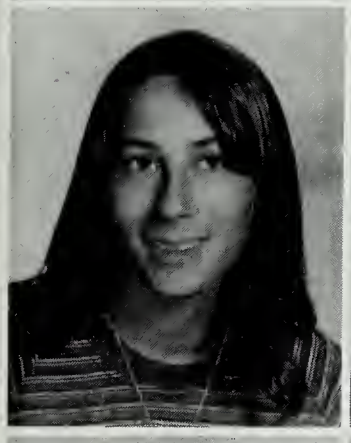
Danielle Cornelius



Nichole Cornell



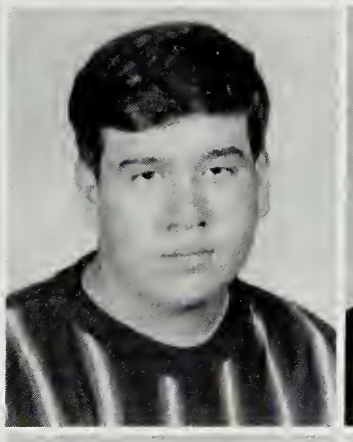
Christopher Covert



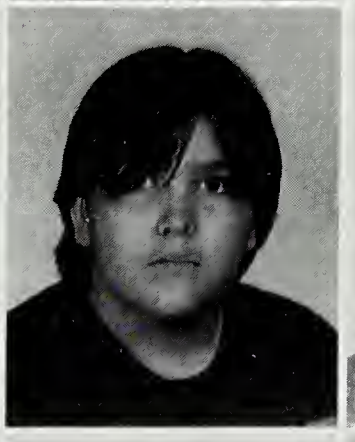
Kristen Crabtree



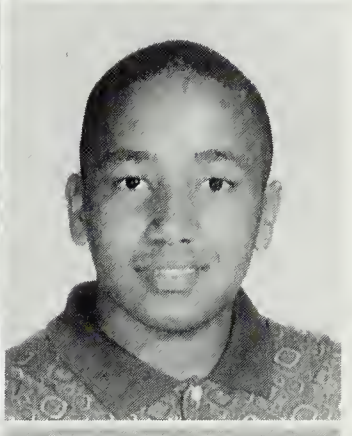
Dennis Craig



Jason Crescentini



Antonio Crevoiser



Nevin Cuff



Gabriel Cunningham



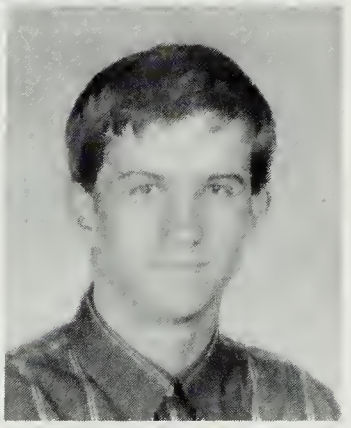
Katie Cunningham



Genoveffa Cusati



Nicole Cuttino



Mark Daly



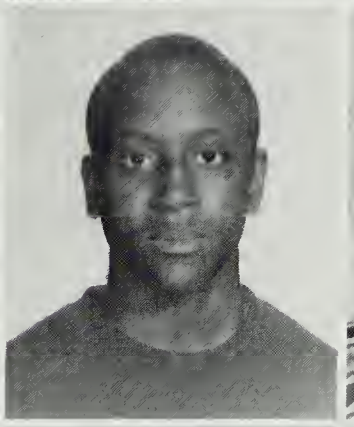
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Meredith Davis



Yvonne Davis



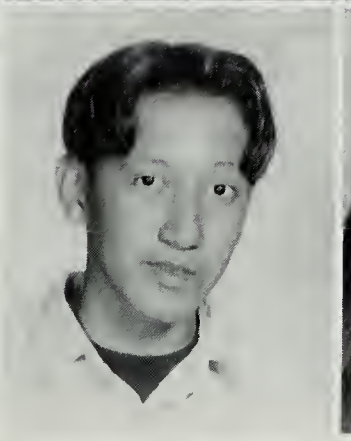
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Rachel Dean



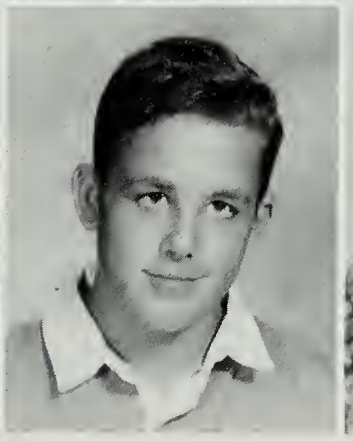
Ronaldo Delacruz



Glenn Deleon



Billie Delong



Johnathan Dency



Elizabeth Denny

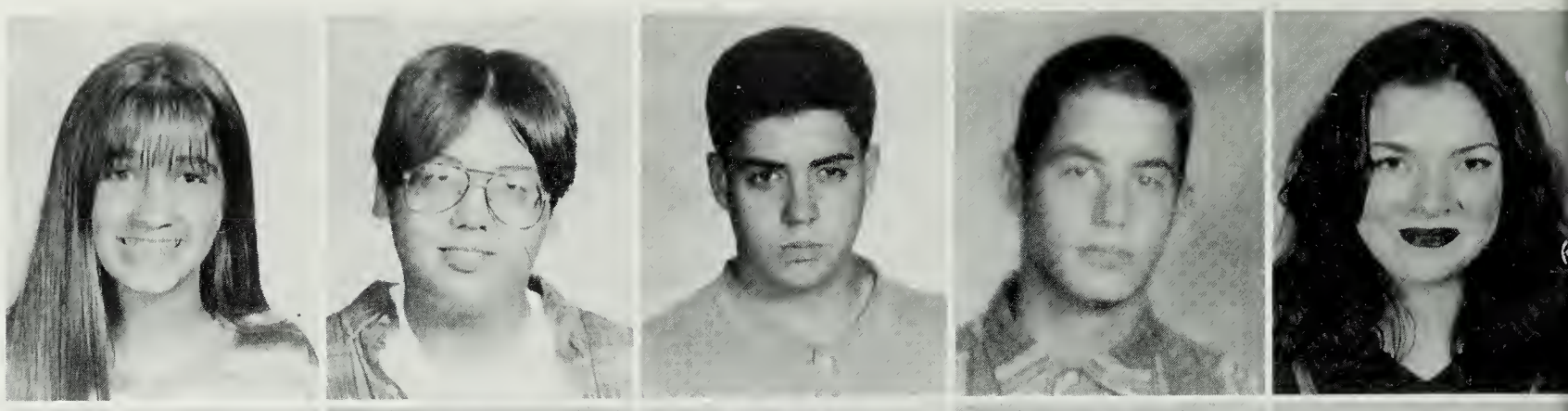
Katherine Cartwright

Christopher Casby

Javier Castrodad

Jason Cecala

Jennifer Ceja



Bryson Champ

Thomas Chapman

Asia Chaviz

Christopher Chittum

Chen-En Chou



Suhail Chowdhury

Jennifer Chukel

Brian Clark

Keith Clark

Michelle Clark



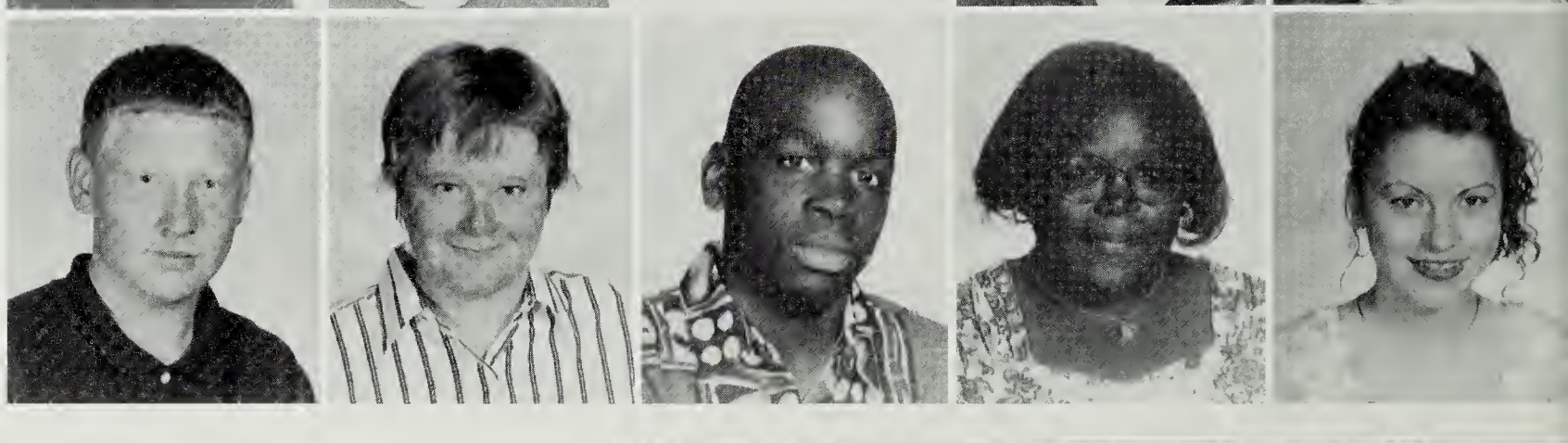
Johnathan Clarke

Kristen Cleveland

Damien Cohen

Heather Coles

Alessia Collins



Don't Blame Me!

"Dy-no-mite!" That was the famous expression from the best prankster of all time, Jay Jay Evans of the vintage television show *Good Times*.
Well, these are the 90's and the freshmen added" a new flavor to the jive."

Freshmen were still performing the old standby school pranks like setting off stink bombs and tripping each other down the halls," commented Tami Berryman.

Many felt it was time to move up to new school pranks. Pranks became a lot tougher and mean-spirited. Jay Richardson said, "Many freshmen boys lock each other in the bathroom stalls and stuck smaller boy's heads in toilets."

Freshmen methods of torture turned ridiculous. An anonymous ninth grader said, "I like to tell girls, who to me seem unattractive, that certain guys like them. Later, when the girl asks the guy if the rumor is true, the girl looks stupid when he replies no."

Jokes like that make you wonder who will get the last laugh. -Janet Ortiz



Facing the facts, Katrina Books overcame the awaited fear that high school would challenge the mind much more than middle school. Homework expectations increased, teachers seemed to demand more, and free time becomes a luxury.



Holly Eberle

Melissa Eberling

Kenda Edmunds

Jonathan Ehrlich

Gary Eldridge

Youssef Elshafie

Joshua Englefield

Heidi Erickson

Glenn Escario

Chastity Evans

Nicole Evans

Chandra Ewell

Neda Farahmand

Antorius Felder

Patrick Ferris

Brian Fetherolf

Jennifer Flom

Nancy Flores

Leslie Flynn

Mayra Fonseca

Nathan Ford

Mariah Fore

Michael Formando

Paul Fossum

Barry Fox

Jeremy Fread

Erin French

Sabrina Furr

Sara Furry

Chris Gaarde

Rocco Galgano

Kevin Gallman

Katie Garber

David Garcia

Brian Garrett



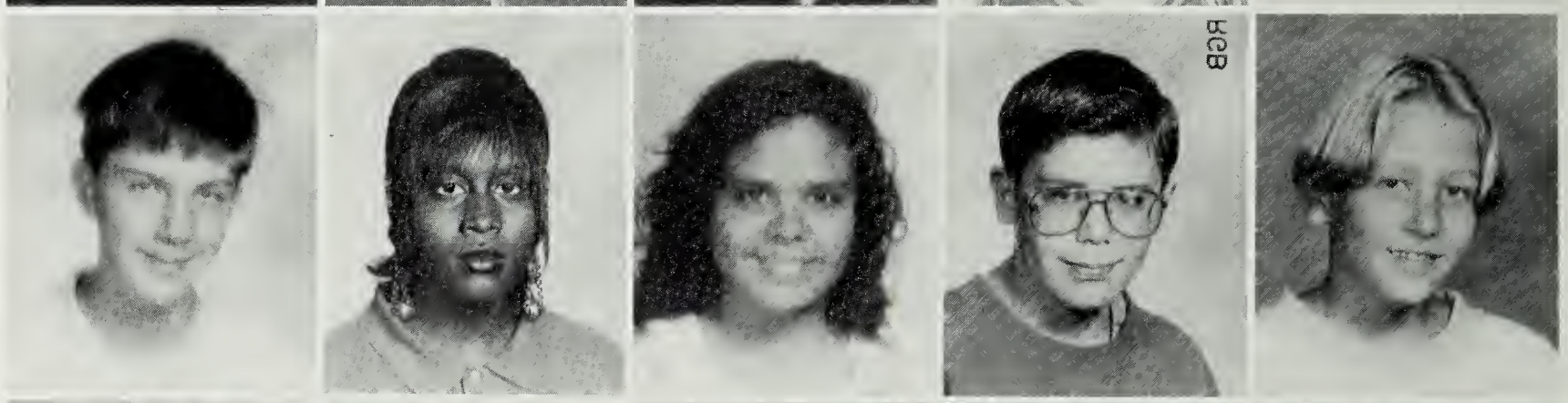
Christopher Gawel

Chelsea Gay

Nancy Gaytan

James Gestrich

Joshua Giamichael



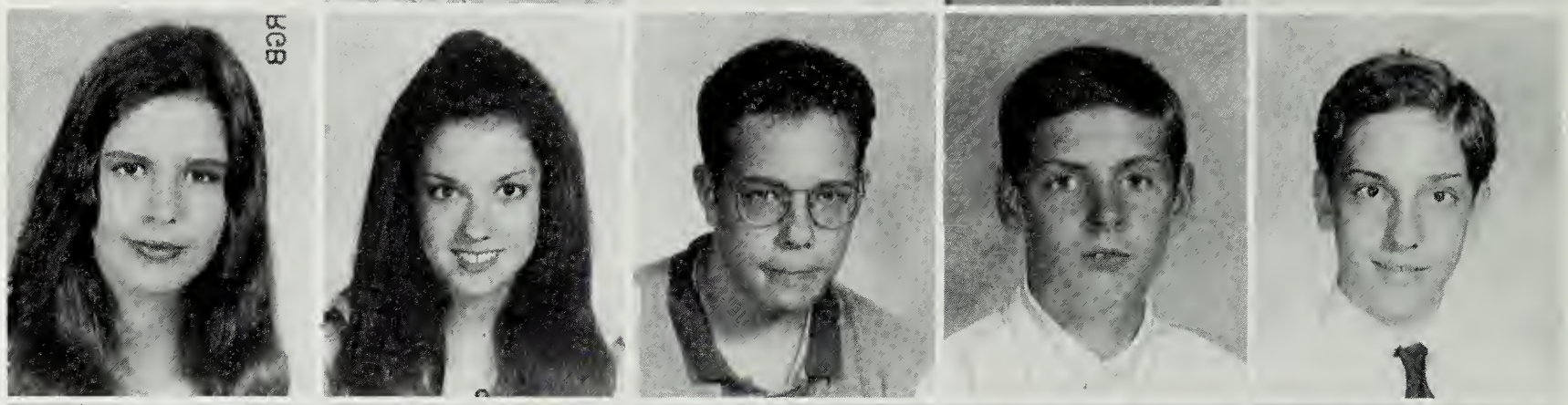
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Carla Giglio

Brian Glave

Joshua Gleason

Karl Gnadt



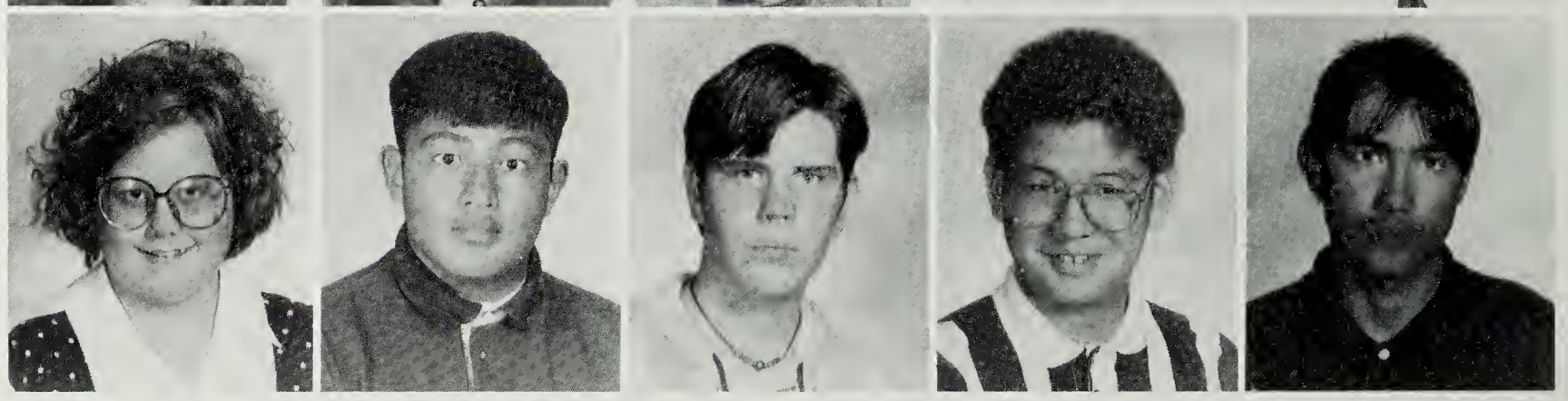
Darcey Gogoll

Jose Gonzalez

Nathan Goode

Jason Gordon

Kevin Gorisek



Hearing the Engine A Block Away

Riding the bus was one aspect of high school underclassmen didn't look forward to each day. When it was raining, the bus was wet and miserable. On sunny days, the sun beat down on that steel top and pray for an air conditioner. There was just something about the bus that contradicted the ideas of being in high school.

The *cheese* riders as they were affectionately called, especially disliked waiting for the bus on cold winter mornings. As Tracey Johnson said, "It reeked!"

Having to share a seat with two other people everyday, wasn't fun either. "I can't wait to get a ride with someone, or better yet my own car," said Brian Garrett.

All year long the thought of a permit or ride during the sophomore year kept ninth graders trudging up those *big cheese* steps. Luckily, time flies when one is otherwise occupied. -Sabeen Shah



The school bus is an everyday part of life for millions. Millicent Carmouche and Sam Look are thankful everyday that they don't need to ride the bus anymore. They tried to stifle flashbacks with a bit of humor while on-board the cheese to attend a VHSL conference in Richmond. Millicent checks out Cosmopolitan magazine's Man of the Year to take her mind off the long trip that awaits.



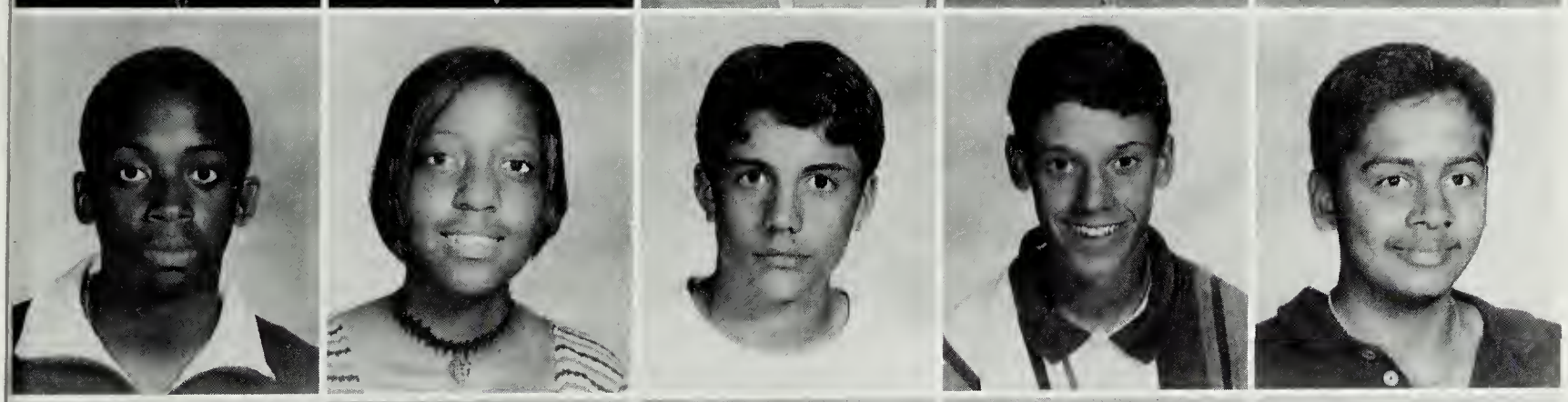
Danielle Graf

Bob Graft

Jesse Gray

Nicole Gray

Benjamin Gregson



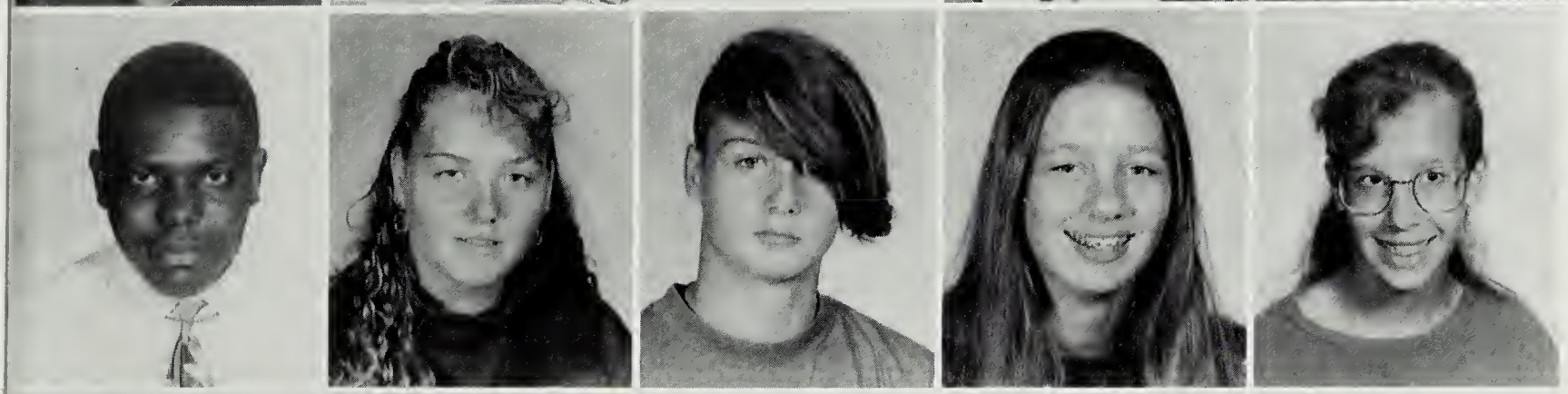
Corey Grey

Renee Griffin

Brian Grudzinski

Michael Guilfoyle

Karan Gupta



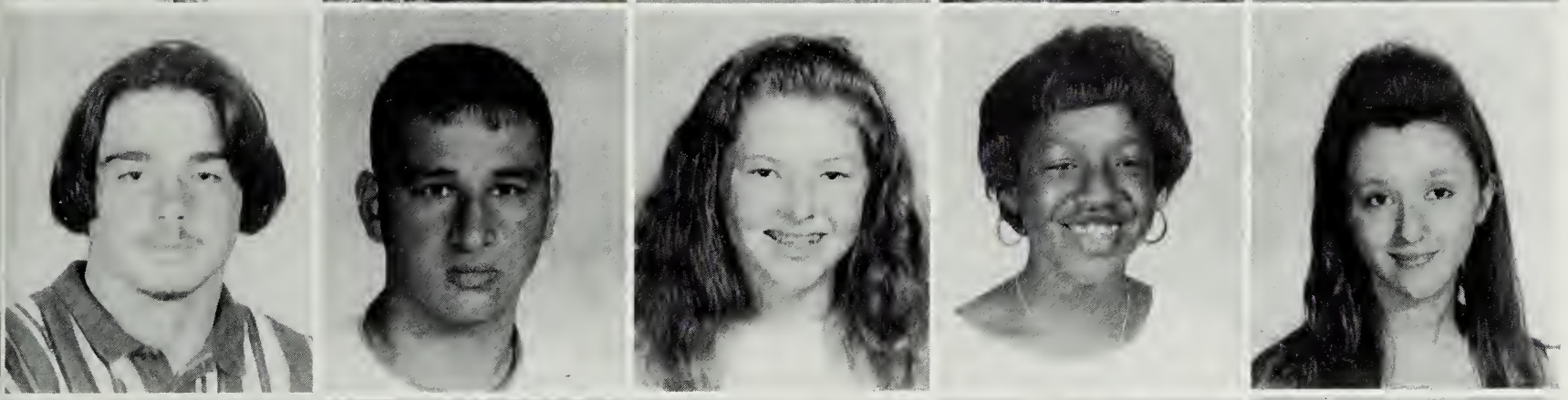
Howard Guy

Charlotte Haas

Matthew Haas

Jessica Hacker

Amy Hall



Gary Ham

Naderi Hamid

Crystal Hammond

Ryane Hammond

Corina Hanks



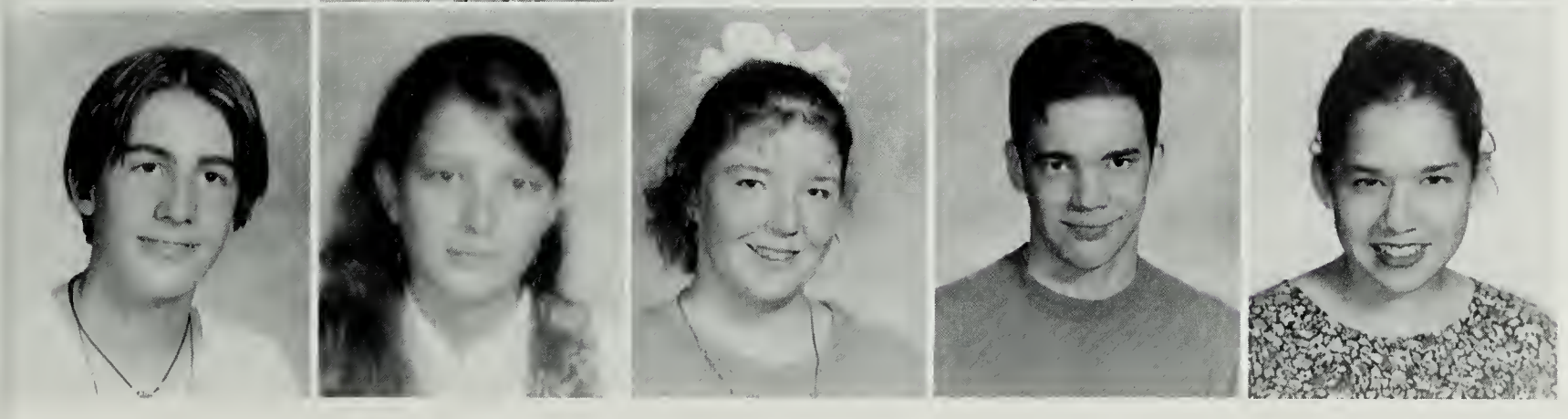
Bryan Hargis

William Harlowe

Henri Harps

Charnaigne Harris

Joey Harris



Todd Hart

Jennifer Hartman

Heather Haus

David Hawkes

Sarah Hawkins

Donald Hayes

John Hayes Jr.

Annette Hebert

Michelle Hebert

Robyn Herman



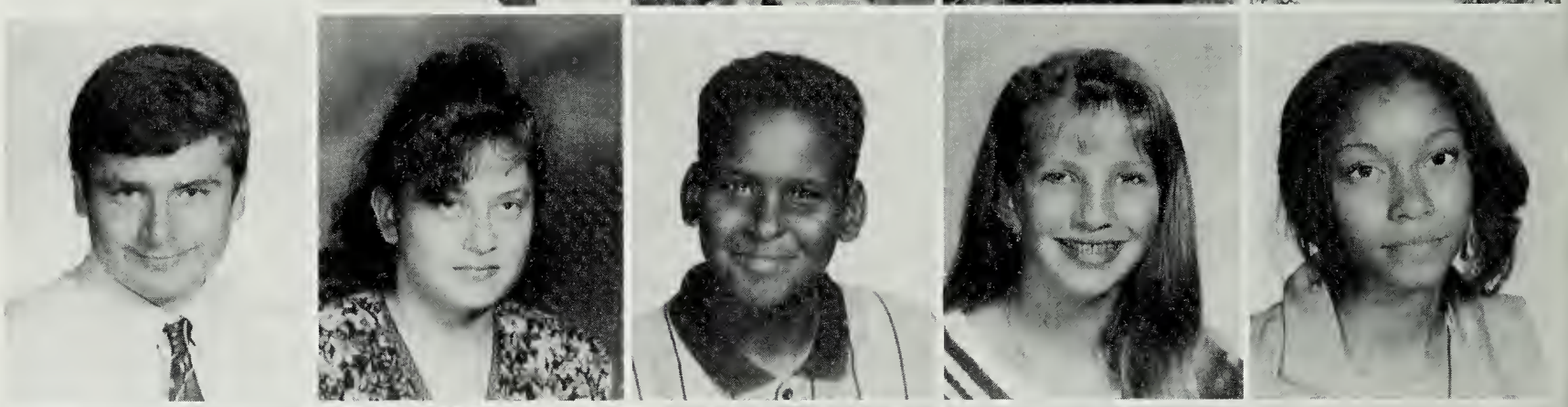
Eric Hernandez

Sarah Hernandez

Mustafa Hersi

Kelli Hicks

Tanarrah Hill



Charles Hilton

Henry Hinton III

Adam Hoffman

Carrie Hoffman

Jayvan Holeman



Dante Holton

Heidi Holtzman

Stephanie Hooks

Brigitte Horner

Narcusit Horson



Friends in Low Places

With 709 freshmen in one school, there were new types of people to meet. For Kristy Nuff, it was "really nice to meet new friends because some of my old friends went to a different high school."

For freshmen, it was a fear not only of new classes, but also meeting new friends. For some of the more seasoned freshmen, meeting people was easier because they already had older brothers and sisters at Gar-Field.

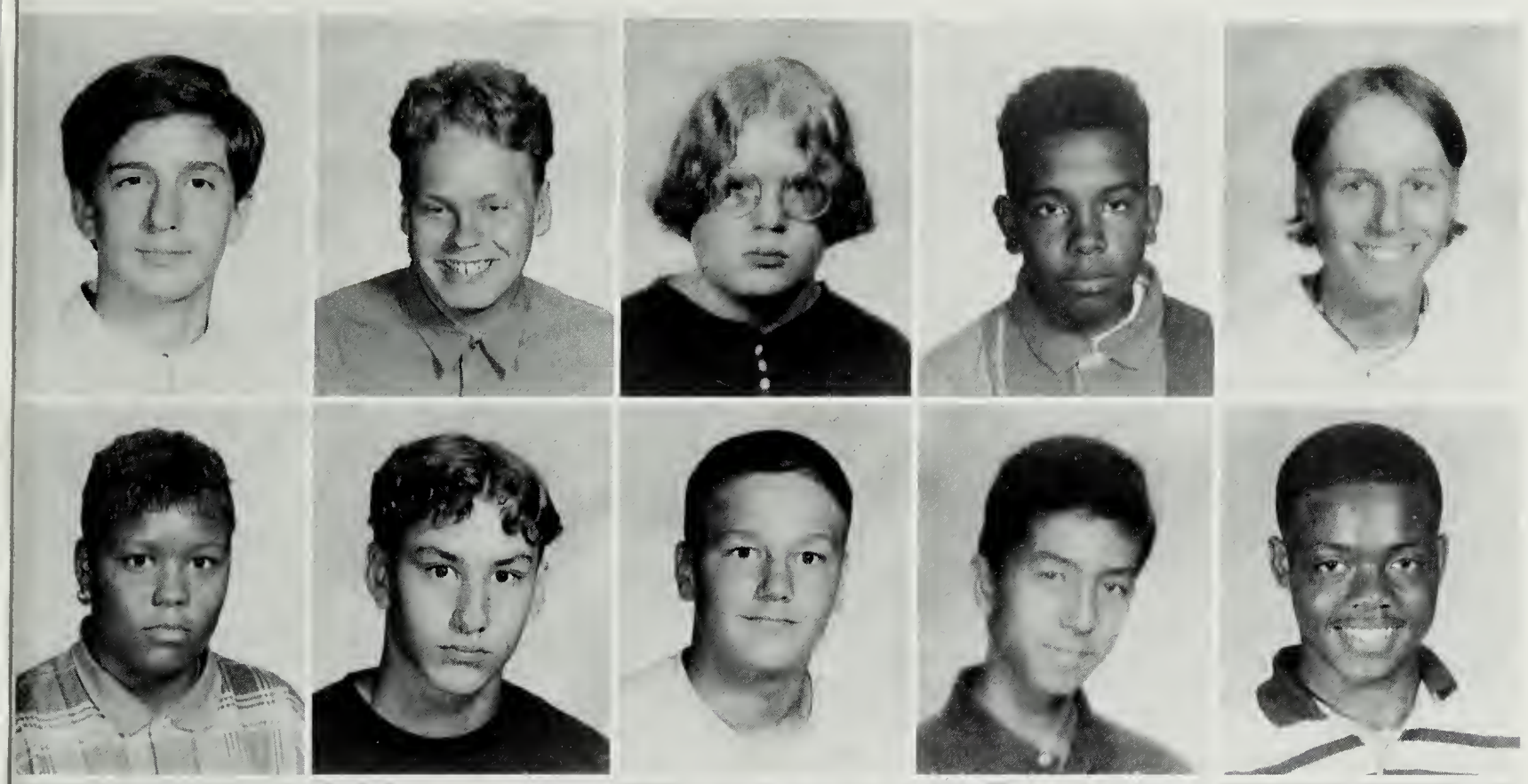
According to Cory Bradley, "Having an older brother made it easier to meet poeple. My brother's friends in a sense became my friends."

Many ninth graders knew people who lived near them, or they had friends who knew other people. Having acquaintances was to their advantage on the first day of school.

For Dionta Barryman that was just the case. "I already knew people who either were in high school or on their way to high school, so it was easier to adjust." -Janet Ortiz



Old-time friends are never forgotten, but neither are the beginnings of friendship. Jeremy Woskobunik, Teresa Peters, and Charlene Taylor all developed friendships they would never forget.



Kenneth Houser

Dagan Hover

Gregory Howell

Kenneth Hubbard

William Hudgins

Dawn Hughes

Brian Hultman

Joel Hunko

Matthew Hudson

Conwin Hyman



Naveed Islam

Coridale Jackson

Jimmie Jackson

Kevin Jackson

Robert Jackson



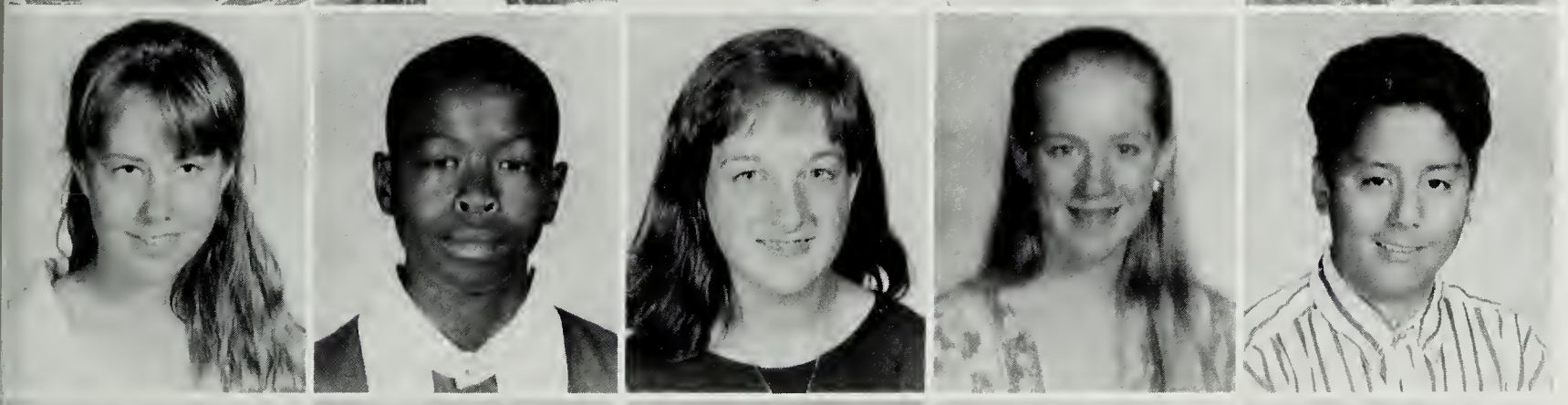
Latoya Jacques

Dawaun Jarrett

Carrillo Javier

Anne Jekel

Alexander Jenkins



Jessica Jensen

Brandon Johnson

Christine Johnson

Danielle Johnson

Gene Johnson



Jwan Johnson

Timothy Johnson

Tracey Johnson

Winnifred Johnson

William Jones

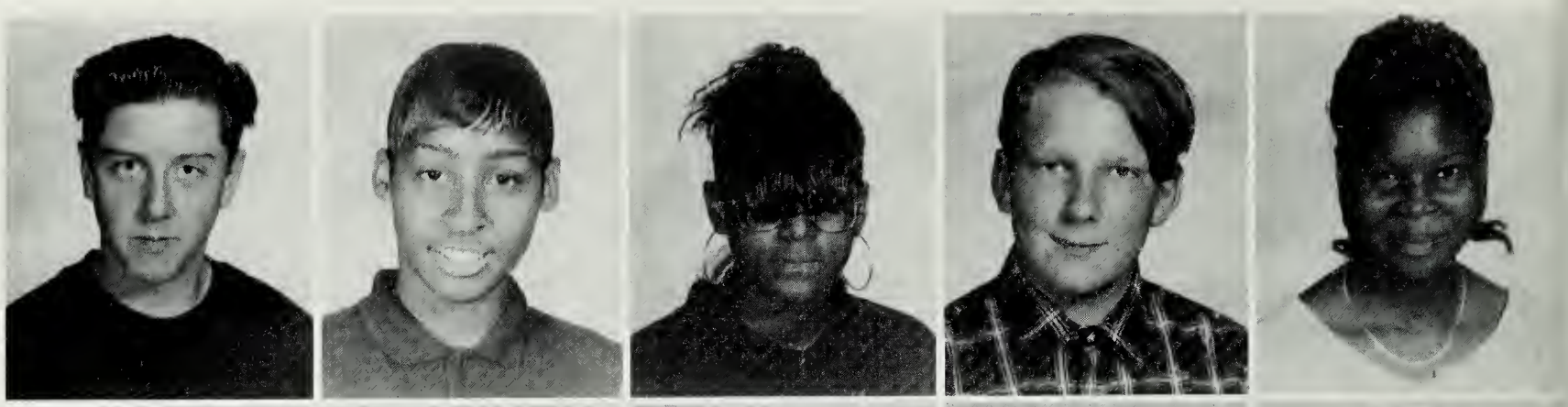
Chris Jordan

Laquena Jordan

Ralyn Jordan

Gary Jorewicz

Shaunta Joyce



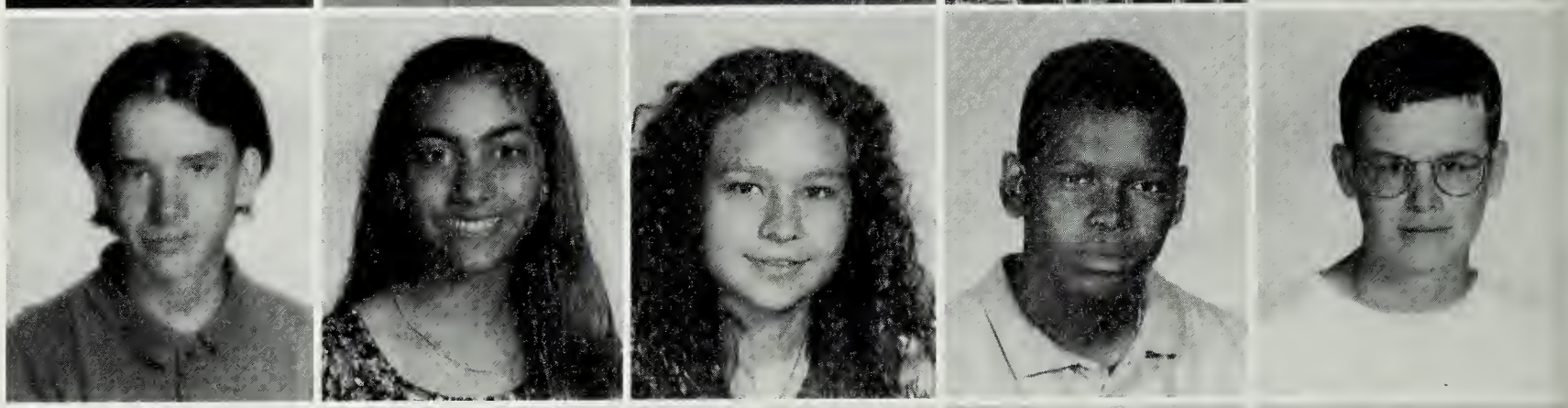
Benjamin Kapitan

Deana Karas

Kalena Kavo

Uliee Eugen Kea

Jon Keller



John Kelly

Sinett Kem

Shamicka Kendall

Rhonda Kennedy

Kathryn Kersh



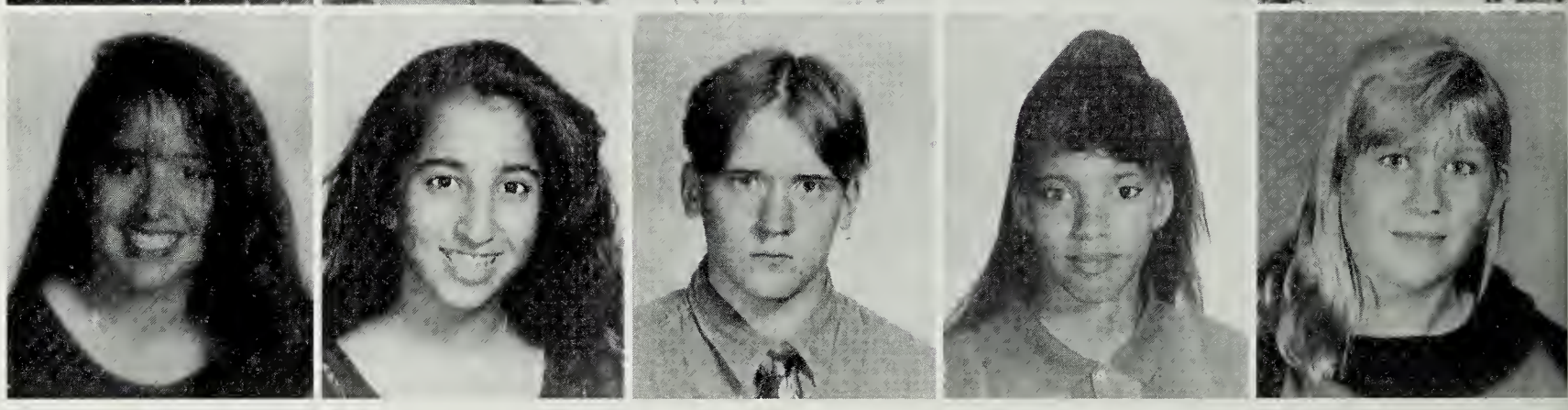
Jami Kessell

Samjana Khoobachanda

Andrew King

Dishawn King

Briana Kingrey



. . . And the Band Played On . . .

(In Science Class)

"Where on Earth did my walkman go?" asked an angry David Alcazar. This was the usual statement, uttered with much disbelief, after teachers confiscated the major *necessities* freshmen decide they must bring to school. Many possessions that were denied admission into Gar-Field by the Code Of Behavior were taken away as the freshmen tried desperately to keep their illegal paraphernalia hidden.

Jay Richardson felt, "It's our business if we want to wear hats or listen to music." Teachers, who were frustrated after students refused to obey their warnings, were taking away walkmans, discmans, and hats by the bundles. Some teachers just ignored the disobedience figuring "at least the student is in class." A few teachers said that if they didn't ignore some of the smaller infractions, then no instruction would ever occur. Discipline saps the energy out of teachers.

The days after Christmas break were the worst times to bring "show and tell" items, but many freshmen were willing to face that challenge in order to show off their new toys. -Janet Ortiz



No one likes getting his belongings taken away no matter how old he is. Candace Tidball kept a protective watch over her new toy. Regardless of school rules, she was determined to make sure her toy was safe. Administrators and teachers had a hard time trying to control food, drink and electronic devices which made their ways into the building.



Tracy Kndshita

Michael Kirksey

David Kiser

Matthew Klancer

Angela Klemn

Kathleen Knapper

Vidya Kori

Jeremy Koathik

Ben Kreamer

Matthew Kuzma

Michelle Kuzma

Sarabeth Lace

Jeam Langan

David Lavikoff

Chevonne Lawme

Chris Lawson

Katie Lawson

Sherry Lawson

Carrie Le

John Ledbetter

Quincy Ledbetter

Kyle Lee

John Lemay

Jennifer Lemen

Celeste Lenon

Jenny Leonard

Jennifer Lewis

Scott Lewis

Tiffany Lewis

Nicholas Lichtenfels

Laura Limoncelli

Chet Lindemuth, Jr.

Catherine Lindon

Heather Lippl

Holly Lipple



Gregory Litts

Aaron Lobato

Renita Lomax

Jessica Long

George Lopez



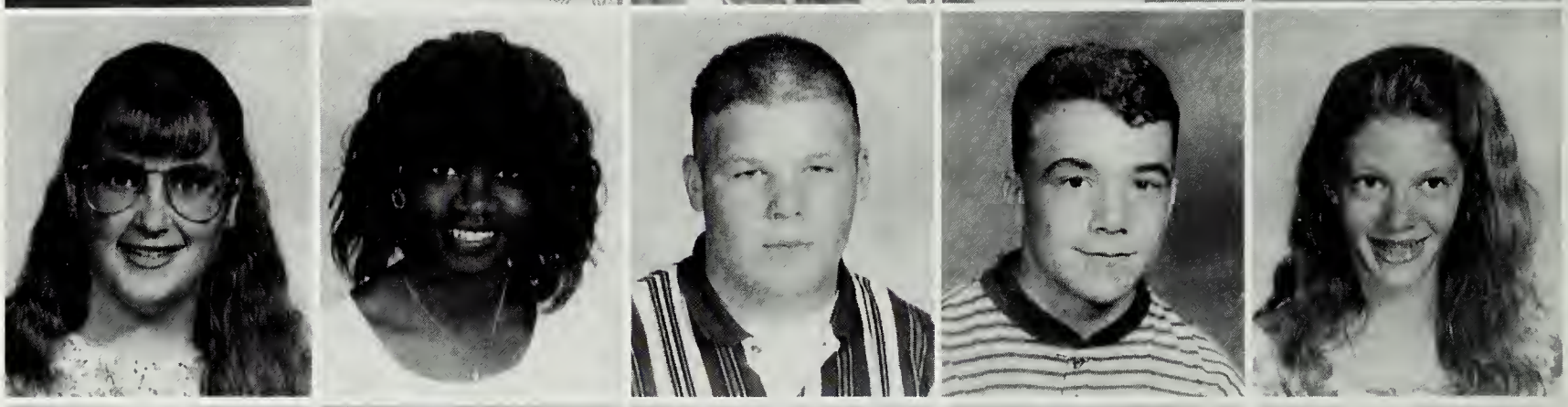
Jennifer Lopretto

Tameka Lovett

Paul Luke

Ryan Lunney

Lynsey Lunsford



Sharon Lynch

Melissa MacFarlane

Michelle Macklin

Christina Madison

Erick Madison



The Other Man in Mom's Life

I saw mommy kissing Santa Claus and he looked just like dad. Sound familiar? Everyone reminisced about the time he found out the role of Santa Claus was played by his parents throughout his youth.

"I cried because I believed so strongly," said a teary-eyed Shea O'Connell recalling the experience.

Most students were aware gifts are exchanged at Christmas symbolizing the gifts given to Jesus upon his birth by the three wise men. Various traditions have been created within nations throughout Western Civilization.

"I got my best friend a sweater and a teddy bear," stated Robin Levin.

Even after students found out that Santa no longer existed, with the exception of those who are young at heart, the idea of exchanging cards and gifts carried on. Jessica Stump was one of the rare students who admitted she still believed. "Hey, no one ever told me there wasn't any Santa Claus!"

Regardless of belief, some students still asked, "What did Santa get you for Christmas?" -Miki Ortiz and Rachelle Jones



It is amazing how many people still believe in Santa Claus. Even Chari Gargan found herself in disbelief when first told after all these years Santa only lived within one's heart. Surely, the power of the heart is enough to jump-start the mind when at Christmas time, the spirit brings with it a bit of civility not normally a part of life at other times during the year.



Peter Madrid

Cassandra Mahatha

Colette Mainardi

Jennifer Major

Johnathan Malinish

Sean Malinish

Marissa Manabat

Melissa Martin

Deborah Mason

Milton Mason

Naveed Massjouni

Anthony Mastromarino

Jeffrey Maxwell

Crystal Mayo

Eva Mccarthy

Jerry Mcclam

Robert Mcclellan

Patrick Mcfarland

Charmaine Mcnease

Todd Megill

Lourdes Mesias

Lauren Miller

Lee Miller

Jason Modzik

Jennifer Moeller

Kathleen Monahan

Eric Montgomery

Allison Moore

Rebecca Moore

Roger Morales

Derek Mordan

Ethan Morin

Joseph Morin

Kevin Mosby

Katrina Mott



P Moyer

Kurt Nagel

Christopher Nalevanko

Juana Naranjo

Nikko Nasca



Lydia Nauce

Jeremy Neal

Katrina Neal

Kristy Neff

Ileana Negron



Melissa Neuman

John Newell, Jr.

Erin Nicholson

Nicole Nicholson

Matthew Nissen



Sugar and Spice....

The Class of '98 began their high school careers, but couldn't seem to let go of their childhoods. Who could blame them? Playing innocent was fun.

Not being able to forget her past, Ericka Caak said, "I used to play with Rainbow Brite and Strawberry Shortcake dolls."

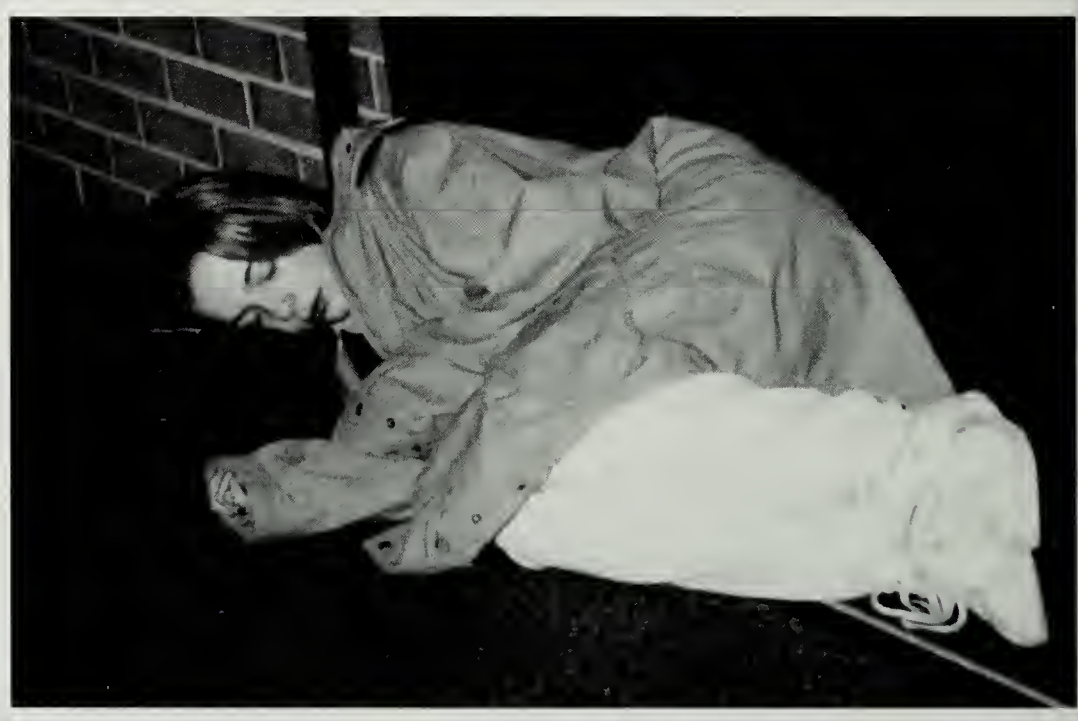
Strawberry Shortcake and Rainbow Brite weren't the only hits of the past. With the *Xavier Roberts* name signed on the backside of every Cabbage Patch Kid, the yesterday's children ran to stores to have their parents purchase one for them.

Among the many C.P.K. fans was Meredith Davis who said, "I used to play with my Cabbage Patch Kids, along with my coloring books."

Dolls were a source of fun for youngsters, but some enjoyed toys that made one sick to his stomach.

For Teresa Peters, the rush included "getting dizzy on my sit and spin toy."

Growing up is always hard, but with the memories, and remaining toys of their youth, the Class of '98 agreed to always remain kids at heart.-Cheryl Baxley



After a hard day, a nap sounds good even without a favorite teddy. Even the sloppy, old bookbag sounded good to Katie Manahan as she laid her sleepy head to rest. This habit in the classroom is the number two reason why students fail, second only to absences.



Michael Noffsinger

Megan Norgart

Champei Nouv

William O'Briant

Shea O'Connell

Michael O'Leary

Carlton Odom

Felisha Oliver

Shannon Olson

Julie Omole

Beatrice Oquendo

Jamie Outlaw

Richard Overvold

Demario Owens

Katherine Pancrantz

Enoc Parada

Megan Parent

Christopher Parker

Robert Paston

Kelly Pembroke

Carisa Perez

Tiso Persinger

Anthony Peters

Teresa Peters

Chris Petrovitch

James Pieper

Christopher Pitera

Kanie Pittman

Christina Plutz

Samuel Poe

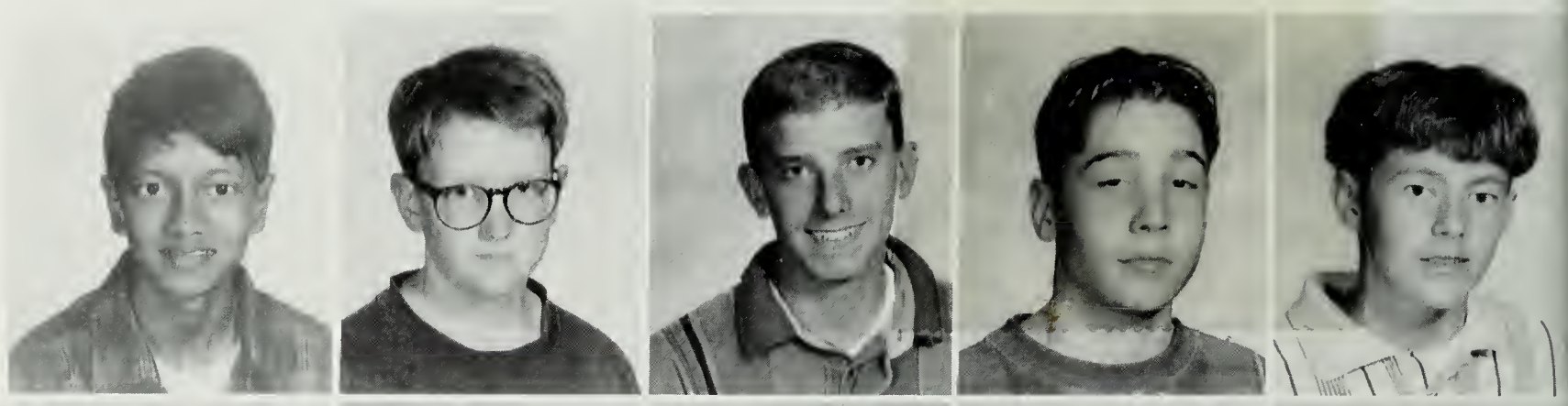
Wilfred Poonawala

Eric Porter

Joshua Powell

Shawn Powell

Nicholas Powers



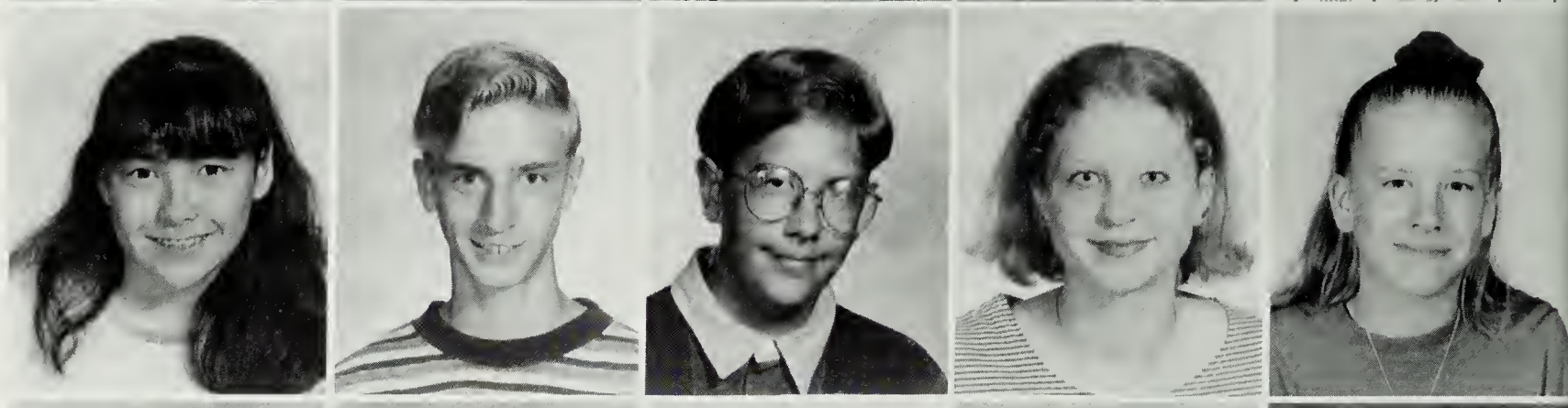
Joyce Price

Paul Pruitt

Samuel Puffenbarger

Megan Pugh

Richelle Raffield



Shanelle Rainey

Joseph Rakestraw

Sadaf Raja

Thavy Ram'

Elizabeth Ramsey



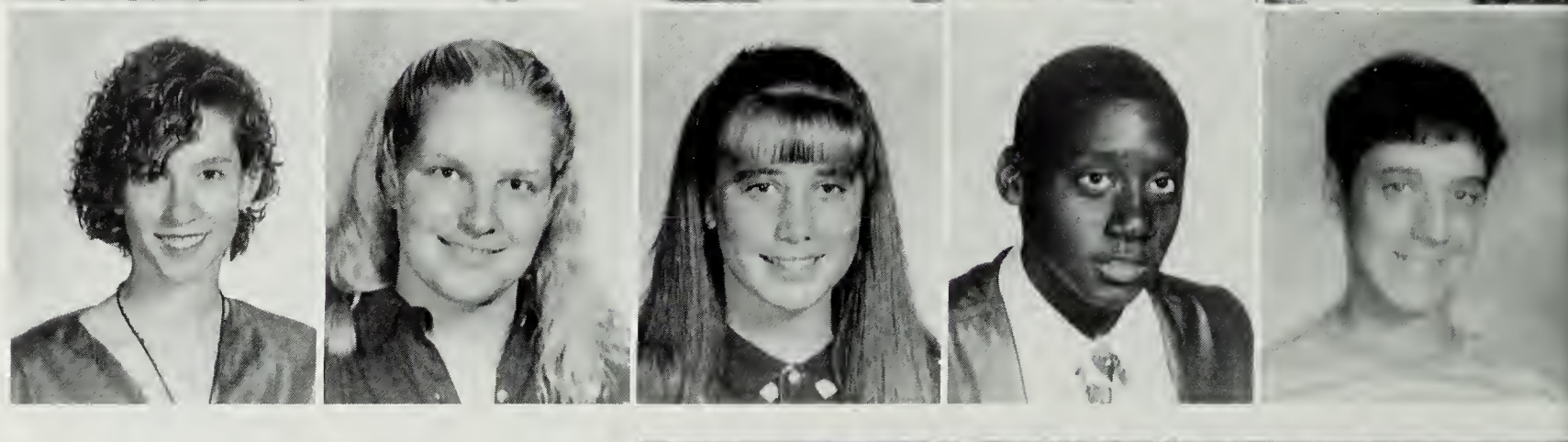
Linda Ratelli

Sarah Ray

Karah Reese

Shaboo Reid

John Rendo



Big Leagued Freshmen

Freshmen were taking on tougher challenges by trying out for Junior Varsity and Varsity level sports. Freshman, Dishawn King, made Girls' Varsity Basketball. Though she wasn't a starter, she was definitely admired by her fellow freshmen. When asked how she felt about being on a competitive team with a winning tradition, Dishawn said,"I felt comfortable on varsity. It was a tough learning experience. I admired everyone, and hopefully I will be able to dunk like my older brother, Chris King."

Freshman, Travode Wallace, powered out many upperclassmen for his Varsity Boys' Basketball position. Like Dishawn King, he admired his teammates and hopefully we shall see him starting next year.

Other freshmen, like Alex Jenkins, Shanna Conklin, Daniel Spencer, and Christina Plutz made it to the Junior Varsity squad. With the skipping of the freshmen level, many freshmen had to adjust to the quickness and the high level of determination that Gar-Field coaches demand. With hard work, they showed they could hang with the big guys. These Freshmen definitely belonged to the School of Champions!- Janet Ortiz



To be apart of the action is what it is about for freshman, Dishawn Ki;ng, as she proved she could live up to the expectations of being a 'Champion'.



Marcellus Revely

Katrina Richardson

Kermit Richardson

Holly Ringold

Billy Rios

Thomas Risher

Ian Roberts

Christina Rodriguez

Johnathan Rodriguez

Kaiysha Roebuck

Gregory Rogers

Daniel Rooney

Elizabeth Rooney

Luis Rosado

Terri Roth

William Rothenbecker

Margaret Rowland

Christine Roundtree

Erin Ruane

Donald Rushing

Azmi Sabah

Zamir Safi

Candice Sample

Mannile Sandhee

Carrillo Santiago

Christpher Santiago

Christina Saunders

Gerald Saunders

Frank Schiavone

Joshua
Schipono

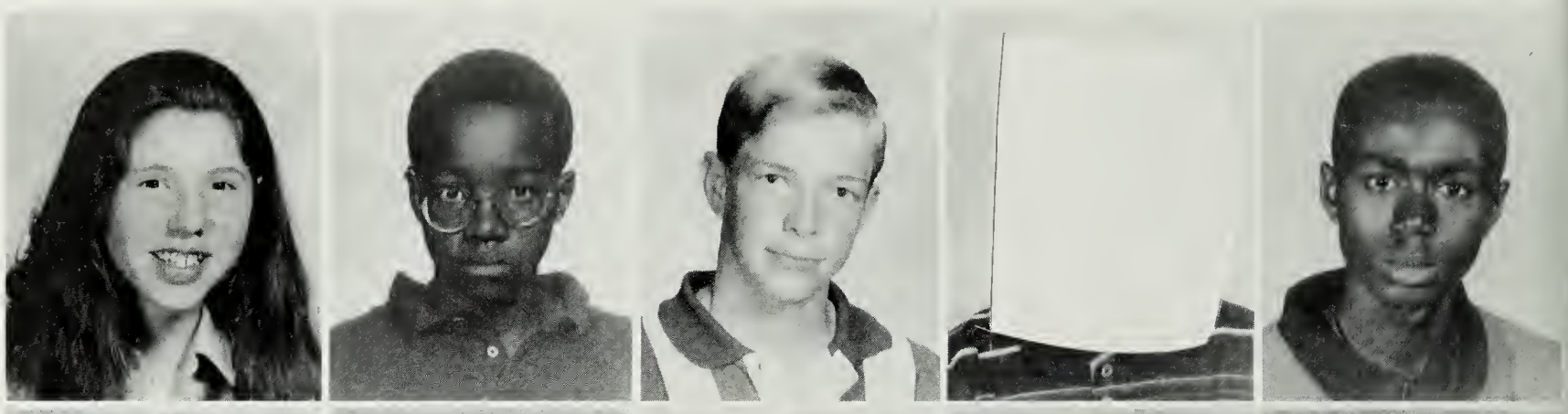
Mary Schoenborn

Jamarr Scott

Michael Scott

Baljinder Sekhon, Jr.

Sylvester Sekyere



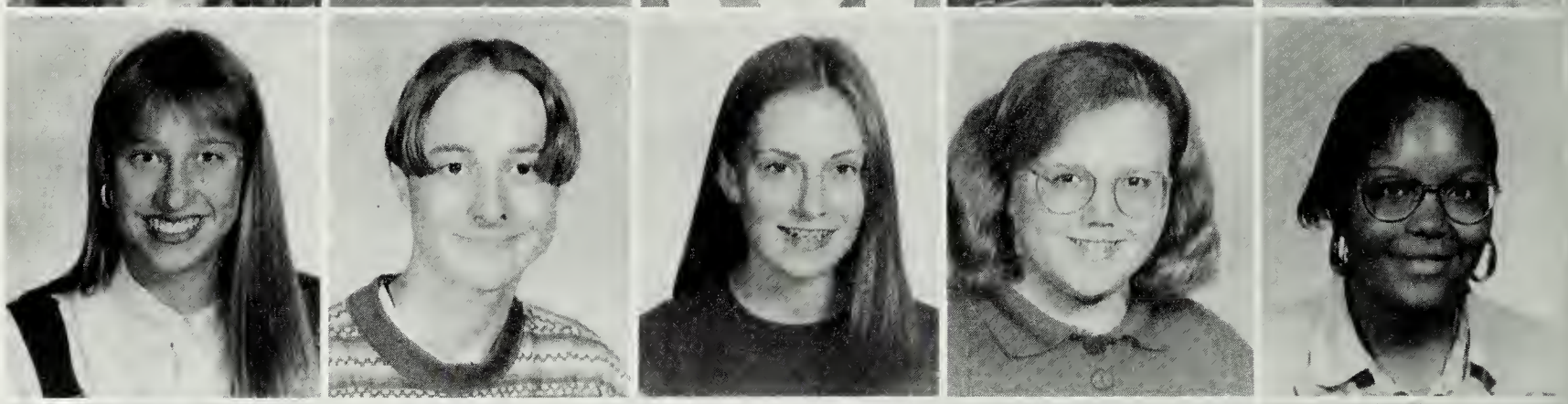
Nicole Severson

Matt Seymour

Lindsey Sharp

Chomley Shasta

Quanita Shaw



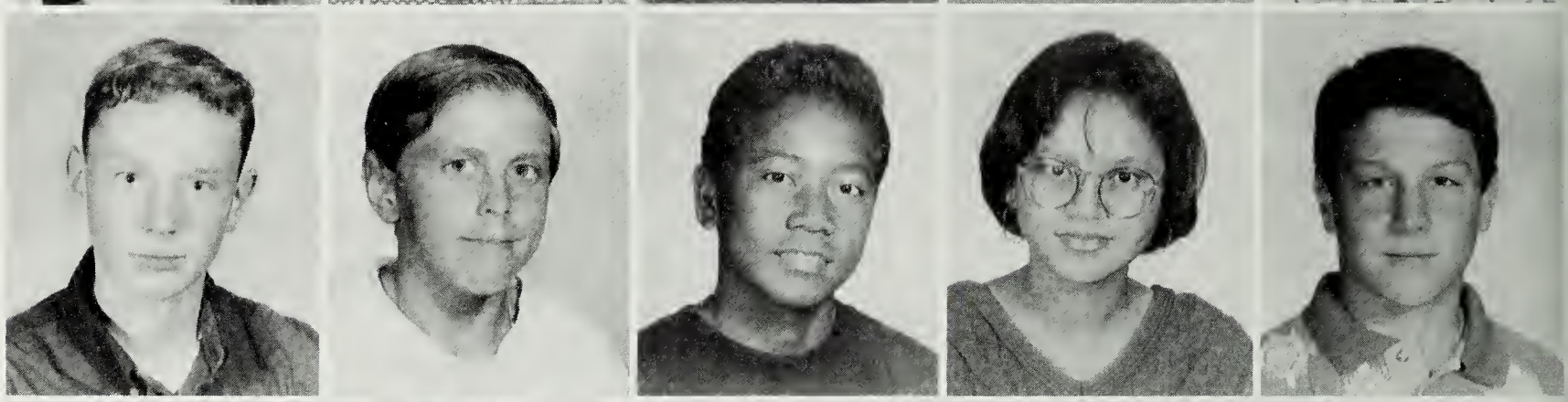
Randolph Shelton

Brian Shifflett

Gary Shafaro

Velvet-Ann Siervo

Adam Silvis



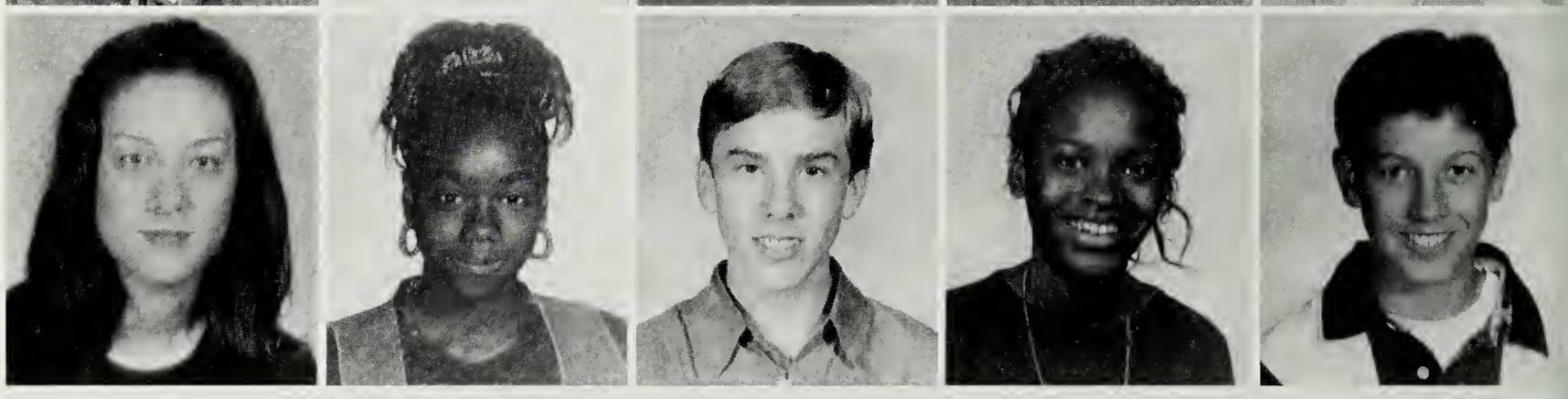
Maria Simmons

Kendra Simpson

David Sloan

Norma Sloan

Matthew Smiley



Confessions of Underclassmen

Not old enough to drive, watch R-rated movies, get a driving permit, or go out to a club. Such is the plight of the ninth grader. Always made to feel insignificant by other students, and then when you get home, your parents expect you to act like an adult because you are in high school now.

Lost in space. Many freshmen find themselves trying to get over the stereotype that they are uncool and insignificant.

How does one prove that he is not the 'bug-o-boo' of the 'status quo' at the School of Champions. "No matter how old they are, I will prove that I am an equal." stated an angry Norma Sloan.

As a freshmen, student expectations are high, until they find out how they can become a big fish in a big pond. Traditionally, ninth graders were always made to feel like the average sixth graders. Being a freshman probably wouldn't be so bad if one wasn't on the bottom rung.

One thing is for sure. Freshmen must look on the bright side. Next year, when they are sophomores it will be their turn to get even with the incoming class. There's an expression for it--baptism by fire. -Miki Ortiz



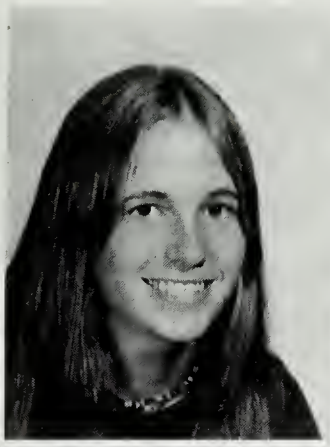
Strive to be the best is what freshman Lauren had in mind as she pushed to catch the person ahead of her, leaving those behind her in the dust. Attitudes like Lauren's build the character of those lucky enough to attend the School of Champions.



Becca Smith



Jason Smith



Kelly Smith



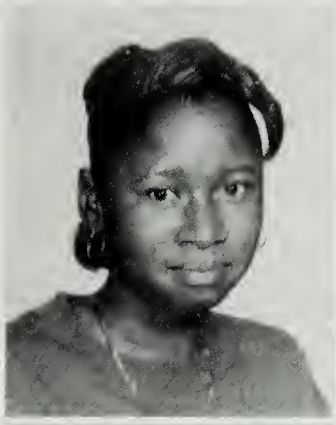
Sandra Smith



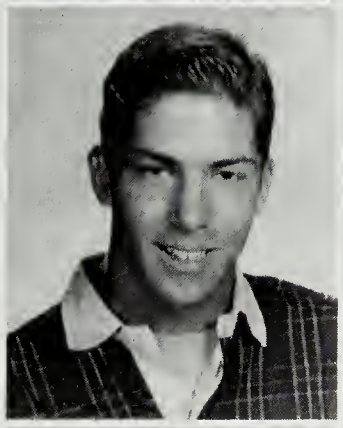
Sara Smith



Sharise Smith



Tiffany Smith



Damon Smuzynski



Kenneth Snodgrass, Jr.



Robert Snyder



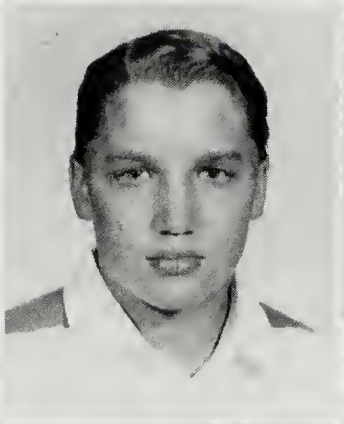
Amanda Sorbello



Agualdo Sousa



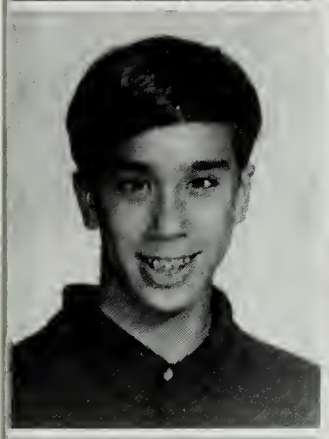
Patrick Sparks



Travis Spears



Daniel Spencer



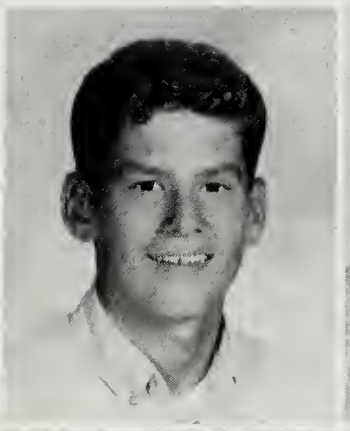
Scott Spencer



Chavonne Stallard



Cheryl Stanler



Kevin Stansfield



Cynthia Stewart



Carrie Stickles



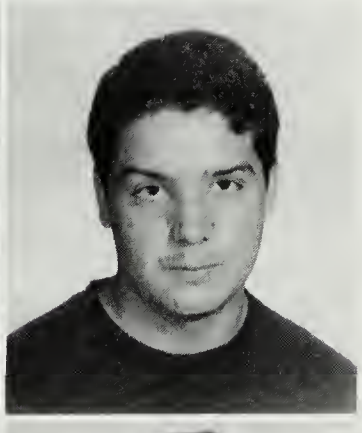
Cheryl Stokes



Kristie Stokesbary



Colleen Sullivan



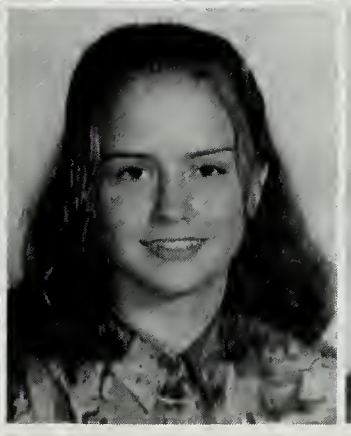
Raymond Surface



Andrew Surrena



Emily Surrena



Melissa Swift



Christin Talbot



Myrna Tasi

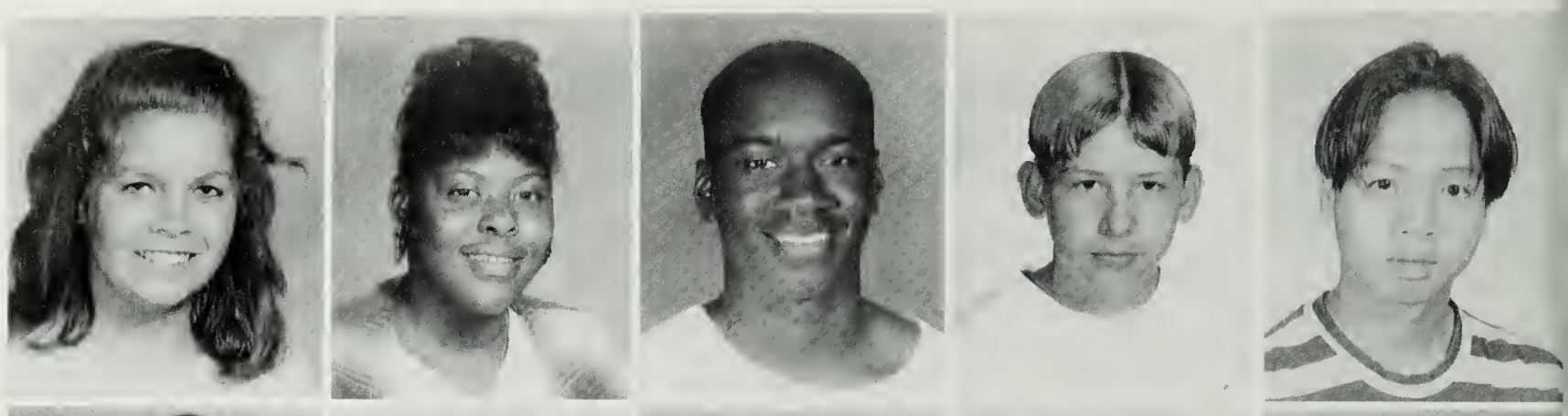
Charlene Taylor

Sharidah Taylor

Kareem Terry

Christopher Tomlinson

Phong Tran



Sherie Tribble

Kelisha Turner

Lolita Turner

Nikki Turner

Ryan Turner



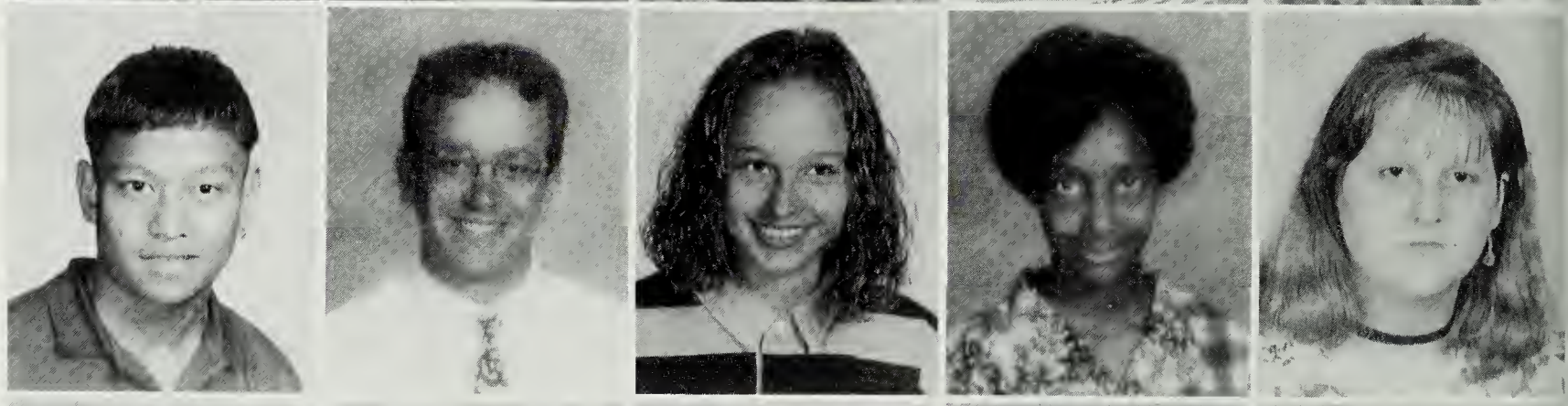
Jun-Jun Untalan

Brian Urban

Renee Valastek

Veronica Vanlowe

Adelle Vedder



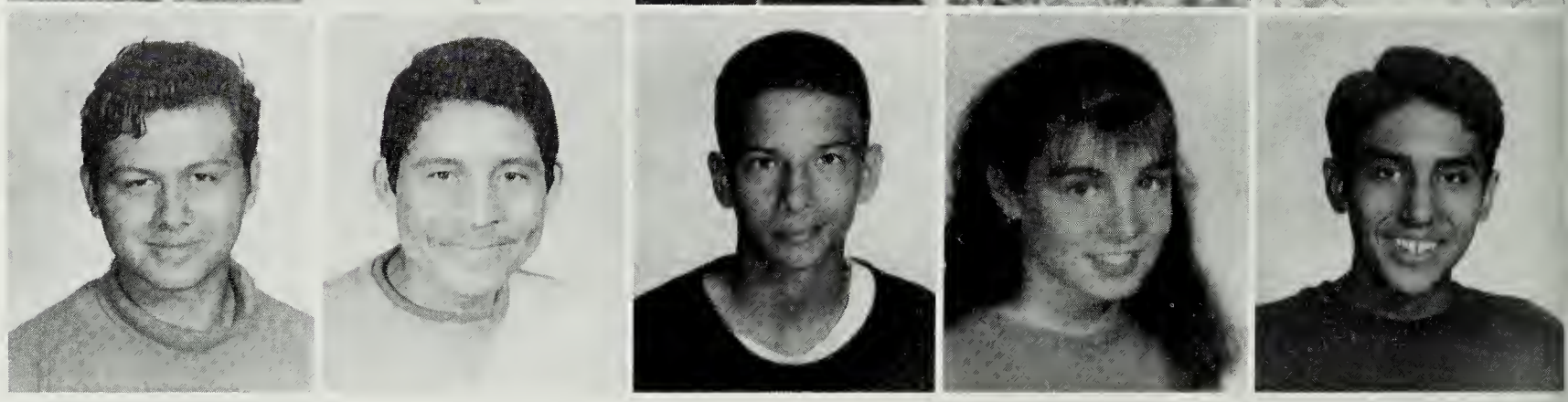
Jose Velasquez

Marvin Ventura

Casey Vera

Shelly Vest

Joshua Vigil



I'm the Younger Sibling . . .

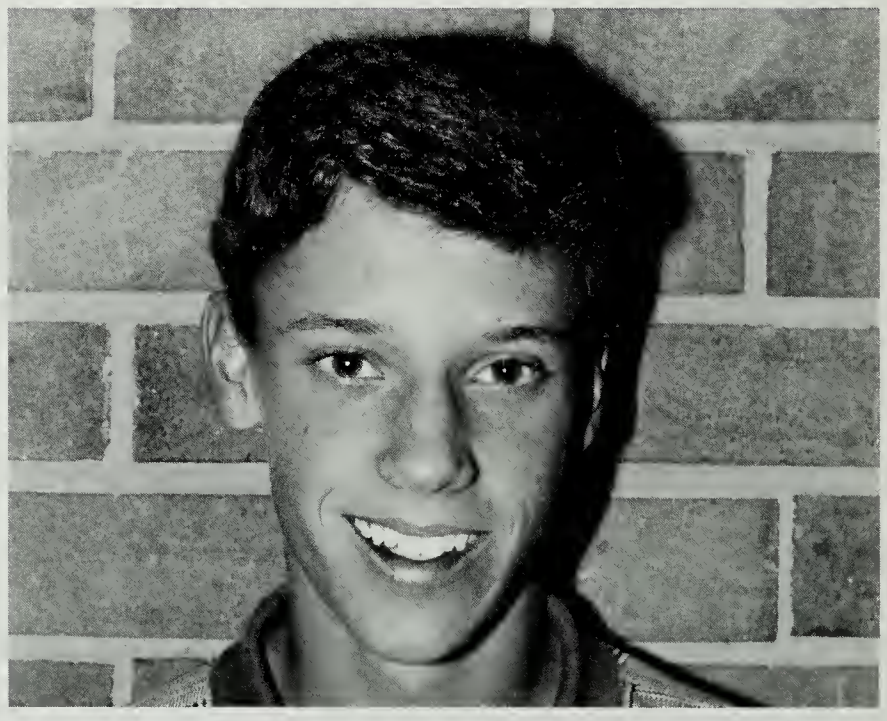
"Me and my shadow walking down the avenue." Only the silbings of '98' are tired of being in the shadow of their older brothers or sisters. They are individuals and want it known.

"Sure I'm an individual, but my brother has a great car and hey, it 's a free ride," stated a giggly Sadaf Raja.

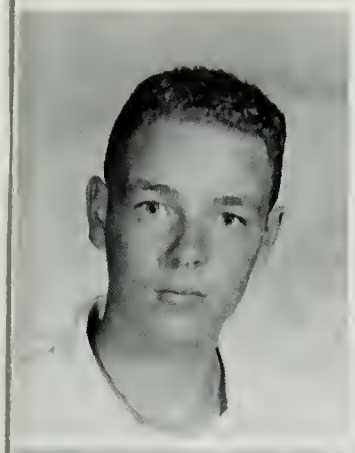
Without realizing it, some students tend to follow in their older brother or sisters footsteps.

"Doesn't anyone think I'm my own person?" There wasn't always such a negative feeling towards older brothers and sisters. At times it even seemed as if their best friend was their older sibling.

"I find it so much easier to talk to my brother since we have so much in common," stated Teresa Peters, as a smile crept across her face. -Miki Ortiz



To be the younger of the bunch is sometimes hard. Mike Guilfayle decided since he couldn't beat his brother he might as well join him and join CrossCountry, as well as indoor and outdoor track.



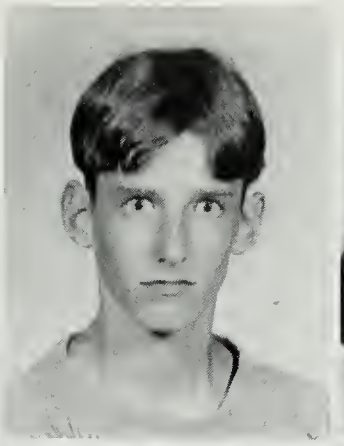
Tobin Vlietstra



Mary Vreeland



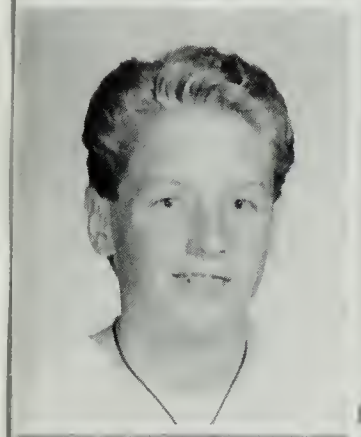
Carolyn Wade



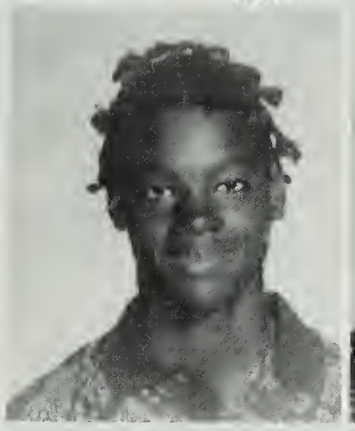
Andrew Wahlquist



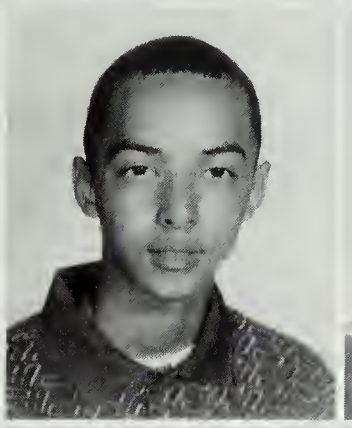
Melanie Walia



Craig Walker



Deandre Walker



Ronnie Walker



Doyle Wallace



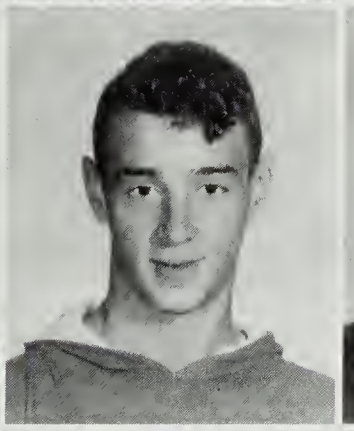
Christopher Waller



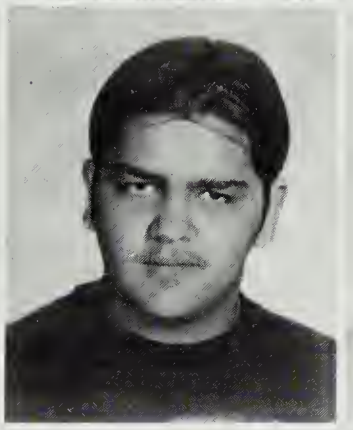
Amanda Walter



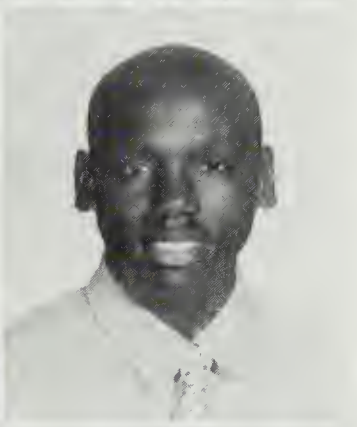
Teresa Walter



Steven Wangness



Aemal Wara



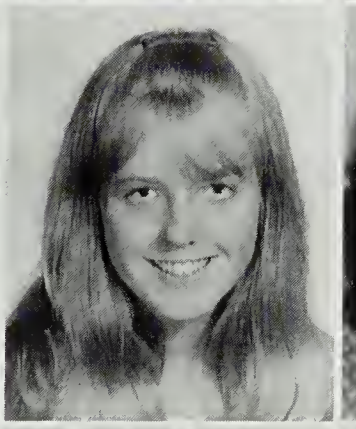
Ajmal Wara



Allison Ward



Robert Watkins



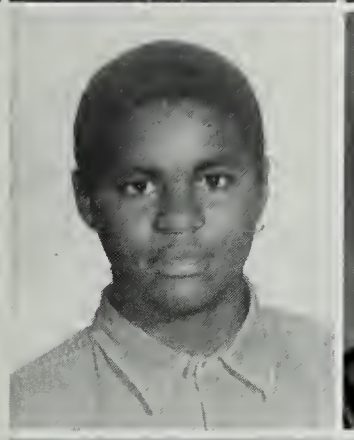
Catherine Watson



Latitia Watson



William Watson



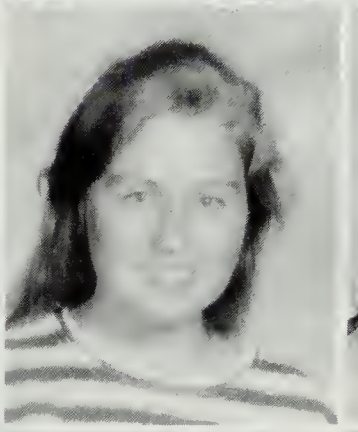
James Weathers



Philip Weber



Micca Weiggands



Megan Westcott



Lisa Westley



Matasha Whalem



Jamell White



Jason Wilhelm



Christina Williams



Latoya Williams

Melissa Williams

Michelle Williams

Rebecca Williams

Troy Williams

Brian Williamson



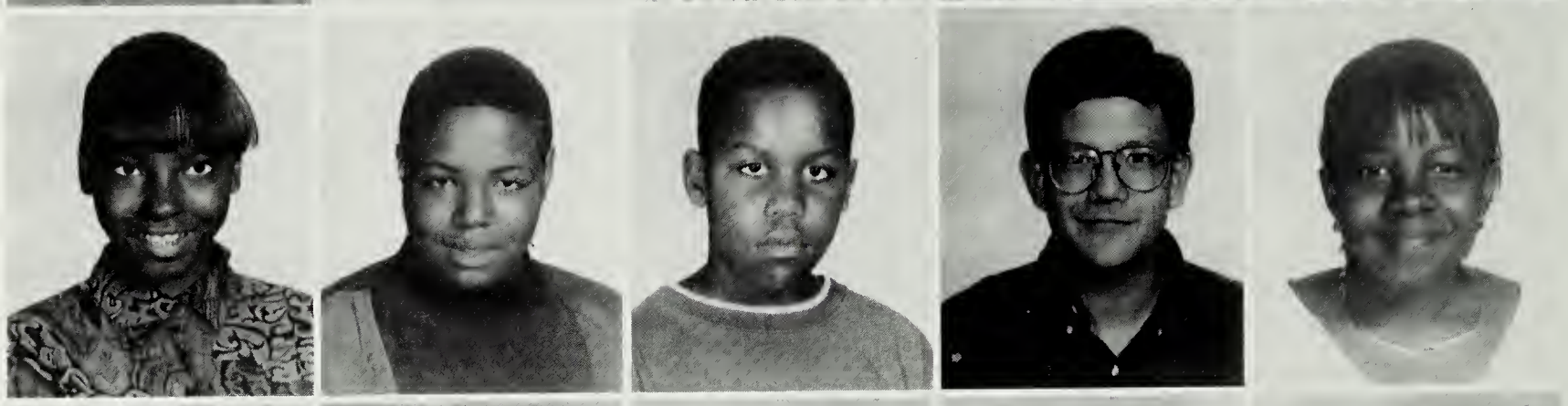
Beatrice Willie

Craig Wilson

John Wilson

Justin Wilson

Kristin Wilson



Roshan Wilson

Martrek Wingo

Patrick Wood

Nicole Woods

Nicole Woodward



Chinita Woody

Jeremy Woskobunik

Gregory Wynne

Angelina Yannello

Jacqualine Yim

Did I Do That?

Ending the freshmen section on an uplifting note, the ninth graders enjoyed the opportunity to share their most embarrassing moments. However, once they realized their humorous statements were being recorded in the yearbook, these individuals in question admitted that was the ultimate embarrassment.

Shanna Conklin recalls a time she visited Subway with a few of her basketball friends. "I was holding Abby Fehrman's fruit drink when it slipped out of my hand. I jumped to the floor and sat behind the counter so the Subway ladies wouldn't see me. I felt so bad, because it got all over my sweat suit and Abby's 120 dollar Barkleys. To make things worse, Missy Wycinsky got to see it all happen."

Everyone is embarrassed at one point or another, but people really know how to embarrass themselves. This year's *Embarrassment Award* goes to Miss Lolita Turner.

"I had been sleeping for half of sixth period math at the time. I sat up from my sleep and guess what followed? A trail of drool."

Even though this was a new year of embarrassments and there would definitely be more to follow. These ninth graders knew that in the years to come, they would look back and think, "Oh, the things that happened my freshmen year!" -Janet Ortiz



Although no one shares their embarassing momentswith just any one, Taana Kelly coulden't keep her bestfriend's emabarassing moment from her good friend Patty Chamberlin







Janet Young

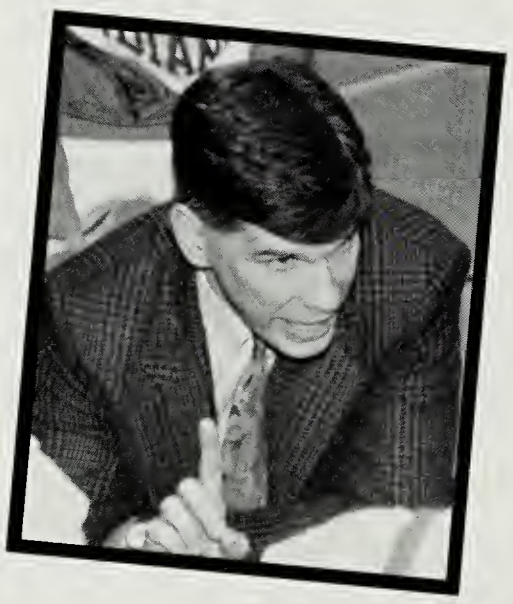
Robert Young

Stephin Zeiders

Jessica Zinn

Allison Zwanzig








42

GAR-FIELD

Sports





Back Again

The Boys Indoor and Outdoor Track Team had good seasons to continue on with the winning tradition of track at Gar-Field. The Outdoor season was full of record breakings. The Indoor season had some of the most shocking endings the team would ever see.

The outdoor season began with the 3200 meter relay team , Matt Guilfoye, Ricky Link, Neil Puri and Jerome Jenkins, setting a new school record at Penn Relays. During the season the the boys worked hard to captue another district title over Hylton. The regional meet would see the 3200 meter relay team again set another record and win the regional title. Even though the guys did not win as a team they did qualify a good number for the state meet. At the state meet Winston October set a new school record in the high jump with a second place finish over all. The 3200 meter relay team was edged out at the last moment to take second behind Madison.



The Indoor season was one of ups and downs. It's highest point was the 800 meter relay team win in the Mobil One Invitational. The boys easily took another district title taking first place in every event. The regional and state meets were the low points of the season. The boys placed fifth in the region and had a good showing at the state meet.-Alease Tate



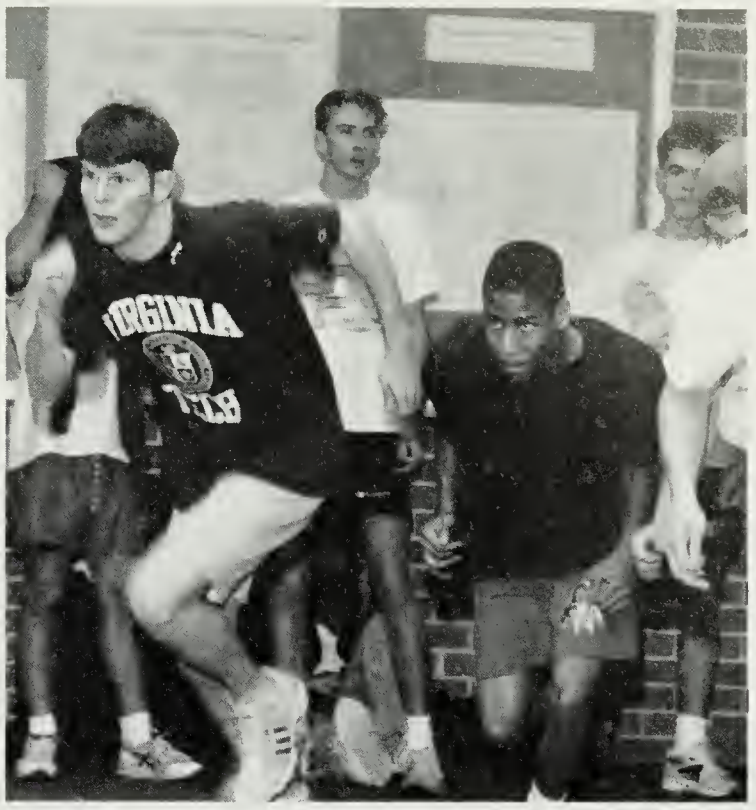
Front Row: Ricky Link, Josh Powell, Neil Puri, Matt Guilfoyle. Second Row: Ty Montgomery, Selwyn Crittendon, Daniel Edwards. Third Row: Eric Penic, Kevin Mosby, Jerry McClam, Julian Edwards, Montrese Ham. Fourth Row: Mike Guilfoyle, Adrian Jenkins, Leon Locke, Tony Memdez. Fifth Row: Peter McClellan, Craig Johnson, Doug Madison.





Ahead of his opponents, Matt Guilfoyle kepts an even pace during the 800 meter run.

With precise teamwork and determination Glen Carroll and Winston October carry out the perfect hand-off.





With total concentration looking towards the finishline Ty Montgomery has a good start to take a lead in the 55 meter dash in the lower floor of Woodbridge High School.

Outdoor

James Wood
Journal Team Challenge
Stafford
Stafford Relays
Battleground Invitational
Penn Relays
T. C. Williams Invitational
Hylon/ Potomac
Districts
Regionals
States

Indoor

Stafford
Viking Relays
Woodbridge
Keydet Invitational
Stafford
FUMA Invitational
Stafford
Districts
Regionals
States

A New Tradition

This year would be the year the boys soccer team would surpass all expectations. In a season filled with injury and misfortune, and all odds against them, the team would not only finish at 15-5, but would gain respect in one of the toughest districts in the state. In speaking about the season Coach Zimmerman said, " This year we set a standard for all future teams to work for."

The team went as far as the regional semifinal until losing a close one to Woodbridge 1-0. In their quest to get to the state tournament, many of the players had their own individual accomplishments over which to boast.

Twelve players were named to the 1994 Boys All-District Team. Those making the first team were defender Steve Huffman, midfielders Jason Gvozdas and Shawn Rice and forward, Adam Anzzolin. Making the second team were goalie Gene Grafenstein and defenders, Jared Leicht and Denny Bernacki. Recieving Honorable Mentions were Carlos Vera, Steve Tekampe, Kevin Gray, Tommy Kraft and Richmond Adu.

Fortunately, six of these players will be returning next year. After the great season, Coach Zimmerman has high expectations for next year's team. He's hoping they will be the first boys soccer team to make it to the state tournament. - Carlos Vera

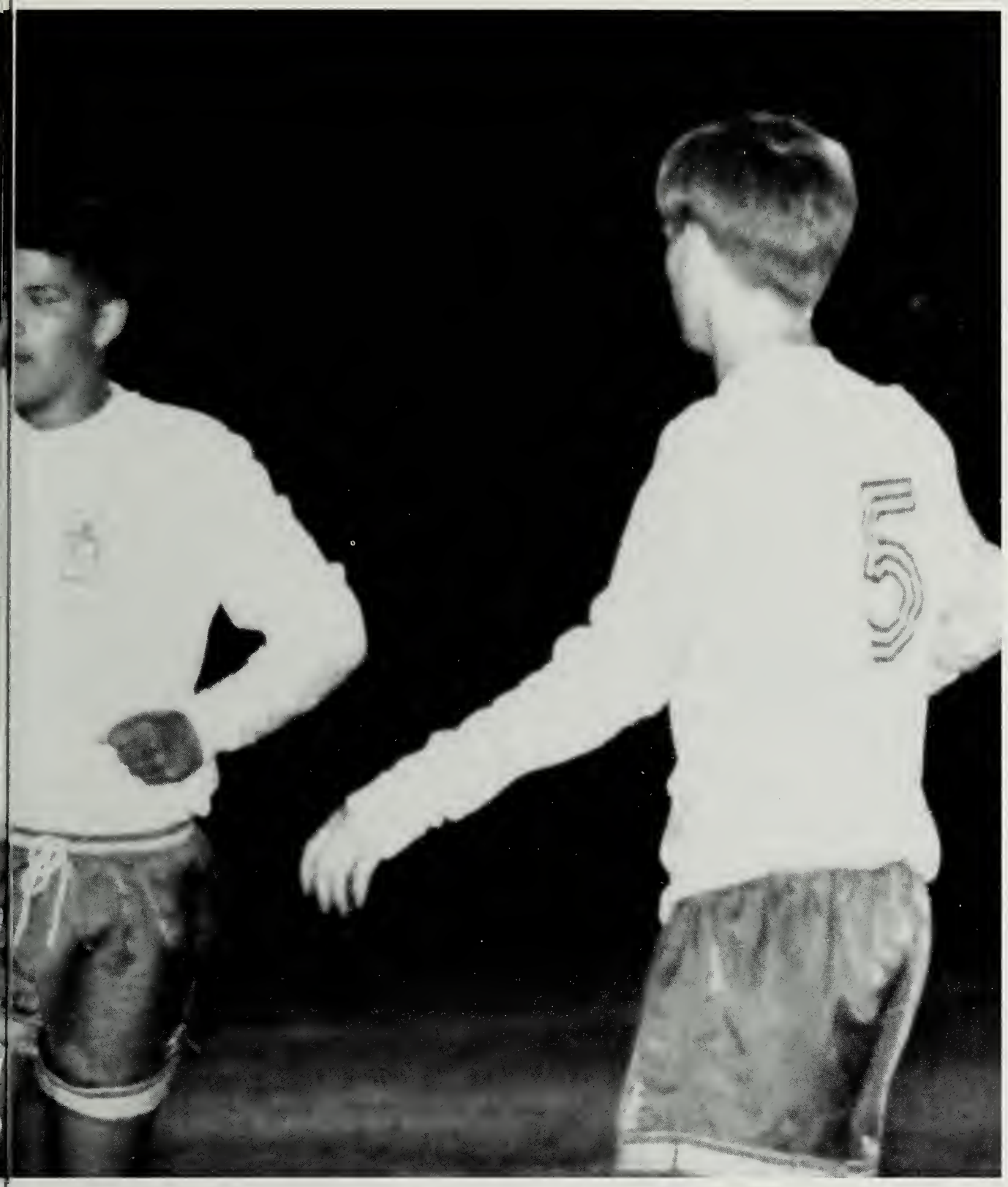




Boys Varsity Soccer: First Row: Gene Grafenstein, Pat Lichy, Denis Mittakarian, Jason Gvozdas, Brent Conner. Middle Row: Matt Broaddus, Carlos Vera, Shawn Rice, Steve Huffman, Stan Pagel, Adam Anzzolin. Back Row: Coach Rudy Zimmerman, Denny Bernacki, Jared Leicht, Artie Daniels, Lisa Hrubes, Tommy Kraft, Kevin Gray, Richmond Adu, and Assistant Coach Chris Aleo.



Well-known for his dribbling skills, Shawn Rice breaks down the defender. He was one of only three sophomores on the team and was a starting midfielder.



After scoring one of his eight goals on the season, Carlos Vera is congratulated by his teammates. Only his first year in the soccer program, he played an important role on the team.



As Jason Gvozdas made his move around his Fauquier opponent, he improved his shot on goal. Being one of the veterans on the team, he had the honor of being one of last year's captains.



As Pat Lichy moved down the sideline, he approached midfield looking for the perfect pass. Pat found the perfect pass twice during the season and ended the year with two assists.

Boys Varsity Soccer

Team	Home	Away
Cloverhill	3	0
Monacan	3	1
W.Springfield	3	2
Lee-Springfield	5	0
Annandale	2	3
Osbourn Park	0	0
T.C. Williams	3	1
N.Stafford	4	0
Brooke Point	4	1
Stonewall	4	2
James Wood	3	0
N. Stafford	2	0
Stafford	3	1
Hylton	0	5
Fauquier	4	1
Woodbridge	2	1
Osbourn Park	2	0
Hylton	0	2
Patrick Henry	3	0
Woodbridge	0	1

Gelin'

Working Together as a Team

The girls varsity soccer team started out the season with a new record. Stephanie Jansen scored a goal in the first 47 seconds of a game. During a Brooke Point game, goalie Joanna Beavers was pulled out of the goal and put into an offensive position. She contributed with a goal for the team.

It took more than just good soccer skills to make the varsity soccer team. During tryouts, Coach Willis tested the girls flexibility, endurance, and how well they handled drills. The drills consisted of shooting, passing, and ball control.



Finally, the season was under way. The girls started out strong with a 16 to 0 win over Potomac High School. This was a perfect first game that enabled the team to demonstrate their teamwork and agility. Corey Benderoth commented, "The varsity team is really close this year. We all hang out after school too. I think this helps us gel together on the field."

Once on the team, the work didn't end. Practice was everyday which started with running drills. "The Cooper Run," which was know well by the girls, consisted of running as many laps as possible in twelve minutes.

The varisty team started a new tradition called initiation week. The new members of the team were forced to listen to the demands of the old players. Demands ranged from extra drills to what the players wore to school. Sarah Hamilton stated, "Initiation week was embarrassing, but it built a lot of team spirit. We had to do sit ups, pushups, and one day we had to wear our shin guards to school."

The girls ended the season with nine wins, two ties, and two losses. Tammy Camerson said, "Our team really gelled together, which made it possible for us to go so far." -Jessica Johnson, Melissa Rendin



Frant Raw: Laura McFall, Sarah Hamiltan, Joanna Deavers, Beth Mills, Corine Balder Middle Row: Stephanie Tucker, Vanessa Tauset, Mandy Mason, Stephaine Jansen, Sandy Goulet, Tara Beale, Krista Pratt Back Raw: Miss Carloyn Willis, Carey Benderhrath, Tami Prisca, Bonnie Cameran, Bannie Cameran, Tammy Camersan, Rachelle Dency, Heather Martin, Missy Wycinsky, Mr. Mike Sukeena





Up, up and away Missy Wycinsky steals the ball from North Staffard team, by heading the ball down field.



Determined to cantrol the ball and keep it away fram the apposing North Staffard team, Stephanie Jansen, pasitians herself between the ball and the appanent.



Pressed far time, Tammy Cameron boats the ball aut af the gaal area while Jaanna Beavers and Stephanie Tucker stay back ready ta block and retaliate fram North Stafford affense.

Girls Varisty Soccer

G		F
4	Woodbridge	2
1	Hylton	2
9	Fauquier	0
5	Stonewall	1
16	Potomac	0
2	Osborn Park	1
9	North Stafford	0
4	Brooke Point	0
2	Fairfax	2
12	Stafford	0
1	W T Woodson	2
4	Osborn Park	5
6	Fauquier	1

Just For Kicks

Soccer is not always as easy as it looks. This sport takes stamina, endurance, skill and dedication. Many people try out in hopes to make the team but by the end of one practice they soon learn that it is a lot harder than it seems. Danny Broughton said, "Being a part of the soccer team has helped me become a lot stonger in my abilities."

The Indians exceeded their limits during the1994 season. They defeated many teams and practiced everyday for two hours or more. Practices consisted of soccer ball drills, and running drills. Mandy Dietrich commented, "Practices are really hard, so when I get home, I like to max and relax."

Both boys and girls soccer teams worked well together to make the season one to remember. The team was very close with each other including their coaches. On and off the field, spending as much time together as they could, it is no wonder they became such good friends. Soccer not only takes physical capabilities, it takes head-strong dedication. Renee Rochette stated, "I'm not only glad to be a part of the soccer team, I'm glad to be a part of a new family."





In a contest to get the ball Gar-field's skill and determination proves once again what a great team the School of Champions really is. The boys soccer team exhibited their confidence throughout the season , constantly coming out on top.



Well known for his dribbling skills, Danny Broughton breaks down the defender. He was one of only three sophmores on the team and was starting midfielder.



Gaining control of the ball, Mandy Dietrich goes for a goal. The North Stafford Wolverines were a difficult team to defeat but the mighty Indians came out on top.

As he goes to block the ball,Marco Ellis passes the ball back to a teammate. Team work is an important part of any sport but especially soccer.







As he dribbles the ball down the field, Danny Broughton runs quickly to avoid opponents. The Indians were very strong in keeping control of the ball against other teams.

Coach Wakefield gives her team a peptalk during half time. Those peptalks led to many victories throughout the season.

Sticks Up!

Hey Lacrosse Fans... IT'S SHOWTIME!

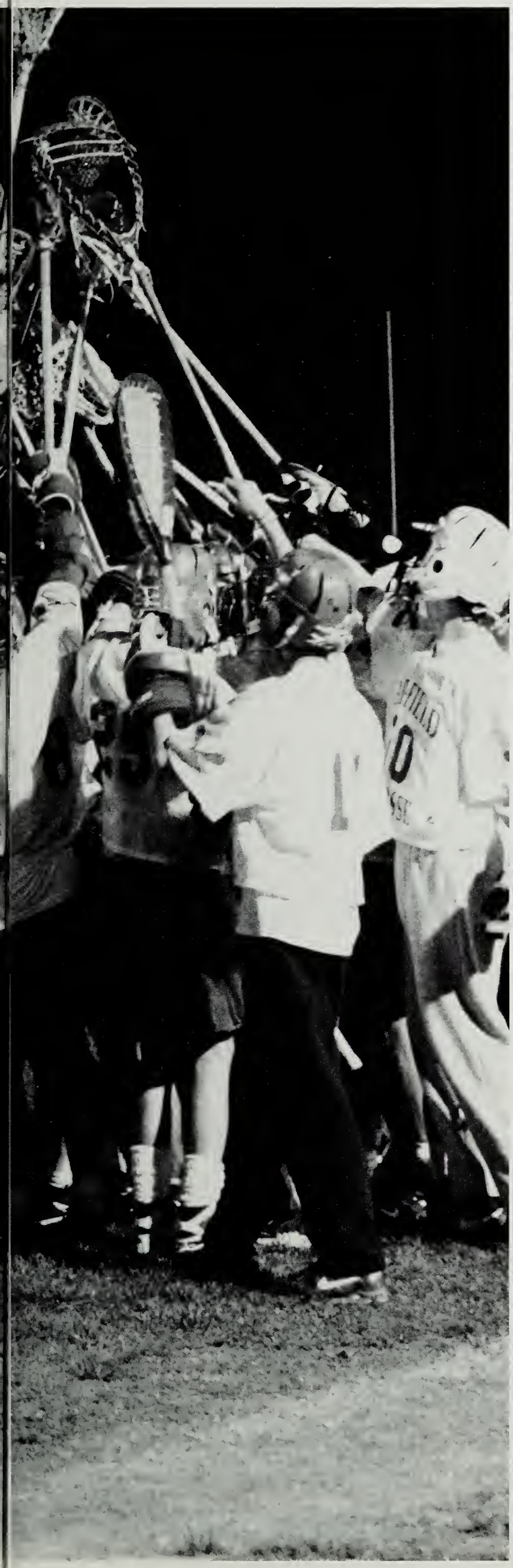
Moving into their second year the Lacrosse team proved that hard work and dedication can definetly make a winning team. Many of the players trained all year by going to camps and playing in the local fall leagues. "I am really glad that everyone, including new team members worked so hard to improve and get more experience. It really showed when we needed it the most," stated 2nd year crease-defensive man Matt Blamey.

Long, grueling practices and total teamwork was what led the Indians to their 10-2 record. There biggest challenges were Woodbridge and Hylton losing to Hylton in sudden death overtime. Adam Lantier asserted "Every player relied on one another to learn each others playing styles or inside little pllays to make every game a successful one".Even through the many abstacles that the LAX team faced they managed to put all the other schools "IN Check".



While roll dodging his defender, Adam Lantier tokes the boll to the hole with Taylor Gill and Tommy Cope at his side. Lantier was chosen os the ILC ployer of the yeor. This is o tremendous honor for Adom Lantier os o Junior.





Before each game, the team puts thier sticks up in unity to say a chant. It is led by team captains Phil Pancratz, Joey Dunn, and Mike Thomas. The chant gets the team really pumped up and shows what their common goal is -- winning.

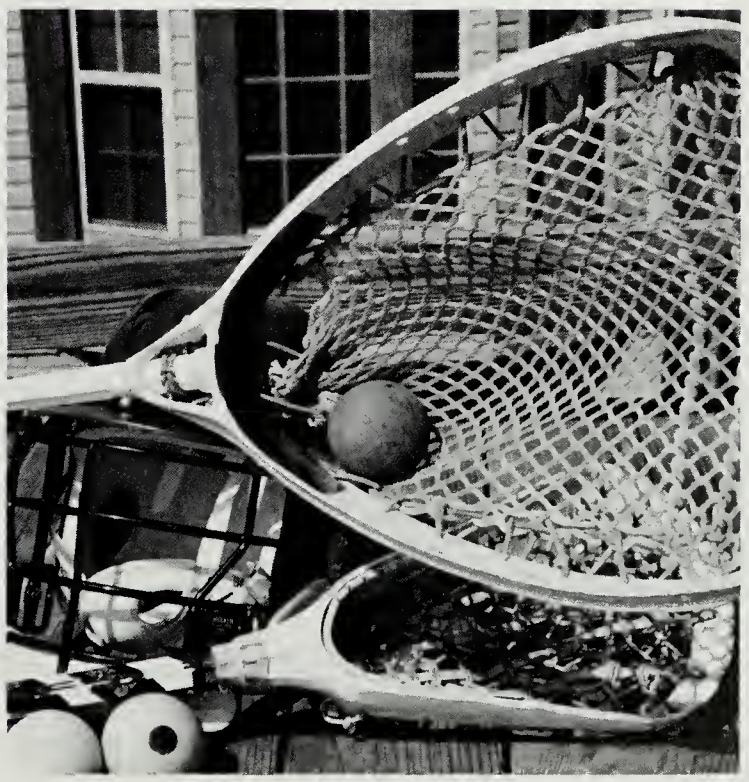
While passing to a fellow teamate during warm up drills, Attack man Paul Oremland, comments "I love lacrosse because it is the fastest sport on two feet. It really gives me a great way to show my athletic abilities."





Warming up his back hand before an inner team scrimmage, Attack man Tommy Cope asserted, "Bringing on this new type of offensive can take our team to whole new level. I have been practicing this technique for a long time and I am still striving to make it stronger."

6-F LAX



10 - 2

Row, Row, Row Your Boat...

Rain, sleet, nor snow could keep these dedicated individuals away. No, these aren't your neighborhood postmen. They are the members of the Gar-Field crew team. No matter what the weatherman may have predicted, there was no chance of cancellation.

The rowers were at the boathouse at 3:00 o'clock sharp. Practices consisted of four-mile runs, endless exercises, and only then out to the water for practice races. Varsity coxswain, Dana Miller said, "The practices are very challenging, but in the end, they are very rewarding. Especially when we win! This conditioning lasted an exhausting four hours."

All of this preparation was worth the time and effort put forth when the team traveled to Pennsylvania and New Jersey to compete against the best teams on the east coast.

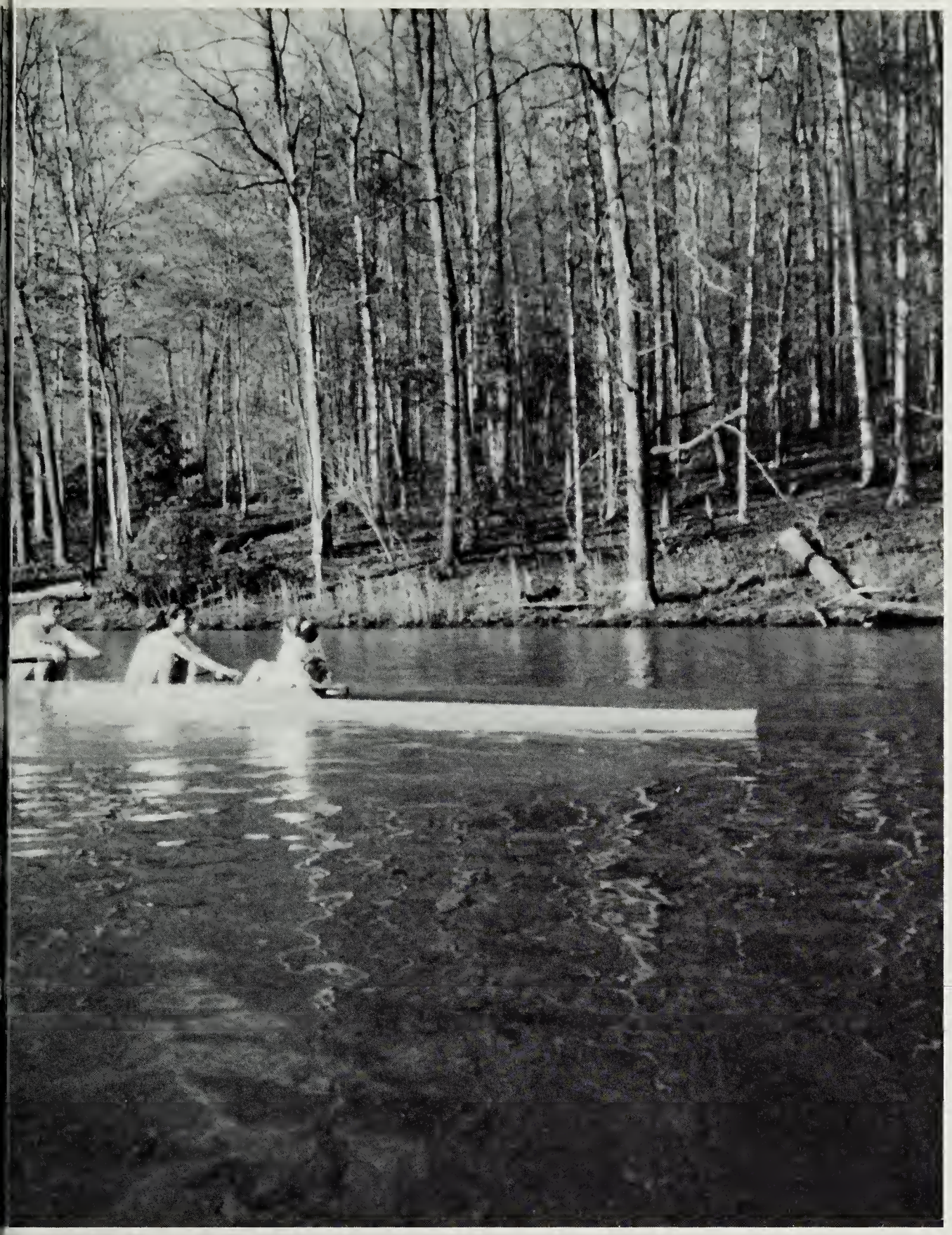
"Crew provides a great opportunity to form close bonds with people on your boat. I've made many good friends and more importantly, have met lots of girls," jokingly admitted Senior Aerique Mens. In and out of their boats, the rowers remained close friends. The memories of past races and friends are benefits that will not be forgotten. -Jennifer Glufling,Rena Ryan





Frant raw (fram left): Nicale Nicholsan, Wendy Stein, Tracy Wills, Candice Lee, Katie Hill, June Cha, Catherine Linden, Christina Lambert, Tara Kashe. Second Raw: Rabin Shrimpf, Kristen Webster, Nael Shatt, Jennifer Glufling, Dana Miller, Annie Peterson, Caurtney Welsh, Ali Ward, Vicki Bawman, Karen Nabholz. Third raw: Caach Brian Ferris, Bryan Cable, Andy Braaddus, Justin Wilsan, Packy Mc Farland, Ben Dibert, Daniel Bishap, Daug Lincaln, Allan Fetherralf, Chris Cavert, Ryan Turner. Faurth raw: Dave Touchette, Patrick Ferris, Brian Wesley, Aerique(Eric) Mens, Ryan Lee, Matt Nissen, James Turner, Tim Jahnsan, Peter Babalia, and Paul Raach.





The girl's varsity four, Robin Shrimpf, Noelle Shott, Christy Olsen and Jennifer Glufling work on their rowing techniques with guidance from their coxswain, Dano Miller. On the boat, rowers must be perfectly in sync to perform effectively.

Candice Lee and Adam Thorstad jokingly race on the Ergometers. "Erg tests" are taken by the rowers to show improvement and to compete for seats on the boats.







Carefully carrying their oars to the boat, Ali Ward, Christina Lombert, and Catherine Lindon discuss their strategy for the afternoon's practice.

In order to prepare themselves for a tough practice, James Turner, Aerique Mens, Ben Dibert and Bryan Coble tie into their boat. Contrary to popular belief, strong legs are key to a boat's success.

Courtney Welsh and Kristen Webster haul their boat down to the dock. At a few hundred pounds, the rowers need everyone on their boat to help out.

They're Hitting Even Harder

Playing Varsity football for the Indians took skill and heart. The 1994-95 Varsity team proved they had what it took to be champions. A new season, and a new coach brought adjustments early on. When asked about his initial feelings towards coaching the team, Tony Labozetta simply said, "I've been teaching here since 1979. I just stepped in as a coach to make sure everything was going to continue running smoothly."

With less than positive expectations for the Indians in the beginning; the team members pulled together and worked even harder to win. They played to their expecations and beyond, showing their true talent when they won big against teams like Woodbridge and Hylton.

"All of the papers ranked us at the bottom and Hylton as number one; that just gave us even more determination," said Josh Lawson (52). Keith Gibson (81) commented further saying, "Beating Hylton was one of the most memorable games I've ever played in."

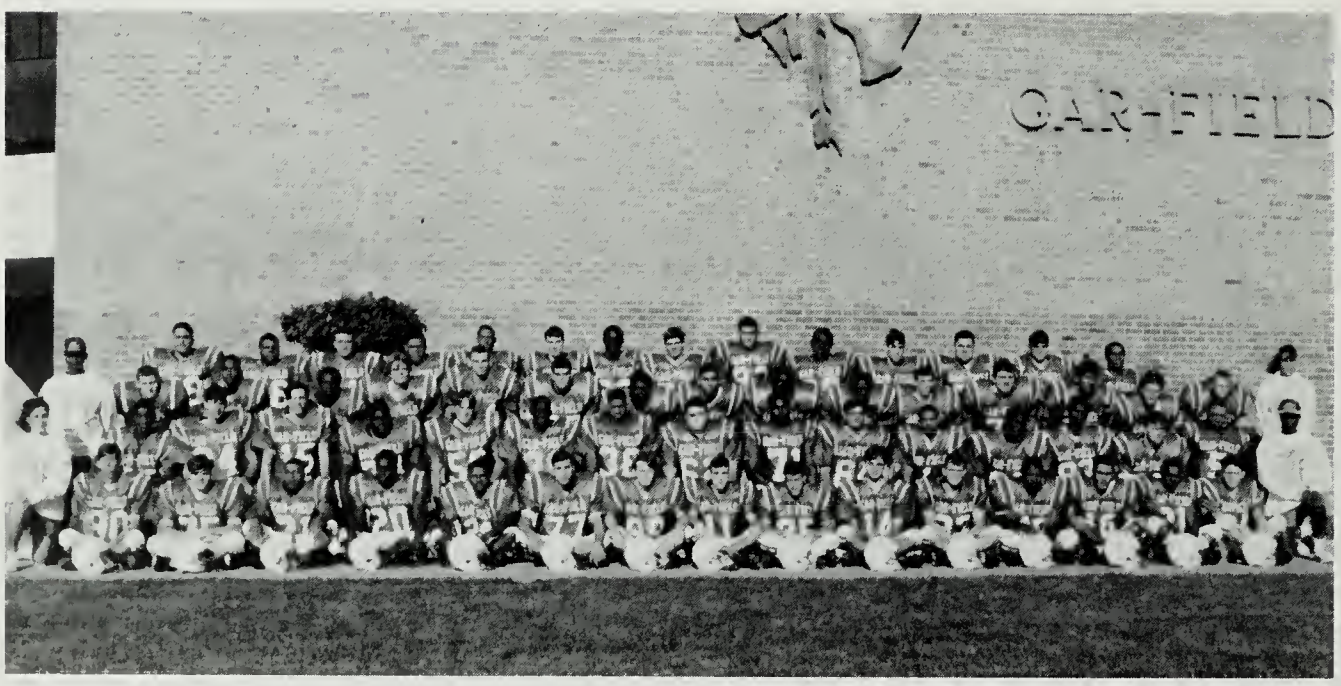
Although they lost their first game of the season to Woodbridge, the more experienced Indians came back strong at the end of the season. The Varsity team defeated Woodbridge in "Viking Land" with a 35-14 win.

The players on the team ended the season with life-long memories, and underclassmen on the team have the experience necessary to continue the winning tradition. As for the seniors, the 1994-95 season will probably be the last time some of the players will ever put on a football uniform.

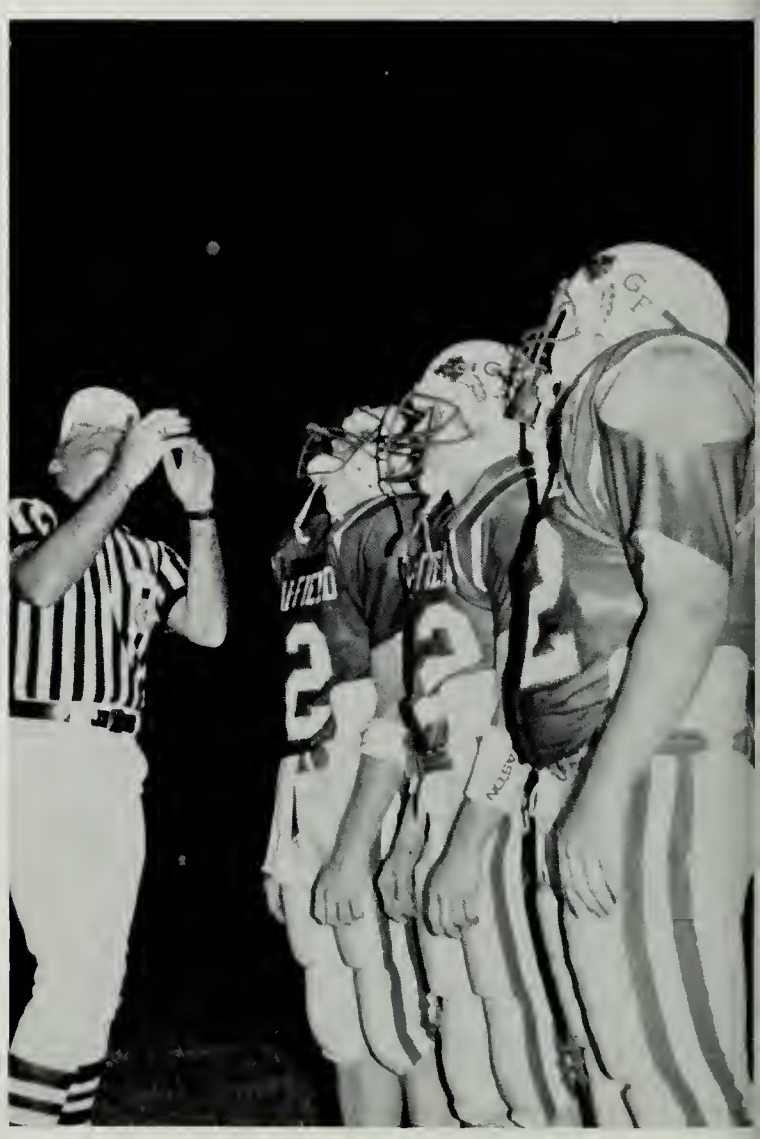
Commenting on playing football at G-F, Reggie Jackson (25) said, "I don't know how to explain it, but it changed my life." Terrance Long (31) elaborated by saying, " I think as long as I live, I will always remember the great seasons our football team has had over the years, and the time spent with my teammates."

-Keishia Kemp, Rachelle Jones, and Nisreen Elhillali





1994 Varsity Football Team: Row 1: S. Tucker, J. Gvozdas, K. Sullivan, T. Long, G. Ewell, E. Mann, B. Olsburg, S. Rice, C. Williams, J. Ellis, J. Thomas, B. McElhenney, T. Parson, T. Kaiwi, S. White, J. Hernandez; Row 2: C. Moniba, M. Johnson, J. Feeny, G. Gibson, M. Philips, L. Locke, B. Daniels, J. Johnson, A. Wilson, W. Peters, M. White, D. Anderson,T. Penn, B. Fehrman, T. Wallace; Row 3: A. Tate, K. Smith, K. Gibson, R. Jackson, T. Cope, J. McElhenney, C. Snead, C. Ham, K. Attia, R. Allen, M. Ham, R. Williams, B. Embrey, V. Kwatra, P. Sootkos, K. Dewhurst, K. Kaldenbach; Row 4: J. Hernandez, D. Madison, M. Hernandez, J. Fitzegerald, T. Paige, P. St. Clair, M. Dogbatse, R. Horesky, J. Lawson, K. Bawuah, T. St. Clair, J. Quisenberry, M. Graham, E. Mann.



Eagerly waiting to begin the game, team captains Brian Embrey (72), Kevin Dewhurst (32), and Kevin Smith (12) watch the referee toss the possession coin.



Finding an opening, Montrese Ham (22) charges through the Woodbridge defense while Reggie Jackson (25) blocks the way for him.

In the calm before the storm, team captain Reggie Jackson (25) welcomes a Viking captain to the Indians' field.





1994 Scoreboard

Team	Indian's score	opposition
Woodbrige	21	18
North Stafford	26	18
Potomac	24	0
DeMatha	7	6
Brooke Point	30	0
Hylton	35	15
Osbourn Park	28	3
Stonewall	31	27
Annandale	34	27
Woodbridge	35	14
G.W.	26	14

Record 7 - 4

Stopping the opposing player from gaining further yardadge, Kevin Dewhurst (32), prepares to push with all of his strength.

It's Tough to Tackle

What do the words determination, commitment, and desire have in common?

They characterize the players of the 1994-1995 Freshman and Junior Varsity football teams. Both teams began this year with high expectations the fall season. However, the freshmen team was the first to say that they had their work cut out for them.

Not only were the players new to high school football, so were the coaches. Assistant Coach Mike Sukeena only played football in college, and Coach Mike McDonald has coached softball regularly in the past. So, they admit they had dramatic adjustments to make.

Losing their first game against North Stafford, the freshmen team quickly realized the meaning of the phrase, "don't get your hopes up." The newest Indians, however, did not give up so easily. Coach Sukeena stated, "The season started bad, but the team has made a 100% turn around."

The Junior Varsity team, coached by Tom Brown and Shawn O'Riley also began their season on uneasy ground, but soon regained their footing. "We've reached our goals. We played 100%, hit hard, and had fun," commented Coach Brown. With those words in mind, the J.V. team moved on to win the Cardinal District Championship against Osbourn Park. Hal Nesbitt said, "The season was great, it went beyond my expectations." The J.V. team agreed they were like a family this year, and that really helped out. J.V. co-captain, Carl Carter, summed it all up saying, "Frosh, and J.V. get you ready for what G-F football is all about."

- Rachelle Jones, Keishia Kemp, and Nisreen Elhillali -

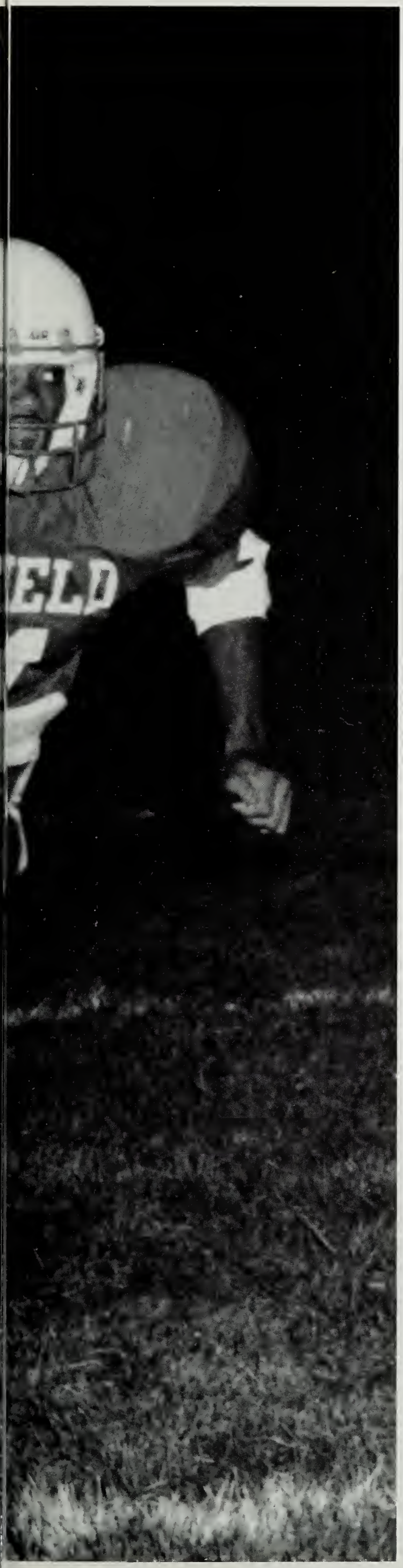


1994 Freshmen Football Team: Row 1: R. Craig, B. Champ, I. Roberts, C. Petrovich, P. Wood, B. Rios, R. Fossum, M. Formando, W. Jones; Row 2: W. Hobert, C. Mickle, K. Snodgrass, Brian Williamson, A. Jenkins, D. Commander, R. Jackson, J. Harris, S. Wingo; Row 3: B. Urban, J. Hunko, J. Rodrigez, T. Williams, R. Ware, S. Wangess, J. Marth, P. Luke, D. Lelkoff; Row 4: R. Bouchard, N. Bonaparte, K. Mosby, J. Cooper, C. Lindermuth, C.Waller, D. Owens, D. Garcia; Row 5: G. Sikes, D. Spencer, L. Rosado, J. Adams, J. Stone, H. Harps, T. Vleistra; Row 6: D. Hoover, D. Walker, D. Rushing, R. Martinez, M. Moore.



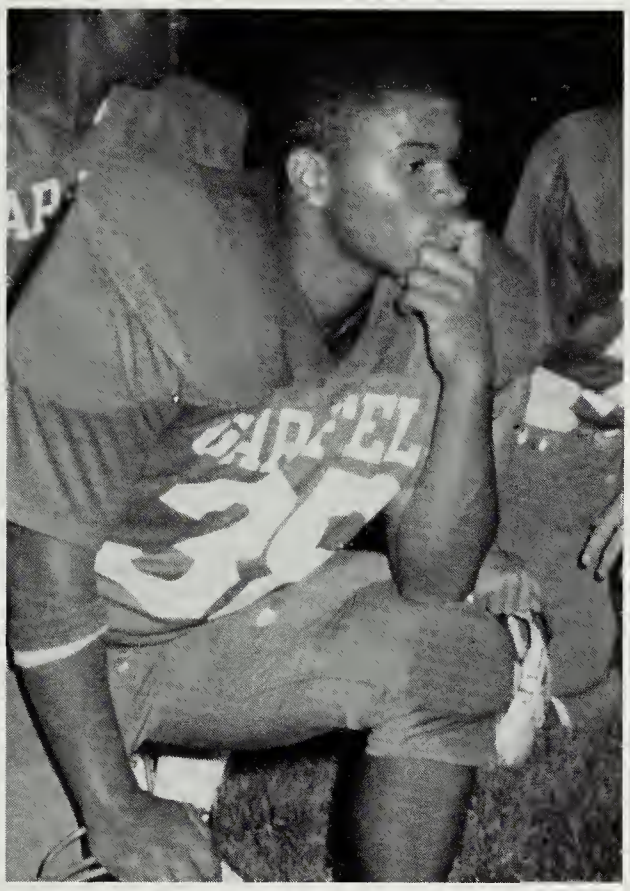
Freshmen players, Roland Craig(12), and Mike Moore (67) look upon Coach McDonald for guidance and inspiration.







Using his quick reflexes, Freshman John Adams (10) looks down field for a teammate to complete a pass.



Time runs out as Sophomore Antonio Mendez (38) watches his team face a 14-27 loss to North Stafford.



Trampling over a North Stafford player, Freshman Alex Jenkins (22) tries to gain yardage.



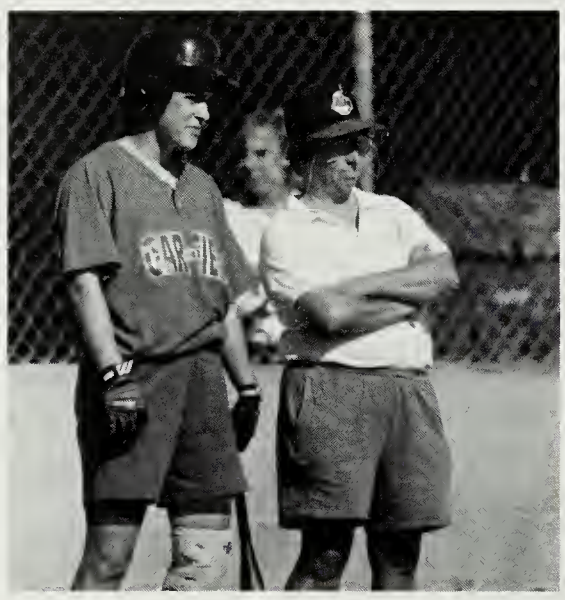
1994 J.V. Team; Row 1: G. Shoneborn, A. Fehrman, A. Lucks, A. Grimes, L. Foresman, M. Riley, F. Custodio, J. Lemons, K. Kaneshiro, D. Moore; Row2: K. Jenson, G. Brinney, M. Okwabi, G. Ham, M. Edwards, M. Pastore, J. Buttler, T. Olamigoke, T. Cooper; Row 3: J. Lydig, C. Dickey, T. Spencer, I. Lloyd, D. Kuykendall, D. Martin, J. Elliot, A. Mendez, D. Martin, Q. Johnson; Row 4: A. Hoffman, D. Watson, H. Nesbitt, D. Gilbert, N. Vinyard, C. Carter, J. Roseland, B. Fichter, K. Hubbard, J. Pastore.

On his own, Sophomore Trenton Paige (31), sprints toward the endzone with the opposition no where in sight.

Batter up!!

Watch out-Here Comes the Bat!

Fearless was the theme for the 93-94 Varsity Softball team. Coming back with a 21-5 season was something no one thought could be done. Just the year before the team won a state championship and everyone said that they no longer had a team with all of the star players gone. With only three re-turning starters the preseason was a true time for Ms. Jennifer Jones to find out who was going to step up and fill the shoes that were left behind. With great surprise a whole new group of people steped up to try and take the team back down the road traveled just a year earlier. Vigorous training was required of the girls and for them to give 110% to make all the goals re-alities. The spirit and enthusiam was clear as the team was detemine to make a name for themselves.

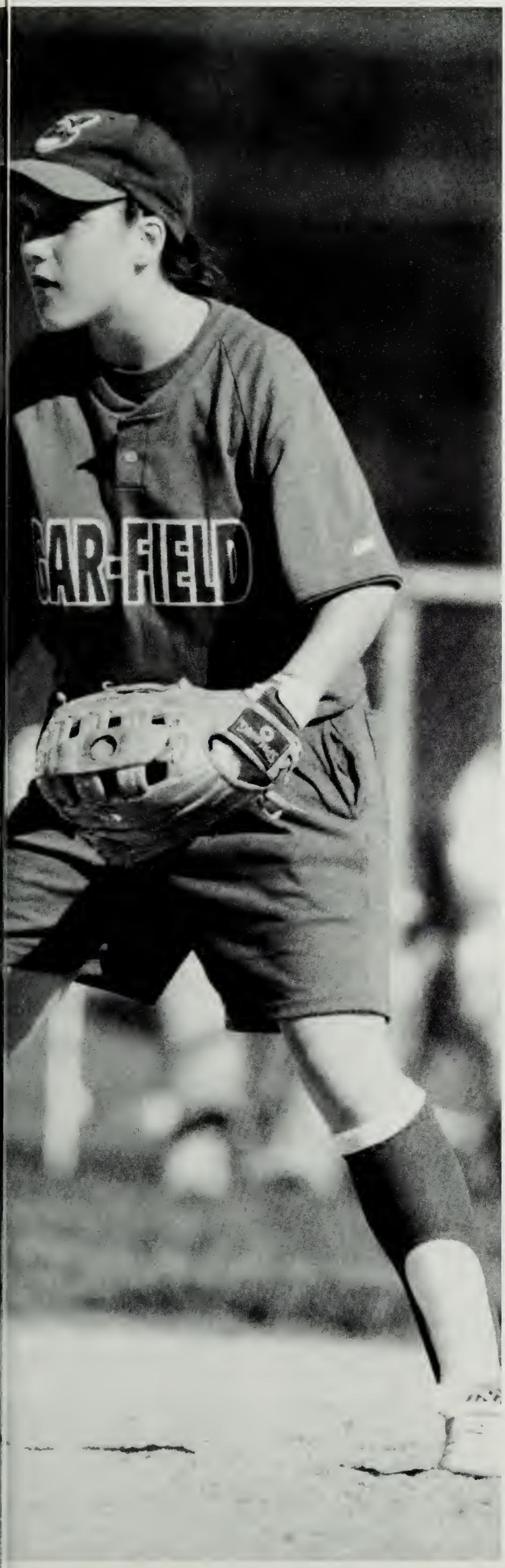


With seniors Melissa Pickel, Melissa Mack, and Amy Alter leading the way the team went to the state quarter-finals to loss to Woodbridge in a breath taking end to a great season.



Slides are an important part of softball. When you could not get to where you wanted to go by running, sliding is the other option.





Amy O'Neill waits for the ball in caution. Anticipating the ball is important in softball.

Drilling from the baseman to pitcher to catcher Melissa Mack gets her workout. A good catcher is essential for a good team.





Busy concentrating at pratice Mellissa Pickel works hard. She keeps her eye on the ball for precision and punctuality.

Varsity Softball

GF		O
2	Madison	6
10	Stonewall Jackson	0
8	Mt. Vernon	3
10	West Springfield	0
27	Fauquier	0
16	Potomac	7
7 -	Chantilly	3
32	Brooke Pointe	0
34	James Wood	1
0	Woodbridge	2
8	Osbourn Park	4
10	Hylton	0
14	Stonewall Jackson	2
6	James Wood	0
21	Fauquier	0
24	Potomac	0
5	Brooke Pointe	1
4	Woodbridge	0
4	Hylton	3
17	James Wood	2
14	E.C. Glass	7
10	Stonewall Jackson	2
4	Woodbridge	5
0	Osbourn Park	4
5	Chantilly	4
0	Woodbridge	1

Bring'em Home, Boys!

"Last year's team was a learning experience because a lot of young people played. Thanks to a building year, next year's team will be great," said junior Kevin Smith epitomizing the Varsity Baseball season.

Throughout the season, the team suffered both wins and losses. Their 10 - 11 record taught them important lessons in the game and in life. Their most impressive game was the District Semi-Finals vs. Fauquier. The season would have been over had the team lost, the season would have been over, but the team came back in the extra innings to win. This outrageous display of spirit showed the competitive nature and team work that Gar - Field baseball is known for. Seniors and captains, Ryan Kopaniasz and Greg Fricke, led the relatively young team to victory during the season.

When asked why he participated on Gar - Field's baseball team, Paul Bazzano responded, "I play for the challenge and the competition, but I play mostly to win. I hate to lose. I would like to continue to play in college."

Looking into to the future, nearly all the underclassmen on this year's Varsity squad plan to play next season. All the blood, sweat, and tears put into this year's team will benefit them in years to come.

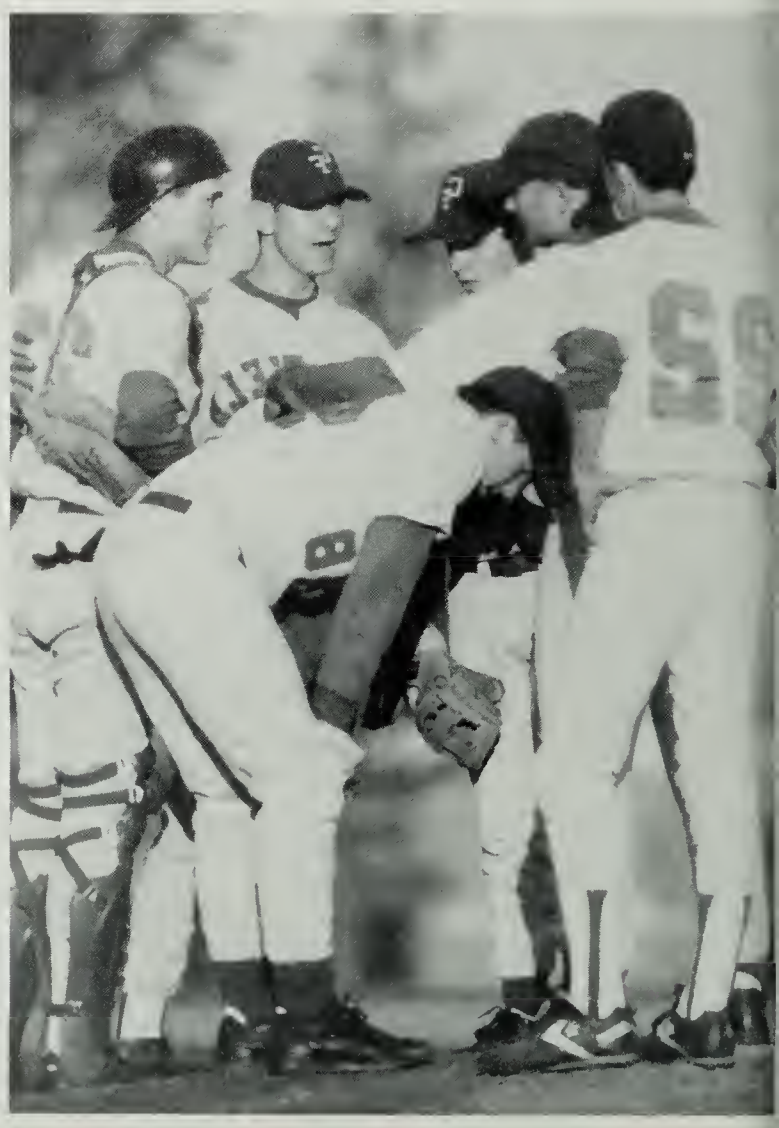
For the first time in Gar-Field's history, they had four freshman boys play on the varsity team. "A new team has been created for the future, who hopes to win states within the next four years," quoted Scott Clendaniel. Scott was one of the four freshmen that got substantial playing time this season and it will help the team for years to come.

The players coming back next season are excited to get started. Brad Stine quotes, "Ever since the tough loss against Franklin County, I can't wait for next season to come." - Liz Hutson, Heather Alexander

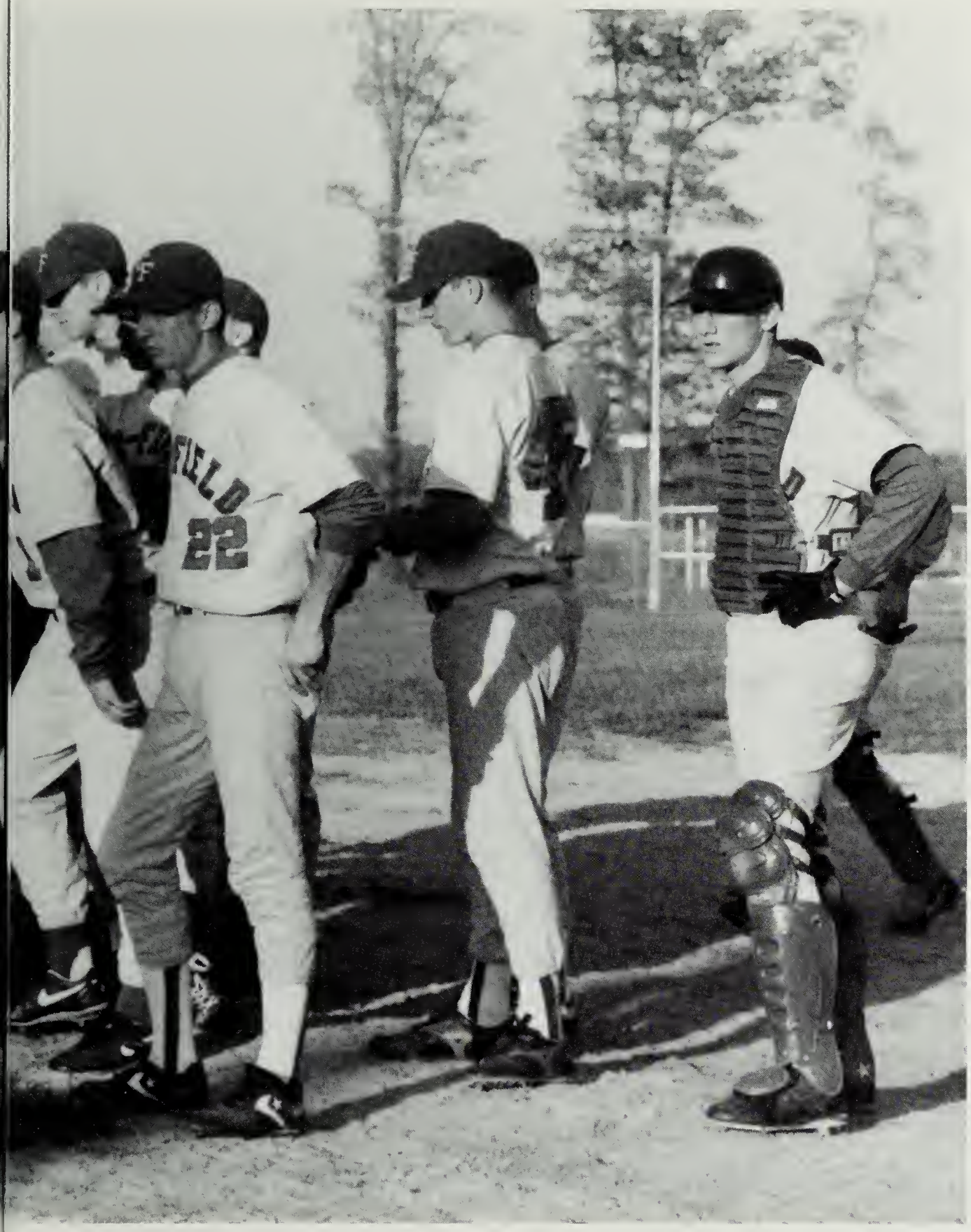




"He's safe!" Taking a leap of faith, Gar-Field's Travis Pfitzner successfully slides into second base. As a freshmen, Travis played a big part in Gar-Field's successful season. He played second base and started every game as a freshman. In varsity athletics playing as a freshman is rare, but starting is something to be proud of.

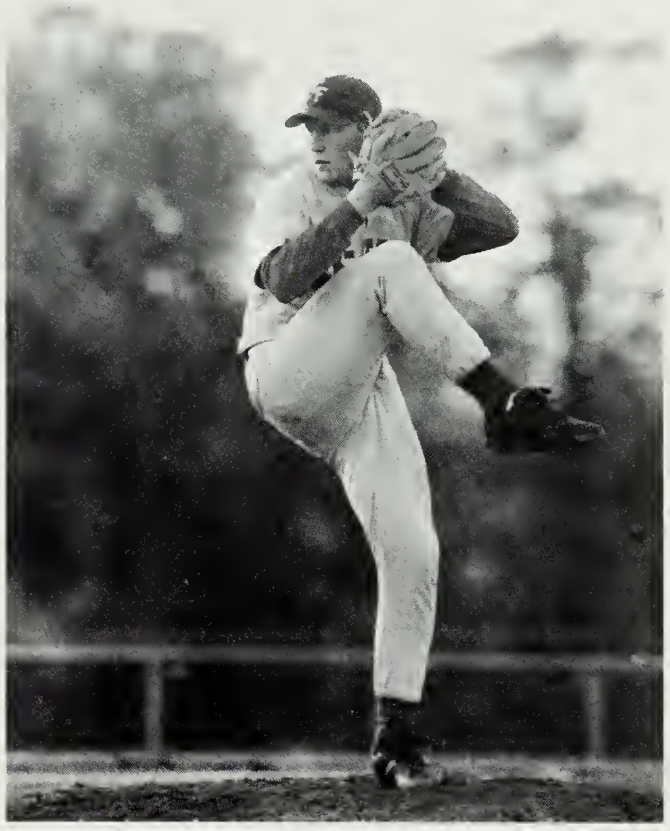


Various members of the team gather together for support during a heated moment. It is important players show their support for one another, especially during hard times.



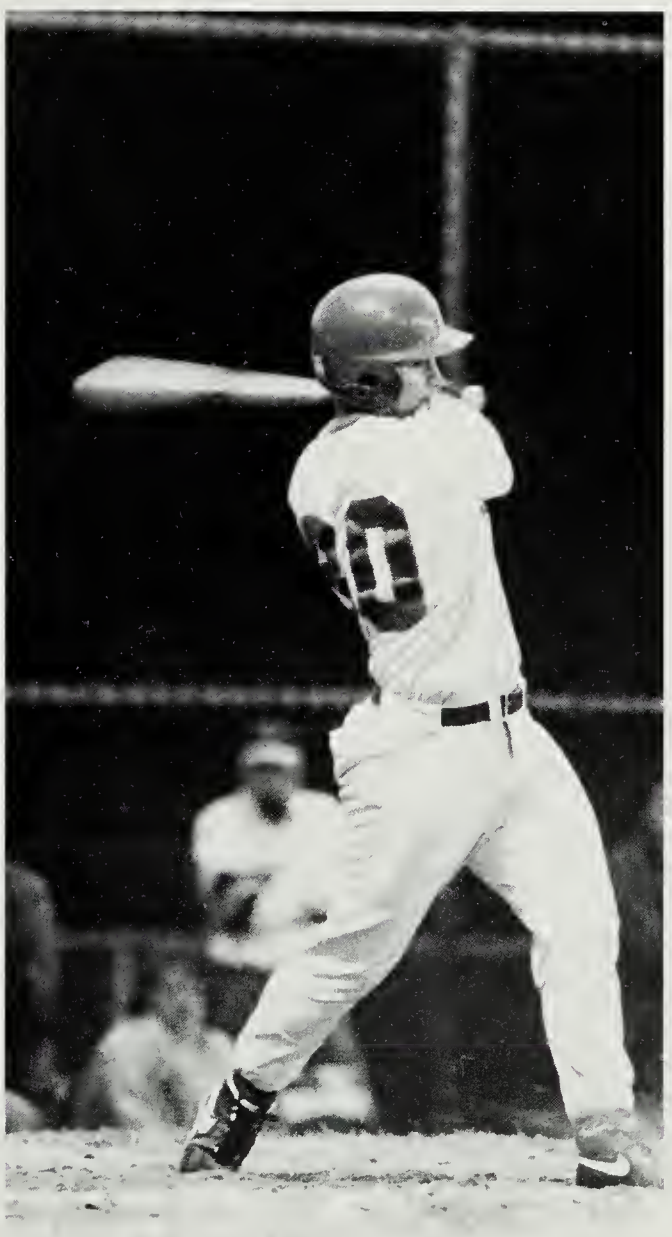
"Home Run!" Gar - Field baseball players gather to cheer on their scoring teammates after a sucessful time at bat. It is a tradition to gather around home plate to congratulate the person who hit the home run.

Juniar Kevin Smith led the Indians ta victary time and time again. Alternating between pitcher and first base, Kevin was a truly valuable asset ta the team.





Intent upon the game at hand, Ryan Kopaniasz and Greg Fricke concerntrate upon the play fo the moment. Concentration is the biggest key to a team's success in baseball.



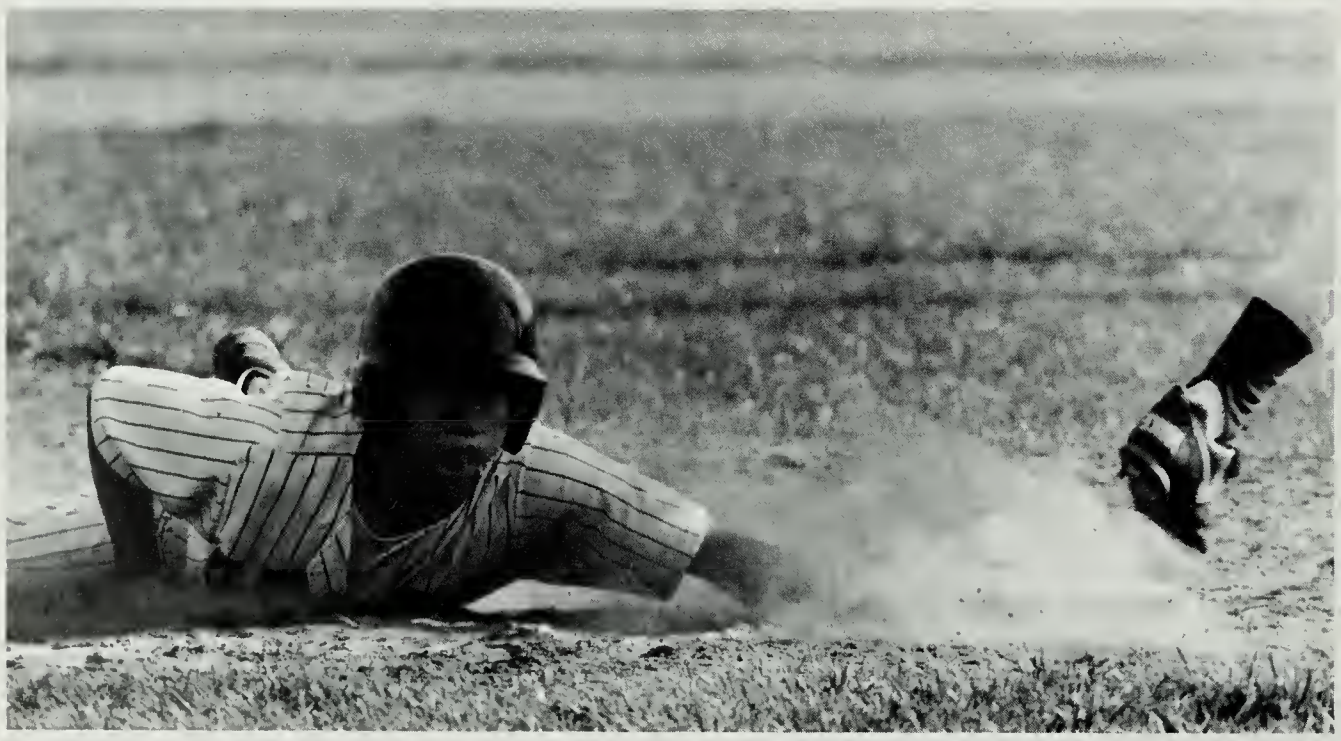
Hit or miss Greg Fricke was a key influence on the team. Taking his first swing at the ball he has two more chances to hit it.

IN THE SWING OF THINGS!

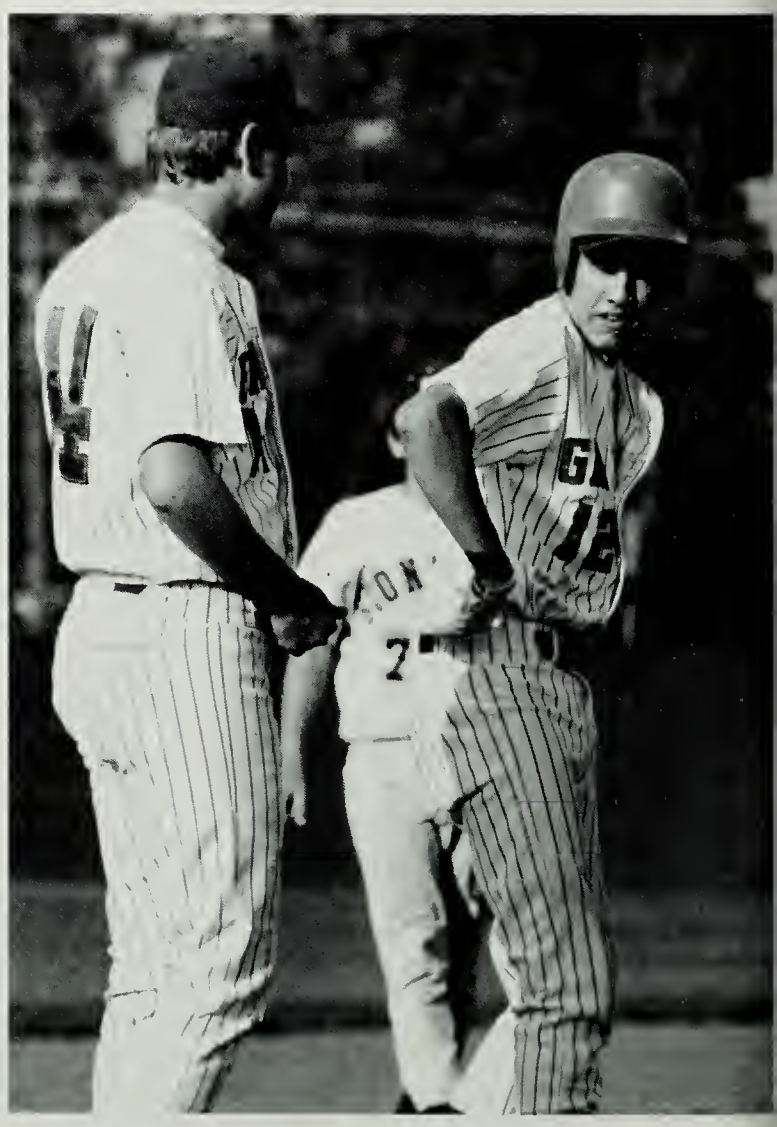
Successfully both , JV baseball and JV softball completed thier season accomplishing wins and having a good time. The JV softball team was able to go undefeated with a 16-0 record crushing all teams faced. "Hitting was a strongside, but the team also had a lot of talent in other areas which made the team unbeatable", said Meghan Oldis. Practices were short for the JV softball team who practiced everyday, long enough to perfect their skills and get off the field in enough time for the varsity to begin their practice. " Our season was a lot of fun, but you always have fun when you win",replied Abby Fehrman. The bus rides for the two teams could get long and boring,for instance during the Jameswood game, fortuanately it didn't prevent eigther squad from bringing home a win.

JV baseball also did well, considering the strength of other teams. The strongest advantage of the squad was having a good pitching staff. Danny August and Brian Yalberg were the strongest pichers on the team leading the others in both speed and accuracy. Most wins came in the last inning, where the team always seemed to pull together and got the extra runs needed to win the games. The team worked hard practicing everyday after school and coming in on Saturdays for a weekend workout. "The practicing got kind of boring, but when it came to game time, we were prepared", replied Cameron Williams, starting second baseman for the JV team. The season for both teams was fun and it gave a lot of the members on the squads the expierence they need to make Varsity. -John Galgano





While sliding back into first on a pick-off play, Cameron Williams takes a deep breath.



After making it to third, Chris Wagner takes a breather while talking to the coach.



Using his entire body as he pitches Danny August throws his fast ball for a strike during one of the few home games the JV team had.

Pitcher, Rachel Rybiki, sprints to first after hitting a ground ball to the third baseman.







Making a great play, Beth Jewell streches off first to make the farce out against Stonewall.

After hitting a shot into left field, Christine Pettersan easily takes a stand up double.

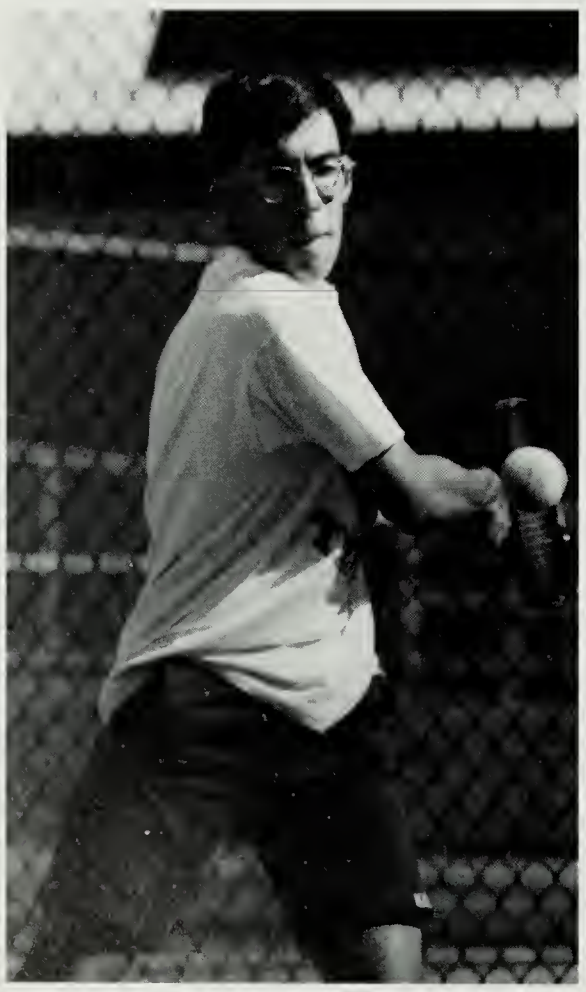
Serving Them High

Not even one of the hottest springs on record could stop the boys' tennis team from hitting the asphalt day after day. The boys' tennis team worked very hard this season to be the best. Their practices were long and hard, but they had fun in the process. As a result, they were named Cardinal District Champions and also Northwest Regional Champions. Coach Bob Miller commented, "Though the season ended with all goals acheived, in the beginning, the team needed to work together as one unit."

With more effort and determination, the boys' tennis team moved on to bigger and better things. The team earned the number one double team district title, which was a tremendous honor. By contributing hard work and team effortall season, the boys' tennis team achieved the success they deserved. -Nisreen Elhillali



Mike Snow uses his backhand in order to make the shot against Hylton. With ease the boy's won the match 6-3.



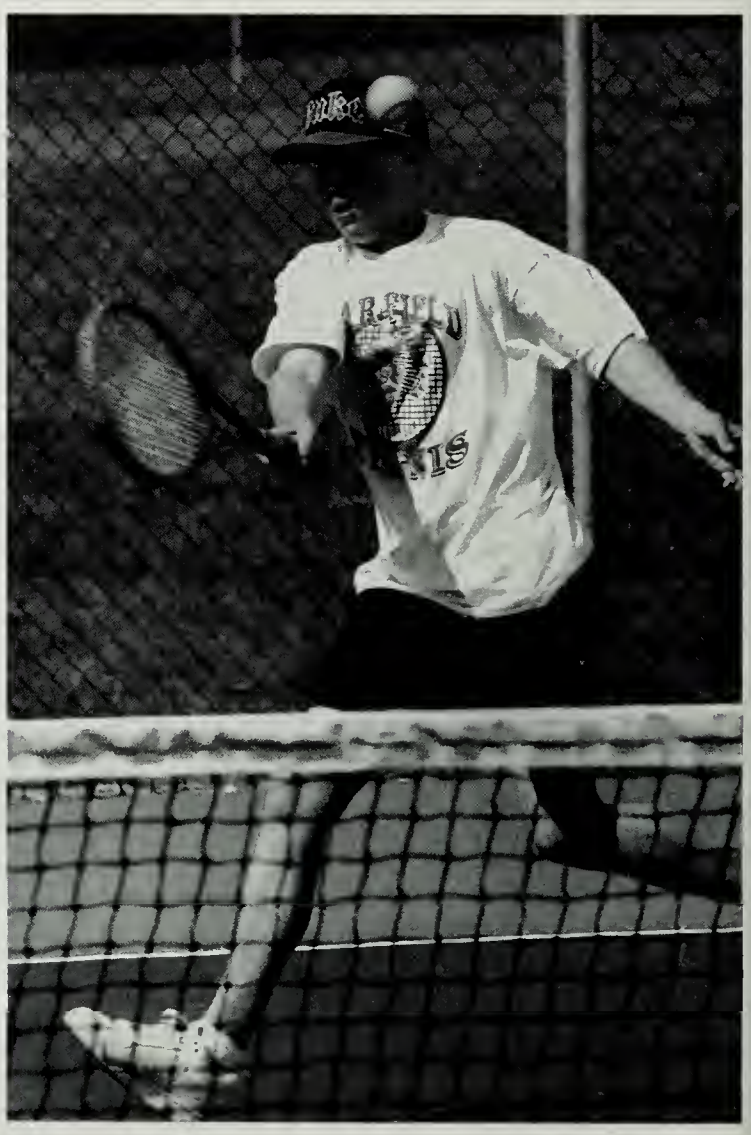
Shasha Weich reaches back and sends the ball over the net for the winning point against James Wood. The team easily won the match 9-0.

1994 - 1995 Season

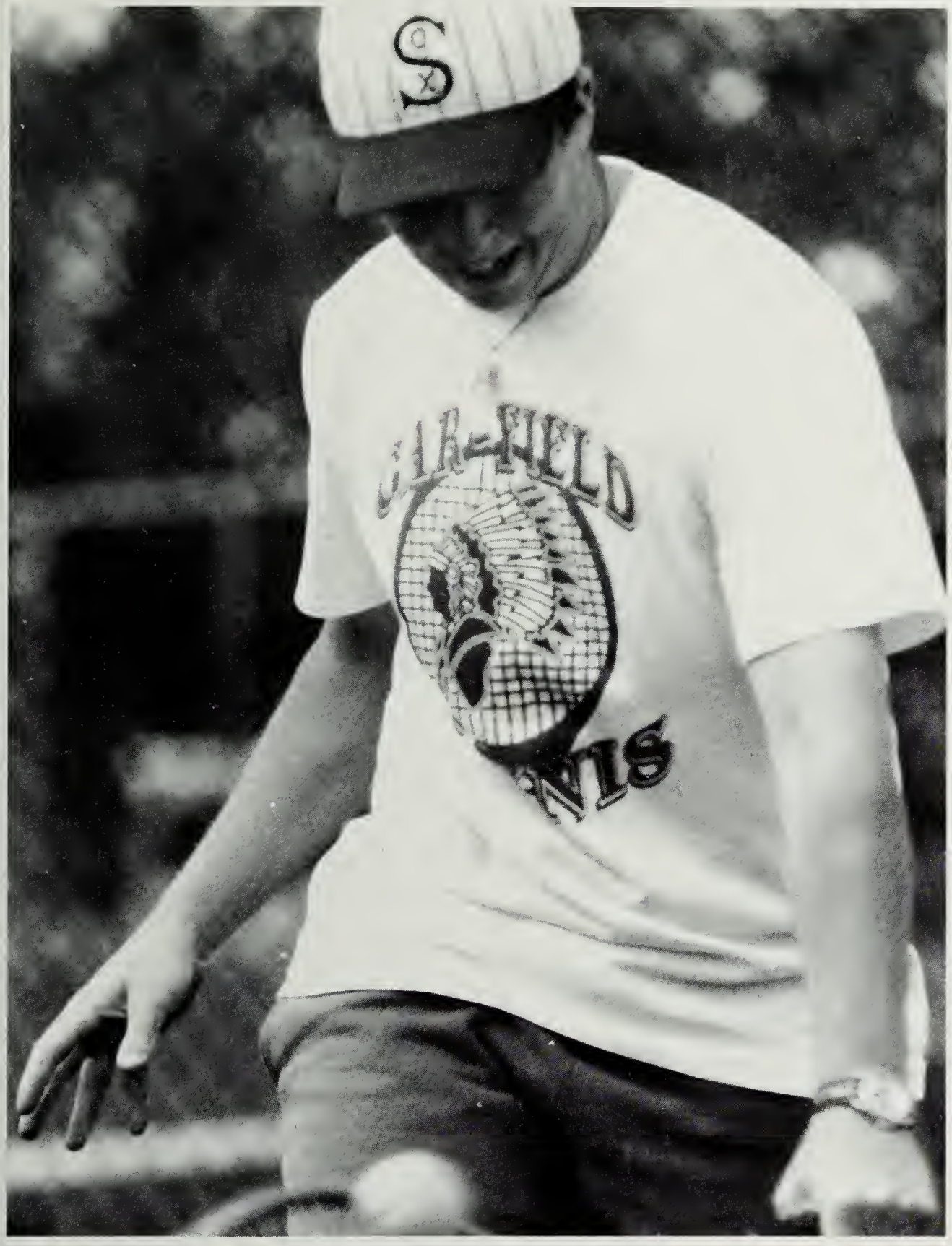
Scoreboard

Team	Indians' Score	Opponent's Score
Potomac	9	0
Chancellor	9	0
North Stafford	9	0
James Wood	9	0
Stonewall	9	0
Fauquier	7	2
Osbourn Park	9	0
Hylton	6	3
James Wood	9	0
Fauquier	8	1
Osbourn Park	9	0
Hylton	7	2
Woodbridge	3	6

Non-District Record 4-1
District 8-0
Overall 12-1

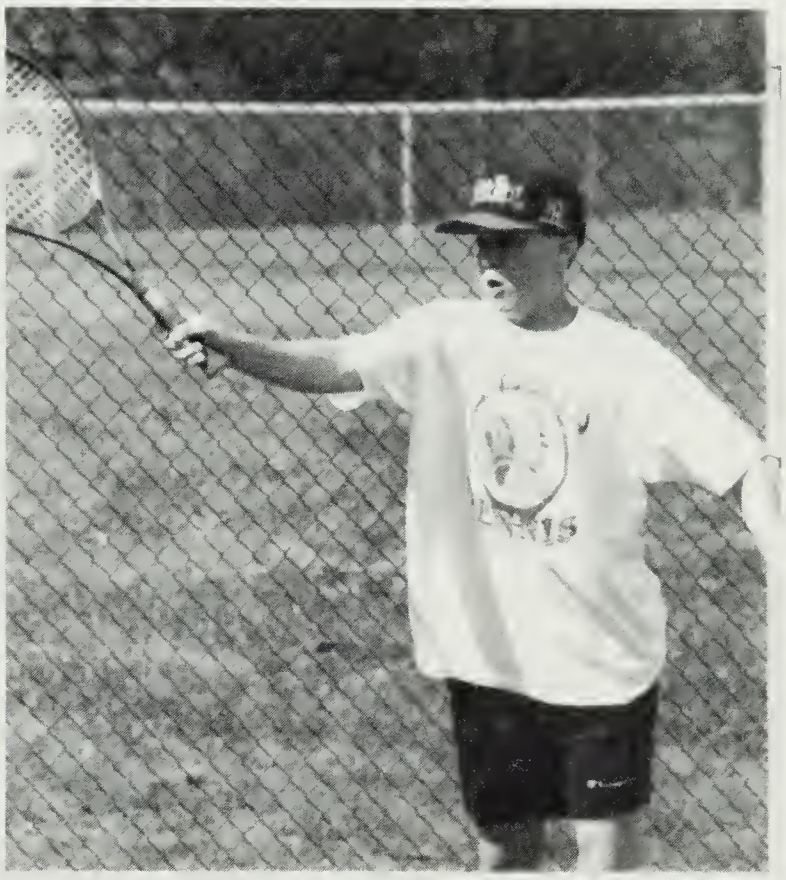


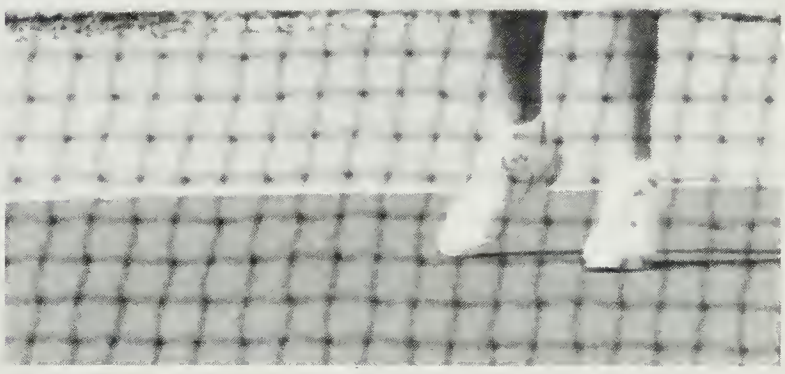
Sean Johnson runs back across the court to hit the ball back over the net. This hit gave the team the final winning point.

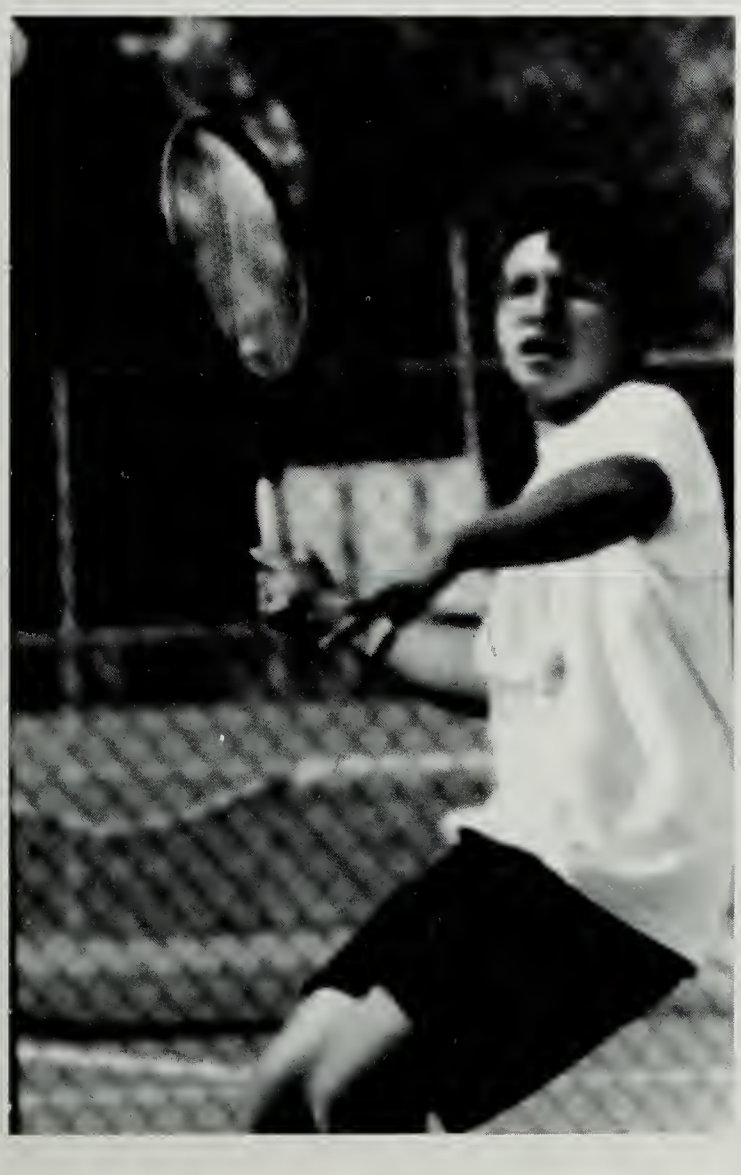


Mike Snow runs in for a low and easy hit. Mike's performance helped advance the team to Regional Championships.

Sean Johnson stands in the back of the court and hits the ball back over the net for the winning point. Sean's piont was precisely what was needed to win the team the district title.









Josh Levin shows sportmanship by shaking hands with the opposing team. Having confidence in themselves and each other, the team continued a season of fun and great times.

Intently focusing on the ball Habir Singh swings hoping to score. With that kind of determintion the team endes the season at 12-1.

Swinging Their Way Into Regionals,

Gar-Field Takes Six.

Yep- the Gar-Field golf team finally stroked it up and made their way to regionals! Only six players made it: Mike Guilfoyle, Travis McGee, Andy Norgart, Scott Norgart, Shawn Rice, and Justin Sawyer. All six were enthusiastic about going to Regionals. Justin Sawyer added, "Even though we weren't the best team, we still had a lot of fun & we had the chance to go to an awesome golf course! I loved the grass!" Rumor had it that the golf course was ten times bigger than their practice course at Montclair Country Club. Scott Norgart remembers, "It was a great experience golfing with other people, we all had lots of fun." Regionals were held at Smith Mountain Lake outside of Roanoke.



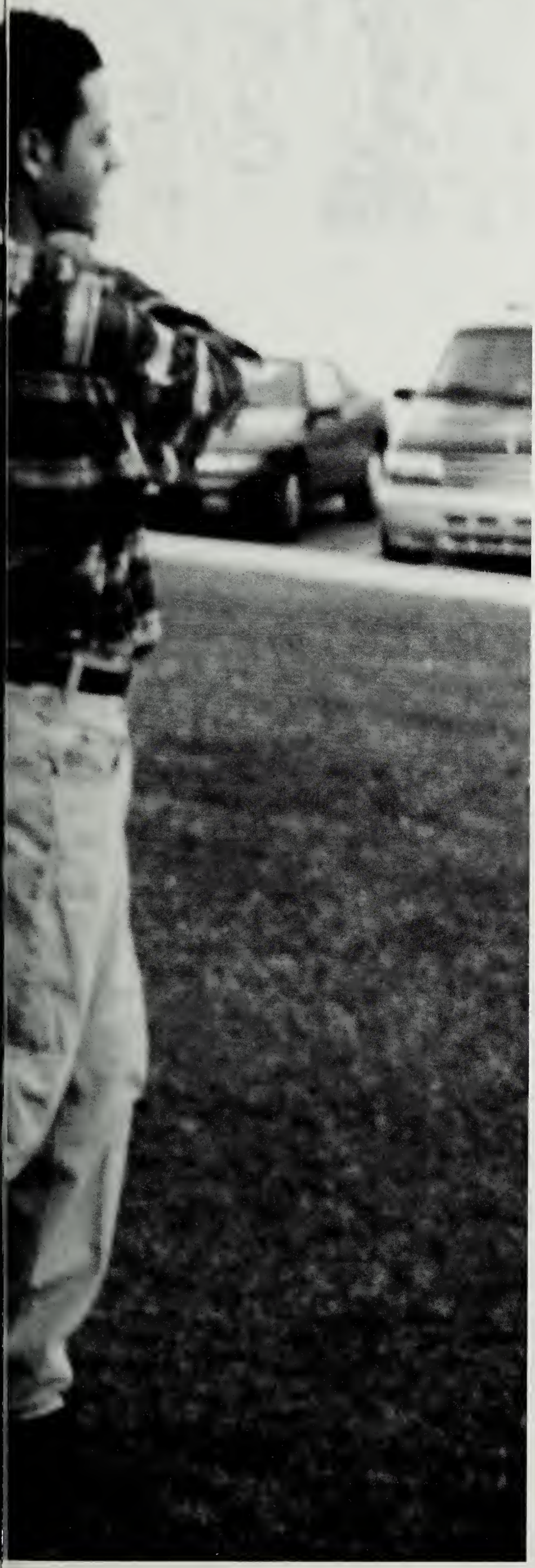
Playing in Regionals was just one of the team's many highlights. They also placed third in the Cardinal District. However, the best part of all was, as Brad Norgart would say, "We were all there just to hang out and have fun!"



1995-94 Golf Team Members:

Andy Norgart, Shawn Rice, Justin Sawyer, Brad Norgart, Mike Guilfoyle, and Nick Lichtenfeld. Not pictured: Scott Norgart, and Travis McGee.





Shawing off in frant af his friends, Justin Sawyer realizes where the ball just went. The ball headed in the direction af his car!



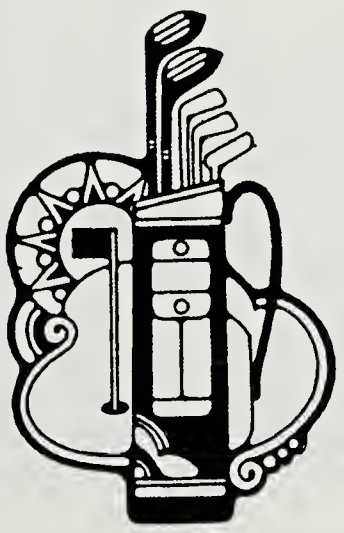
Laughing it off, Andy Norgart chuckles ta himself. He noticed that when he swung his club he missed the ball.



Having the pale tamark where the hole is, helps Andy Nargart aim. Aiming is an impartant part af Golf.

Regional players:

Mike Guilfoyle, Travis McGee, Andy Norgart, Scott Norgart, Shawn Rice, and Justin Sawyer.



Third in Cardinal District

Set n' Spike ...Girls end with best season ever!

This season the Volleyball team overcame many challenges and was able to work their way up to qualifying for regionals for the first time ever in Gar-Field history, which was very exciting for the team. The girls agreed it was their strong sense of team spirit and their specialized team roles that helped them through. "I felt that we learned to worked together as a team and we knew what each other was thinking. This was one of the main reasons we did so well this season", stated senior Heather Jenkins.

Although the girls did not have the "perfect" record, they finished their season. "Even though we did not win all of our games, we still have something to be proud of for going so far", states junior Allison Garrett. Showing off their special skills and full of confidence, the team was able to come a long way. Sophomore Emily Faught states, "I think that we really worked hard, we had a lot of fun, and we were all very close and that was the key to winning and being successful." Motivation and having a good potential were just a few of the standards that the girls set for themselves. They had a positive outlook and the desire to go a long way. The team was dependent on each other for support and whether they won or lost, they always kept up a positive attitude. -Amy Nicholson





Back Row: Janet Oldis, Carrie Hernandez, Emily Faught, Beth Jewel, Jill Hrabosky, Amy O'Neill, Coach Rosemary Garrett, Middle Row: Heather Jenkins, Chari Gargan, Allison Garrett, Bottom Row: Beth Mills, Jung Kim, Shera Howard



Sophomore Emily Faught takes the set and spikes the ball as teammate Amy O'Neill stays alert ready to help out at anytime.



Between games the players listen carefully as Coach Rosemary Garrett gives the team a pep talk. The team always came together even in rough times.

Senior Jill Hrabosky jumps up to block a spike by the opposing team. Jill played a key role in helping the Indians beat Evangel.





During an intense match, junior Allison Garrett gets prepared to handle the serve from the opposing team.

Scoreboard

W	Albemarle
W	Patrick Henry
W	Evangel
W	Pallotti
L	Albemarle
W	Indian River
W	Pallotti
W	Evangel
L	Hylton
L	Woodbridge
W	Stonewall
W	Potomac
L	O.P.
L	Hylton
L	Woodbridge
W	Stonewall
W	Potomac
W	O.P.
L	Hylton
L	Woodbridge

Digging In

The air was energized as the Lady Indians Volleybal Team entered the gym psyching themselves up, as well as the crowd, for the upcoming match. The Indians finished off a successful season with a record of 10-6.



Too many times, J.V. or Freshman teams are not looked upon as necessary parts of a sports program. These two slots form a barrier that gives experience and time to develop skills that will be needed in a higher level of competition.

Being a J.V. or Freshmen team member meant a lot of hard work. With this in mind, the teams did not just play other schools but also had to battle with their own self-determination in achieving their ultimate goal.

- Kelly Scholz



Freshman Volleyball: Front row-Marissa Manabat, Lisa Roberts ; Back row- Danielle Johnson, Linsey Lunsford, Amanda Walter, Mary Campbell, Shea O'Connell ; Not pictured-Rachel Arbaugh, Ashawntee Dingle, Shamika Dukes, Leslie Flynn



With great effort Michelle Kuzma tips the ball with that little extra it needs to make it over the net. It takes extremely accurate hand-eye coordination to make a killer spike.





Leah Kuhns and Jessica Stump prepare for the serve. As part of the playing technique the forward players hold hands to prepare each other for the return. A player must be ready for the unexpected.

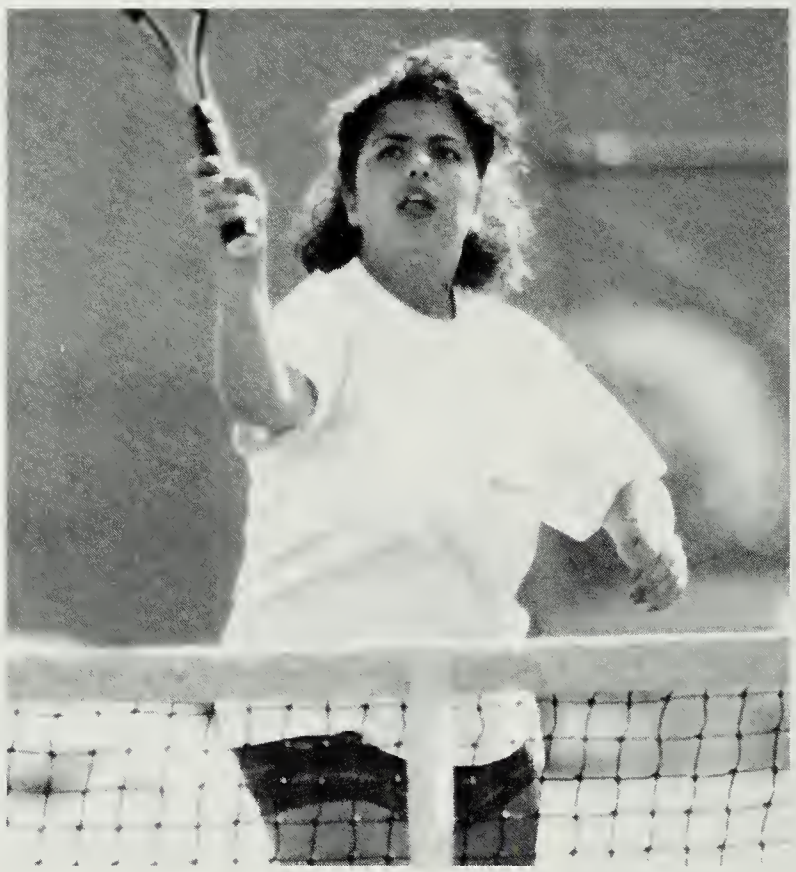
VOLLEYBALL



J.V.Volleyball: Front Row- Megan Oldis, Eva McCarthy, Kelli Hicks; Middle Row- Michelle Kuzma, Melanie Linemuth, Leah Kuhns, Jessica Stump, Kristina Stump; Back Row- Amanda Atkins, Christa Gargan, Stephanie Russ, Nikki Steck

The Ball Is In Our Court Now . . .

Anticipating the new year, the girls' tennis team started off their season in August. For these girls, practice started early in the morning at a time when most of us were still sleeping in late. " Getting up early every morning was hard enough, but we had fun and at the end it all payed off," recalled Mural Tirgari. Shown below Tirgari perfects her forehand as she hits a lob over the net. Hard work and determination is the key to success. This team certainly proved that saying this year. With only eight returning players and with the new head coach Jim Earl, the main objective for the team was to adapt to the changes and do the best they could. Though the entire team did not get on the court all at once you could feel the team support. With every day that went by the team felt more and more together. " We all got along really well", explained Robin Schrimpf, looking back at the season, she remembers feeling "like a part of one big family."



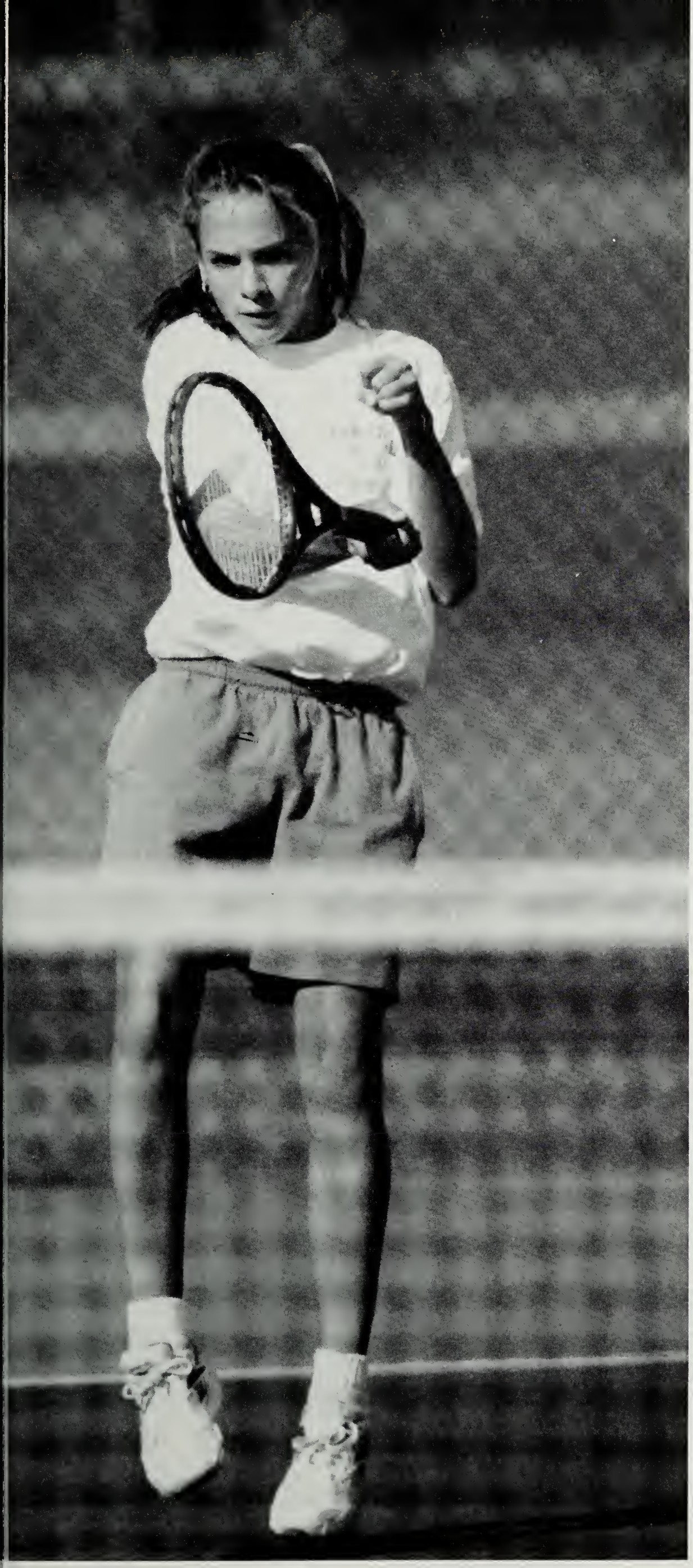
"I'm really proud of what the girls have accomplished, and how far they've come." stated Jim Earl when asked how his first season as head coach went. Their dedication and their strive to be the best showed at the end in their final record and their second place finish in the regional competition. - Cinthia Rios , Rebecca Membreno

Tennis is a perfect combination of violent action taking place in an atmosphere of total tranquility.

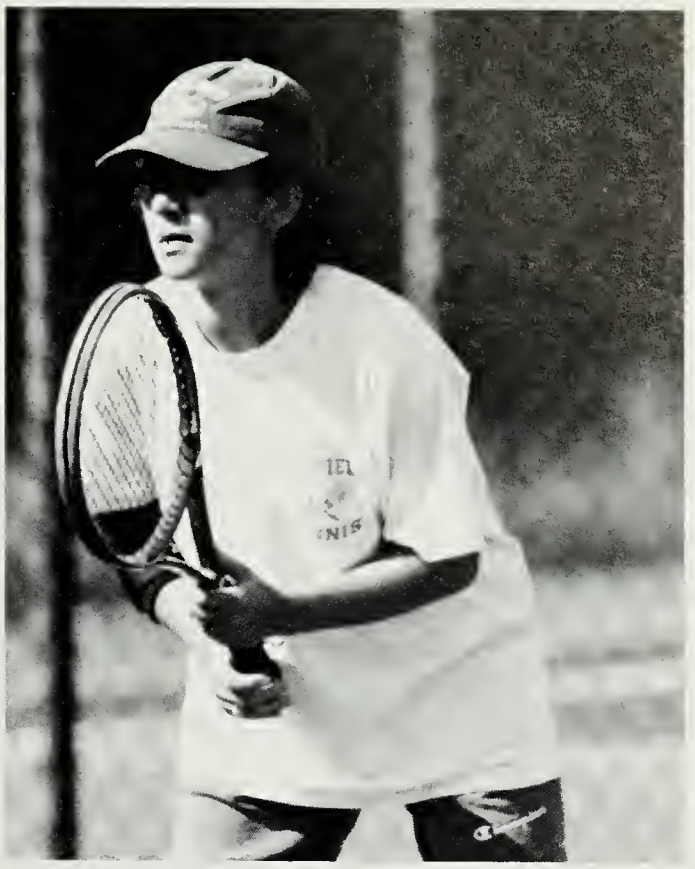
-Billie Jean King



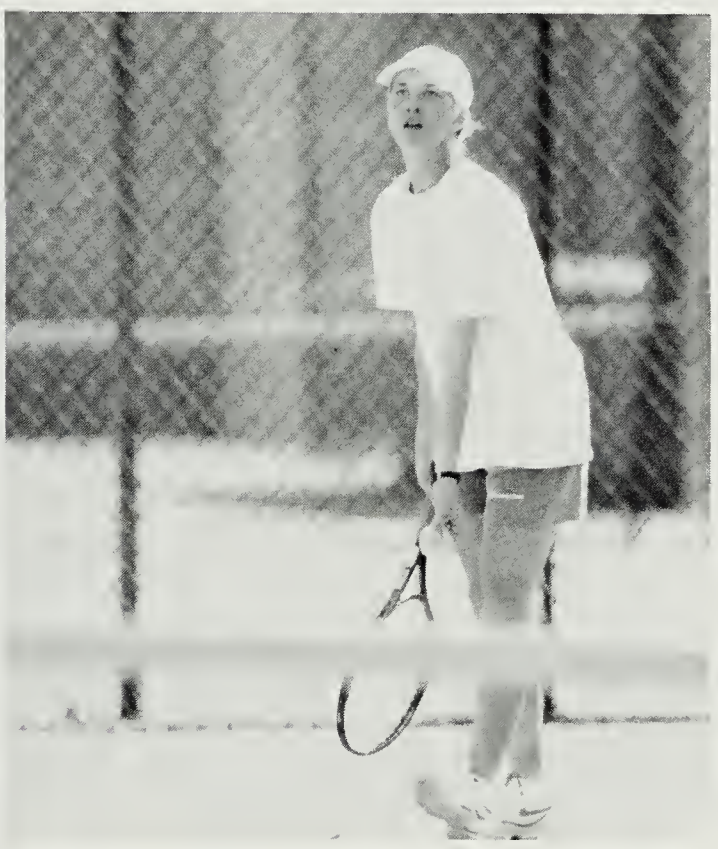
top: Corinne Bolder, Robyn Levin, Missy Wycinsky; standing: Jen Burwell, Jeri Culp; sitting: Peggy Rodriguez, Theresa Schoenburn, Maral Tirgari. not pictured: Jennifer Chamberlin, Patricia Chamberlin, Diana LaVenuta, Kimy McLeod, Cecilia Neiderriter, Jeannie Rubino, Robin Schrimpf; Coaches: Jim Earl, Pat Davies, Joan Rutherford



A good hard swing with strength and power was one of Missy Wycinsky's trademarks. As a returning player, she earned herself the number one sead in singles.



Concentrated and determined to win the set, Jennifer Chamberlin stands waiting for the perfect chance to score. She won her match to help the Indians go on to victory.



Precision and accuracy were both qualities Robin Shrimf displayed in her serves. Shown here she served an ace to clench her final set.

Girls' Tennis 1994-95

	Home	Away
Brooke Point	9	0
Stafford	5	4
Woodbridge	8	1
North Stafford	5	4
Stafford	5	4
Stonewall	canceled	
Hylton	1	8
Potomac	8	1
Osbourn Park	6	3
Hylton	1	8
Potomac	8	1
Osbourn Park	6	3

Final Record 9-3

Baguba Bash

Varsity and J.V. wrestlers both had a good year. Coach Horning, Potomac News' wrestling coach of the year, agrees, "We've been able to emphasize pushing the "team" idea and it was very satisfying for me to see the Varsity Baguba's succeed as a team as well as individuals." The Baguba's definately proved this point. There were five seniors who won the title of district champions this year, Saquib Younis, Albert Dukes, Kevin O'Grince, Frank Jung, and first place winner David Hardin. After regionals David Hardin and Frank Jung went on to place at states. David took 6th and Frank took 5th. Including the thrill of participating in State's they also get their names painted on the wrestling room wall. This is considered a big honor to the Bagubas.

" The past four years have been a great experience. Wrestling has shown me more about myself than any other sport could have a lot of guys as the team showed a lot of charecter and that can be attributed to Coach Horning and the sport itself," commented Ben Fuhrman. Along with Varsity's great season J.V. did alright themselves. For their season they had four wins and one loss. At the Midlothian tournament, Derek Mordan placed first, John Salvucci placed second, and Alan Lucks, Louis Rasado, Gabe Zeppeda placed third. Kevin O'Grince adds his comment, "I think that the last four years of hard work really paid off. We had great coaching and leadership skills and we were able to accomplish our goals. We had a season that I"ll never forget." -*Alicio Cupp, and Alexandro Friedrich*





Giving the rest of the team support wos stondord. *J.V. wrestlers Gobe Zepedo,John Soluucci, Luis Rosodo, and Derek Mordan wotch and cheer on during proctice.*



While maneuvering his opponent into o Holf Nelson, Dovid Hardin pins his competiter. Using a Holf Nelson made it an eosy win.



Bursting with energy, Adam Silvis breaks through the Baguba sign at the winter pep-rally. Silvis is one of two freshmen to make the varsity team.

J. V. Wrestling Scores

Gar-Field	21	Brentsville	30
Gar-Field	47	Brooke Point	9
Gar-Field	36	Potomac	16
Gar-Field	21	Osbourn Park	12
Gar-Field	34	Hylton	27

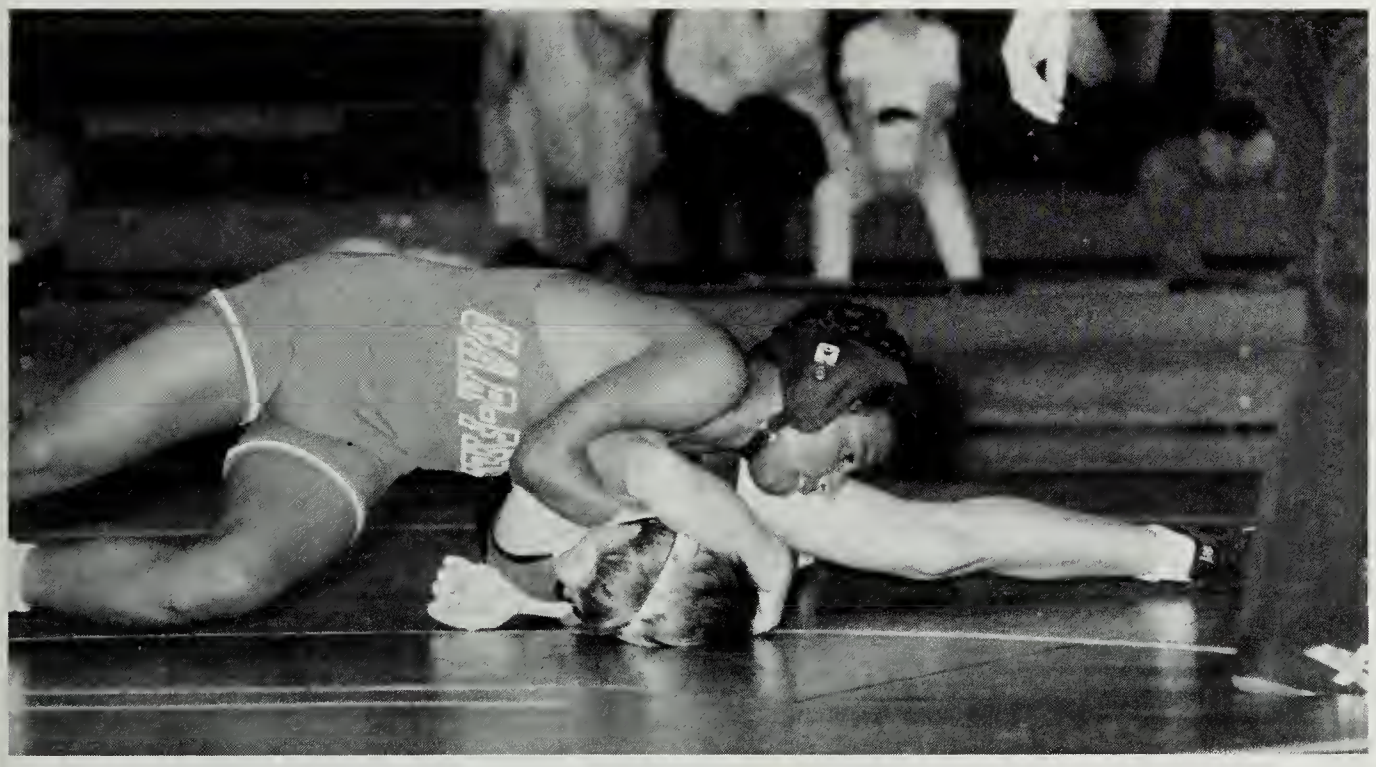


Varsity Wrestling Scores

Gar-Field	32	Brentsville	27
Gar-Field	26	S. Jackson	41
Gar-Field	45	Brookville	21
Gar-Field	54	Lake Braddock	5
Gar-Field	44	Brooke Point	16
Gar-Field	45	Potomac	9
Gar-Field	64	High. Springs	9
Gar-Field	54	Woodbridge	14
Gar-Field	51	L. C. Bird	18
Gar-Field	34	Osbourn Park	23
Gar-Field	35	Hytlon	25
Gar-Field	18	D. Freeman	32
Gar-Field	60	Monacan	26
Gar-Field	68	G. Wythe	4
Gar-Field	46	York	15
Gar-Field	35	Maury	25
Gar-Field	28	Gloucester	32
Gar-Field	42	Robert E. Lee	26
Gar-Field	53	Hayfield	12

Regional Duals

Gar-Field	45	Woodbridge	20
Gar-Field	18	Franklin Co.	43



Twisting his opponent into a pretzel, Luis Rasada uses a Half Nelson to take his competitor over. Luis Rasada won his match.

Taking the Plunge:

Swimmers Sprint Their Way to Championships

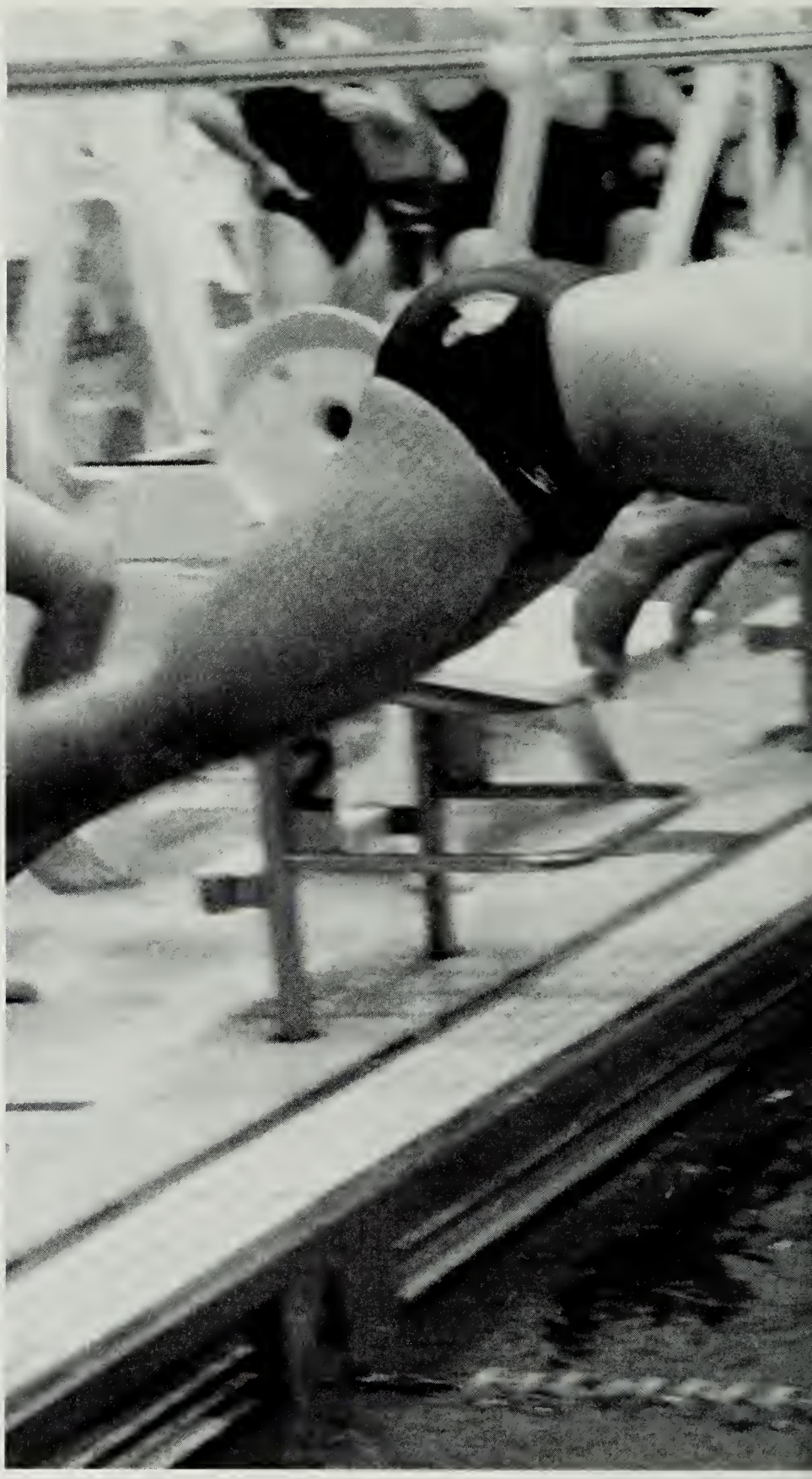
This year was a growing year for the swimming Indians. There was an abundance of freshmen who added spirit and depth to the team. For some, swim team was a whole new experience. For others, it was a daily routine. Swimming an hour and a half , Monday through Thursday was necessary for the double dual meets every Friday night.

The Chinn Aquatics Center was like a second home for many swimmers as they spent three to four hours at the pool. "It was hard to pass time during the long meets on Friday nights, but it was a great year and we all had fun," said Kevin Stansfield.

Thursday nights were a favorite for many people as the team gathered at one of the member's homes for a pasta party. "The pasta parties were a great way for the team to come together before a meet," said Tracy Wills.

After four long months of hard practicing and preparation for championships, the hard work finally paid off. Many swimmers improved their times and broke some team records. Jose Laboy broke his own 50- and 100-freesyle records and placed in both.

As the season came to a close, the swimming Indians were proud of their accomplishments. -Adrienne Cross and Jenni Reese

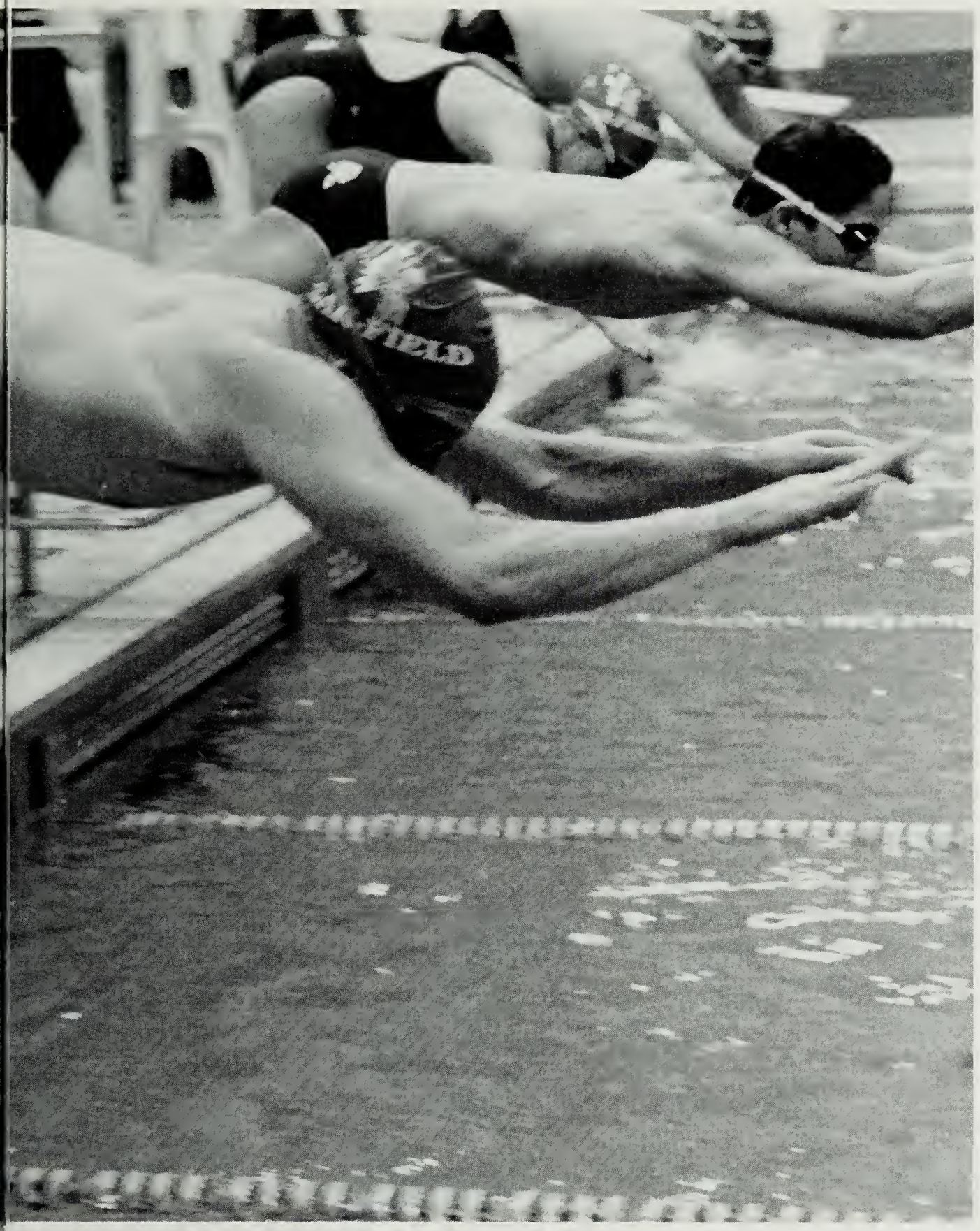




Boys Team: Front Row (from left): Brenda Lee Smith, Manager, Richard Leung, Vu Le Nguyen, Ray Lowery, Brian Cable, Mike Williams, Crystal Spinks, Manager. Back Row: Susie Broach, Damon Smuzynski, Brad Newell, Tim Johnson, Rhett Bentson, Jose Laboy, Kevin Stanafield, Joe Rakestraw, Chris Pitera, Coach Mrs. Jan Packard.



While on the blocks, Jose Laboy prepares to swim the 50-meter freestyle. Jose was a great addition to the boys team this year, adding his sprint speed and team spirit.



Diving into the water with great strength, Ray Lowery practices his start during warm-ups. Warm-ups were very important for refining last minute techniques and preparing strokes for the meet.

While at the District Championships, Paige McFarland takes a minute from the noise and confusion to think about her races she'll be swimming. The last meet was the most hectic of all the meets with twelve other teams on the pool deck at the same time.





Girls Team: Front Row (from left): Robyn Herman, Jennifer Bron, Paige McFarland, Whitney Packard, Joanna Kelly, Margaret Rowland, Adrienne Cross, Karen Nabholz. Second Row : Crystal Spinks, Mary Dietrion, Neda Farahmand, Elise Brown, Tracy Wills, Kristin Bellando, Martha Dunn, Jennifer Reese, Allison Garrett, Brenda Lee Smith. Back Row: Susie Broach, Susan Moore, Lauren Miller, Gina Murkey, Karah Reese, Jennifer Ceja, Megan Parent, Georgia Gray, Katherine Turner, Coach Mrs. Jan Packard.



As she waits behind the block for her event, Whitney Packard clears her goggles and watches for the starter. Many thoughts went through the swimmer's heads as they practiced their strokes in their minds.

INDIAN JAM SESSION

The 1994-1995 Boys' Varsity Basketball team started on the right track. Spirits ran high among the teammates and the faithful fans as the Indians seemed to be on a winning streak.

Strong, experienced players composed the team this year. The senior players in the last three seasons alone hold a total of 57 wins, 13 losses, 2 district titles, and 1 district runner-up. Veteran players like Chris King, who scored 1,098 career points led the Indians to many victories against well-known teams. King averaged 23 points per game, and 9.2 rebounds per game.

Trokon Nagbe was another essential player in the Indian strategy. He averaged 17 points and 10 rebounds per game. Both King and Nagbe made first team all-district. King, in addition, made first team all-region, and Nagbe made second team all-region.

The Indians confronted tough opponents this season. In the Christmas Tournament, the Indians defeated strong teams, such as Springbrook from Maryland with a score of 79-73.

Springbrook ranked fourth in the region by the Washington Post at the time they played the Indians. The boys also went on to beat notable teams like Bethlehem Catholic 63-49, and Douglas Freeman in overtime with a close score of 73-72. The Indians were the champions of the tournament.

The Varsity team rose to the Cardinal District Tournament, and Northwest Regional quarterfinals before they lost in triple overtime to E.C. Glass High School; a tough end to a great season. The boys' ended their season with a record of 17 wins and 5 losses. Every member of the Varsity basketball team had what it took to be a "winner." All of the Indian basketball players embody the attributes of true champions. -Keishia Kemp



1994 - 1995 Season

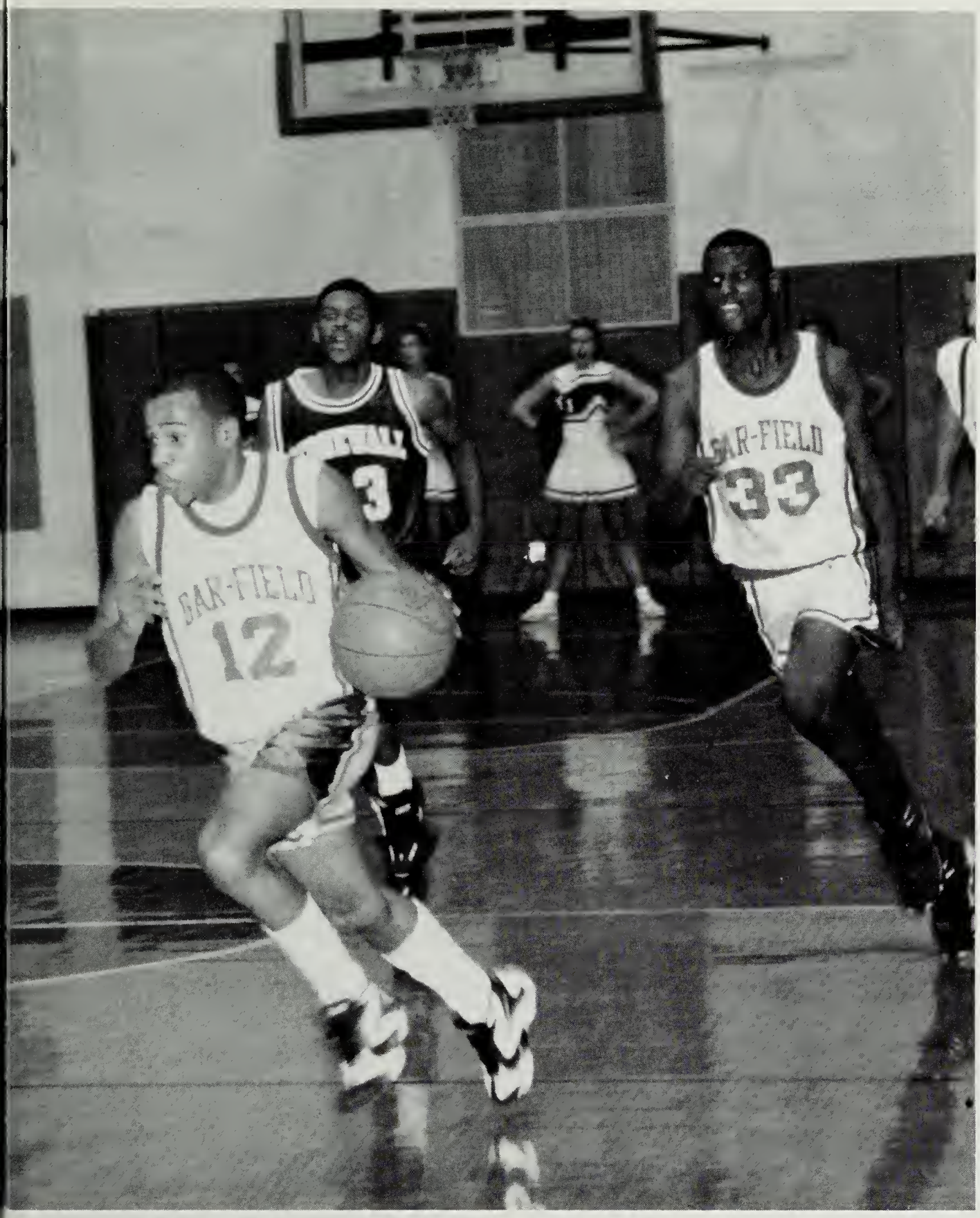
Scoreboard

Team	Indians		Opponents
Brooke Point	75	-	57
Potomac	45	-	65
Stonewall	63	-	26
Woodbridge	55	-	51
Stafford	83	-	54
North Stafford	63	-	48
Brooke Point	69	-	50
Osbourn Park	65	-	54
Stonewall	67	-	52
Hylton	72	-	63
Woodbridge	45	-	60
Osbourn Park	72	-	37
Stafford	56	-	44
Potomac	40	-	54
N. Stafford	51	-	44
Hylton	66	-	47
* Hylton	76	-	53
* Potomac	63	-	81
* E. C. Glass	70	-	71

* denotes play-off games



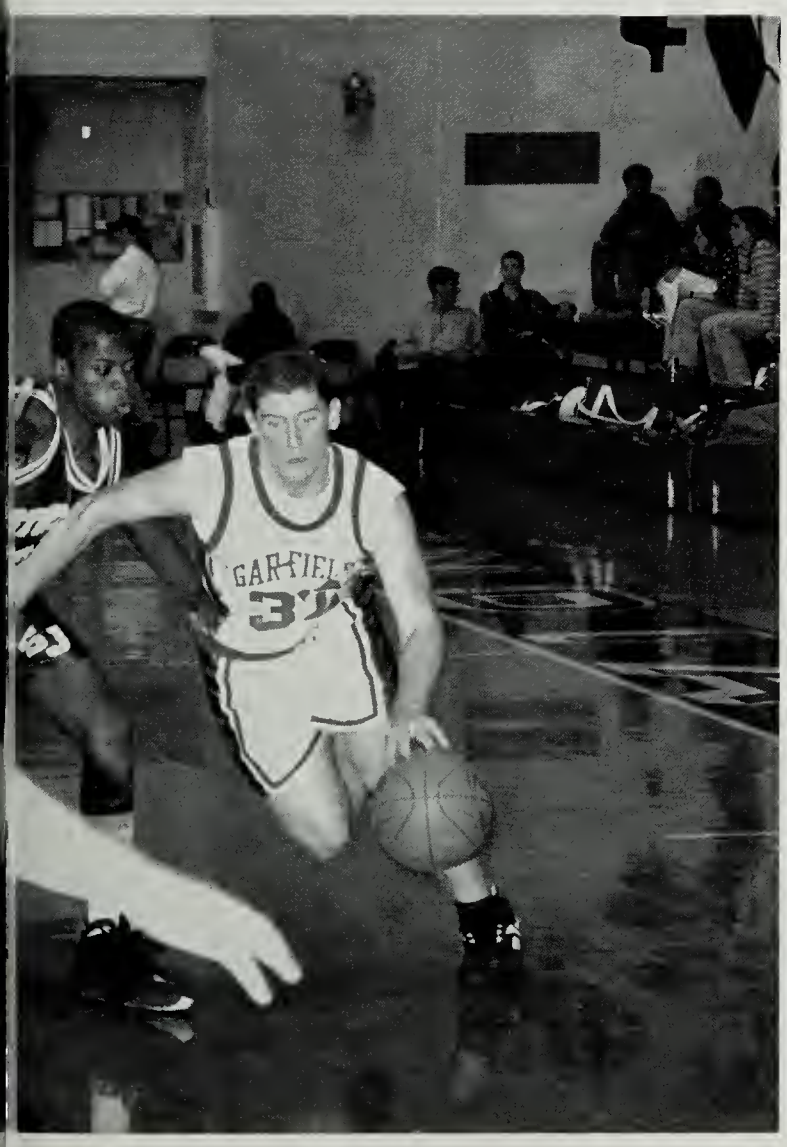
Quickly, Greg Thomas looks for an open teammate for an assist at a home game against Stonewall. The Indians won a strong victory with a score of 63-26.

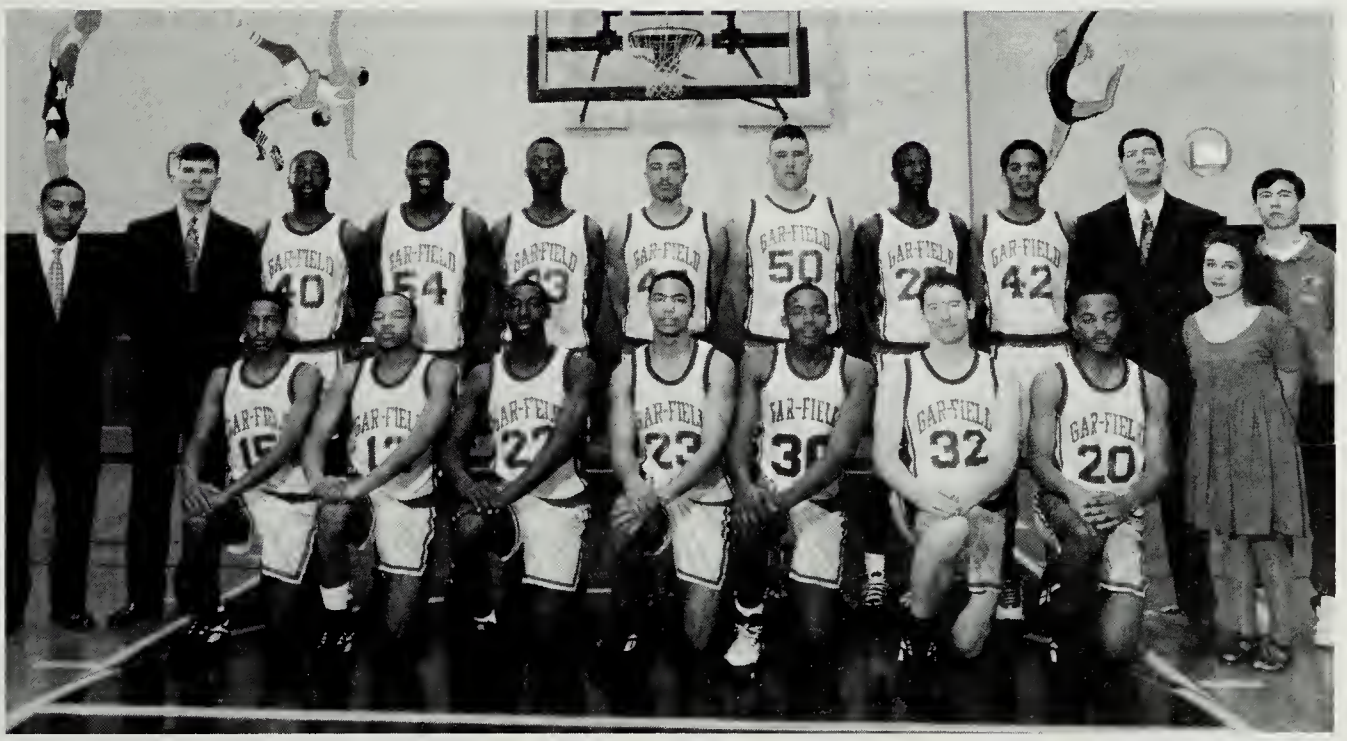


Indian players sprint down the court ofter o sucessful rebound, while Stonewoll players struggle to keep up. The Indians left several teoms in the dust this season. Next yeor, wotch out!

Deep in conversotion, Coach Groy quickly exploins the pottern of the next play during o time-out. As the competition becomes more fierce, the gome plan must become increasingly sophisticoted.







Kneeling (left to right): Greg Thomos, Kenric Ferguson, Toris Howard, Kelvin Pollard, Steven Willioms, Kevin Smith, Eric Smith. Standing (left to right): Asst. Cooch Lewis Howard, Heod Cooch Andy Groy, Trovode Wolloce, Mok Dogbotse, Trokon Nogbe, Chris King, Josh Lowson, Anwand Lockhort, Jeremy Bynum, Asst. Cooch Kevin Brown, Jomie Cortwright, Joe Verschueren.

Driving past his opposition, Kevin Smith heods stroight for the gool. Kevin uses the same quick skills thot he developed in Vorsity footboll.

JV BOYS RISE ABOVE THE OPPOSITON

The Junior Varsity Boys' Basketball team started off a bit shaky this year. Many of the players were dropped during the midseason because of grades. They started the season with a full roster and ended up with only enough to start a game and barely enough for sub-ins.

Because of their ability to work under pressure, the young squad ended the season with an unbelievable record. With the leading skills of point guard, Alex Jenkins, the boys managed to use the time on the clock without wearing themselves out. That meant forcing opponents to play at Gar-Field's pace.

What the boys lacked in height, they made up for in dribbling, shooting and great boxing out skills. Having big men underneath the basket, like Daniel Bono, Daniel Johnson and Brian Daniels helped in getting the rebounds. Being underneath meant you had to take control of the"paint" in which most of the scoring happened. -Janet Ortiz

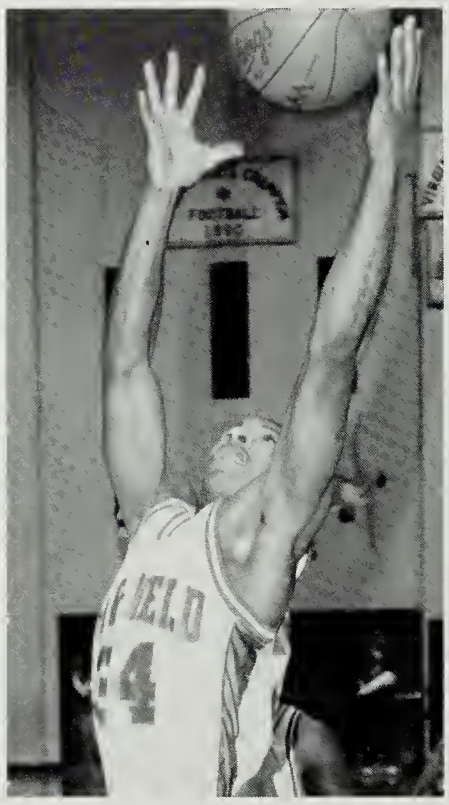
As the team listens attentively, Coach Howard goes over what play he wants carried out on the court. The team always had to be aware of what play the coach called in order to eliminate any mistakes.





Front, left to right: Bryson Champ (30), Gerry Peacock (14), Brian Daniels (34), Danny Patton (12), Randy Ware (22), Alex Jenkins (24). Back: Dario Garcia (52), Adam Hoffman (50), Daniel Johnson (54), Daniel Bono (44), Donald Rushing (20), Marty Atkins (42).

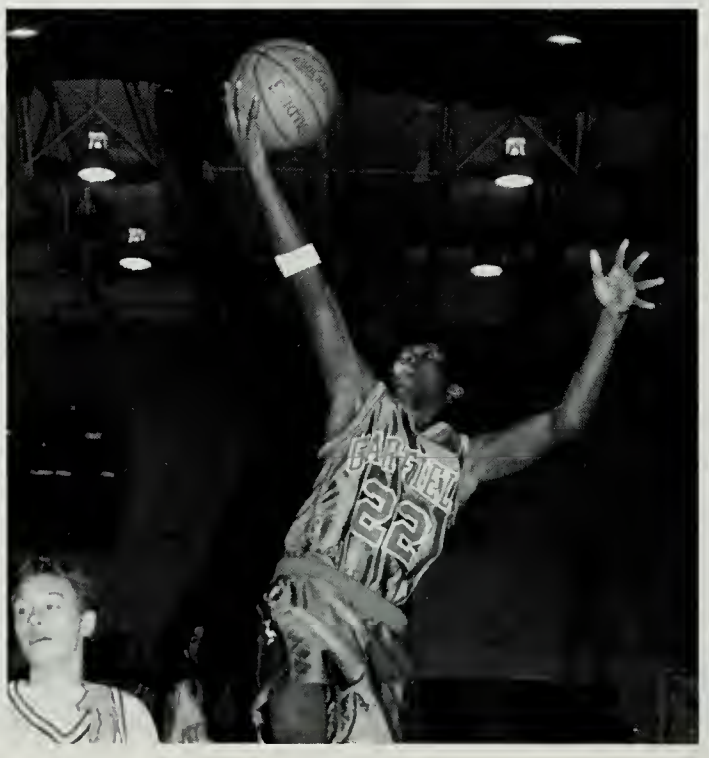
As forward Brian Daniels rises above his Stonewall opponent he redefines the term "ups". Rising above the opponent helped in getting the ball before the defense.



Freshman point guard Alex "Tink" Jenkins (24), laughs in the face of his Potomac opponent. Tink out-manuvered his opponent with his unstoppable dribbling skills.



On a fastbreak, freshman guard Randy Ware (22) lept over the defense and scored two for Gar-field. Being able to get past the defense on a play was a big part of the boys strategy to be able to beat the opponent.







SCORE BOARD

	Home	Visitors
Bishop O'Connell	36	51
Brooke Point	36	28
Potomac	46	34
Stonewall	54	47
Woodbridge	32	44
Stafford	38	50
North Stafford	51	37
Brooke Point	29	31
Osbourn Park	48	49
Stonewall	58	41
Hylton	41	44
Osbourn Park	45	40
Stafford	44	21
Potomac	75	52
Hammond (Md.)	36	55
North Stafford	48	35
Woodbridge	30	39
Hylton	37	38

Wins 9 Loses 9

JUNIOR VARSITY STANDS STRONG

The Girls' JV Basketball team proved to be unbelievable with the first, ever, scorer to reach 40 points in a game. Kaiysha "Fingers" Roebuck proved to be a "Powerehouse" when she hit 42 points in the 23 point upset against Potomac. "Fingers" averaged 16.5 points per game and was leading scorer.

Rosemary Garrett, coach of the squad, commented that, "The squad was extremely young this year with 5 freshmen, 5 sophomores, and 2 juniors. There wasn't alot of team or organized ball playing experience but after many practices they realize they were capable of doing 'the little things' that make a successful team. After Christmas break, these abilities started to sink in and many good results occurred. I guess the players had gained confidence and were listening to what I was saying."

The girls' may have had a young squad but they had a great season with 9 wins and 9 loses. These girls' had come a long way from having had middle school ball skills to the top level of high school ball in one short season.-Janet Ortiz



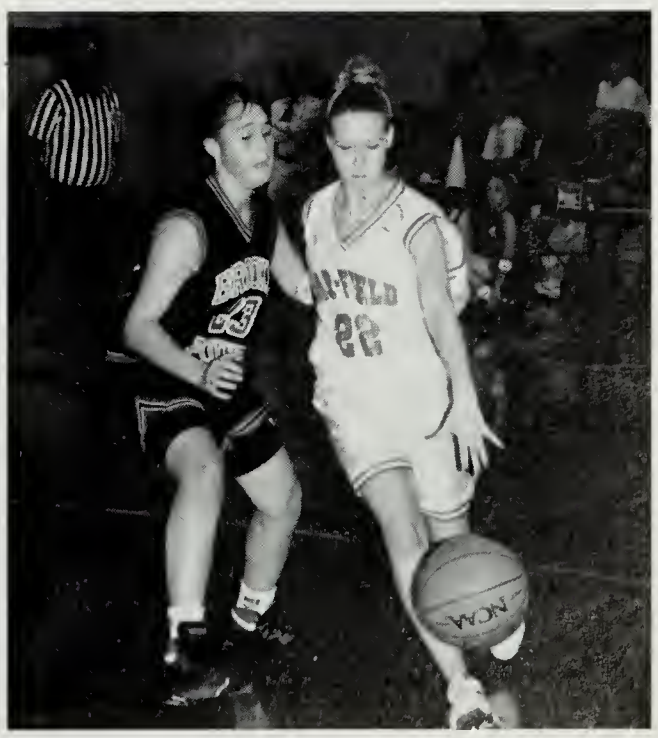
After a steal against Brooke Paint, freshman guard Cristina Plutz (34) drove into the lane far an easy layup, and two paints for the team.



Back left: Shanna Conklin (42),Lashawn Dillard (40), Jeri Culp (52), Beth Sullivan (Man.), Lalita Turner (44), Kaiysha Raebuck (50), Cristina Plutz (34). Frant left: Heather Baldwin (32), Crystal Mayo (12), Abby Fehrman (54), Amber Kelly (22), Janet Ortiz (24). Nat pictured: Calleen Timmer (30).



The pressure was on, as sophamare guard, Janet Ortiz (24) tried ta stop the in-bound pass made by her Brooke Point opp-anent.



Kaiysha "Fingers" Raebuck rase above her Brooke Paint appanent and wan the tip an the game opening jump ball. Kaiysha was leading scarer far the JV girls' basketball team averaging 16.5 pts a game.

The pressure was an as a Brooke Paint appanent tried ta stap Amber Kelly (22) fram scaring. With the pick set by teammate Jeri Culp, Amber was able ta drive in for a layup.

FRESHMEN GIRLS' DO IT UP

It was a year of learning, fun, and laughter for the freshmen girls' basketball team. The girls' learned that as part of the basketball program, they had to have the dedication and desire to be the best. Mary Cambell proved she wanted to move to the next level when she started practicing with both the freshmen and J.V. teams.

The girls said their greatest game was against Woodbridge; they were the school rivals. They put up a good fight, but unfortunately, they couldn't out-do the Viking defense.

With the loss of their head coach Ms. Susan Taylor to maternity leave, the girls continued to put forth all their effort. and Patrick Hogan, the girls' assistant coach took over the season and commented, "The season was a big success. It was a good learning experience, enabling the players to go to the next level. These girls were a great group to work with. They always helped out."

Leading scorer for the freshmen squad, Felicia Oliver finished the season with 69 points and an average of 4.3 points per game. Felecia was backed up in scoring by Mary Cambell who had 64 points this season and an average of four points per game. -Janet Ortiz

SCOREBOARD

WINS 7 LOSSES 9

	HOME	VISITORS
Osbourn Park	18	14
Hylton	16	23
Potomac	16	34
Woodbridge	17	34
Stafford	14	34
Stonewall	26	20
North Stafford	11	35
Brooke Point	13	10
Osbourn Park	13	7
Hylton	23	22
Potomac	14	26
Woodbridge	10	27
Stafford	16	25
Stonewall	28	3
North Stafford	18	24
Brooke Point	27	17



Front Row (left to right): Nicole Cuttino (20), Chorleene Corthane (22), Danielle Cornelius (34), Theresa Peters (54), Mayra Fonesca (44). Back Row: Missy Kuzma (42), Becky Moore (10), Felishio Oliver (40), Mary Cambell (50), Jen Lanagan (52), Kelli Hicks (32), Allyssio Collins (24). Not pictured: Coaches Taylor and Hagan.

As Missy Kuzma pulls in for a lay-up on a fastbreak, she creates a foul by making the opponent have to try to stop her play.

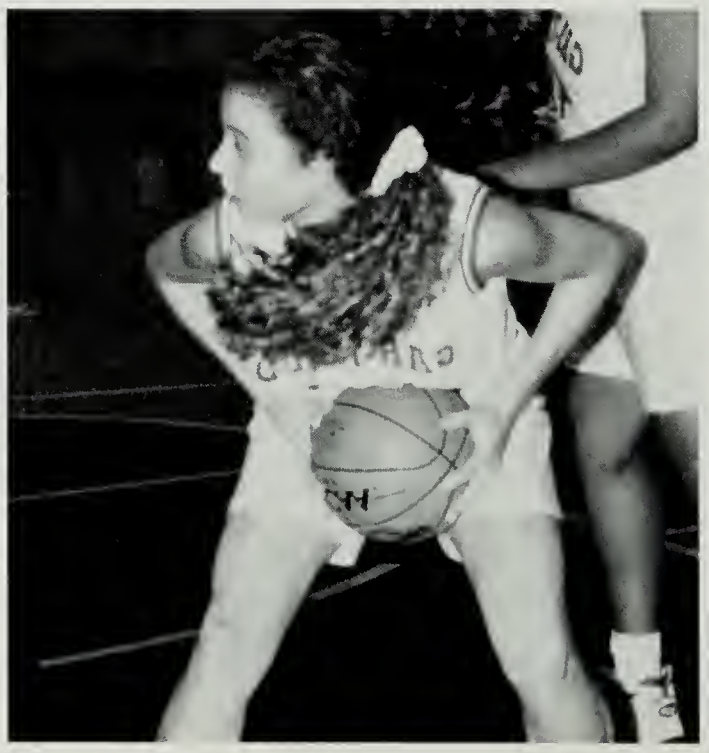


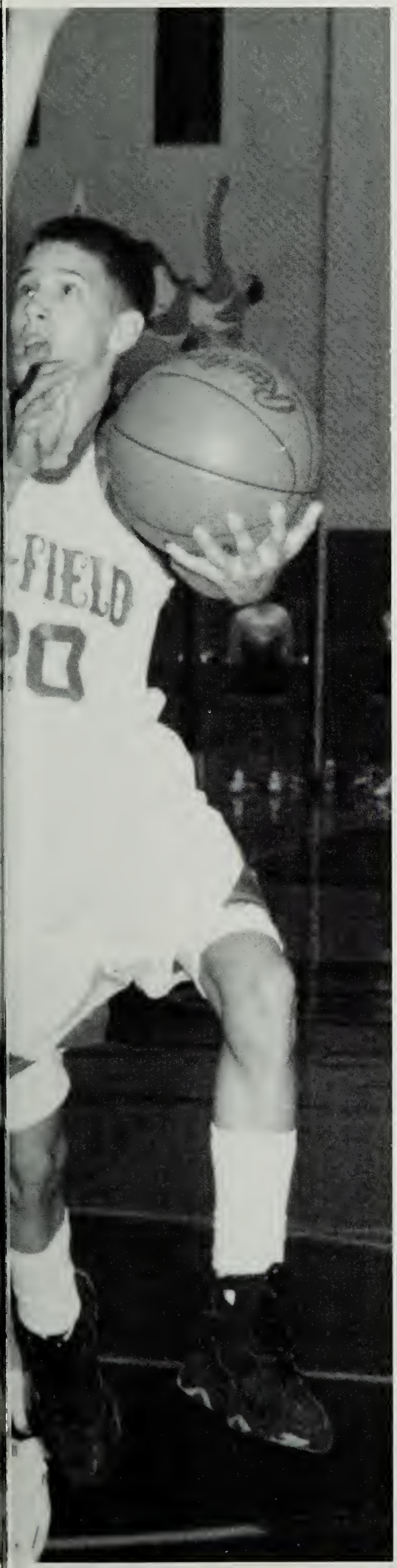


Determined to keep her Hylton opponent from scoring, Alessia Collins sets up to block the shot. Being able to identify what the offense was to do beforehand was a key asset in being prepared to play defense without creating a foul.



After grabbing a rebound, Mary Cambell prepares to dish the ball off to the point guard, heading down court and set up an offense. Rebounding was one of Mary Compbell's best qualities besides being second leading scorer.





SCOREBOARD

	G-F	Opponent
Osbourn Park	43	27
Hylton	27	58
Potomac	46	33
Woodbridge	30	38
Stafford	51	53
Stonewall	38	34
North Stafford	36	34
Brooke Point	41	31
Osbourn Park	50	39
Hylton	30	58
Potomac	45	31
Brentsville	52	35
Woodbridge	37	57
Stafford	42	44
Stonewall	45	36
North Stafford	31	23
Brooke Point	39	37

WINS 11 LOSES 6

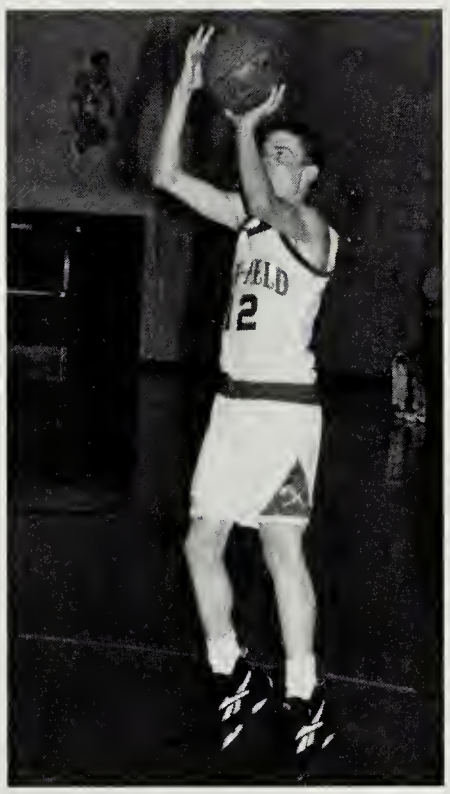
FRESHMEN TAKE ON → TOUGHER CHALLENGES

Even with relatively no experience with each other, the freshmen basketball team had a pretty good year. The team matured a lot during the season and towards the end they started working much better together. In speaking about the season, Coach Bailess said, "The team played well above my initial expectations, they were able to play so well because they gave a hundred percent at every game and every practice."

The team not only had a record of 11 - 6, but they showed a couple of promising young players for the future. The whole point of the freshmen team is to get the players involved in the program and how it is run. With hard work and desire, one day some of these players will be at the top of the program, the varsity team.

Throughout the whole season the team showed a lot of consistency. The team played with the same intensity every game, no matter if the were playing a weaker team. When needed, they also improved their game for the tougher opponents. Over all the team showed a lot of maturity despite their inexperience.

-Carlos Vera



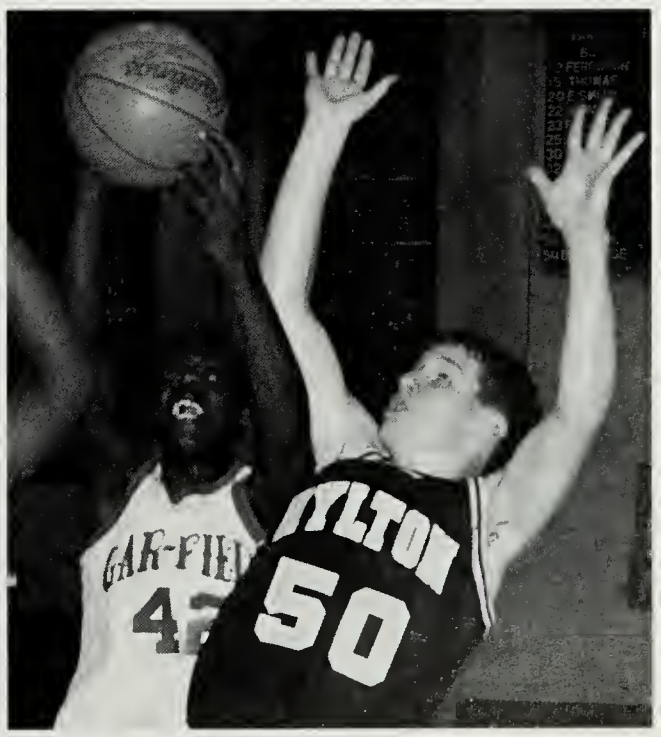
After working the ball around, Adrian Watkins found himself open for a jump shot.



Front Row: Casey Vera, Damien Cohen, Kante Pittman, Rolland Craig Back Row: Ben Grexson, Albert Acheampong, Damon O'Briant, Paul Fossum, Adrian Watkins Not Pictured: Justin Washington, Adam Hoffman, and Coach Rob Bailess



Besides being one of the team's best shooters, Ben Grexson knew how to get through the defense for a lay-up. After taking the ball strong to the basket, he knew he could cry to the defense, "In your face!"



After getting an offensive rebound, Albert Acheampong goes back up strong for the basket and the foul. Through out the season, Albert led the team in offensive and defensive rebounds.

Flying through the lane, Casey Vera looks to score on one of Hylton's big men. Although he was the team's point guard, he was also counted on for some of the scoring.

Lady Indian's B-ball:

It takes more than skill to play as a team, just ask any member of the Lady Indians Varsity Basketball team. With a record of 18-0 during the regular season and 3-0 during the Bookjammin' tournament, these girls have risen far beyond all expectations set before them.

Sophomore Emily Faught said that the most memorable part of the season was "... beating Woodbridge 'cause they beat us last year. After that win, we knew for sure that this year was ours."

The Lady Indians all agreed that something special happened to them this year. "We worked together from the start and grew as a team." Coach Fred Milbert said.

Knowing how to execute offensive and defensive plays on the court can earn you valuable playing time, but add in desire and heart and you are unstoppable. "We have alot of fun together ... we're like a family, but at the same time we work hard to get our job done," Senior Stephanie Tucker said.

The girls' first priority was to have fun; but that ever present winning streak made their time together even more enjoyable.

Friendships that last a lifetime and respect for teammates and opponents are the qualities

tl boasted by the conclusion of this

y The Lady Indians finished their

s trict Champions with a final

r -1. - *Rachelle A. Jones* -



S ET VICTORY

1992 Season

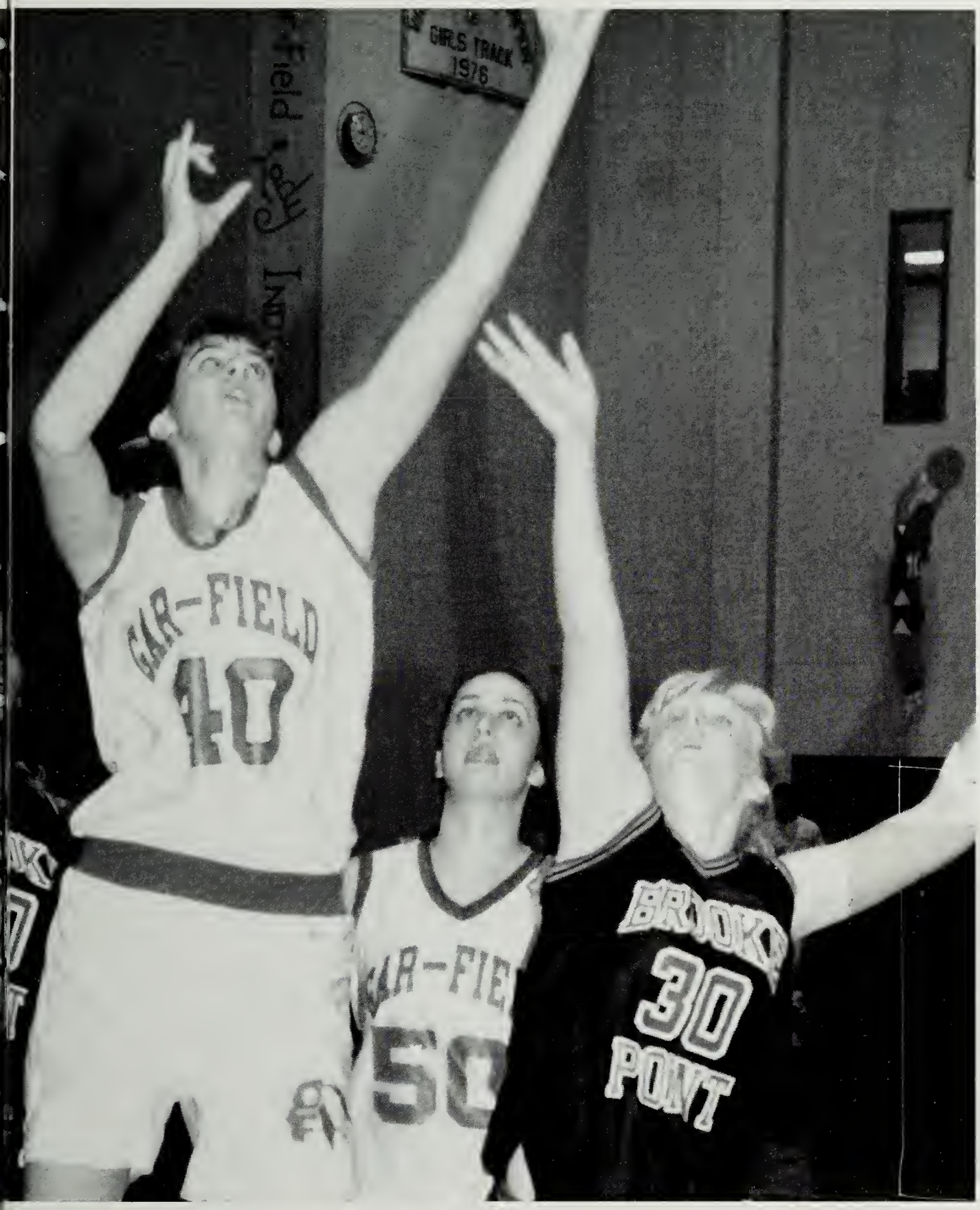
Scoreboard

Team	* Indian's Score *		Opponent's Score
O'Conell	64	-	58
Brooke Point	65	-	27
Potomac	82	-	17
Stonewall	72	-	14
Woodbridge	47	-	44
Stafford	47	-	41
N. Stafford	64	-	41
Hammond	65	-	52
Brooke Point	49	-	31
Osbourn Park	45	-	33
Stonewall	52	-	13
Hylton	49	-	40
Woodbridge	51	-	36
Osbourn Park	70	-	41
Stafford	61	-	36
Potomac	73	-	36
N. Stafford	63	-	48
Hylton	67	-	49
*Potomac	75	-	37
*Hylton	68	-	46
*N Stafford	60	-	65

Record 23 -1



Recieving an in-baund pass from her teammate, Freshman Dishawn King reaches far the ball. King was the only freshman on the Varsity Girl's team this year, providing a saurce of offensive and defensive plays.



Displaying their excellent teamwork, Senior Sandy Goulette and Junior Corrie Hernandez struggle to block their opponents as Sophomore Christy Moore rebounds a missed foul shot. The Lady Indian's heart and determination were the major factors of their success; not to mention the endless practices with two talented coaches, Coach Fred Milbert and Coach Mike Wright

Stepping past her opponent, Junior Missy Wycinski prepares to go up for a two point lay up. Wycinski, the outstanding 5'2" threat, was not only quick on her feet, she was an experienced and skilled player.







Girl's Varsity Basketball Team; Row 1: (Left to Right) Hattina Washington, Sandi Goulet, Stephanie Tucker, Carrie Hernandez,
Row 2: (Left to Right) Christy Moore, Heather Henson, Mia Chiparus, Nelaya Lee, Emily Faught
Row 3: (Left to Right) Rebecca DeVanney, Dishawn King, Missy Wycinsky.

Stopping her dribble and squaring her shoulders, Senior Mia Chiaparus takes an easy jump shot. Chioporus, an exchange student from Romania, has proven herself a true Indian both on and off the court. She averaged 10.6 points a game, and made 223 points during the regular season.

Over The River, Through The Woods .....

Sprints, intervals, long distance runs, drills, and camps were some of the activities in which the cross country team participated during the 1994 season.

The girls team had a difficult season (losing four of their runners), they placed third in districts, and ninth in regionals .



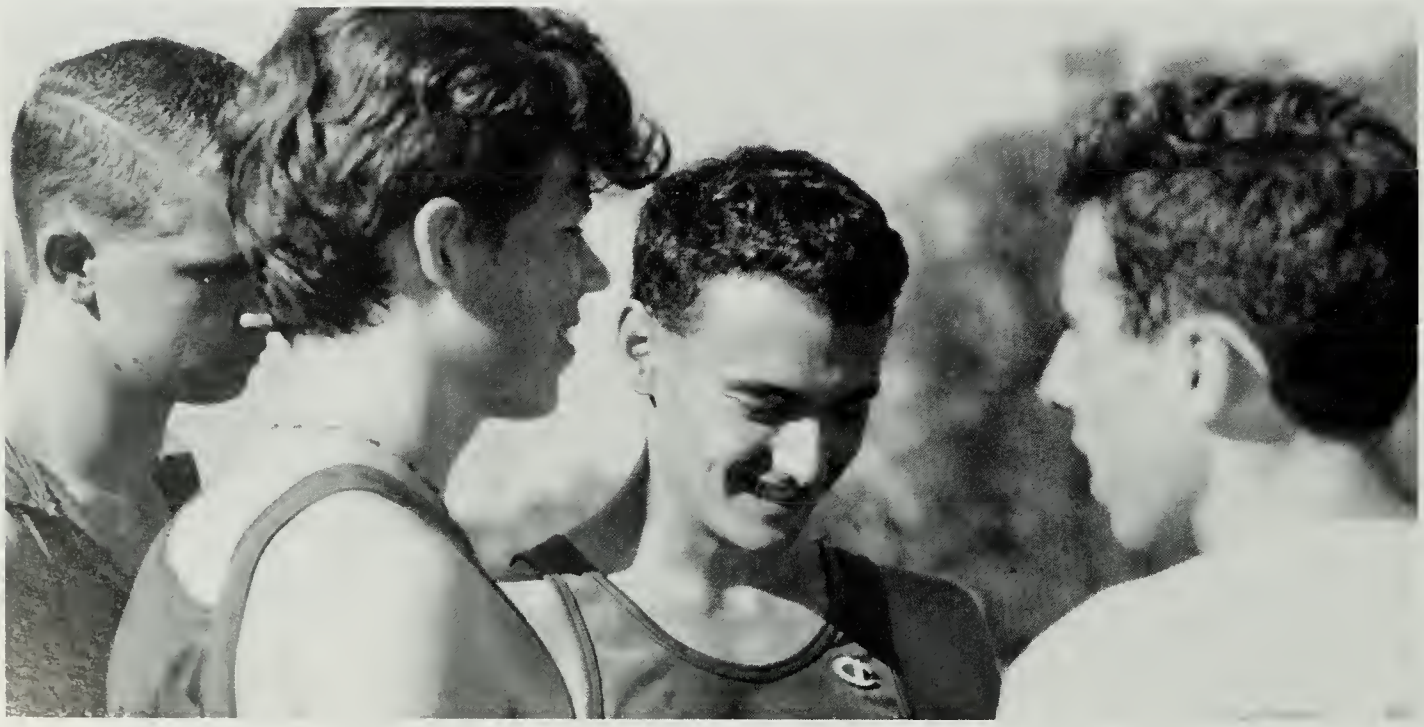
Just shy of qualifying for state, a disappointed team captain, Jennifer Gearing said, "The fact that not going to state as a senior, when I have gone the last three years is upsetting, but I am still proud of what we did this year."

The girls showed tons of spirit during the season. They worked hard and stuck close together as a team. Renee Rochette said, "Because we did our long distance runs together, we talked a lot and became really close."

Losing three of their best runners, the boys team still made a big impact on the other schools with their strong and powerful team. Placing first in districts, second in regionals, and seventh in state. All State runner Neil Puri commented, "You don't remember the years, you don't remember the months or the days, but you do remember the moments, and being All State is one of them".

Next year will bring surprises for both girls and boys with the middle schools bringing in young and talented runners. Mr. Anthony said, "It was a positive experience for all who ran."-Jenni Reese and Adrienne Cross

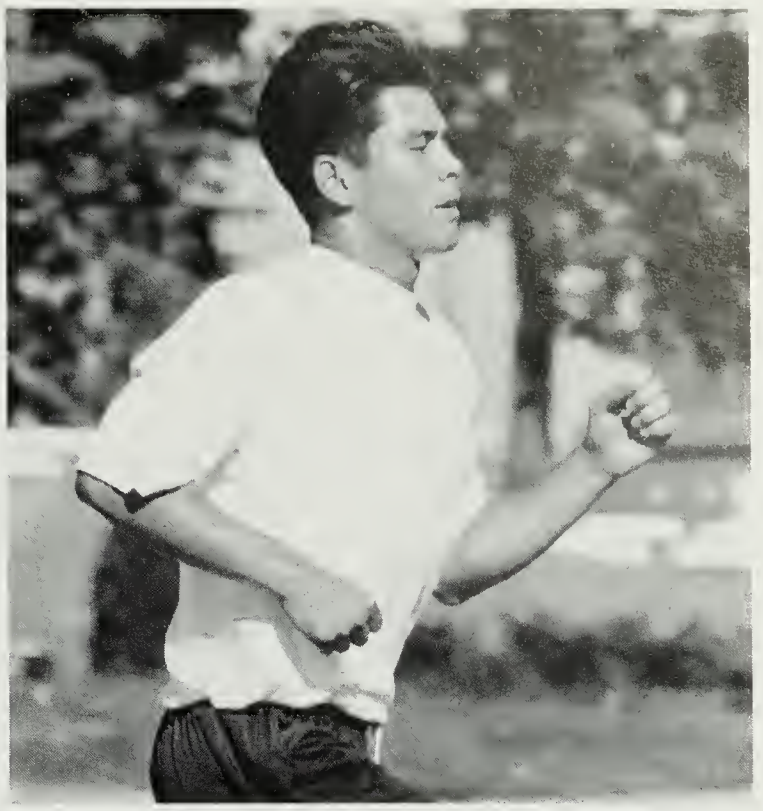




After the race, Peter Bradford, Adam Edmundsan, James Turner, and Jasan Danath talk about what they did during the race. Many of the runners talked about what they could have done better in order to be prepared for the next challenge. Communication is a major part of being a team.



As the race progressed, Karen Nabholz tried to pass teammate Mary Campos. Being able to put aside the fact that they were team mates ,they raced neck in neck trying to out run the other.



As David Hardin runs, he remembers his drills "knees up". Coach Anthony always stressed to his runners that this drill was one of the most important to remember when racing.



With determination and confidence, Peter McCullen strives to keep his pace. Like many of the cross country runners, Peter had a complete desire to make the most out of his races.



The race continued and so did Jenny Gearing pushing herself to win. Like many of her team mates, all she was out for was the "gold". Jenny had a full force of pride running through her as she continued to put forth all her effort.

Show Your Spirit...

Come on Let's Hear It!!

While attending camp at the University of Virginia the Varsity cheerleading squad placed first in the cheer and chant competition and second in the dance competition. This required of dedication and practice during the long, hot summer days before camp. "This was a great way to start off the new season", stated Wendi Blindauer.

The Varsity cheeleaders have always been well known for their college level stunts and skill. The cheerleaders have worked hard to achieve this title. Behind all the stunts was a lot of hard work and patience. The cheerleaders had practice almost every day after school, and on top of that, attended up to two of three events a week.

Heather Dempster, a captain , had nothing but positive memories of her senior year on the squad. However, she admitted, "During the few months before competitions we experienced some hard times and difficulties. I felt that we really pulled together and dedication became the main word. Preparing for the competition was stressful, but all, in all I feel that we did a great job in pulling together as a team."

Leading the school in spirit and cheers, were just some of the responsibilities the Varsity cheerleaders were given. They cheered for the Varsity football team and the Varsity boys and girls basketball teams throughout the regular season and the playoffs. Along with planning and leading the school pep rallies the cheerleaders proved to have a very busy year. Through all the hard work and time the cheerleaders pulled through to end the season in a wonderful success.-Tara Stapleton and Tiffany Hoffman





Front row: Wendi Blindauer, Heather Dempster. Second Row: Charity Gentile, Lori Rowe, Rachael Zimmerman, Tina Kobasa, Erin Weyant. Third Row: Amanda Gonzalez, Kelly Carson, Jamie Smolko, Tara Stapleton, Erika Fisher, Kerri Kraft, Mary Catherine Dvoroznak. Forth Row: Cathy Zawisa, Kevin Tripler, Tony Bapple, Doug Blanchard, Clay Rowland, Tiffany Hoffman. Not Pictured: Regina McGary, Kevin McMullen, Aaron Babaie.



Being the crowd leaders they are, Tina Kobasa and Aaron Babaie do a chair to keep everyone involved and spirited. A chair is one of our most known partner stunts and it is where most new stuntmen and flyers begin. After chairs, they usually progress and learn bigger and better stunts.

At one of the home gomes the cheerleaders toke odventoge of o time out to show the crowd whot their mode of. When the cheerleoders oren't preporing for competition they ore working hord at designing and putting together routines for gomes.



Doing a diomond head, Doug Blanchord lifts Kerri Kraft, Heother Dempster, and Tino Kobaso in the oir ot the same time. Loter in the yeor, they were oble to proctice enough to turn this stunt in o full 360 degrees!!





Crowd involvment is a very big port of cheerleading. Leading the stands in the "G-A-R-with o dosh..." cheer, Erin Weyant, Wendi Blindouer, Tiffany Hoffman, Cathy Zowiso, Lori Rowe, Toro Stopleton, and Erika Fisher yell their loudest to get the croud pepped up!

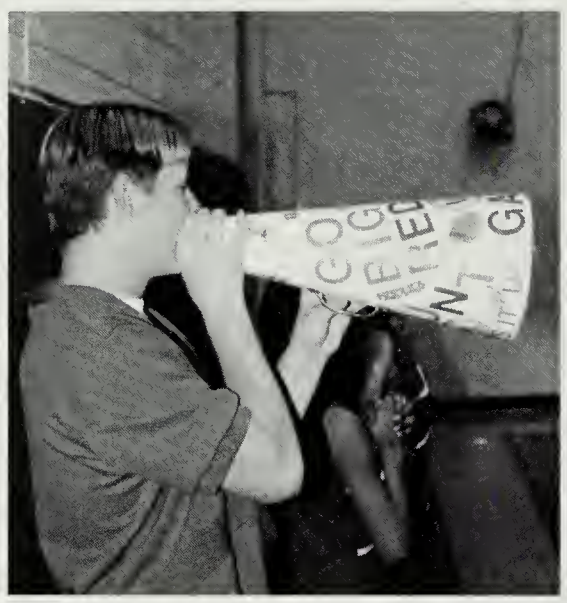


Doing one of their college level stunts, senior Doug Blanchord holds Lori Rowe in one hand and Kerri Kroft in the other hand all ot the same time!. This stunt is colled o double cupi!!

Yell It Out!

A combination of skill, spirit and talent is what made up this years junior varsity and freshman cheerleading squads. While attending summer camp at George Mason University, both squads improved immensely and received awards for their accomplishments. The J.V. and freshman squads received superior ratings in the cheer, dance, stunt and jump categories. Although they are two different squads, they worked together to represent our school of champions.

Both squads dedicated a lot of their time to fund-raisers such as selling pizza after school, selling programs at Varsity football games and dedicating their Saturdays to washing cars. They did all this to raise money for new uniforms, equipment, and transportation to camps and competitions. Not to mention the three practices a week where they run, dance , cheer and jump for two hours straight.



Working together as ateam is one of the key elements of cheerleading. Without teamwork this years J.V. team would not have been able to place at the UCA competition last fall. Their flawless routine gave them a sense of accomplishment that helped them finish out the year with success.

Everyone has to start somewhere and this years freshman squad started out with a bang. They suprised everyone with their abilities and acheivements. They even went on to win second place at the UCA competition.

Throughout the year both J.V. and freshman continued to demonstrate their teamwork and dedication. Everyone learned a lot and came a long way from the begining of the year.

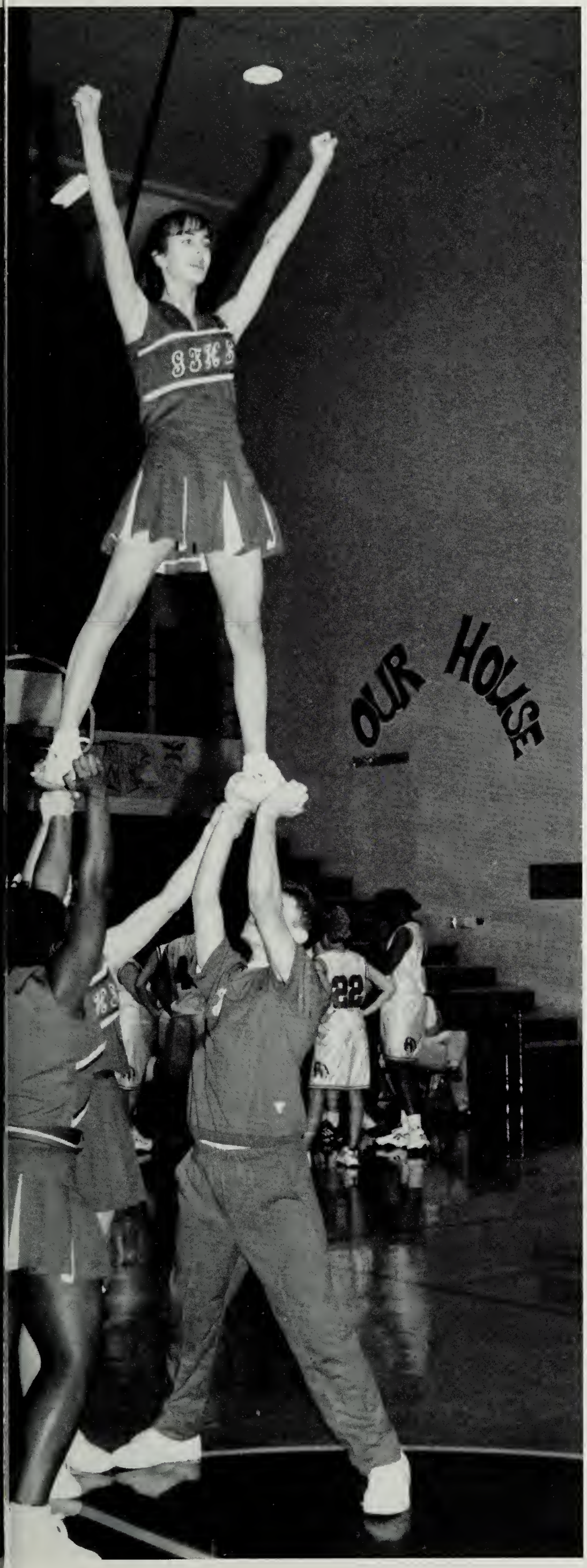


J.V. Cheerleaders: Front Row: Ryan Turner, Monique Welsh, Krista Edsall, Alicia Meyers, Seth Kloss Back Row: Angela Arbogast, Nikki Johnson, Talecia Morton, Brooke Hylton, Danielle Pokusa



Freshmen Cheerleaders: Front Row: Erin Nicholson, Olivia Buchan, Jami Bedford, Jenni Moeller. Second Row: Michelle, Chasity Evans, Allison Moore, Jim Carson, Jessica Hacker, Sabrina Furr, Missi Neuman.





Sophomore Kristen Yowberg flies it high as teammates Ryan Turner and Louise Boyd hold her in full extention ot o bosketboll gome. The cheerleoders did many dangerous stunts to support their teom to o victory.

Freshman cheerleoders Michelle Clark, Jenny Molar, and Missie Newman cheer their team on to victory. Freshman cheerleoders were very good ot showing all their spirit ot bosketboll games.





Junior Varsity cheerleoders cheered Wednesdoy nights for their football teoms. Sophomres Missy Bussord, Angelo Arbogost hold teommote Telecio Morton in a half extention during a cheer. They cheered their team onto many victories during the year.



Still Winning

The girls Indoor and Outdoor Track teams have been the teams to beat in the area. Both teams have gone unbeaten in the district and regionals for the past three years. They also gave great performances at the state meets.

In the Outdoor season the girls were lead by Kindra Gomes, breaking the school records in the 300 meters hurdles and Gigi Miller getting the record in the 200 meter dash. All the competition during the regular season prepared the girls for states. Winning most of their season, going into the district meet was like anyother one. Even though they almost lost by one point the girls kept their composure to have a decision turned and win by four points. Regionals was the high point of the season for the girls. They took hold of the meet from the very beginning, by placing in all events. After a lead, no one on the track could catch up with them. At the state meet the girls were led by Gigi Miller who took third in the 200 meters dash and with the help of teammates Kathy Edwards, Kindra Gomes and Tanisha Gill placed fourth in the 400 meter relay. Alease Tate also made a strong showing when she placed fourth in the shot put.

The Indoor season girls ranked as the number one team in the state. Without coming in first, the girls still proved to have a good season, ending with a high rank in the state. The team lost it's first district title but captured their fourth straight regional championship. The state meet was lead by Gigi Miller with a second place finish in the 55 meter dash and fifth place finish in the triple jump. Alease Tate finished third and went on to finish the season, ninth in the nation.





Front Row: Tanisha Gill, Ebony Prince, Tammi Prisco, Elizabeth Rooney, Raven Andrews. Second Row: Kathy Edwards, Gigi Miller, Nova Evans, Jackie Burress. Third Row: Simone Chan-Tai, Alease Tate, Amy Ansong, Amber Johnson. Fourth Row: Kate Pancrantz, Colleen Sullivan, Jenny Gerring, Jackie Baker. Fifth Row: Coach Moats.



As Amy Johnson takes the baton from Patricia Domino she makes sure that the 3200 meter team does not lose the lead to win the regional title.



Knowing what it will take Raven Andrews creates the perfect farm to clear the bar and move on to the next height.

Sharing a couple of laughs and a quick stretch Gigi Miller, Tanisha Gill and Tammi Prisca prepare to make a good showing at the FUMA Invitional.





With practice and skills Kindra Games hands the baton off to Kathy Edwards to win the 400 meter relay. A week later the team went on to take fourth place in the state track meet.

Outdoor Meets

James Wood
Journal Team Challenge
Stafford
Stafford Relays
Battleground Invitational
T.C. Williams Invitational
Hylton/ Potomac
Districts
Regionals
States

Indoor Meets

Stafford
Viking Relays
Woodbridge
Keydet Invitational
Stafford
FUMA Invitational
Stafford
Districts
Regionals
States

Just Flippin' Around

The 1995 girls gymnastics team finished the season off better than usual this year. With a record that was a big improvement from the last couple of years. There were no juniors or seniors on the team but the team picked up six freshman, one new sophomore, plus six returning sophomores, which turned out to be a very succesful year. "We didn't have to worry about losing the seniors we really needed. We all learned to depend on each other and got to be very good friends. It was just like one big family!" said freshman Becca Smith.

This was one of the best years in a long time and yet the team quickly became good friends. For the first time in many years they had gymnasts twisting, and trying many new, big moves. "Ms Sullivan really gave me a lot of encouragement and taught me a lot new stuff that helped me out," replied freshman Chastity Evans.

Gymnastics takes a lot of strength, endurance, and the dedication of a winner. Not only do you have to have great athletic ability, but you have to be able to get up in front of as many as four judges and perform a routine that lasts any where from thirty seconds to two minutes. This can be very nerveracking!

The team went to Regionals finishing 2nd in the Cardinal District and 4th in the Commonwealth District. Also three gymnasts, freshmen Kelly Smith, Becca Smith, and sophomore Kerry James qualified to go to theState Competition in Virginia Beach. This was one of the most successful years in a long time for the gymnastics team. Hopefully they will improve in the years to come!

-Missy Bussard and Christa Edsall

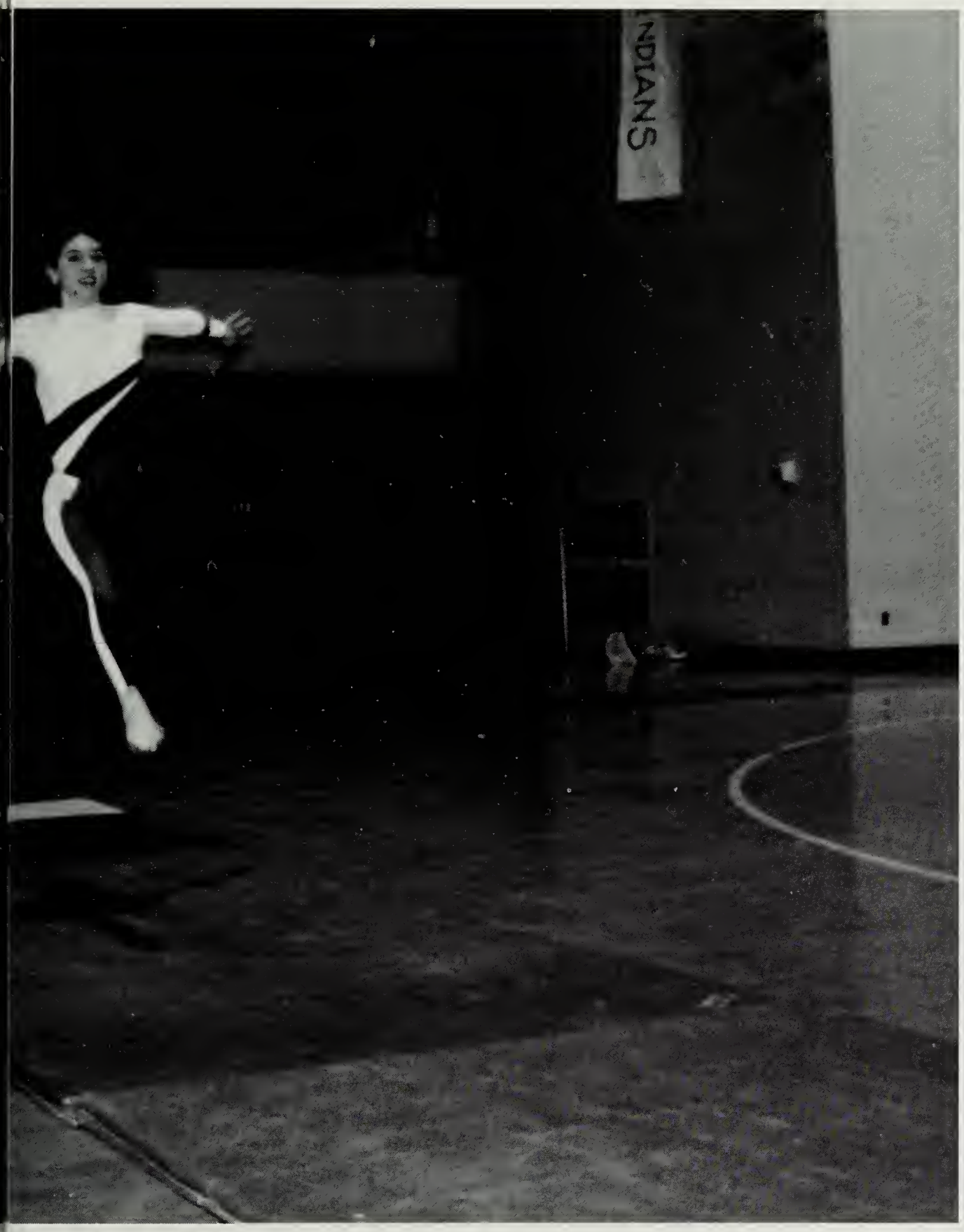




Back Row: trainer: Janice Mitchell, Christa Edsall, Louise Boyd, Missy Bussard, Alicia Meyer, Kristen Yawberg, Kerry James, manager: Nicole Shelton, coach: Mickie Sullivan. Front Row: Shannon Olsen, Joyce Price, Christine Johnson, Kelly Smith, Becca Smith, Missy Newman, Chastity Evans.

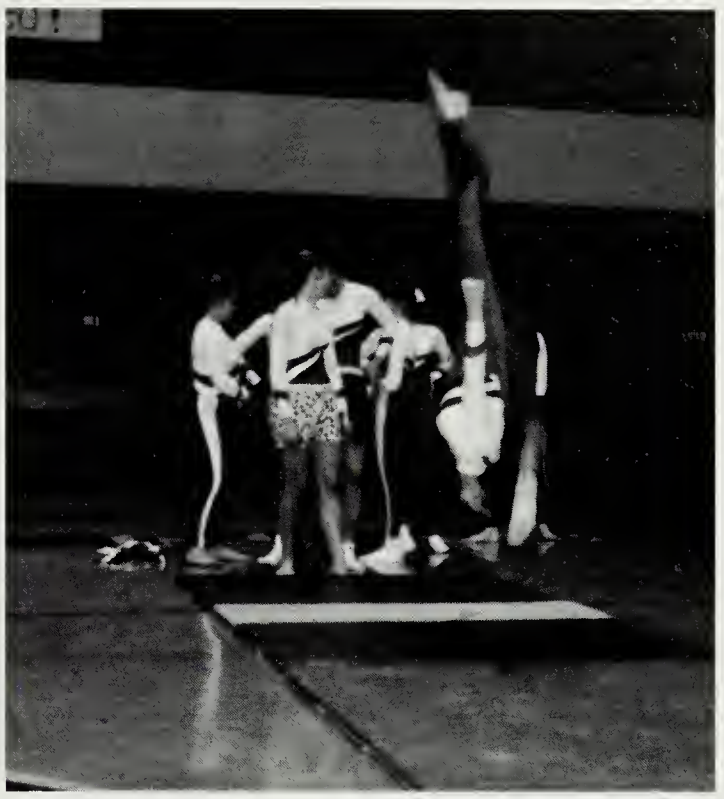


While warming up, Christa Edsall does a cartwheel to start off the progression line.



Shannon Olsen does a split leap during a practice. The gymnasts always got as much practice time as possible to look their best at meets.

Before a meet, Becca Smith warms up an aerial to perform during her floor routine which won her many awards throughout the season.





Leap passes were a key element in floor routines. Without that your routine lacked uniqueness. Here Kelly Smith does a difficult switch leap.

Warming up, freshman Becca Smith does one of her tumbling passes. Tumbling is a big part of gymnastics and it really catches the spectators eye. You have to have a lot of nerve to go for some of the dangerous tricks in gymnastics.



Spirit Never Dies

When it comes to class, the Gar-Field Indianettes definitely have it. Throughout the year they dazzled everyone at pep-rallies with high kicks, wild dances, and shimmering outfits. Strutting their stuff to win Districts and States.

The Indianettes are a popular dance team, and kept up with the latest dances. They left students in awe after every performance and became awaited entertainment at football games, as well as basketball games.

For Erica Gentile "the biggest thrill in being an Indianette is when you perform a routine and you did it right, and your crowd lets you know it!"

The Indianettes aren't the only highlight of the evening. Flags added color, rhythm, and style to the marching band while they performed at football games. They had long practices and worked hard to attend many competitions. The Flags received a superior rating at both the VBODA (Virginia Band and Orchestra Directors Association) and the Woodbridge Invitational,as well as receiving first place at the NSHS.

The year proved to be a successful one for both the Indianettes and Flags. Although at times the year seemed rough and tiresome they found themselves enjoying every moment. Proving the year to be both hard work and fun and games. -Leah Kuhns







During a pep rally members of the Indianettes tried to get the crowd hyped for the big game that night. Rishonda Plummer, Beth Miller, Olivia Teves, and Erica Gentile strutt their stuff to please the crowd.

The Flags marched onto the field to the rhythm of the marching band, behind their leader Elizabeth Byrd. The Flags performed during half-time at football games and helped to keep the fans aroused during the fifteen minute intermission.



During one of the home football games, Darci Gibson performed her flag routine with the rest of the Flags. Flags worked hard all year to perform their routines for the many fans at the games.

The Indianeettes performed for basketball and football. Here ,Michelle Cantey is performing at a half time show, with the rest of her squad.





Team (left to right, and front to back): Olivia Teves-Capt., Felicia Clapion-Lt., LaKeya Smith-Sg., Rishonda Plummer-Lt., Beth Miller-Capt., Erica Gentile, Michelle Butler, Shauna Schaeffer, Tiffany Watkins, Sara Mammen, Kelli Bellando, Eboni Faux, and Michelle Cantey. (Not pictured, Jennifer Major, Melissa Swift, and Melissa Lumpkin).



During one of the routines, captain Beth Miller attempted the splits.
Being the captain was a very rewarding experience, but was also alot of hard work.



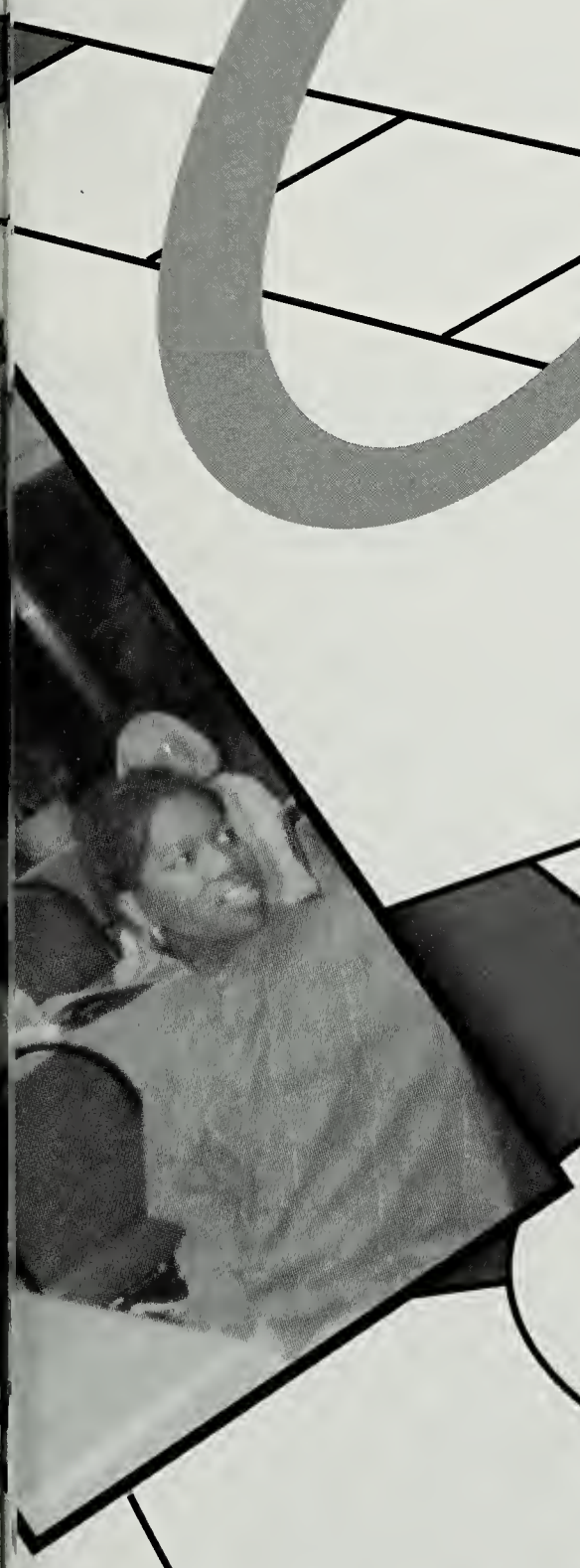






GAR-FIELD

Clubs





Cheering party. At Homecoming, the freshmen class learns that pulling together reaps rewards. After long hours of agonizing float construction, these freshmen get their first taste of going wild in high school.

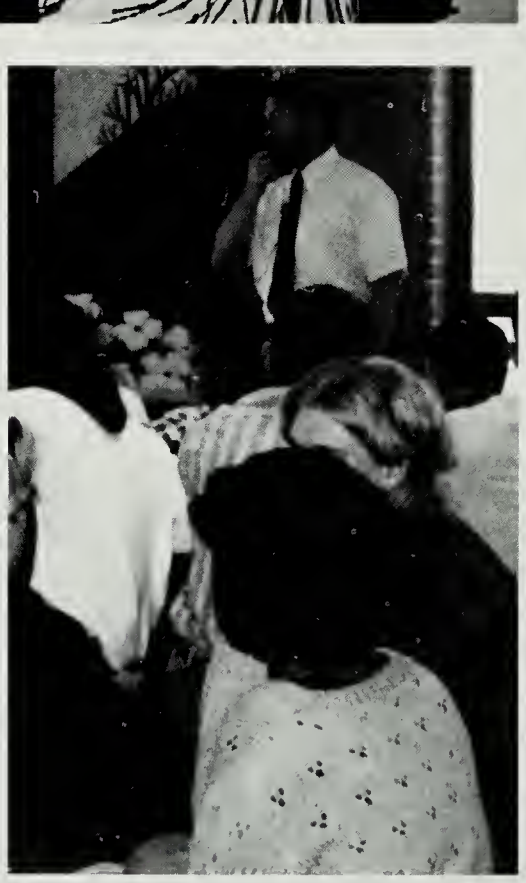
Sophomore treasurer, Maria Gomez stated, "Being elected by my classmates was a real honor. I feel that being a class officer really helps me get involved in our school's most important issues."







The latin says it all! Here a Roman statesman, suspiously resembling Julius Caesar, represents all that is virtuous in a republican form of government. This rendering has stood guard for than 15 years over Mrs. El Naggar's Latin room. He stands as a reminder to all who pass that leadership is a privilege and a respondsibility.



Mr. Dallek ponders one of the comments given by a homeroom representative. Everyday there are new ideas and suggestions for upcoming years given by students who are eager to invovled in their school's future.



As SCA gathers to discuss block scheduling for next year, many students debate in their own minds whether this is really a good plan or not.

Today's Leaders

A Not Always Quiet Diplomacy

Every year students are elected by their fellow classmates to represent their views and ideas. However, many do not know all the commitees and activities that these special spokespeople have to take on.

The Principal's Advisory Council is made up of all the class officers and SCA officers. Once a month, they meet with our fearless leader, Mr. Dallek, to offer their thoughts on decisions that affect us all.

One of the biggest issues for the Advisory Council this year has been block scheduling and violence in our school. One of the members and Junior class vice president, Missy Wycinsky stated, "It's important, because it gives you a feeling of control over the school situation. It's also fun and a good experience."

The SCA is made up of officers and homeroom representatives. They come together on certain days throughout the year to help make decisions that affect the student body. Senior Kelly Carson asserted, "I think that being involved in the SCA has been a great experience. It is really important to be involved in what the school has to offer."

Kevin Tripler, also a senior, added "I think it's great that students can get together to try to solve the problems of the school." -Tara Stapleton and Tiffany Hoffman



Senior Class Officers (from left): Mott Guilfoyle, President; Kelly Carson, Secretory; Stocey Will, Vice President; and Rob Firvido, Treosurer. Not only did the closs officers organize last yeor's prom, they also ore responsible for organizing this year's groduotion ceremony and after-groduotion porty. These ore the dedicated students who attend School Plonning Council meetings, speoking on behalf of fellow clossmotes, on important issues like block scheduling and the tordy policy.



Junior Closs Officers (from left): Hottino Woshington, Treosurer; Christino Toylor, Secretory; Missy Wycinsky, Vice President; and President Louis Sanchez. Attending and organizing severol meetings with Mr. Dallek, this group of young people rallied to change the tordy policy to no avail. All of these students porticipoted in trying to moke Gar-Field o kinder, gentler ploce to ottend school.



Freshmen closs officer, Jomi Kessell, expresses her enthusiosm for the job of representing her peers in school motters. Closs of 1998, she's on the job!



Student Council Associotion (from left): Corlos Vero, Vice President; Kevin Tripler, Treasurer; Sonyo Rohrbach, Secretory; and Kevin O'Grince, President. Kevin O'Grince ottended School Planning Council meetings to find out more obout block scheduling and the tardy policy. Understanding the opposition's perspective wos a key to solving the gop between the expectations of the foculty, odministrotion, and porents and the wants of students.

Thank God for the Theatre Production class! Michelle Cianflone and Mike Rainsberger in Ms. O'Hara's fourth period class were a part of a group of dedicated students who designed, built, and painted the sets for each production. Here Mike and Michelle and paint props for Charlie Brown.

For many students it can take hours to prepare for the musical score of a show. Melody Macurdy and Aaron Fuksa work to get their parts of Sally and Charlie Brown just right for the show.







As a part of the sights seen in New York City, Luthien Brackett and Jennifer Johnson read horrifying letters on a Vietnam Memorial. New York City is visited annually by the Drama Club.





Preparing for his bi-solo, Brian Schoenemann gets help from dance director, Mrs. Nancy Hagy. Brian is also known for playing Snoopy in the production You're a Good Man, Charlie Brown.

Breakin' a Leg...

One of the more entertaining clubs is the Drama Club. Whether it's a straight drama or a musical, the Drama Club puts forth hours of grueling labor into every production.

This is a unique year for drama. For the first time ever , drama is putting on three musicals in a row, as compared to one musical every other year as done in the past. Starting with last year's spring musical, Fiddler on the Roof, the musical trend was continued when the club chose You're a Good Man, Charlie Brown to begin the new school year.

The Drama Club is not just for the actors and actresses. The stage crew, lighting technicans, and make-up artists are a big part of what is called the "drama experience."

Not everyone can play the lead, so many students enjoy the challenge working behind the scenes. Over a hundred students tried out for the fall play. Directors, Mrs. Ann Martin and Ms. Lisa O'Hara , and vocal director Mr. Noel Velez found room for all of them in the production. This was the largest cast Gar-Field has ever had for one of its school productions.

The drama productions produced and performed annually are what the students really enjoy. For most, these productions are not the only excitement in which the Drama Club participates. Students travel on an annual two-day trip to New York City for a night on the town. Last spring's group was treated to such Broadway hits as Damn Yankees and then rock opera, Tommy. After the shows, they had a chance to meet the casts.

This year, the Drama department is participating in the One-Act Play Festival. The last time the School of Champions participated in the festival, they took home the state championship. Everybody hopes this year they will be just as successful. -Tony Magoch, Brian Christenberry and Megan Glyer



Front Row (from left): Melody Mocurdy, Aaron Fukso, Tony Mogoch, Vanessa Scherstrom, Jessico Knuth, Brian Schoenemann, Corwin Hyman, Sherito McGee. Second Row: Katie Crobtree, Alan Parsons, Michele Cianflone, Renee Akins, Lauren Lending, Ms. Liso O'Horo. Third Row: Dovid Zornek, Denise Cornelius, Christino Lombert, Mike Roinsberger, Cindy Anderson, Tammy Dixon, Joime Smolko, Chris Faught, Rocheal Horn, Shown Jones, Dan Stallings, Mayrin Pi, William Rodriguez.



Dramo cooches and directors, Mrs. Ann Mortin and Ms. Lisa O'Haro evaluote octors ot ouditions for Guys and Dolls. Judging from the looks on their foces, they ore probobly thinking " . . . and you should get the port because . . . ?" Next octor, pleose.



A common technique octors use in order to create reolistic emotions is improvizotion. Amy Scott demonstrotes while Vanesso Scherstrom follows.

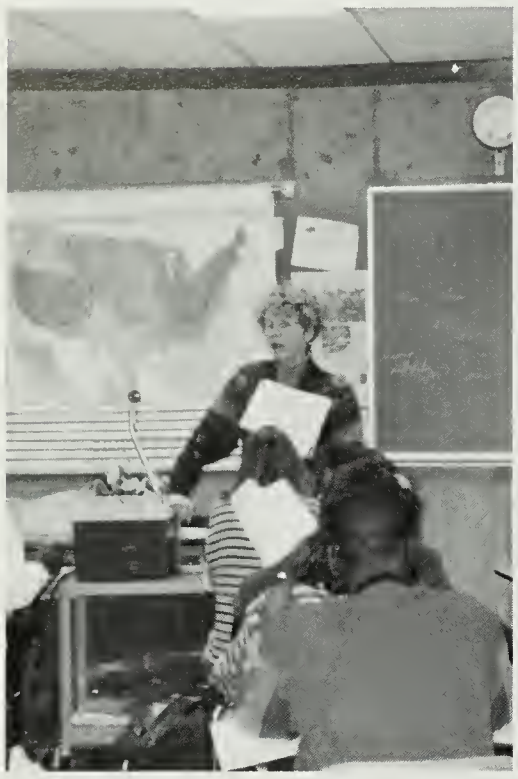
According to the directors, Alan Parsons proved to be involuoble os o member of the Dromo Club. Not only is he hondy with power tools and designing props, he is also moster of the stoge lighting crew. These are only three of Alan's many tolents.



Students and Directors, Teresa Smith, Melody MocCurdy, Kotie Crobtree, Allison Popovich, Joe Barrows, Mrs. Ann Mortin, Keicy Tolbert, Megon Glyer, Mike McConnell, Erin Smith, Vonesso Scherstrom, Tony Magoch, Aaron Fukso and Ms. Liso O'Horo, spent countless hours working for the one-oct ploy competition. This year the octors performed two short stories by Anton Chekov and mode it to the regionol level of the competition.

t of National Honors Society, Erinn Smith, member Jennifer Graff discuss future service projects

Mrs. Bittner sponsor of It,'s Academic









Members of the environmental club get "pumped up" over the exciting events scheduled by the club.

Members of the Environmental Club busily prepare for their next scheduled environmental awareness event.



Bright Futures

What do the members of National Honors Society, the It's Academic Team, and the Environmental Club have in common? All of the members of these elite organizations all have successful futures to look forward to. These three organizations stress academics, community service, and environmental awareness. President of the National Honors Society, Erinn Smith, describes the organization as,"a bright group of students who work together towards the betterment of our community." It's Academic team members meet on a weekly basis to prepare for their televised tournements. These high-stress situations test the participants ability to recall facts and figures stemming from various subjects. The Environmental Club strives to educate Gar-Field's students upon the importance of preserving our environment. Tee-shirt sales at the beginning of the school year earned the club a substantial amount of money and also helped spread environmental consciousness. Logo's such as "Save the Environment" and "Save the Rainforests" are a common site on tee-shirts in Gar-Fields' hallways. Members of these three clubs have many bright and successful days to look forward to.



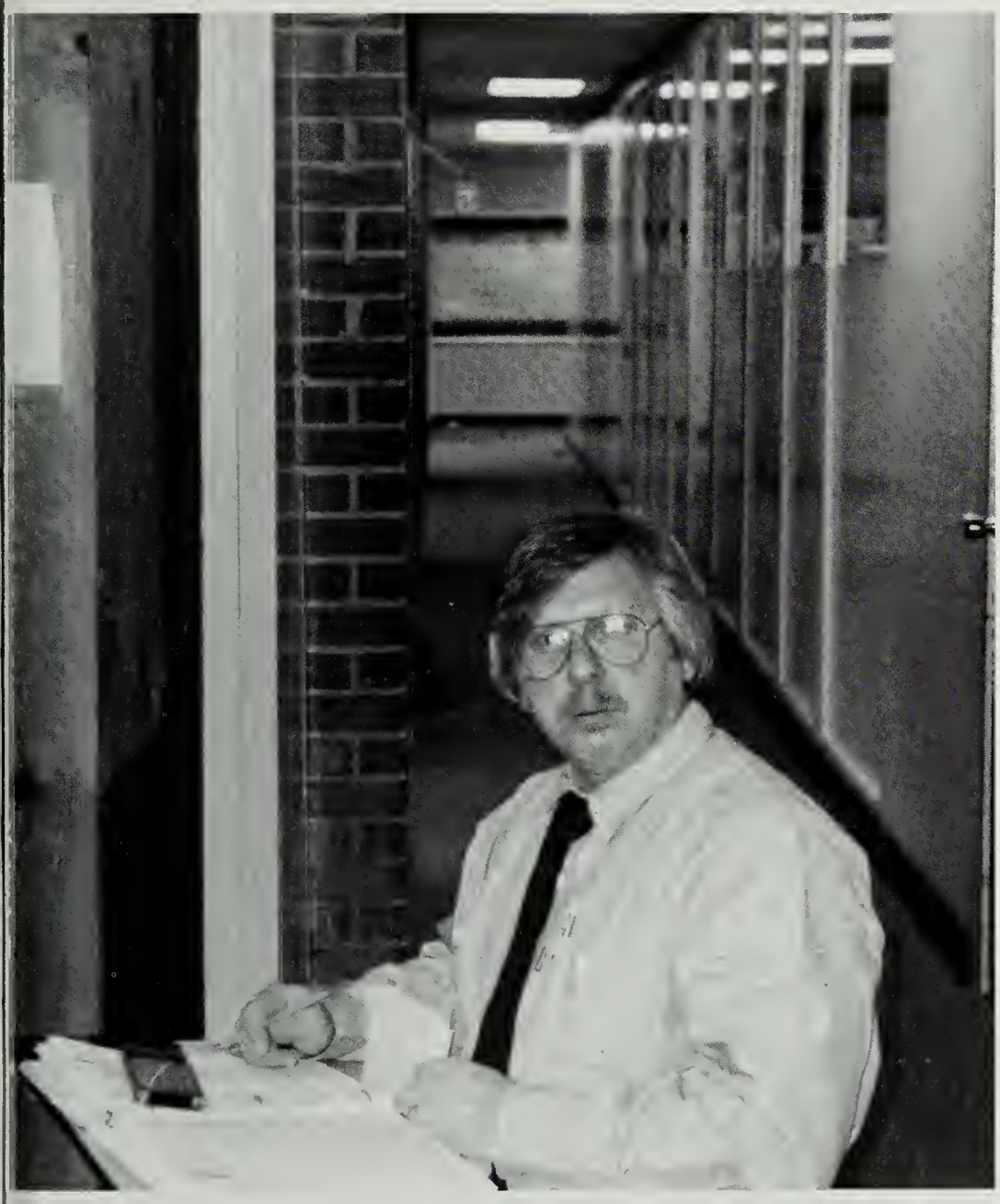
The 1994-1995 Gar-Field chapter of the National Honors Society.



Members of the Environmental Club contemplate our community's environmental awareness level and plan for future projects.



A pensive member of the It's Academic team, Jenni Reese studies a wide variety of subjects during her practice for her competition.



Mrs. Meltan, the Environmental Club spansor, paurs over the mail received by the Gar-Field chapter af the club.

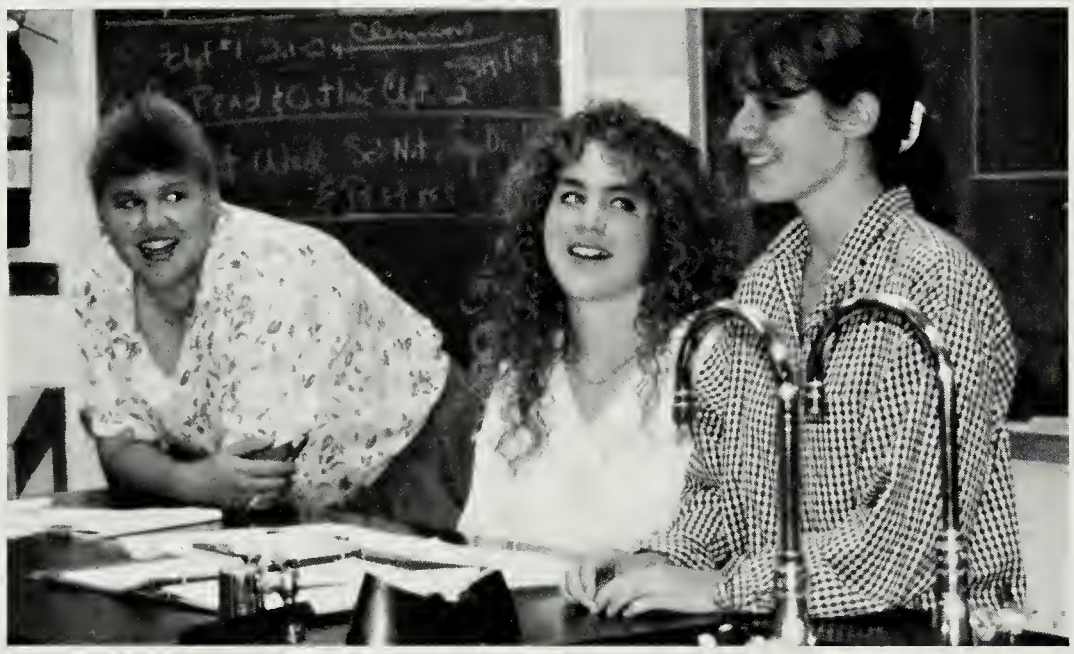
As the sponser af the Natianal Hanars Society, Mr. Bunn was respansible for keeping track of a large graup of students.

Sarah Hill and Corollo Goroy used their own unique styles to try for o strike. The annual ARC Bowl-A-Thon raised over 2,000 dollors for the locol mentolly handicopped.



Thereso Schoenborn posses out cookies and sodas os a part of the Key Club blood drive. Many students participated os helpers and as donors.





Junior Civitans officers Cindy Compton, Soroh Hill, and Jen Robinson call together the first meeting of the yeor. The Civitans met every Tuesday for brief updotes on upcoming octivities.



Christel Speors gives out o prize ofter a senior citizen yells "Bingo!", Bingo with the Woodbridge Nursing Home wos one of the Leo Club's regular activities.



Lending A Helping Hand

Gar-Field students are involved in many different types of clubs throughout the year through which they benefit. Only a few Indians can honestly say that their involvement in their clubs have benefitted themselves and have made a difference in others' lives. The Junior Civitans, the Key Club, and the Leo Clubs are some examples of these noteworthy people.

Junior Civitans is a rapidly growing organization. This club puts its main effort into working with mentally-handicapped citizens. Bowling with these individuals was a weekly activity of the Civitans. Treasurer Rena Ryan commented on the rewards of being a member, "It makes me very happy to see that me just being there makes them happy."

Among other things, the Junior Civitians also participated in dances with the handicapped, food drives for the homeless, pen pals at the Woodbridge Nursing Home, and tutoring fellow students. The Junior Civitans, however, wasn't the only club that gave back to the community.

The Key Club was another active group during the course of the year. This club stressed involvement with the Gar-Field community. A member of this body was fortunate enough to have the Key Club as part of their lives this Christmas season. The club donated food, clothes, and toys to them and their family. The members also try to make the School of Champions a more pleasant place to spend most of your day.

School clean-up is one of the most time-consuming and beneficial activities to take part in. The Key Club annual blood drive is their biggest project of the year. President Kevin Tripler shared his excitement, "I'm really looking forward to this. It's great to see the amount of students who participate."

The Leo Club is the last, but certainly not the least of the community service clubs here at Gar-Field. The Leo Club focused the center of its attention on deaf and blind citizens, but they didn't stop there. Adopt-A-Spot clean-ups, Food for all Seasons food drives, involvement with the Special Olympics, and monthly bingo with the elderly occupied their time. One also might have noticed a few familiar faces ringing Salvation Army Christmas bells throughout the season. Some of these caring people were members of the Leo Club, who sacrifieced some of their precious time off to help others. President Jeannie Rubino summarized it best in the club's motto, "Leo's have fun. Leo's serve. Leo's excel with giving and with sharing." -Rena Ryan, Jen Glufling



Diano Levenuto gives o weok smile ofter completing her blood donotion. As o member of the sponsoring club, she felt obligoted to porticipate os a donor. The drive losted oll doy on March 6 of this yeor.

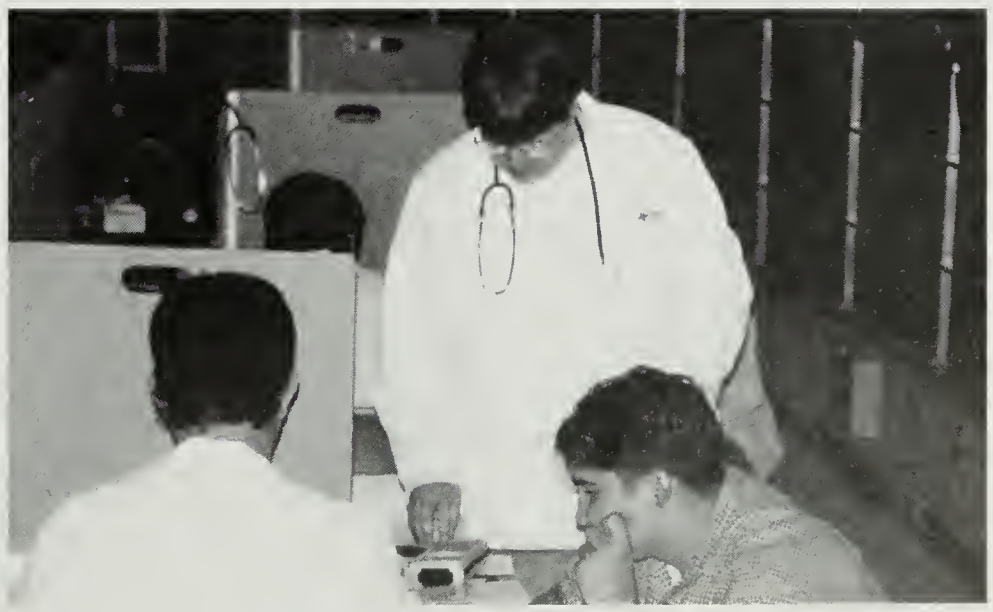


Joime Smolko visited locol hondicopped people ot their homes during her spore time. There were many group homes in the orea thot went unnoticed.



Sany Soid takes time out to pose with two of his bowling buddies. Many friendships were mode throughout the yeor among the volunteers and the othletes.

Rochel Dency lines herself up perfectly for o strike. Rochel, olong with the other Junior Civitons, bowled with the handicopped every Tuesdoy.



Rob Firvido takes time out of his doy to give bock to his community by "soving three lives" and giving one pint of blood. Students had to go through questioning before they were eligible to donate.

Billy Joyner, DeAndra Vaughn and Nichole Baties like Foods class because after they make the food, they get to enjoy it.

A paper heart is just one of the many educational toys Marian Williams helps to create for the children in the nursery. Making tailored items for them is one of the ways to get build a rapport with them.









Even tough Chris Leckey is a man who is not afraid to cook. This man knows his way around a kitchen. What are chef's paid these days?



DIAPERS , DINETTE SETS AND DATING:

A Practical Guide for Humans

One's future depends a lot on what they do now. Are you prepared for what tomorrow may bring? Many students take classes designed to prepare them for future jobs and families. Whether one is interested in cooking, child care, or peer relations, there is a class for you.

Good child care and parenting skills are essential tools for future parents. Many of the students enrolled in the Child Development and Child Life and Literature classes say that they have had valuable learning experiences. The students receive "hands on" training by caring for a 10 lb. "flour baby." The sack of flour represents a real baby and students must provide constant care for two weeks. This gives students a glimpse of the responsibility parenthood brings.

Peer Relation classes help students learn communication skills. Students are involved in open discussions about problems that may arise in daily life. They learn about differing communication styles, how to express feelings, and how to listen to others.

Discovering Foods is a popular course at Gar-Field. Students learn how to prepare their favorite foods such as: cookies, candy, pies, and pizzas. They also learn how to plan for nutritious meals, proper table settings , safe food handling , and table etiquette. Of course, students say the big plus about this class is that after they have planned and prepared thier favorite foods, they get to taste and enjoy them.

These courses provide students with the opportunity to learn how to become independent, responsible young adults. They learn valuable and necessary life skills to help them ease into the future. -Kelly Scholz and Sabrina DiDomenico



You will always catch Mrs. Aiken cleaning up after her students. A teacher's job never ends. What's next, dishes?

During class, Lindsey stowell makes Yataklete Kikil (Ethiopian Vegetables) for her classmates to enjoy. Cooking for other people always gives one a certain pleasure, however, eating the food brings twice the pleasure.



This little guy plays peek-a-boo with the camera. The kids in the classes are always eager to have someone drop by to take a couple of pictures. Better yet, sit down and play awhile.



Sheri McCormick and her friend show how close their friendship is after an FHA-HERO regional meet. It proved to be a long, long day.

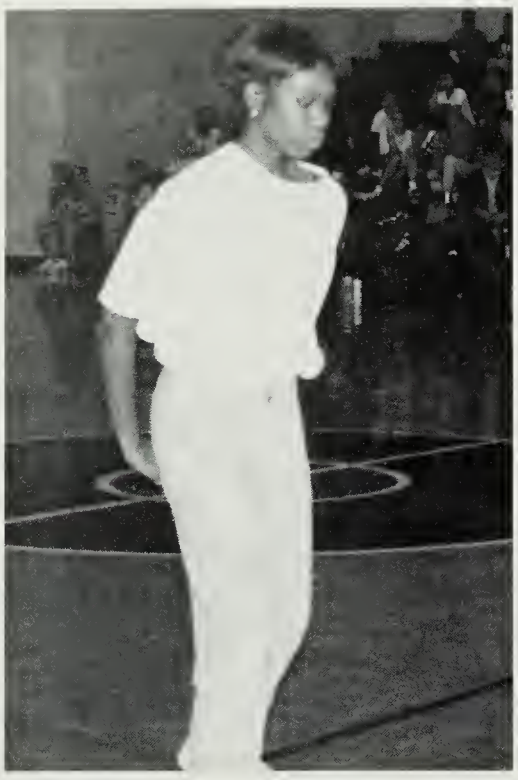


While playing with her favorite toy, little Candace looks up to see who is interrupting her playtime. She seems to be saying," No, you can't have my toy." Children in the GRADS program are often visited by other students to see how the little people live in this big world of Gar-Field.

Taking their stance, the steppers prepare to entertain their crowd during a performance.



It takes a lot of concentration, which Eunice Omole shows as she performs her step routine.





Entertaing the crowd, Allison Davis and her teammate show what they do best .



It's not all fun and games which these two steppers show as they strive to get their routine perfect.

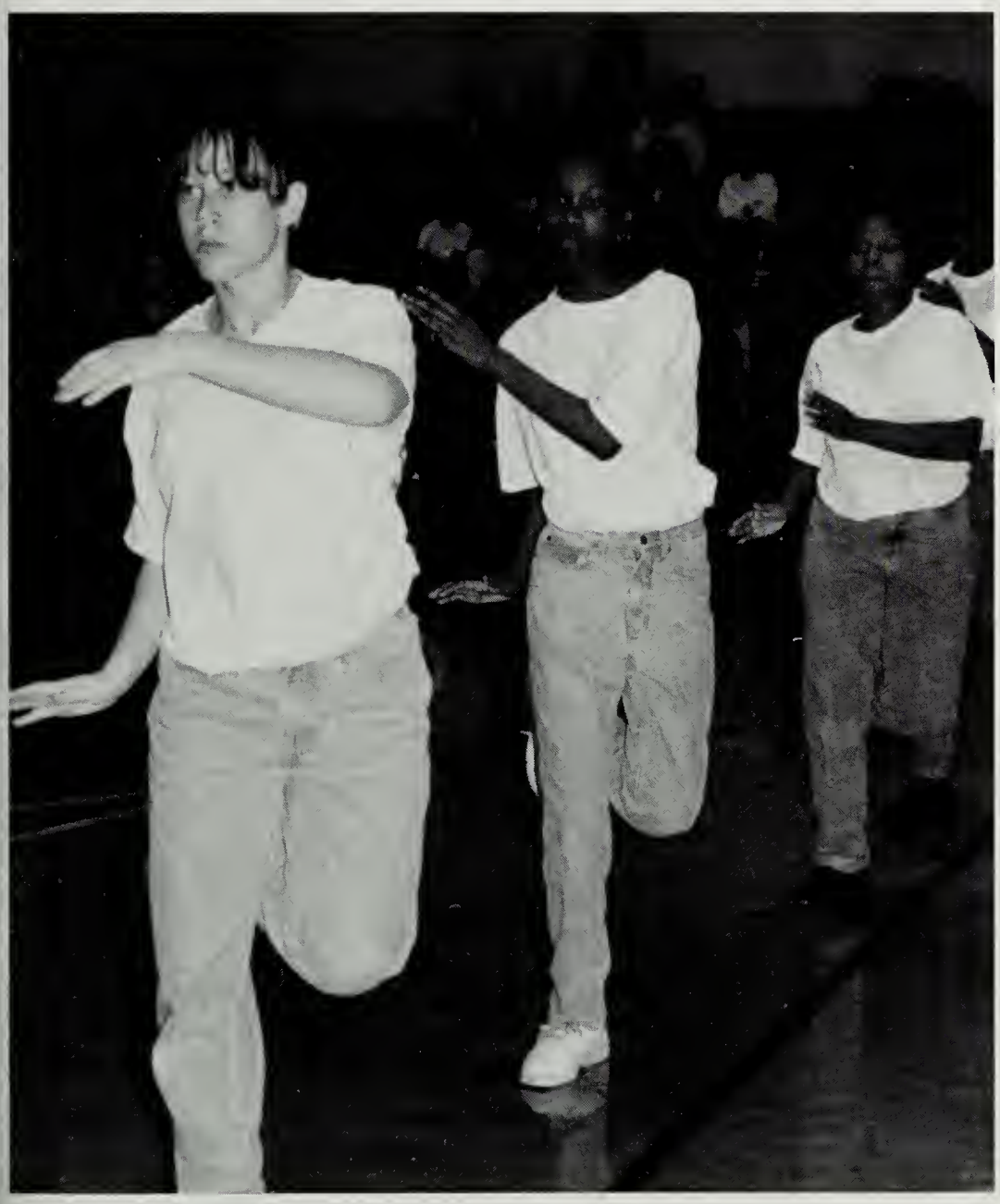


Cultural Pride

In the past years, the African-American, Young Black Men and Young Black Women clubs were not very well noticed. However, due to a committed sponsors and involved students these clubs became involved in not only school activities but in the community as well.

The African-American club was designed to get african-american students in touch with their culture and pride. Since then, the club has reached more people and the members became more diverse then originally expected. Ms. Cammock commented, " Our purpose is to share our culture with other students and faculty members by displaying pride in what in what we say and do." The Young Black Men and Women clubs were formed to keep unity among black teens. YBW sponsor Mrs. Jones stated, "The Young Black Women club was established here at Gar-Field three years ago with the goal of promoting positive self-esteem, pride in accomplishments, unity and sisterhood among one another, and promoting better communication with all other groups. We do this through the use of guest speakers, video tapes, field trips, one-on-one counseling and role playing, the girls also examine and eliminate unacceptable behavior."

The African-American club also showed off their talents this year. During every performance the steppers amazed and entertained their crowd. They also surprised and shocked some people during their performance at the winter pep rally. YBM and YBW were also very committed. During black history month the clubs travelled to a black college fair in Washington D.C. In the past two years both clubs displayed their own special talents. After seeing these organizations in action, there is no doubt that the African-American, YBM, and YBW clubs will have more in store for us in the future. - Curtessa Pennington



After a job well done Palesia Osei-Tutu and her teammate wait for applause after their performance.

Showcasing their talents the Alpha Cats entertained the crowd during half time.



African-American Club First Row: Reashamar Prather, unknown, Karen Bridgett, Palesia Osei-Tutu, Shana Rice, Kendra Stewart Second Row: Lucretia Davis, Phoebe Kenney, Eunice Omole, Shareda Taylor, unknown Third Row: Julie Omole, Nikita Bay, Nicole Gray, Allison Davis, unknown Back Row: LaTanya Clay, Ms. Cammock, Felecia King.



Young Black Men Back Row: Tony Penn, Alfred Lottii, Montrese Ham, Eric Morgan, George Henry, unknown, Terrance Long Front Row: John Lovelace, Daniel Harrington, Devin Johnson.

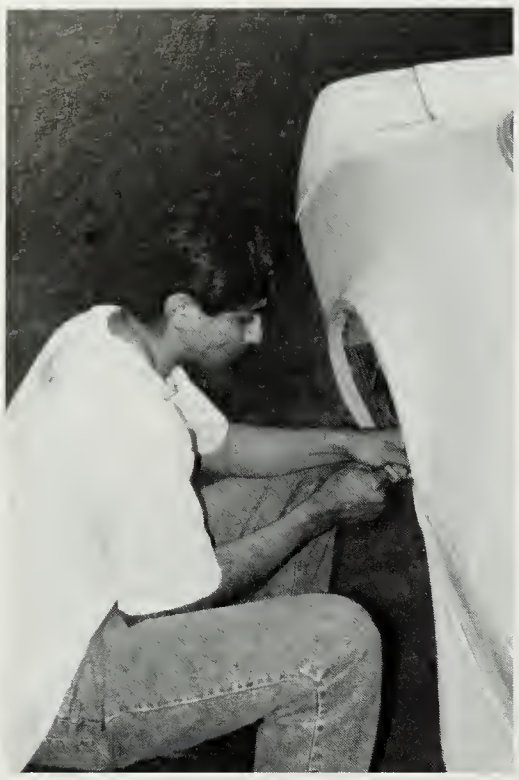


Young Black Women Back Row: Rachel Dean, Nova Evans, Ebony Johnson, Rishonda Plummer, Millicent Carmouche, unknown, unknown, Anitra Ford ,unknown, Toni Carroll, Julia Williams, Wanda Kotey, LaTisha Mackey, Aneisha Askew, Jame Wade Front Row: Denise Townes, RaDotta Murrell, Erica Parrish, Monique Moore, Rachelle Jones, Lorraine Bedeau.

mechanics student, Cory Helmerson, carefully puts together o port of the muffler. Corey is among the several students in outo-mechanics ond one of the many in *VICA* courses.



Throughout outo mechanics, Jose Borrero (95) changes a tire--one of the many requirements for the closs. Auto mechanics wos one of the fovorite choices among the boys.







Keyboord opplicotions student, Terrence Long, concentrotes on the typing skills he is leorning to develop. Many students took typing in order to type reports, essays, or to just hove the skill for future use. Typing and other reloted office skills helped many students find jobs.



The woy to correctly use the mochinery is demonstroted by Mr. Gerold Lucos. Many teachers offered hands-on instructions to the students to prevent accidents.

It's ONLY the Beginning

What is VICA? Many students were unaware of the Vocational Industrial Clubs of America. Many students were active members of the vocational classes when they took the VICA sponsored classes. VICA is a club provided for students who are unable to attend college after high school. Students chose to take these classes to improve their skills in the field they wished to pursue after high school. Jason Leydig took Marketing in order to one day be able to start his own business.

VICA provided grants for the students who chose to continue studying that particular field in their future. There were yearly competitions and Skill Olympics to compete in to get greater recognition in order to earn scholarships. Other students took the courses offered to learn about a trade, but not necessarily for after high school use.

VICA has three categories from which to choose: Life and Family Management, Business Management and Technology Education. Each category had different levels of learning, depending on the courses you had already taken. Many classes required two in-class sessions in order to receive recognition for having taken the class.

Mr. Miller, Fundamentals of Marketing and Sports and Entertainment Marketing teacher said, "These courses help the students to get an overview of what marketing is all about. They can help the students to get into different marketing careers. The Sports and Entertainment class learned how important these businesses are."

Rishonda Plummer, a first year cosmetology student in the Life and Family Management field felt that she could use this course to get her Cosmetology license. "It was an easy way to get the skills that I need in order to take the State Board Exam with out the cost of a technical institute."

If you weren't planning on going to college, Vocational Industrial courses were great ways to help prepare you for the future in many different fields. In all, we all are looking towards the future and hoping for the best!

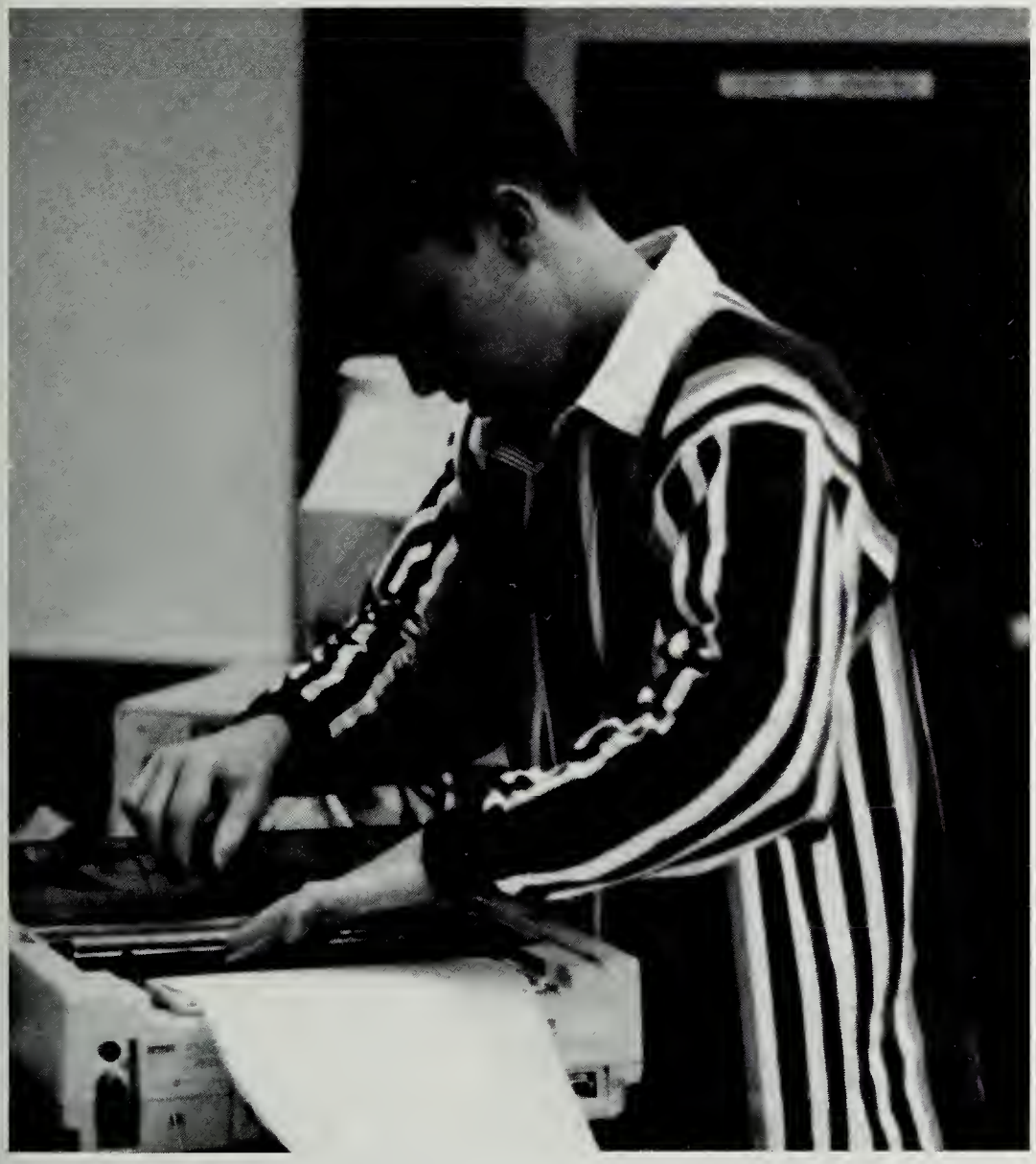
– *Janet Ortiz and Leah Kuhns*



With a smirk, Joey Bowling looks at the message printed on the easle board. In Ms. O' Connor's Work and Family Studies III class, one could find messages like, "It's Friday and the Weekend's here! Smile!" Not to mention numerous posters placed to brighten up your day.



One of the many preparatory projects in Cosmetology was to design an original hairstyle. Lakeya Smith demonstrates precision and determination while completing her hair design assignment.



Before waxing, Cosmetology II student Krystal Fichter consults her customer. Often times students, teachers, and community members visit the cosmetology labs for the beauty services it supplied.

While loading the printer during electronics, Jonathon Beavers ran into a few complications. Electronics students were able to help the damsel teachers who found it difficult to troubleshoot problems on archaic computers, printers, and VCRs.



With pencil in hand, Kristy Bishop focuses on her drafting assignment. Drafting was one of the hardest vocational classes to take. One needed to be able to analyze visual perception and function with geometry in order to do well.

Students who participated in the food section of the family studies course gained a great deal of knowledge in preparation and presentation of food. Here, students eagerly await instruction for the daily food preparation.





Students from all over Virginia came to participate in the North Central Regional Star Competiton. They were able to show their knowledge and skills through various events based around the family studies curriculum.

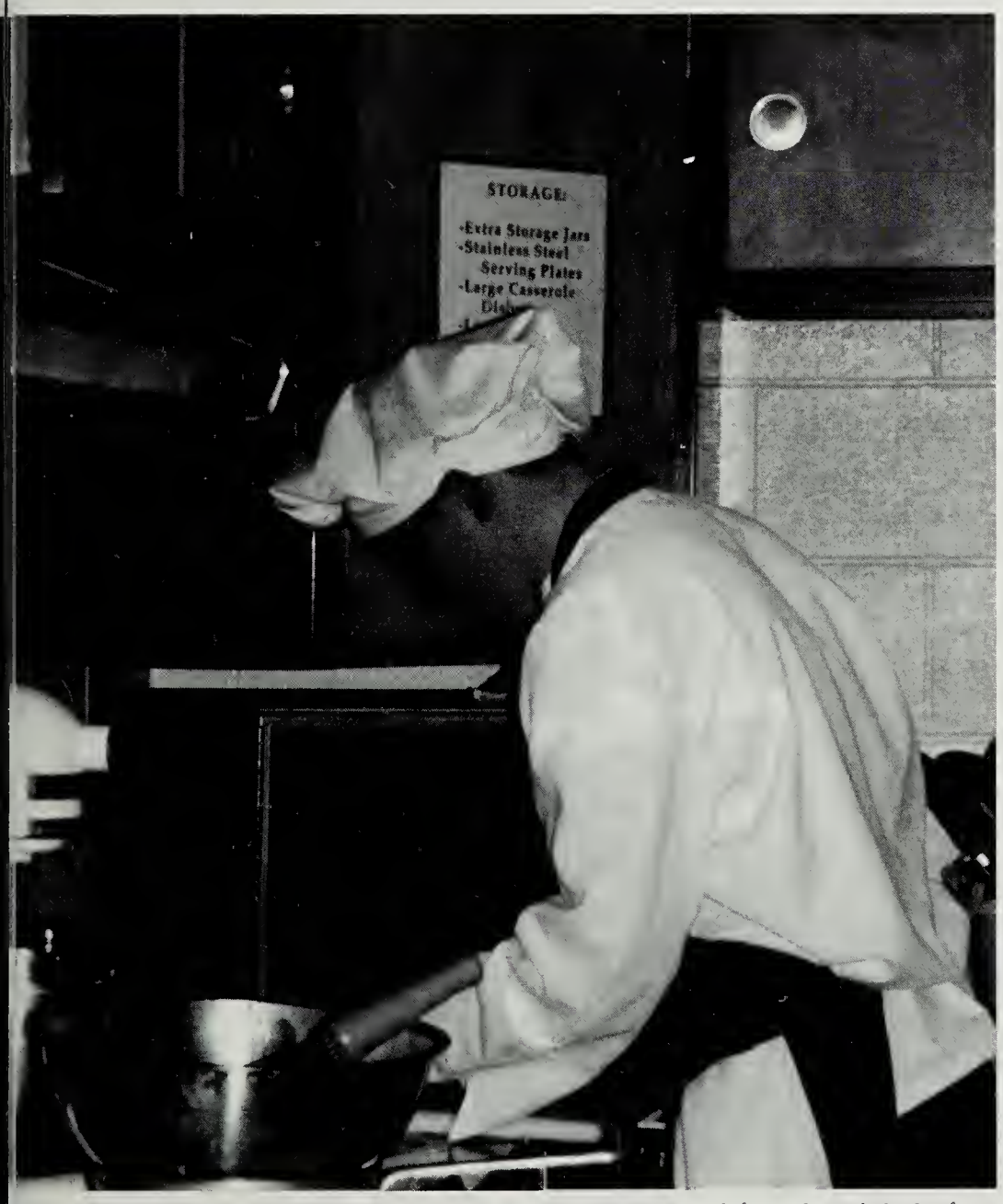


Rory Owens worked as a runner during the Star Competition. The Gar-Field FHA and HERO work hard to make vistors feel at home.

FHA AND HERO

It wasn't hard for one to become a part of the active FHA (Future Homemakers of America) and HERO (Home Economics Related Occupations). All students needed to do was enroll in a family studies course.

The classes involved in FHA and HERO consists of classes dealing with foods as well as child care. Members of FHA and HERO were given the opportunity to participate in community service and social activities. Highlights of the year included a Halloweeen picnic, bowling, and a trip to Kings Dominion. They also worked on a Child Abuse Awareness project during April where students and teachers had the opportunity to wear a blue ribbon to show their support for the cause. In March, the Gar-Field chapters of FHA and HERO hosted the Virginia North Central Region Star Events. Students from the north central region came to Gar-Field to compete in many different categories. Gar-Field students wore their FHA and HERO shirts and assisted guests throughout the day. FHA and HERO have been excellent clubs in aiding students to gain experience for the future.-anonymous



An amateur Chef Bayardee warks hard to fixs his dish. Much time and effort is put inta preparation, making sure it looks nice and tastes gaad.



Our Sesame Street friends Ernie and Bert were ane af the projects on display at the Star Campetitian. The was a wide varity af things an display fram faad ta games far children ta play



Lucille Cellers from Loudaun Caunty was a supervisor for the food events. Many wonderful looking dishes were prepared far the competitian. They laaked almast taa goad ta eat!



Anather praject that was an display was this childrens game. The diversity of the projects were amazing. Students did their best to create a game that was appealing ta children bath thraugh colars and through the use af cartoon characters.

...Marching Band leads off, Brian Winkler ...the others concentrate. The drums are ...own to set the beat.

As one of the Drum Majors Constance Barnett leads the band. Being considered Drum Major was a high honor.







Gathered together for an after school practice session, Dominants members take a breather. Singing and dancing can take lots of energy away from you.



Steadily holding his trombone, Artie Daniels must concentrate to hold still. During performances havinf complete control is essential.

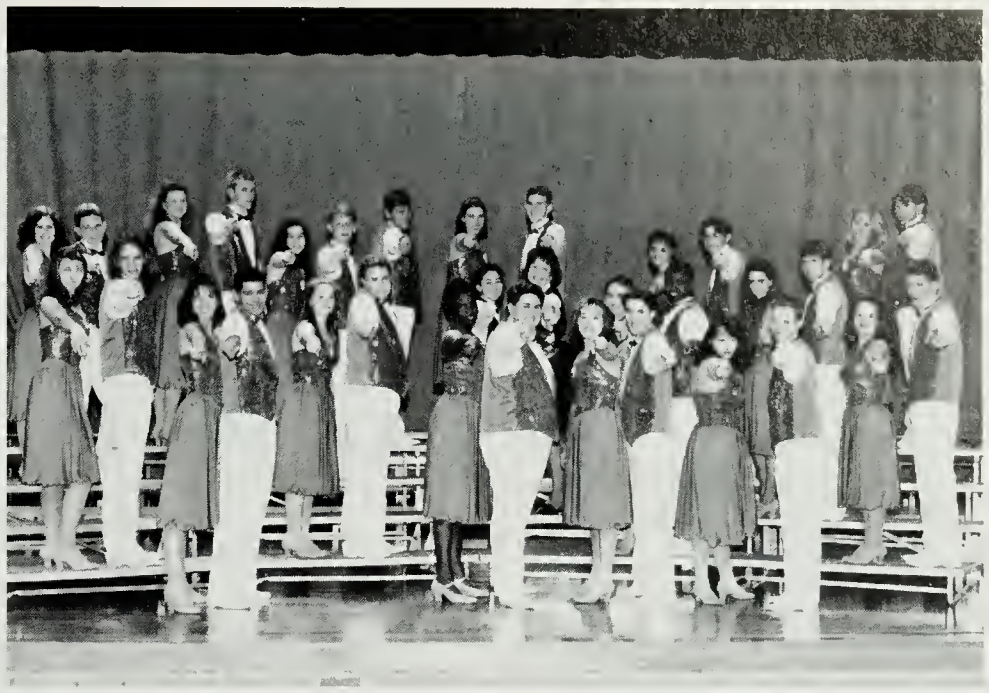
Best of the Best.....

To be a part of Gar-Field's top performing groups, Dominants and Marching Band, was a goal for many students.

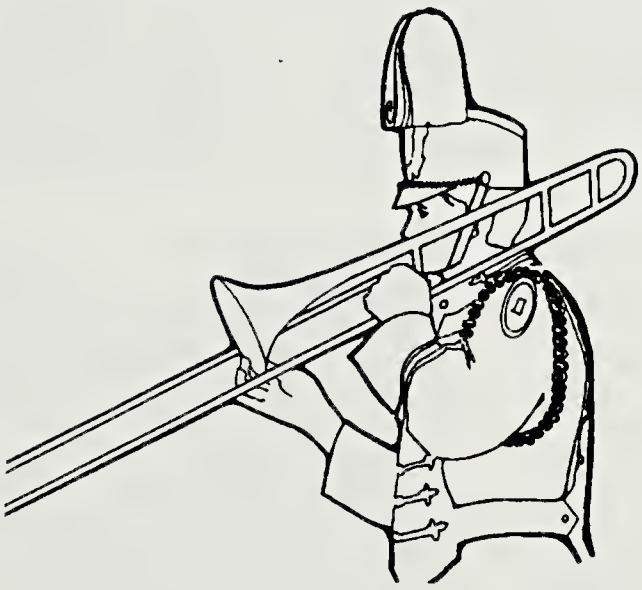
"We love the unity and bondful friendships that we all share!" exclaimed Brian Schoenemann. For many of the participants in Dominants, just being together and hanging out was rewarding.

As for Marching Band, Matt Broaddus sums up,"Marching Band provided an ideal situation in which to extend myself in ways I had not dreamed of. The discipline and comaraderie stressed in Marching Band aided my individual development."

Both Dominants and Marching Band take up a great deal of time, but with a little coordination, commitment, and discipline things stay swingin' in Dominants and Marching Band. -Alicia Cupp, and Alexandra Friedrich

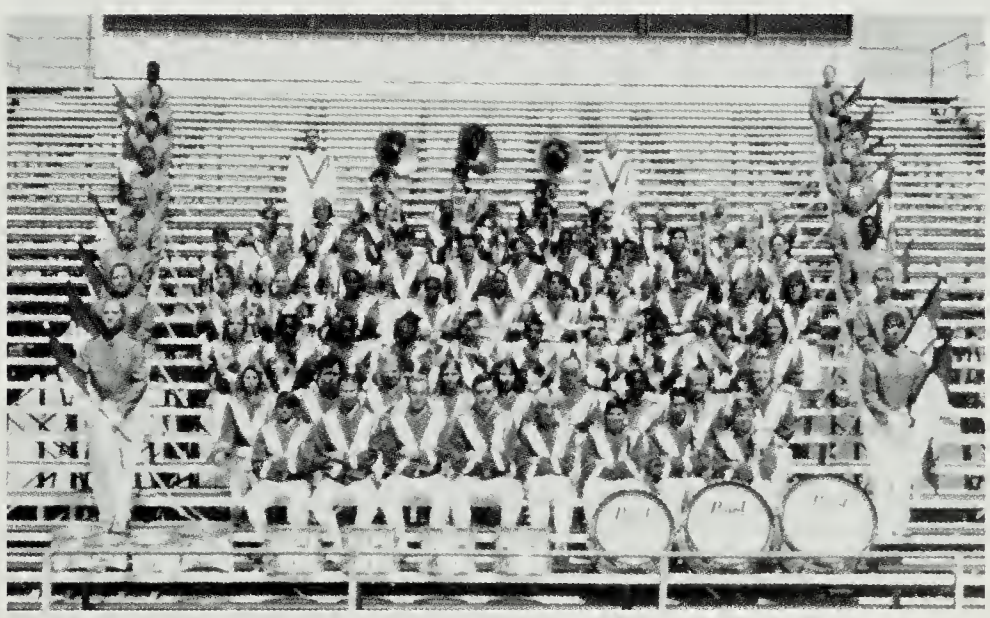


1994-95 Gar-Field Dominants





Flags member Carolyn Swift gets into motion. During half time at football games, Flags entertained the crowd.



1994-95 Gar-Field Marching Band

Members Jennifer Johnson, Susan Scott, and Kim Scott take a break for some fun at a conference at William and Mary

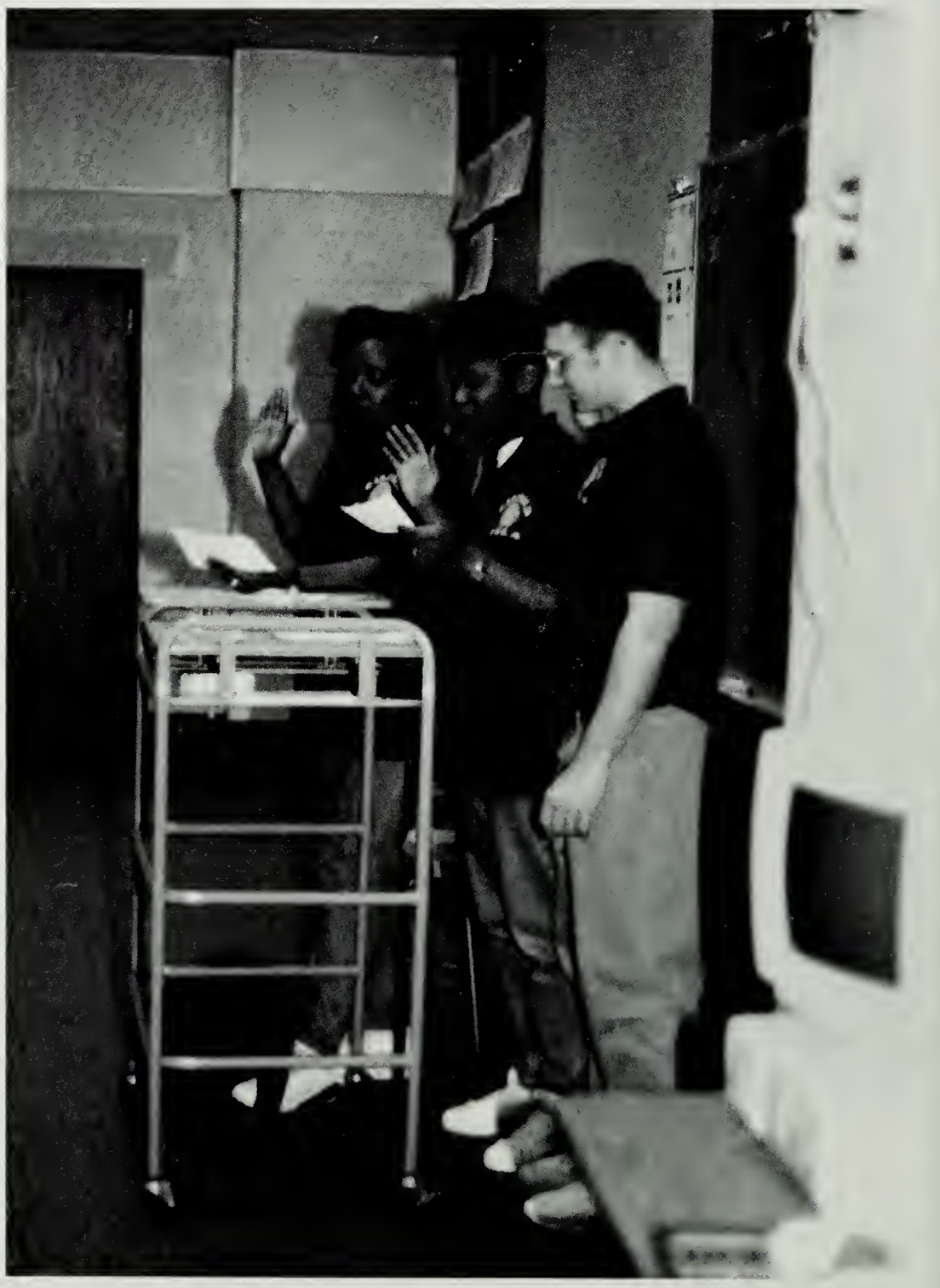


Luis Sanchez is ready to eat after the conference at William and Mary. All of this diplomacy saps the energy right out of him.





President Christel Spears, Secretary Christal Thompson, and Vice President John McElhenny discuss upcoming events at the monthly chapter meeting.



The officers start the meeting off with the FBLA pledge. Students solemnly promise to uphold the aims and goals of the Future Business Leaders of America, some of which are integrity and leadership.

Leading the Way

Members of the Model U.N. Club traveled throughout the year to different schools and colleges, where they debated with other high school students over current events. The students learn other countries' policies and go to the conferences to try to resolve current problems by acting like United Nations representatives.

The club has visited the College of William and Mary, Old Dominion University, Georgetown, and New York City. Members of the Model U.N. enjoyed traveling and meeting students from all over the country.

Other students who preferred the business field became members of the FBLA (Future Business Leaders of America). In October, these students attended the FBLA Germanna Regional Fall conference. They also went to a spring conference in March. For Homecoming, they built a float, "Stone Age Business."

During the holiday season, they kept busy with a Thanksgiving Food Drive and carolled at Christmas time. In April, they attended a state leadership conference and participated in the March of Dimes Walkathon. Community service was one way students demonstrated their leadership abilities. -Karen Testerman, Cheryl Baxley



Front Row: Susan Scott, Jennifer Johnson, Kim Scott, Corrie Willioms. Bock Row: Som Siefke, Luis Sanchez, Sean Lally, Dovid Vorco, and sponsor, Ms. Donno Dorton.



One of the many skills business students must acquire is the obility to run meetings with an organized ogendo. Not only do FBLA students learn obout the business world, they octually porticipote in it.



Front Row: Christol Thompson, John McElhenny, Christel Speors. Middle Row: Sponsor Mrs. Terri McClure, Tijusho Holey, Mory Cooke, Enoch Porado, Sponsor Ms. Debbie Crowford. Bock Row: Bob Rokhmotou, Shoun Pierce, LaShown Dilliord, Lorie Speors, Reoshamore Woody.

At the art gallery in the student union at VCU, Rochelle Jones, Cheryl Boxley, and Keishio Kemp admire wall hangings. Students in journalism class were given the chance to enjoy a scenic trip to learn from the real pros.

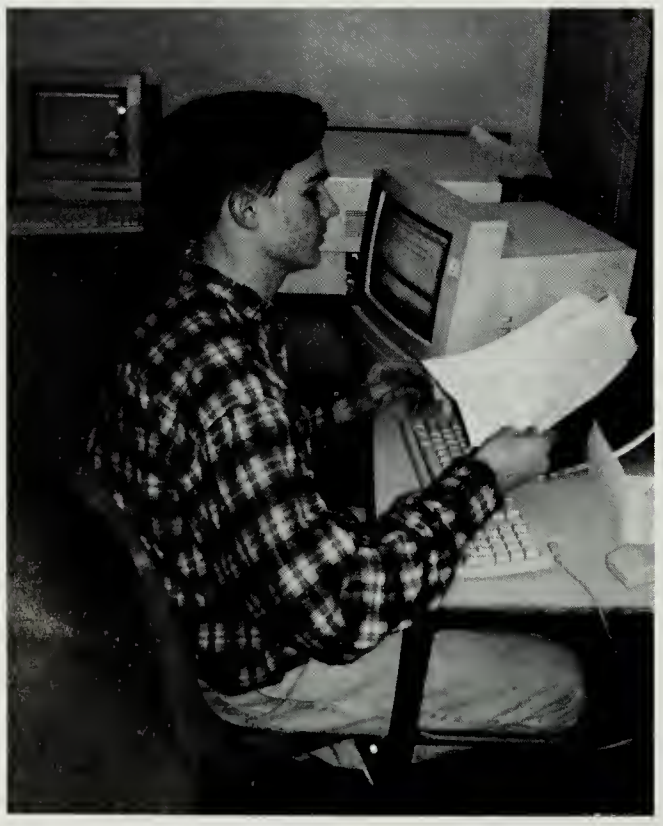


The tardy policy provided much for the hyphen to write about this year. Melody Pone and Michael Worren take a second to discuss the issue.





A brief moment out of their busy schedules is all Hemal Patel and Mike Loromie need to help the yearbook. They were a both big help in organizing the yearbook this year.



Working hard on his copy, Sam Look uses his time to read over his draft. Careful editing is a must in any journalism class.



Journalism: Shiny, Happy People Holding Hands

Providing the School of Champions with entertaining literature was a hard task to accomplish, but with such programs as Indian Echoes, the hyphen, and The Shaman, the teachers' jobs were made a whole lot easier.

As assistant editor of the hyphen, Sam Look takes on the responsibility for making certain the articles are edited and ready for publication in the pages of the newsmagazine.

"I like to provide students with the knowledge of what's going on around them. . . I want to be a sports writer; the best way to do it is to get hands-on experience."

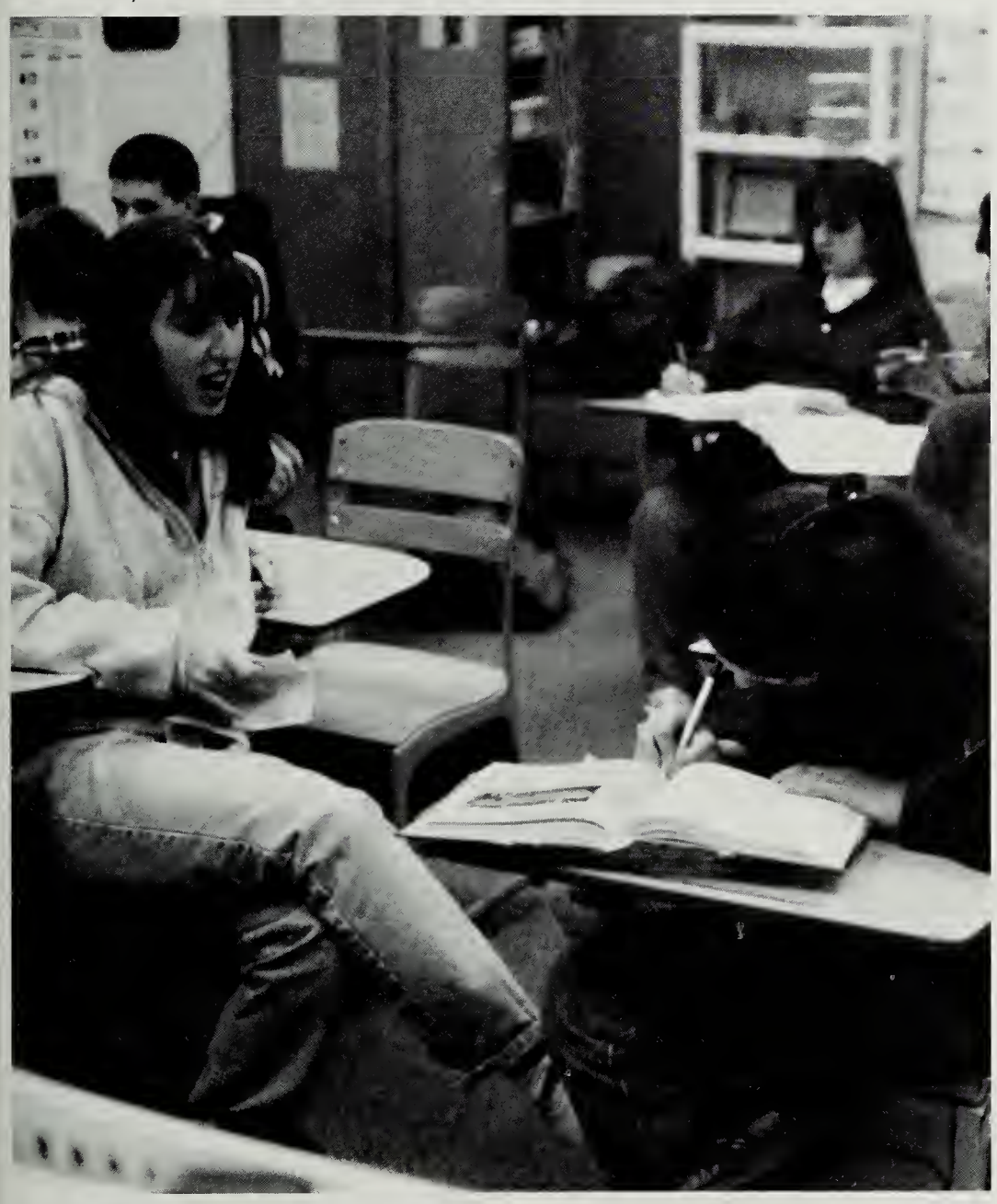
Besides benefitting the students who read these publications, the publication process is also vital to the students who help produce them. Many students who want to pursue careers in journalism or design and photography take these classes to improve their skills. Some write just for fun.

"I like to write stories about other people so they can know about their lives," stated Jeannie Rubino.

While informing those within the school of decisions and events that go on around them may excite some students, other students just plain enjoy stirring up controversy.

"Writing for the hyphen is a really good way to express myself. I feel like I am free to write about my feelings. If that stirs up some controversy, oh well . . ." said newcomer Jess Dawson.

"I took yearbook because it's fun and I think I can be creative. It gives you a chance to write about people around me and issues that matter. It let's you deal with school activities and things that are happening around you," commented Kevin Smith. -Paul Oremland, Brian Dahinden



Short Stories, sketches, and sonnets. With a moment to spare, a few Shaman students take a moment to pose for a picture. The Shaman encourages students to development their creative sides.

Waiting for class to begin, Jen Glufling kicks Rena Ryan's desk while asking, "You forgot the disk with our story on it?" The Yearbook class requires much organization and lots of motivation.



Front Row: Megan Glyer, Miki Ortiz, Rachelle Jones, Keishia Kemp, Kelly Scholz, Sabrina Didomenico, Nikki Steck. Middle Row: Cinthia Rios, Karen Testerman, Jen Glufling, Rena Ryan, Jemini Patel, Radwa Al Saadi, Nisreen Elhillali, Tony Magoch. Back Row: Carlos Vera, Janet Ortiz, Jeremy Outlaw, Rebecca Membreno, Cheryl Baxley, Brian Christenberry, Leah Kuhn, Jillian Bernard, Mark Hamilton.



Front Row: Amy Nicholson, Jen Robinson, Elisa Lambert, Heather Alexander, Jenni Reese, Adrienne Cross. Middle Row: Paul Oremland, Brian Dahinden, Katie Hawxhurst, Tara Stapleton, John Galgano, Curtessa Pennington, LaShawnda Powell, Nadine Boisvere. Back Row: Kevin Smith, Joe Tompkins, Alex Friedrich, Tiffany Hoffman, Tijusha Haley.

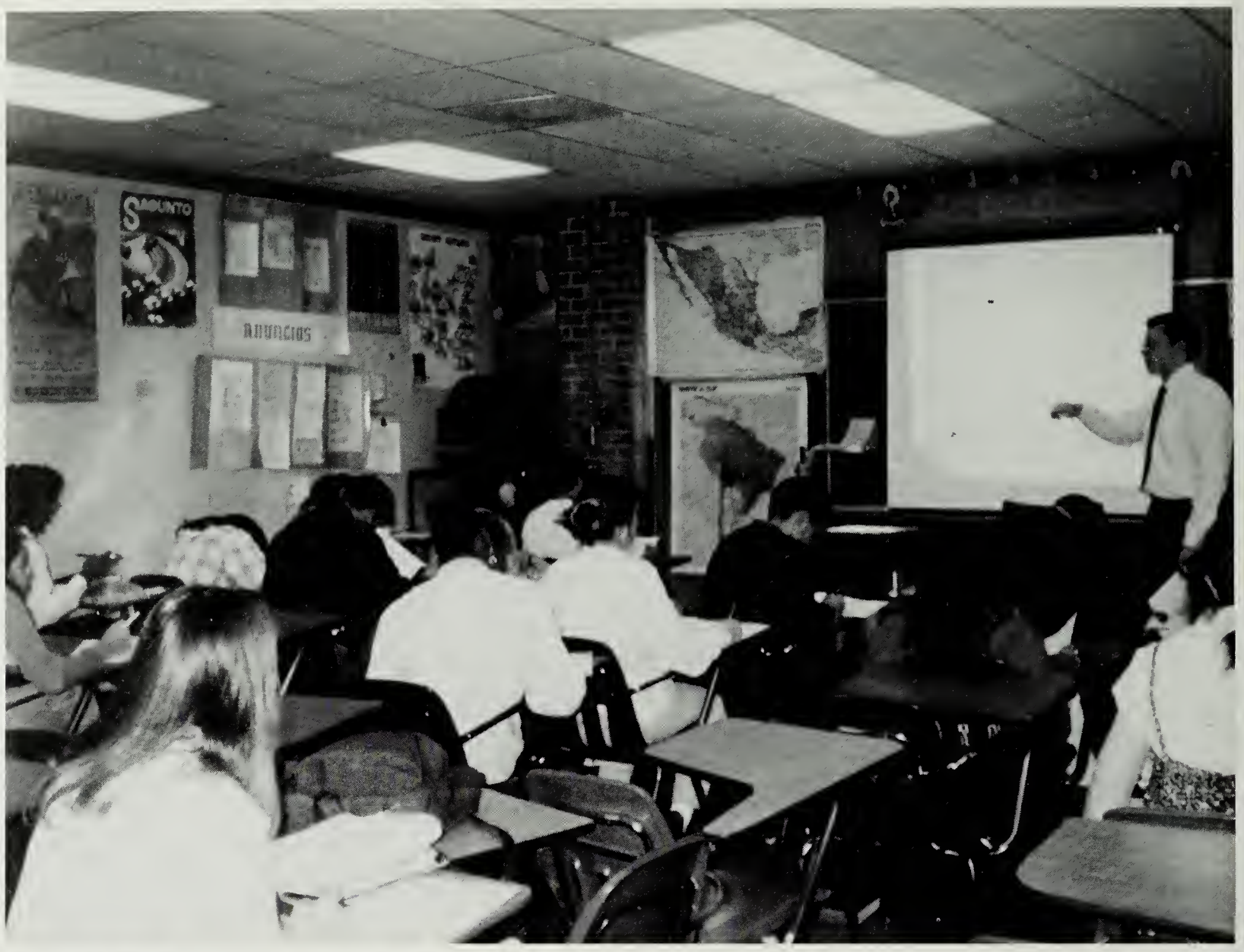


Front Row: Renee Akins, Julie Dement, Lee Miller. Middle Row: Sharon Zirkle, Anthony Wright, Mrs. Judy Powers, Maisha Williams. Back Row: Gary Bansen, Ben Wright, John Neal, Olwen Johnson, Katie Cunningham, Barbara Bernard, Mrs. Sara Chase, John Stevens.

...er, Mr. Brian Winger, mesmerizes even ... Mr. Winger spent a summer in Spain on ...ship where he continued to develope an ear for ...nces of the language.

"Honey, you must be looking for Mrs. El-Neggar, that's all Greek to me."









Sitting with classmates in Mr. Byron Bailey's German class, Mark Ulrich prays he will not be called upon for the next recitation. Notice everyone slouching down in their chaors so that they won't be called upon either.



Mrs. Myra Watts heads the French club. Maria Lewis, Allison Rowe, Melinda Jones, and David Varka all participated in a fundraiser for the American Cancer Society.

Ever been serenaded in Spanish? ...

Overwhelmed by the idea of a Fiesta, Victor McLawhorn celebrated his 16th birthday at Carlos O'Kelley's

Speaking In Tongues

This year the foreign language clubs were buzzing with exciting activities. The French club was involved in the Relay for Life Marathon. The individuals, whom participated, were involved in a run/walk marathon to raise money for the American Cancer Society.

The Latin Club traveled to Fredericksburg, Va., and competed in a Latin version of It's Academic! The Latin Club said that being involved in activities that included the language of their choice gave the activities more challenges.

Along with the German Club's annual Oktoberfest, the club traveled to a convention in Fredericksburg, Va. Sponsor Mr. Bailey commented, "The German Conevtion is a series of workshops, along with contests. The groups had discussions about the language, the history, and culture of Germany."

Members of the Spanish club had meetings the first Friday of each month and every activity period. Going Christmas caroling at Potomac Hospital was one of the highlights for them this year. Having a taste of the Spanish culture was one of the many projects the clubs had. The clubs sponsored banquets and festivals in efforts to share the many different customs with others.

Involvement in these activities showed that there was more to these clubs than just the languages.-*Angelo Arbogast and John Galgano*



After standing up oll doy, Ms. Debbie Skiffington finally finds o moments to sit down to conference wtih students. When a Spanish scholar opprooches her asking a question in Spanish it olwoys brings o smile to her foce.



1994-1995 Latin Club



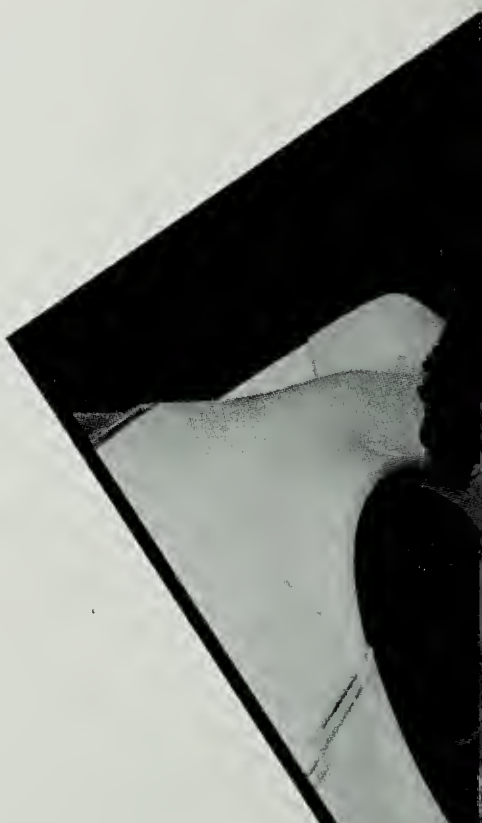
German club

back: Andrew Elliot, Jill Langshield, Mio Chiparos, Mike Howkes, Estuardo Escobor, Richord Mullins, Brian Winker; middle:Ms. Snyder, Mike O'leory, Brian Grudinski, Nick Wirt, James Weothers, Demetrios Hicks, Robert Young, Steven Huffman,Mr. Boiley; front: Mork Ulrich, Sam Schuster, Cassandro Mohotho, Swenjah Kah, Lani Stewart, Jemini Potel, Kevin Corter, Jennifer Gearing











GAR-FIELD

Academics





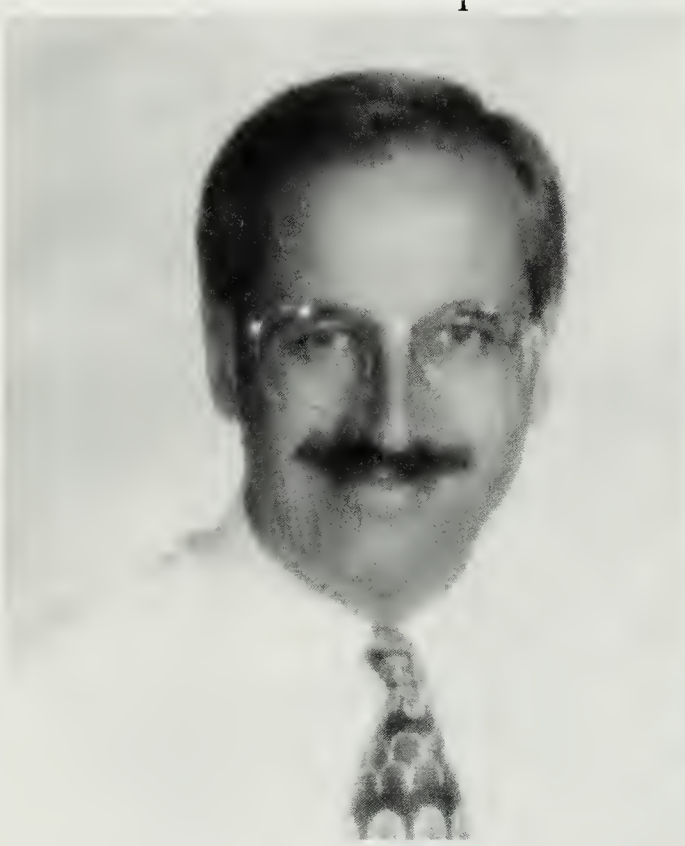
William Stephens
Assistant Principal



Cindi Choate
Assistant Principal



Sara Fitts
Assistant Principal



Steven Constantino
Assistant Principal



Roger Dallek, Principal



Don Upperco
Assistant Principal



Chuck Robinson
Activities Director



Jennifer Jones
Assistant Activities Director



Shirley Hoff



Barbara Chiles



Darla Beale



Mary Berry



Dorothy Bridges



Sandy Hartman



Ann Golliday
Bookeeper



Maggie Virtue
Switchboard



Becky Wise

Sue Carr
Cheryl Roach
Teresa Martin







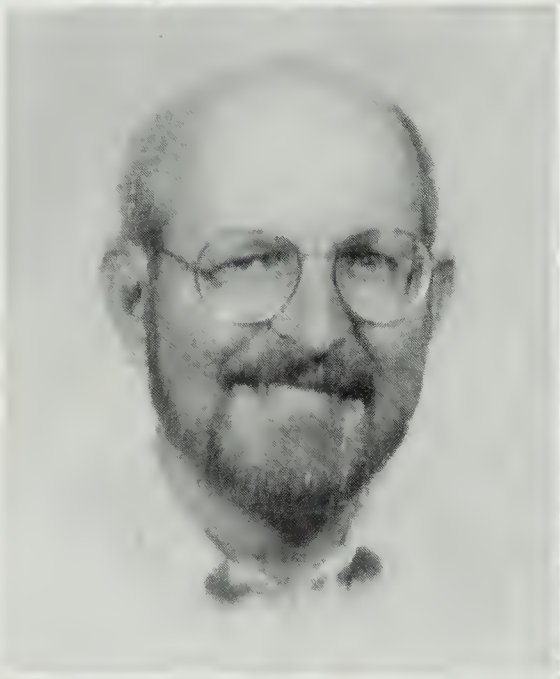
Kelly Littleton
Joan Roche
Joyce Jones







Bill Rampley
Linda Bryant
Bettie Harrison

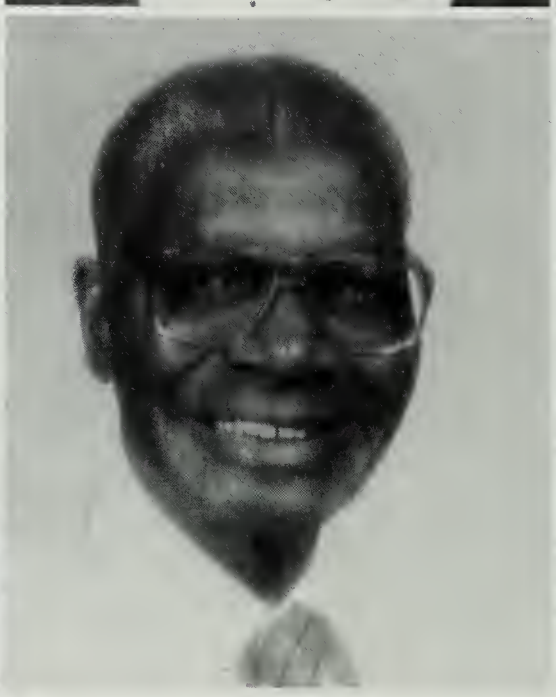


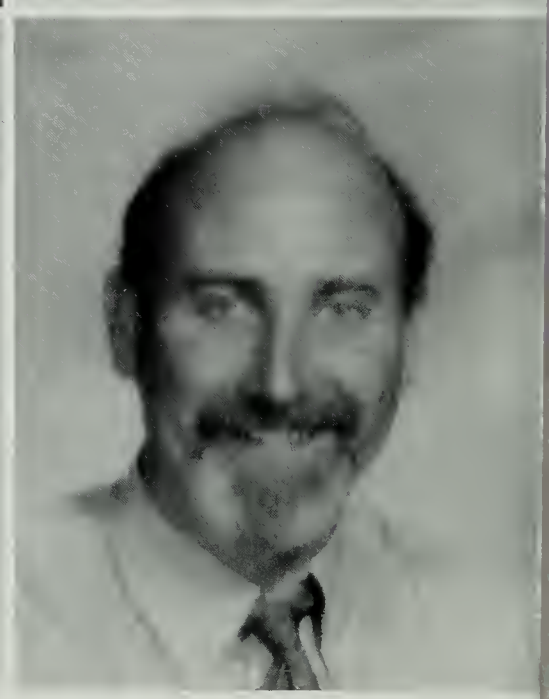




Roxanne Johnson
Roger Fitzgerald
Dennis Scott













Cathy Nickerson
Charlotte Harrell

-Guidance Director

Bill Cryan

Guidance





Every yeor guidance counselors toke time out of their busy schedules to help students creote thier schedules for the upcoming yeor. Mrs. Cothy Nickerson ottentively helps a student decipher which courses best fit his future goals.



Alwoys willing to lend o hand in helping students, Mr. Cryan oides Kristen Webster in finding informotion obout the college of her choice. As well as helping find college informotion he helps students decide on coreers thot suit them best.

Many people don't know about oll the hord work Ms. Ernestine White does for Gor-Field. As the school nurse, she does an excellent job of keeping our students sofe and healthy.

Christopher Aleo
Gail Baczkowski
Rob Bailess
Byron Bailey
Leslie Barbour
Andrea Barbuzza
Martha Beall

Becky Beltran
Doris Benson
Sue Bindra
June Bishop
Jean Bittner
Ann Black
Lisa Brasch

Susie Broach
Brenda Brohard
Christin Burns
Shirley Byrd
Maria Cahill
Chuck Castrina
Sara Chase

Mary Jane Centola
Mary Lou Chiarito
Thomas Corbin
Debbie Crawford
Lallie Crim
Kevin Daney
Vera Darter

Anne Davidson
Clarence Demory
Donna Dorton
Rhonda Early
Jean Ellerbe
Jean Ewing
Kathy Faubion

Sherel Frere
Rosemary Garrett
David Gibson
Rita Goble
Della Gordon
Meg Gruber
Nancy Hagy

Dave Hoge
Susan Huber
Jane Huestis
Karen Hundley
David Jakes
Paula Johnson
Paulette Jones

Lynn Knight
Yvonne Holsclaw
Ronald Lanman
Harold Larson
Joan Leffas
Dawn Lewis
Linda Little



Beverly Marolda
Ligia Martinez
Rylene MIckleberry
Terri Marx
Vince Maziekus
Thereesa McCloure
Michelle McDonald

Lucille Melita
Linda Melton
Fred MIlbert
Robert Miller
Sandra Morgan
Glenda Morton
Deborah Moyers

Sheri Neil
Rhonda Newsome
Lisa O'Hara
Janice Packard
Florence Piccolo
Louise Pickett
Wanda Pitt

Richard Polly
Judy Powers
Lawanda Prince
Rosa Roca
Toni Robertson
Stephanie Rosen
Stephen Sawyer

Lisa Shacklette
Rhonda Shaw
John Shriver
Faye Simon
Debbie Skiffington
Jean Walsh
Martha Slover

Kate Schell-Smith
Bruce Snyder
Gretchen Snyder
Mickie Sullivan
Susan Taylor
Polly Terriberry
Mike Trowbridge

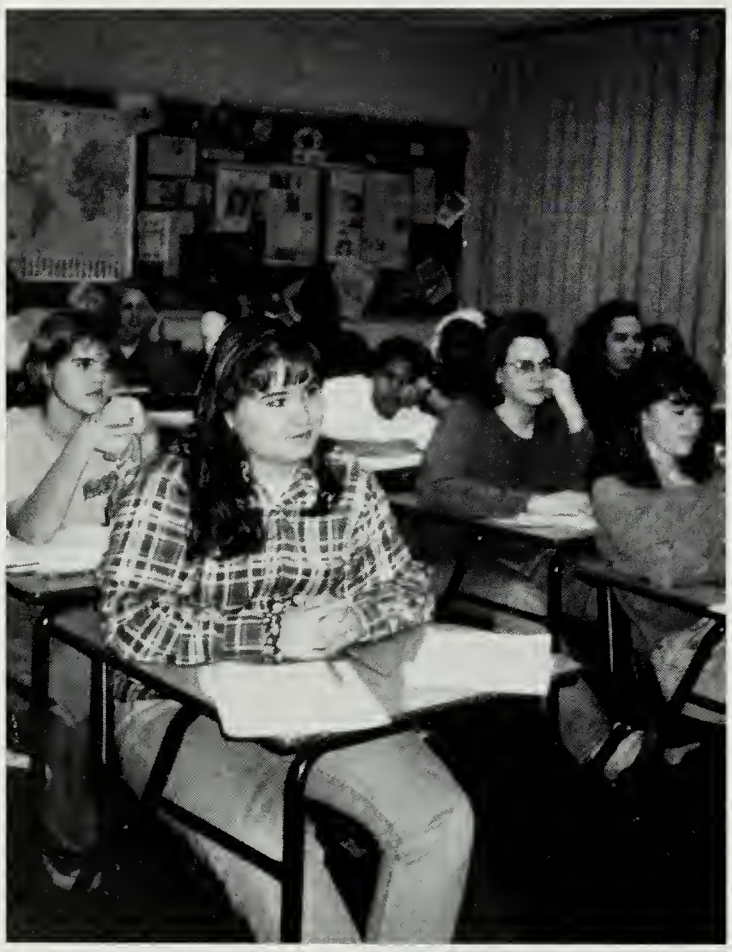
Gayle Turner
Rosa Vivanco
Clyde Washington
Stephen Watt
Yolanda Warren
Amy Weiler
Joe Wheeler

Richard Wiczalkowski
William Willis
Steve Wilson
Darlene Wooley
Michael Wright
Diana Young

Potiently, Mrs. Weiler's English 11 closs tries to crom in the last bit of notes two minutes before the dismissol bell rings.





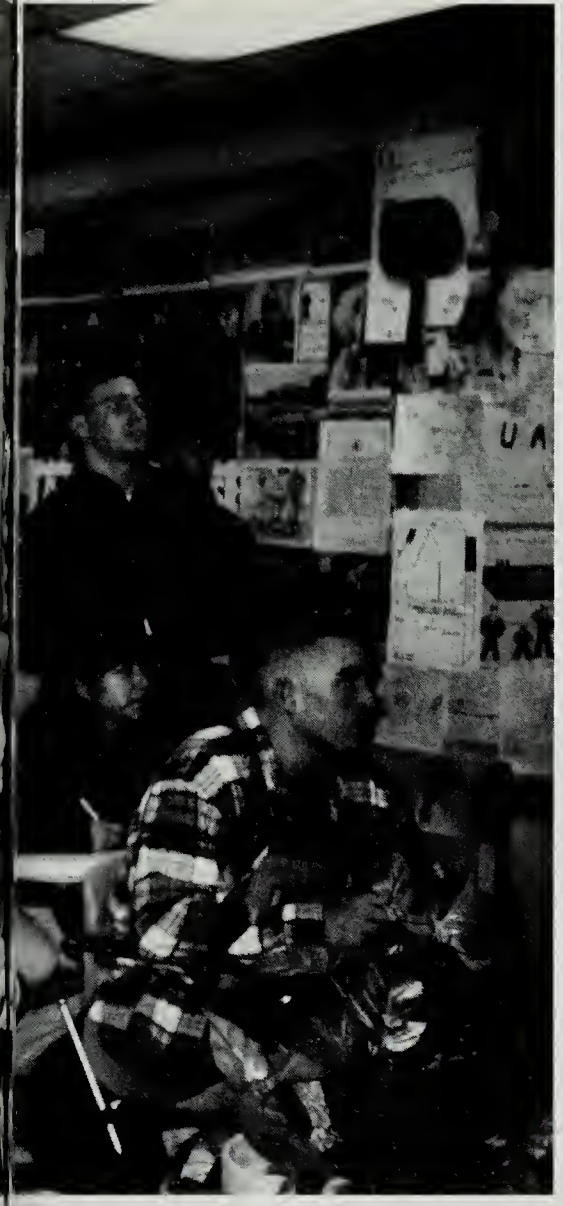




Ms. Dello Gordon's English 9 closs struggles through a test on the tragic tole of Romeo and Juliet. While students ore convinced teachers love to torture them with Shokespeore, most try to moke the reodings as painless os possible.

Students in Ms. Liso O'Horo's Humanities 10 class ponder the day's lesson. Todoy's lesson feotures resume writing. Tomorrow? Who knows.





Student's take notes diligently from an overhead in Mr. Larson's American Studies II class. His students were well-prepared every time for his famous open note tests.

Mrs. Jean Bittner's seventh period American History class reviews passages in textbooks and studies notes carefully for the first semester exam.





Mrs. Cantwell explains her views on world news and politics with Mr. Darrough and Mrs. Elvin. Teachers often spent time in the planning rooms to relax from the pressure of the classroom.

Mr. Patrick O'Shea ,a Psychology teacher, explains the workings of the mind to his class with the help of the head of a Cabbage Patch Kid. The subconcious works in mysterious ways.

Once Upon A Time

From the Declaration of Independence to Hamlet, English and Social Studies classes were necessary to meet requirements for graduation, but were also provided to ensure students received a well-rounded education. Academic courses do not always make for the thrill of student's high school experience. This year, there were a variety of courses to make students' academic loads a bit more pleasurable.

The Social Studies Department allowed students to explore various ethnic studies, such as courses in Latin American culture, Indian, African, and Hispanic cultural studies. Students were able to learn about their own heritages, as well as various cultures of the world.

For students who wanted to be intellectually-challenged, one could choose to take Advanced Placement Government and Advanced Placement European History. In these courses, students studied the complex workings of the political systems typical in Europe, and the struggles of Europe in past centuries. In addition, students get credit for college if they do well on the the AP exams administered during the Spring.

Mrs. Gerrie Cantwell, an AP Government and American Studies instructor, expressed her concern for students. She explained, "Alert thinking in students is consistent. On the other hand, there are many students who enroll in AP courses for the wrong reasons. Students who have difficulty with the work, academically would do better in a course with less difficult material."

This year in the English Department, many students chose enlightenment by taking AP English, AP Language and Composition, Humanities, and Speech and Drama.

Seniors this year enjoyed such English classes as Mr. Corbin's AP English 12 and Mrs. Henson's Humanities 12. Senior AP English students studied such works as Things Fall Apart by African novelist, Chinua Achebe. Students were provided a jump-start on college by studying the poetry of T.S. Eliot and John Donne.

Humanities courses placed an emphasis on multicultural literature. This year, students studied various pieces of world literature like The Canterbury Tales and Beowulf.

When asked about his classes, Mr. Corbin, chairperson of the English Department stated, "There are a variety of people typical in any class, from scholars to non-scholars."

This year in History and English, students showed dedication when it came to getting work accomplished. Friends, parents, and teachers were always there to make school a little less stressful. -Keishia Kemp

Aggressively trying to solve a math problem, Erika Parrish and Roman Alcazar both look stressed and confused. Frustration rises in direct proportion to one's blood pressure.



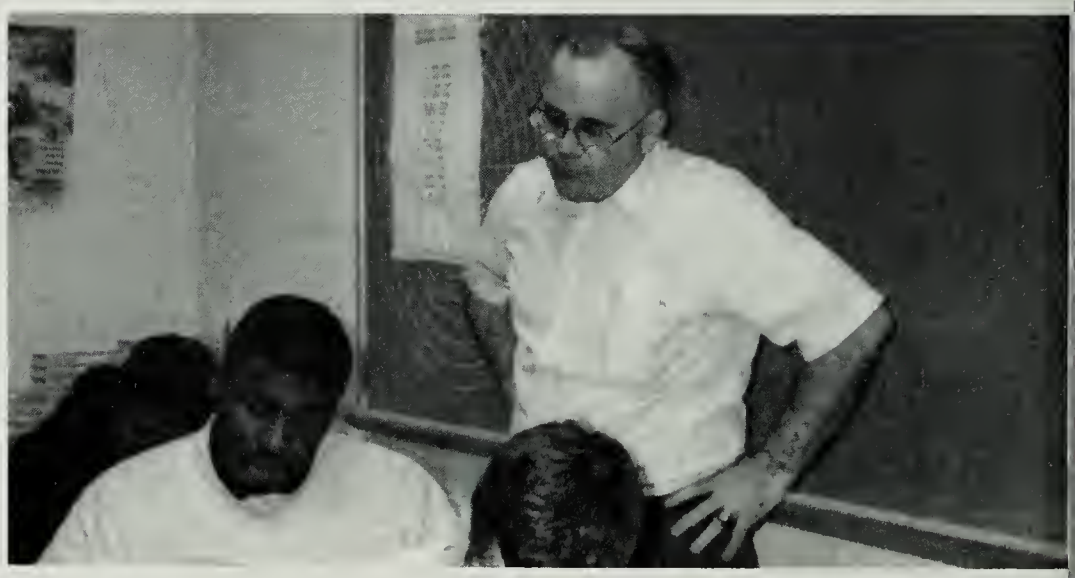






Bodies, rest and motion. Outside of Mr. Clemmons' physics classroom, Rachel Wyatt and Keicy Tolbert form a joint hypotheses. Group work, the two admitted, doesn't have to be a pain.

While working on their mock taxes, students in Mr. Bill Willis' seventh period Consumer Math class admit that class can be challenging.





Listening attentively, Mrs Walsh's seventh period class follows her step-by-step solution to a Functions problem.

Slightly puzzled with Computer Science, Ben McDavid looks at his monitor trying to figure out if he could borrow an axe from the teachers in construction. Computer logic sometimes escapes we humans.





It's not exactly a midget jump rope. It is, however, a Physics experiment being performed by Mollie Pineda and Leslie Nkansah. The one thing that makes Physics more exciting is playing with string, weights, and other interesting gadgets.

THINKING BIG...

Students at the School of Champions believed in working hard when it came to academics. Math and science have proven to be two of the most difficult subjects. Students had to work especially hard on those challenging subjects which require a lot of brain work and concentration.

While Science is a tough subject, it might also be very rewarding for some students in the future. Taking the easy path is not always the smartest way to go.

"AP Chemistry is a really confusing class, but my parents made me take it," said sophomore Shahzad Hussein.

On the other hand, junior Keicy Tolbert stated, "Physics is a lot of hard work, but it can be fun if you have the right teacher."

In addition to Science, Math is also a challenging course. People need math to survive everyday life. To students, math is just another academic class for which they work hard.

Allison Papovich said, "Calculus is a very challenging class where you move quickly in the chapters." The Math Department has been offering very important classes that students can use in college. They are Computer Math, Computer Science, Statistics and Probability and Discrete Math.

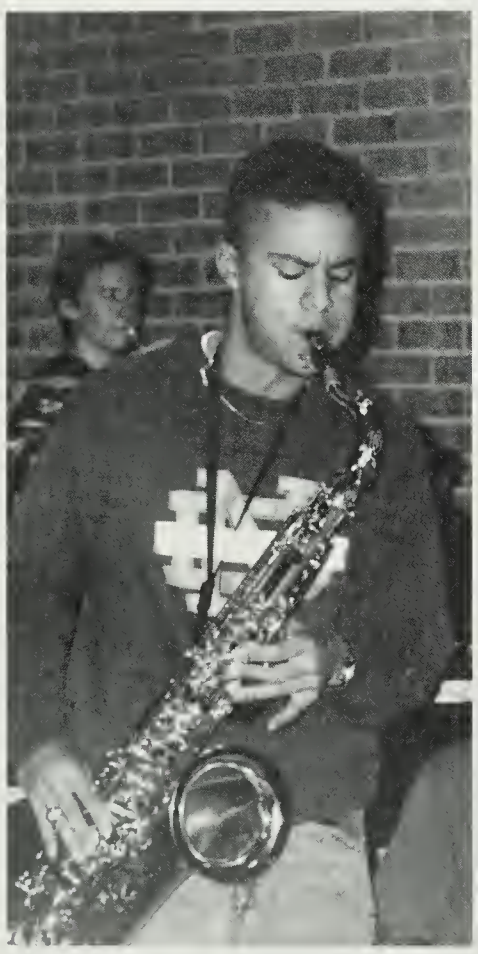
In the end, students realized the consequences involved in taking the easy way out. There's much to be said for hard work.

- Radwa Alsaadi & Jemini Patel

With o flick of his wrist, Mr. Mike Trowbridge, the orchestro teacher, directs his ensemble through o new piece of music. The orchestra worked hord, procticing constantly to strive for the excellence that wins them numerous owords.









Improvisation god, Robert Foirchild, puts heort and soul into everything he plays. Robert coptivotes the oudience with o heortworming solo on his tenor sax.

Agoin ! The band begins another piece under Ms. McKenzie's direction. Most of the students in band ogree thot the work is difficult, but definitely worth it.





The Christmas season wouldn't seem complete withaut the Jazz Band playing in the hallways. Jazz Band's sax line Rabert Fairchild, Dante Halton, Matt Nagel, Paul Bapple, and Kate Stonebumer entertain the crawd with a Christmas melady.

Taking a break, the band is allawed a mament of rest before striking up again. Mrs. McKenzie kept the band warking overtime. As always, the extra rehearsal time really paid off in the end.





No band is complete withaut a little brass. Terrence Estu, Mike Day, David Dallek, Billy Brack, and Connie Barnette add a little bit of blaring trumpet ta the Jazz Band's bluesy Christmas melodies.

Swift strakes and fluid wrist movements keep the bows maving for these orchestra students as Libby Tuttle, Heather Chase, Rasemary Garrett, and Steven Jakub practice constantly like their fellaw muscians in band.

STRINGS, SWEAT, AND DRUMS

Among the many talents of Gar-Field Senior High, one must not overlook the incredible talents of the many students who participated in band and orchestra. Not your ordinary courses, these classes require talent, dedication, and above all, hard work. Yet, these musicians agreed that the love of making beautiful music is what kept them going.

Creating this music, however, required more than just talent. Hard work was the key to success in band and orchestra. Students in these classes will readily admit how essential practice is to doing well in and out of class. Aside from class every fifth period, our musicians found themselves practicing, as senior Laura Tracy simply said, "Everyday."

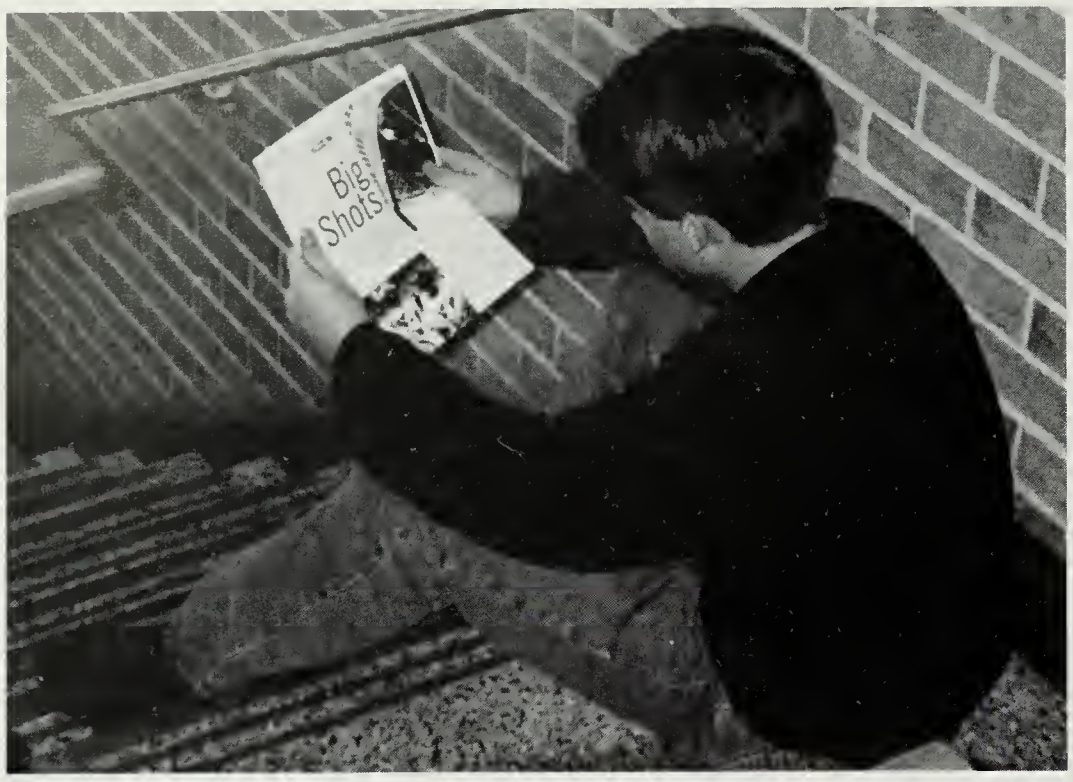
While this constant practicing tends to be tedious, most agree that it's worth all the blood, sweat, and tears, especially when they are rewarded with an opportunity to play in front of an audience. One of these rewards comes during the Christmas season when the Jazz Band's bluesy melodies fill the halls, promoting the holiday cheer.

Flutist, Michelle Werele, summarized the general feeling of the student musical body, " Yes, it is a lot of hard work, but the concerts and trips make everything worthwhile."

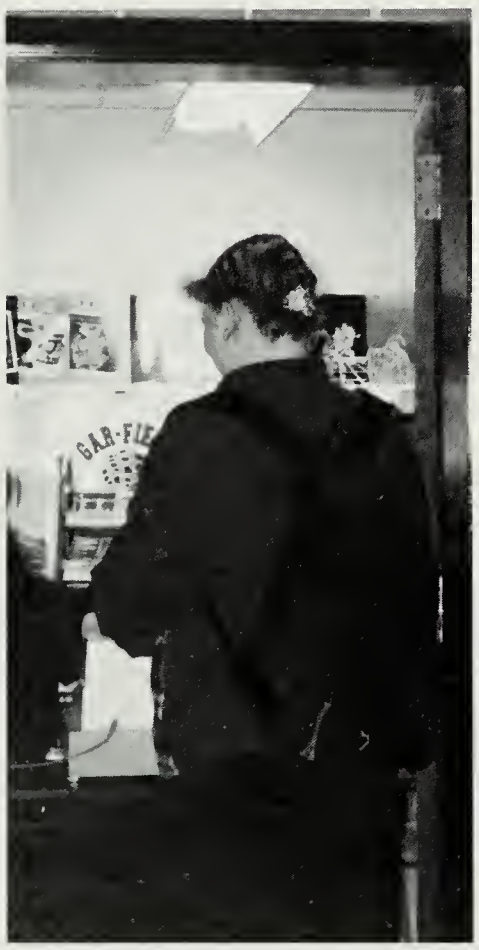
Those trips are a constant thorn in the sides of teachers who must work around these students' schedules. In March, orchestra went to Hylton High where they participated in the District Festival. Later on in the year, they traveled to Richmond to play at the Virginia Commonwealth University, Band, on the other hand, attended a very prestigious event for the Virginia Music Educators Association conference in Norfolk, an event in which only two high schools from the state of Virginia were selected to perform.

Band and orchestra are not all work and no play. Just ask Brian Winkler, who refers to himself as "the drum god", and admits with a smile, " I humbly perceive myself to be the cornerstone of this band. Without my metronomic skills, the entire ensemble would crumble." - Elisa Lambert and Joe Tompkins

One of the first students to take Sports & Entertainment Marketing, Josh Lane studies hard for his midterm exam. Fortunately for Josh, he has this free time at lunch to review his notes.









Strawberry, mixed fruit, spearmint or peppermint, which flavor will it be today? Strawberry was definitely the Mento of choice. Cindy Compton visits Mrs. Burchan at the school store during her lunch period to buy those tasty Mentos.

In good company, student entrepreneurs present their business proposals to Principal Mr. Roger Dallek, Dr. Cecilia Krill, Associate Superintendent of Schools, and Dr. Edward Kelly, Superintendent of Schools. The Entrepreneurship program consists of 10 sophomores who are guided by Mrs. Norma Early, the Business Department chairperson, and Mr. Steven Zeiders, a local businessman who has offered his time and money to the cause.

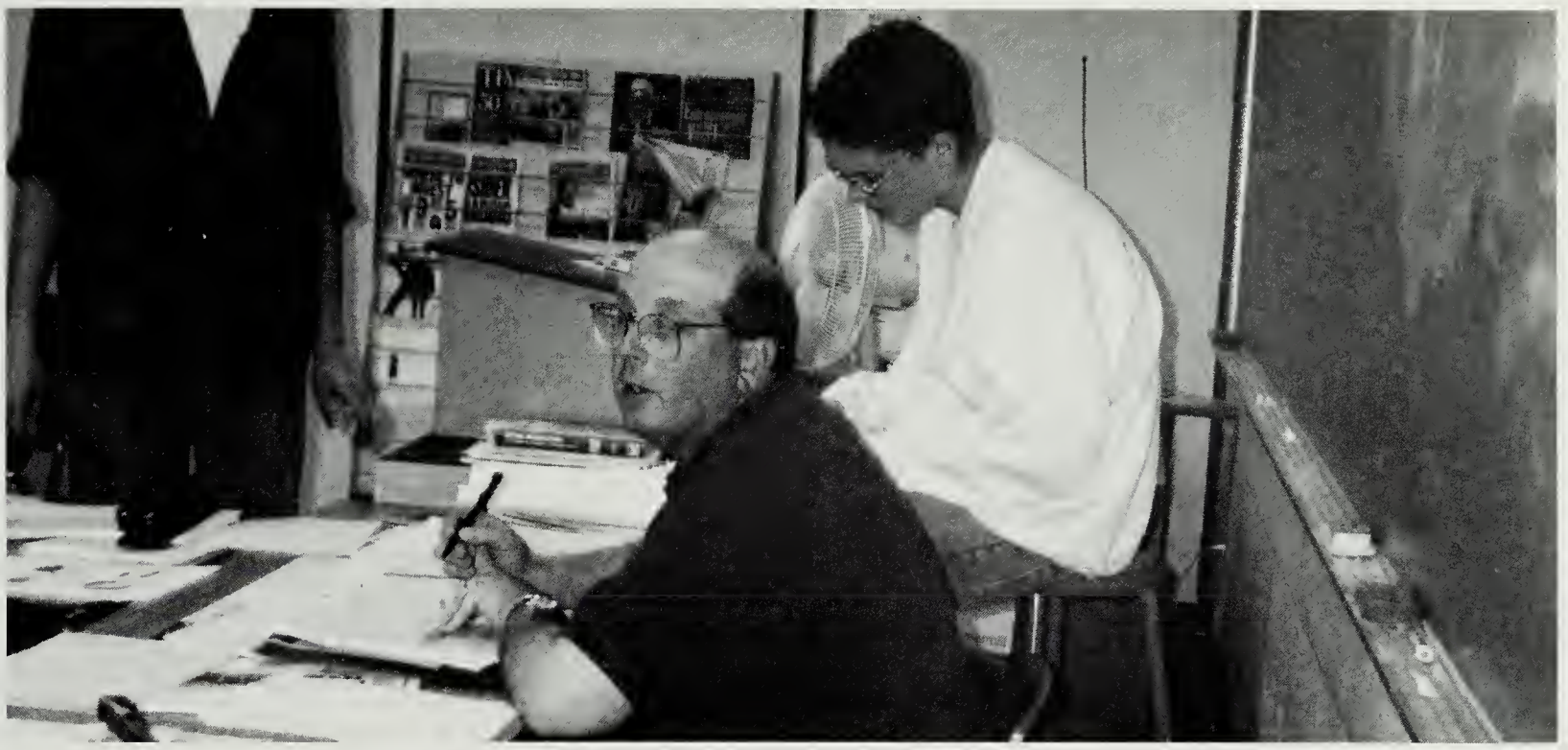


Luis DeJesus sits in sixth period, Mr Miller's Marketing class, and reads through the newspaper for his current event homework that is due on Fridays.



Mrs. Laverne Yates makes sure the students in Mrs. Hannah Johnson's third period General Business class understand how important doing well in school is to one's success in life beyond high school. Mrs. Yates was one of several guest speakers featured in the Business Department this year.

Mr. Bob Miller, slowly but surely, gives his students in his sixth period Marketing class their make-up work for the second nine weeks grading period. Teachers often remark how interested students suddenly get in their grades about one week before report cards.





Mr. Patrick Hogan's Public Law class listens to the new system of bartering he introduces. With successful completion of each chapter in the textbook, a student had the opportunity to increase his buying power.

Greasing the Wheels of Capitalism

Have some ideas about your future? Business and Marketing classes can help. These two valuable classes are worth two credits toward your diploma and your future. The department offers classes, such as Business Law, Keyboarding, Computer Concepts, Accounting and many additional courses designed to prepare students for survival in the business world.

Business and Marketing courses teach students such real world skills as how to balance a checkbook, the finer points of law for minors, the logic and patience to work with computers, not to mention the critical information about starting and running one's own business.

The departments both sponsor clubs for special interests as well. FBLA, otherwise known as Future Business Leaders of America, is the club one would join if he takes a Business class. For those students involved in Marketing, DECA is the club for you.

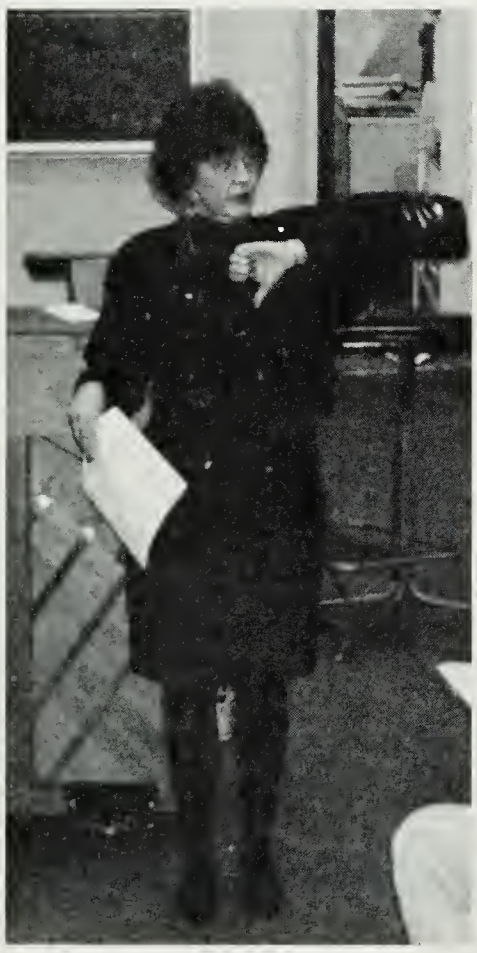
These organizations stress the practice of leadership abilities, as well as getting along better with people. The department works with over 400 students each day.

Mr. Roger Dallek, our principal, Dr. Cecilia Krill, Associate Superintendent and Superintendent Dr. Edward Kelly were also impressed with and involved in the department. All three took time out of their busy schedules to read over business proposals prepared by Entrepreneurship students. For those who want to get a head start on their futures, Business and Marketing classes may be just what you've been searching for at Gar-Field. -Nadine Boisvere, Lissette Hoyos

FIRST ROW Ms. Moyers, J Saunders, E. Bradford, A Robins, S. Hanrahan, A. Fetherolf, K. Bernard A. Baggott, L. Mc Fall, Mrs. Neill, SECOND ROW K. Sears, D. Lace, K. Jenson, J. Graham, V. Harris, J. Fread, F.Velez, R. Parrish, M.C.Dvorozinak, M. Piplani, Tameka, B. McCurdy, J.Osburn, K. McMullen, C. Odom, A. Dukes, A. Askew, J. Wade, J. Jenkins THIRD ROW L. Williams, J. Rattler, C. Williams, J. Wallace, K. Gibson, R. Erikson, W. Freeman, A. Mendez, H. Jenkins, K. Zawisa, L. Mark FOURTH ROW L. Doomes, S. Zirkle, J. Bruss, P. Bruss, J. Barrows,A. Evans, D. Acosta, J. Rodregez, J. Rivera, W. Kotey









Choir instructor, Mrs. Moyers directs the students in sight singing. Sight singing is used to intrepret the notes of the songs they sing.

FIRST ROW J. Johnson, T. Smith, M. Ribicki, J. Ellis, C. Prichett, B. Shoenemann, T. Magoch, S. Schauberg, M. Glyer, M. Gomez, M. Dionnen, SECOND ROW Mrs. Moyers, L. Forbes, L. Furr, M. Roslen, Mike MConell, J. Rogers, T. Olimegoki, A Fuksa, L. Bedaeu, C. Orth, C. Gargan, Mrs. Neill, THIRD ROW J Perty , J. Wilks, D. Gary, O. Oliphant, A. WIlson, L. Rice, D. Skidmore, M. MCuryd, E. Smith, V. Lutrell, J. Burwell, FOURTH ROW R. Adkins, S. Abraham, C. Stephan N. Moran, A. Einsmann, A. parsons, B. Winne, j. Graff, A. Loydd, V. Schurstom, K.MCchoeb, FIFTH ROW J. Claussen, L. Mackey, F. King, D. Zornak, R. Bentson, B. Brown, T. Langschieb, S. Ryan, A. Papovich, C. Harris K. White, T. Dixon, N. Shott.

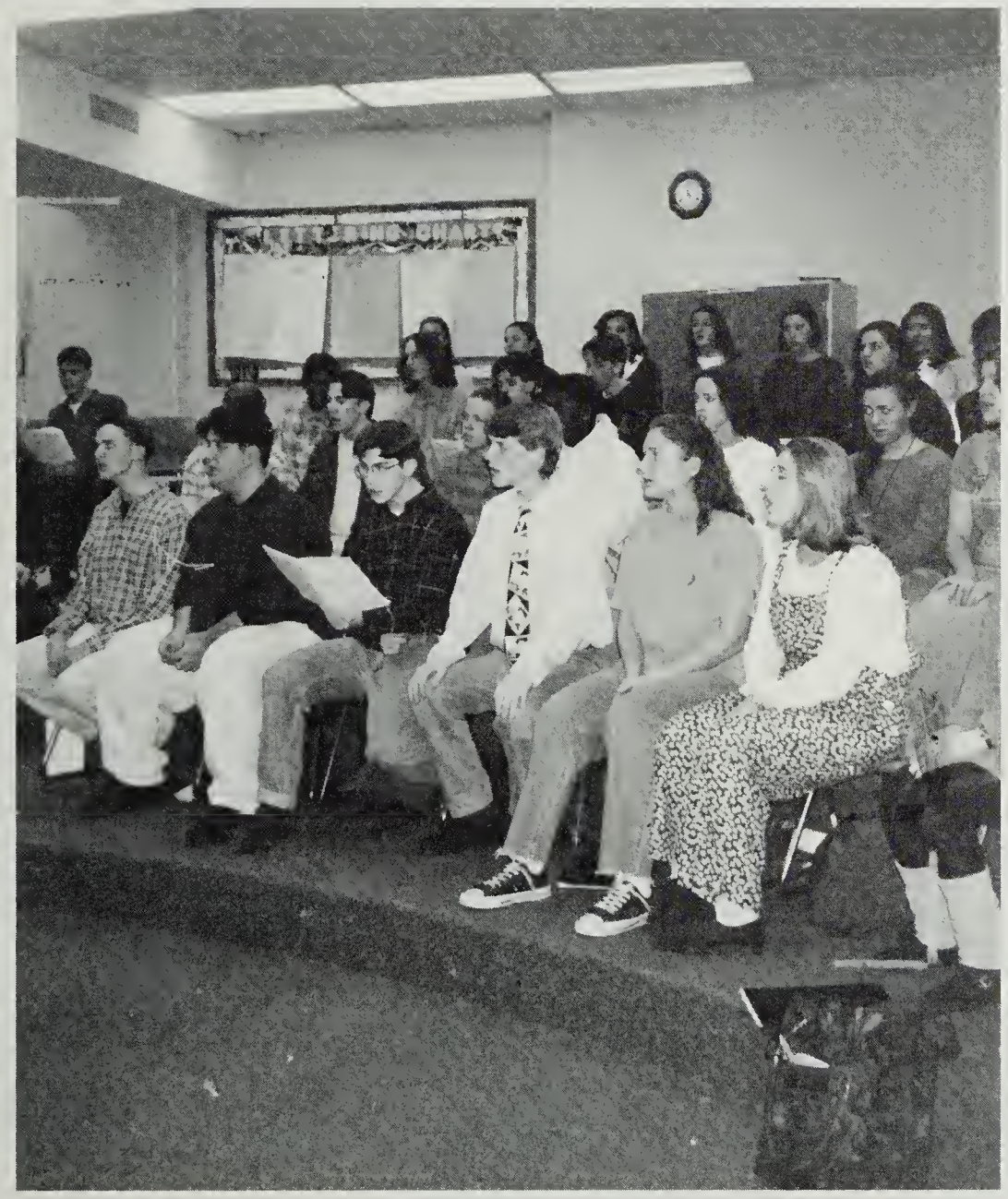




Concert choir members Dovid Zornock, Crystol Stephens, Mory Cotherine Dvorzinok, Shari Gorgan, and Kinter Bernord sing the Nationol Anthem ot o bosketboll gome. Many choir students sang the Notionol Anthem ot school functions.

FIRST ROW A. Meidt, H. Davis A.Meyer, M. Borrello, C. Spinks, R. Hermann, L. Doyle, L. Laws, SECOND ROW A. Freeman, C. Stiskles, D. Caldwell, S. Howard, L. Hill, C. Spain, C. Lenon, N. Mears, THIRD ROW Mrs. Moyers, B. Bernard, D. Karas, J. Coutnik, L. Mitchell, J. Baker, C. Lee, N. Cornell, S. Gracia, Mrs. Neill, FOURTH ROW C. Flom, N. Shelton, E. Mitchell, J. Alter, T. Gill, J. Crawley, C. Stamler, C. Perez, C. Evans, FIFTH ROW C. Guyett, C. Gargan, B. Wiredu, F. Oliver, A. Peterson, C. Brown, L. Webber, L. Kuhns, R. Horn, H. Lipple.





Treble choir students, Chastity Evans, Sherro Howard, Robin Herman, and Leah Kuhns proctice singing for an upcoming concert. The choirs mode several oppeorances in concerts throughout the year.

Proctice is a key element it performing in choir. Concert choir is one of the excellent parts of the show. They olwoys manoge to pull off one excelent performance ofter another.

Sing It Out

Many students enjoy choir as a break from the typical, hectic, school day. Although there are many mandatory practices in the morning and after scool, some students see choir as a way of relieving stress. "I see choir as a stress reliever because I have it sixth period, I can forget about books and concentrate on having fun." said freshman Chastity Evans. Along with relieving stress, it adds fun to the school day.

Choir students perform in many concerts throughout the year. Preparing for the concerts can sometimes be difficult. With about two hundred students in choir, rehearsing all at once can be quite a task. "The rehearsals before conecerts are long and tough. You have to always pay attention, But when the concerts come around I know it was all worth it." said junior Jeremi Ellis.

Not only is choir fun for students, but Mrs. Sheri Neill and Mrs. Deborah Moyers also have fun. Working with the students can be a tough job, but the duo seem to have everything under control. " Mrs. Moyers and Mrs. Neill are great teachers and a lot of fun. I've learned a lot from them not only about singing but also about life." stated senior Allison Papovich.

Spending time with all those people really teaches you how to work together. Everyone learns to get along and cooperate very well. Students agree that choir is a great way to meet new people and make long lasting friendships. Junior, Mary Catherine Dvorzinak sums it up by saying " Chorus is an awsome experience! It give you a chance to meet a lot of new people." -Missy Bussard Christa Edsall









GAR-FIELD

Community



Students learned that childcare takes a lot of dedication, patience, hard work, and love. Shonda Williams amused Jahriel Johnson while putting classroom knowledge in action. Have you ever spent five minutes in a room with a crying infant?







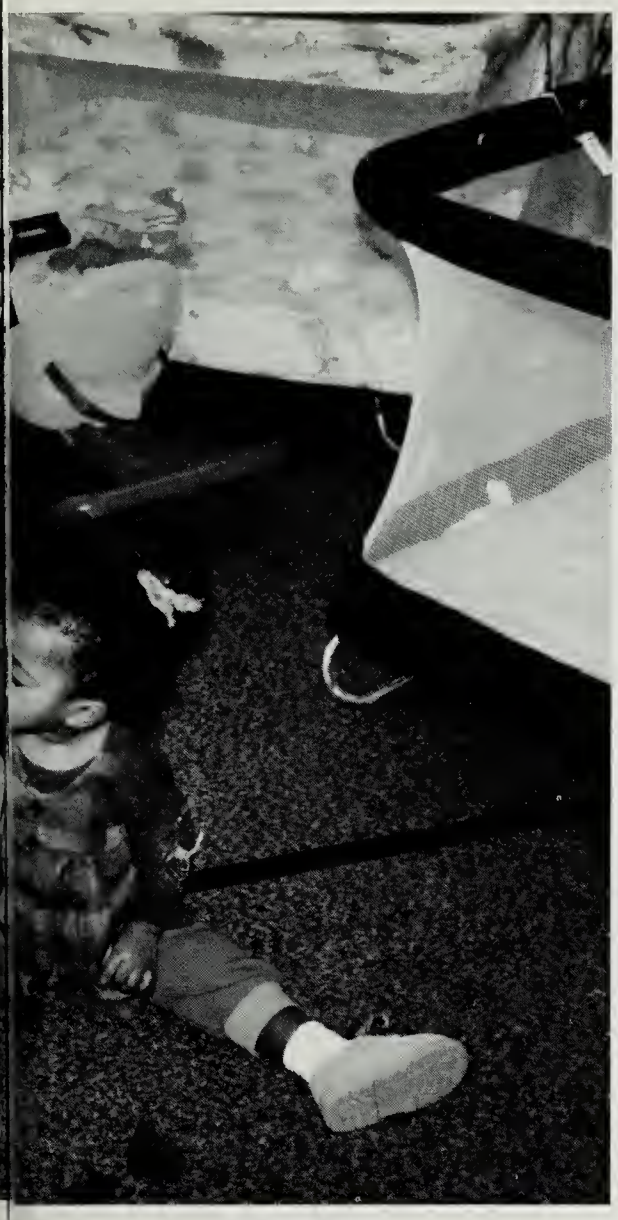


Mother and son, Crystal and Maurice Bradford, spend some quality time together in the nursery. Along with childbirth comes a host of responsibilities most teenagers aren't ready to accept. Instead of hanging out at Taco Bell at 2 a.m., you're at home for the baby's feeding time.

Naptime was a relaxing time for the children. Oh how many students wish they could pull up a cot to get some sleep in the middle of the day. Elizabeth Grylick uses this opportiunity to get reacquainted with her animal pals.



As a part of the GRADS program, students work with the children in a hands on environment. Pamela Hunko and De' Andre Cox take a break from a day of new experiences for them both.



Melissa Belt, one of the many students who love to work with children, joins Candice Tidball in a game of blocks.



Rock-A-Bye Baby...

In the Classroom



As head of the nursery in the program, Mrs. Gregory has a lot of responsibility caring for the children. Here Amelia Cintron receives special attention as they share a quiet moment.

There was a new program on the school front this year. The Graduation Reality and Dual Role Skill, otherwise known as the "GRADS" program; was created for pregnant and parenting teenagers attending the school. GRADS was designed to help parents remain in school through graduation, while at the same time helping them to learn the importance of caring for their children.

In charge of the nursing center was Mrs. Ada Gregory, who said, "I think it helps mothers to become more independent." While parents learn about crucial aspects of child-care, future parenting, and other related courses for students planning careers in child development.

Melissa Belt, a student taking the class, said "I like working with kids, so I like being in here." GRADS helps students to familiarize themselves with taking care of infants and toddlers through hands-on experience.

The children are enrolled through Ms. Emily Jane O'Connor. The program was developed by Mrs. Charlotte Harrell, Mrs. Laverne Yates, Mrs. O'Connor, and nurse Ernestine White.

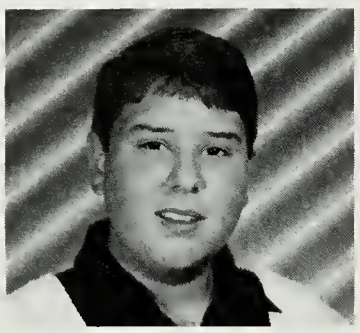
This program is one of two of its kind in the Prince William County area. One of the parents whose child is enrolled in GRADS, Kareema Brown stated, " I transferred from Hylton High School so I could come here and finish school."

The program is equipped for twelve babies, and the fee is $100 dollars a month. Shonda Williams said, " It's good for those students who don't have babysitters because daycare costs are high."

What does all this add up to? Parents who can continue their education, with reasonable rates that help them stay in school rather than drop out.-*Jill Bernard*







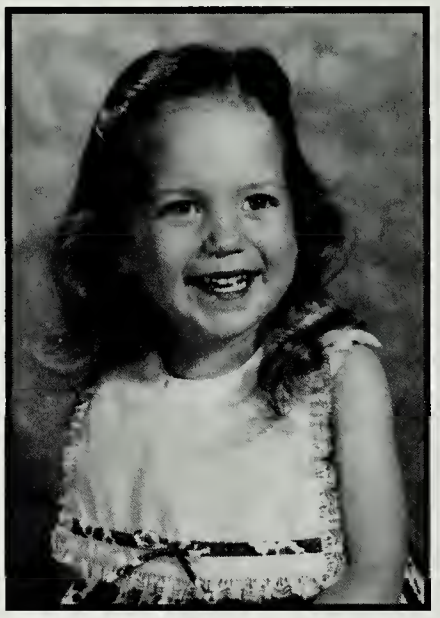


Dear Aaron,

As your life begins a new... we wish you happiness in your heart, and dreams that come true.

Our love will always be with you. Break - a - leg.

Dad, Mom, & Jason





Laura- congradulations on a job well done!!

Dad and I are so proud of you-- Proud of your accomplishments as a student, as a musician, and as a lovely person.

Carpe Diem!!

Love to you always-

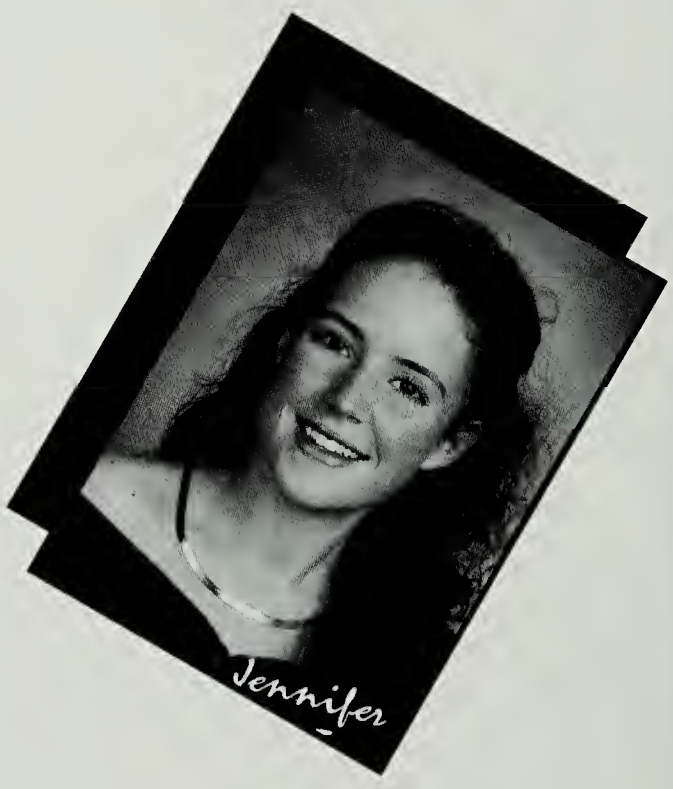
Mama & Dad,

"G"-pa & "G"-ma,

Bill too!!







Congratulations

Jennifer, We love you

and are proud of you!

Mom, Dad, & Jeff

Hey their Georgie Girl!! Look at you now!



Love,
Dad, Mom, Tom, Candy
Bronco, Bahlu, and of course "Remax"!!



Congratulations Kerri!!
to our little girl who has blessed our lives with much joy & laughter

The time has passed by all to quickly for us. Now it's up to you to spread your wings and take on the world !! We will always CHEER you on. Remember.. The best is yet to come!

Love Always
Mom, Dad
Mike & Tom







Congratulations

OLIVIA

You are just as beautiful now as you were in kindergarden. You brighten my heart with your smile and laughter. Always believe in yourself and the future will be bright. We are very proud of you and all that you have accomplished. Always remember you are loved and we wish you the greatest joy, love and success in your life.

LOVE MOM, DAN AND VICKY



Renee,

You,ve been a joy to us always. Keep smiling and shining! God bless you as you journey into your future.

Love,
Mom, Dad
&
Matt



Ern,

Spread joy. Paint a rainbow of happiness. Share good news. Stay open to wonder. Laugh out loud. See your own beauty. Feel your own strength. Gaze at the moon. Celebrate the dawn. Praise others. Praise yourself. Praise God. Fill your heart with love. Live fully. Spread peace. Let your spirit soar!

- adapted from J. Michelsen

Share the gift of you with the world, Erinn!

Love, Johnna



Dear Jennifer & Heather,

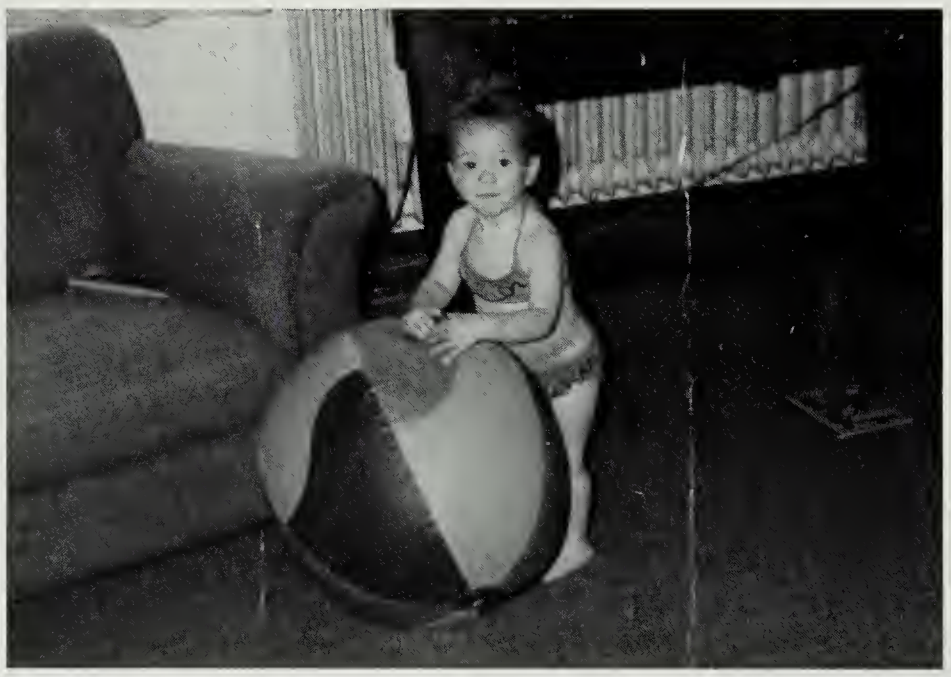
Two Things We Owe Our Children Are

ROOTS
AND
WINGS

Soar High Girls!

LOVE, MOM & DAD







Angel,

Within you is the promise of the Future, and we believe in you. We are very proud of you and love you so much!

Congratulations!

Dad, Mom, Monique, Joshua & Jordan

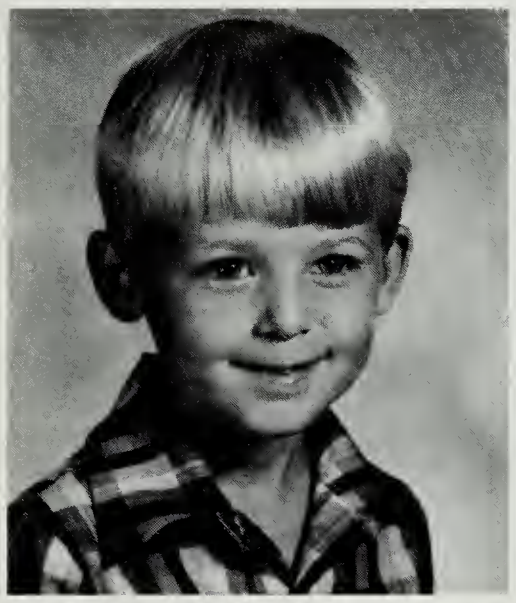
"In everything you do, put God first, and He will direct you and crown your efforts with success."

Proverbs 3:6



Katie,
You have always been a source of pride and joy to us, but nothing makes us prouder of you than your choice to follow the Lord and His will for your life. We do not know where He may take you, but we are behind you 100%. Just trust the Lord and He will make known His plan for you. Our love and prayers go with you. Live your life to please God, not man, and His joy shall be your reward.

Love,
Mom and Dad



Cory,
Congratulations,
Spook!!
We are proud of you.
We love you.

Brian & Mom





Congratulations, Jessi:

You've come a long way!

Love and Happiness,
Mom, Dad,
David, Carey, Patrick and Erin





Sarah: Congratulations!

Without a doubt, you are our Miss Personality, too.

We are proud of all you have accomplished and you are a joy in our lives.

Our lives and support go wherever life may take you-

Always,
Mom, Dad and Mark



Erin,

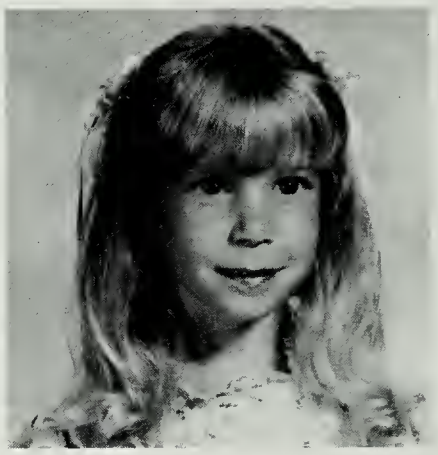
The day you were born was one of the happiest days of our lives. Watching you grow into a beautiful young woman has given us precious memories to cherish. We are so very proud of you and all your accomplishments. May your dreams become reality.

Love,
Mom and Dad

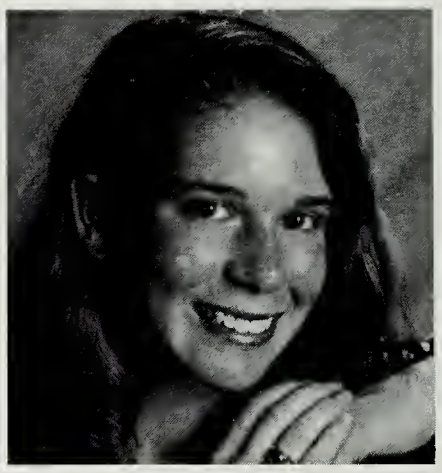




May God bless you
and all your efforts
throughout life.
With love from
Mom and Dad



Jennifer,
God truly blessed us with a daughter like you. Go out into the world our Graduate and be Blessed.
Congadulations
Mom & Dad





Congratulations Ryan,
For the past 17 years you have accomplished everything you set your heart to. Thanks for giving us such great memories. We are very proud of all you have done. We wish you the best in college and the years to come.
Love
Mom, Dad,
Tom, Chris, Cameron,
Tamara & Carrie







Amy,
Congratulations!! We're So proud of you, you've brightened our lives!
All our love,
Mom, Dad, and Erin

Dear Bran,
Time has gone by so quickly. You have always made me so proud and I know you will continue to do so as you pursue your future. Congratulations! The last 18 years have been a pleasure.
Love,
Mom



CONGRATULATIONS
KELLY!

We are so proud
of you!



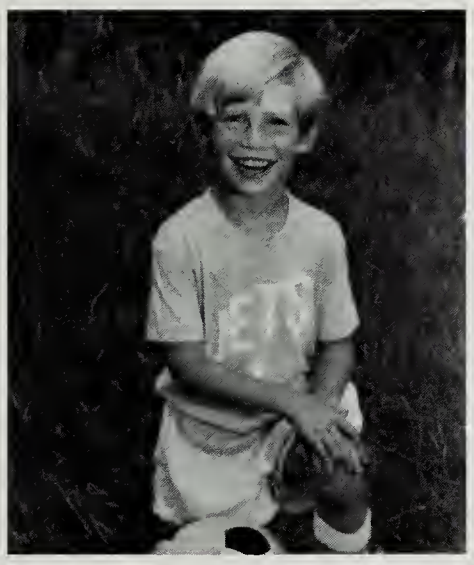
It's been a joy to watch you grow up. Your smile brings us sunshine every day. We wish you happiness in everything you'll do in the future. We love you!
Mom, Dad & Jim



DOUGLAS,
NO ONE COULD BE PROUDER THAN I AM OF YOU.
CONGRATULATIONS ON ALL OF YOUR ACCOMPLISHMENTS AND THOSE STILL TO COME.
ALWAYS BELIEVE IN YOURSELF, FOLLOW YOUR HEART, REACH FOR THE STARS AND FLY 'EM HIGH.
WE LOVE YOU,
MOM AND GREG



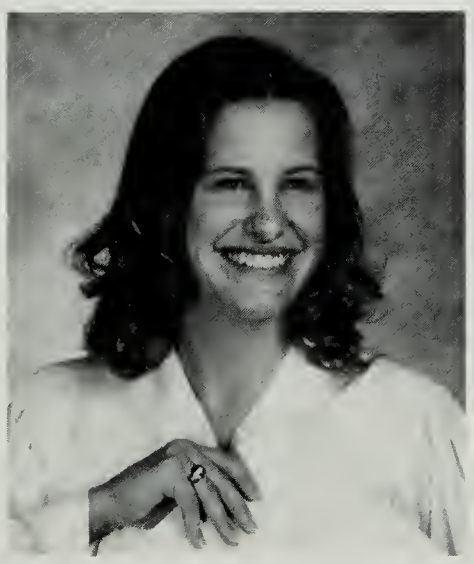
Congratulations 'Itchy'. We're proud of you. SUCCEED!
Love-
Mom, Dad, & Erin



You've come a
Long way, Stephen

Wishing you the
Best of the best.

Love you,
Mom, Dad, Mike,
Ryan, Kenny & Greg



Dearest Alicia,
I will not say to you, "This is the Way; walk in it." For I do not know your way or where the Spirit may call you. It may be to paths I have never trod or ships on the sea leading to unimagined lands a far,
Or haply, to a star!
Love Always,
Mom & Dad
Sur le pont de la vie, on y danse toujours.



Graduation Day
As you walk the aisle this evening,
With pomp and circumstance,
Toward the waiting future,
Through memory's eye we glance.
And see again the little girl
And watch her as she tries
Those halting first steps on her own,
And then through tear-dimmed eyes
We see the woman you've become;
Our baby fully grown;
With steps no longer halting
Walk truly on your own.
And wherever your steps take you,
As when you were so small,
We'll be walking there beside you
To catch you should you fall.
-Allan Graves

Congratulations,
Tracy
Love, Mom, Dad,
Kelly, and
Winston



Elisa Gabriela Lambert







"You've Come A Long Way Baby!"
Congratulations!!
All our love, Mami, Papi, Christina, Alexandra

~Easter eggs~ Erinn~ twins~ Aaron~ costumes~
~Mike~ Thanksgiving eve~ Jeremi~ zebelin~

~lost~
~Allison~
~found~
~Chari~
~Cannons

Finally...farewell. Be perfect, be of good comfort, be of one mind, live in peace; and the God of love and peace shall be with you.
2 Cor. 13:11

~drama~
~Tony~
~pizza~
~Janet~
pickles~

Heather~ Frosh Volleyball~ Jill~ Anne marathons
~homemade pretzels~ Jenn~ shared lunch~ John~

Congratulations, Jami!
We are very proud of you and we love you.
Mom, Dad & Aaron



Boo,

As you face life's uncertainties, have no fears...You are WOMAN and you are invincible!



Be true to yourself.
Share your gifts.
Know you are loved-
unconditionally.

(Oh... and watch out for Front Porch Bandits!)

With love and pride,

The Bumble Bunch

1 Tim. 4:12



KELLEY,
YOU ARE A
"SPECIAL"
DAUGHTER.
TODAY AND
ALWAYS.
LOVE,
MOM AND DAD

Lori,
Simple words cannot express our feelings of how proud we are of you. It has been such a joy watching you grow and mature into the beautiful person you are. God truly blessed us 17 years ago. Keep that beautiful smile and great sense of humor and never forget we love you and will always be here for you.

Love always,
Dad, Mom and Brandon



T.J.

We waited for your arrival with great expectation.
The day of your birth was cause for great celebration.
Our hearts were filled with love and unequaled joy.
We had a son, an heir, our own baby boy!

Laughing brown eyes, in a face so fair.
A head that was crowned with red-gold hair.
You grew so fast, and soon you could talk. But, the trouble really began when you were able to walk!

You would give us a smile, and look so sweet.
Then you'd tear through the house with your flashing feet.
Those years went too fast, and now your all grown.
Soon you will leave us, to go out on your own.



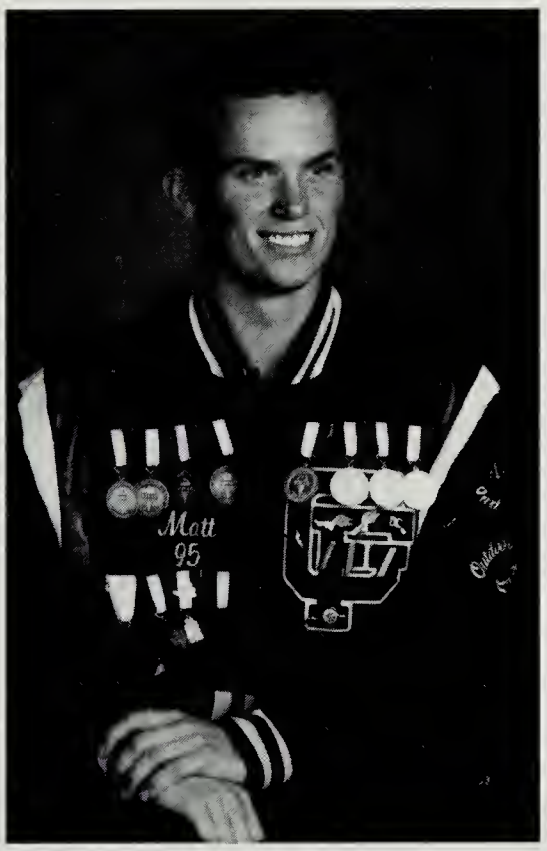
T.J., you're still a contradiction, that is for sure.
One minute you're so serious and very mature,
Talking like an adult, with your voice deep but mild.
Then in an instant you revert and act like our child.

We've always had high hopes and special dreams for you,
And, you have what it takes to make those dreams come true.
Responsibility is often a very heavy load,
But you shouldered the burden, and chose the right road.

As this journey is ending, and a new one soon starts,
We want you to know of the pride we have in our hearts.
But, if you take that pride and magnify it a hundredfold.
That's all of the love for you that our hearts could hold.

As your new journey begins, and you start on your quest,
Remember, always be yourself, and always do your best.
We'll always be with you, as you go on your way.
Cause, no matter how old, you'll still be our T.J.

Wishing you all of the best
and all of our LOVE,
MOM, DAD, and JEREMY



MATT

Congratulations!
Good Luck!!

Love,
Mom and Dad

"Fortune assists the brave."
-Terence





You've made us so proud!
Keep your cheerful outlook on life!

We love you,
Mom, Dad & Katie

Congratulations Ruben!
We are so proud to have you for a son and , are proud of all you've done. We believe in you and pray that all your dreams come true. May the Lord be with you down every road you roam; May sunshine and happiness surround you when you are far from home. Whatever roads you choose, we're right behind you win or lose! We love you very much, Ruben and always will!

Love,
Mom, Dad, and Jonathan







We would like to take this opportunity to thank you. Since the day you were born, you have made our rainy days sunny. Our lives have been filled with joy and happiness and we're very proud of all the hard work and effort you have done to make this day possible. We wish you much success and a very bright future.

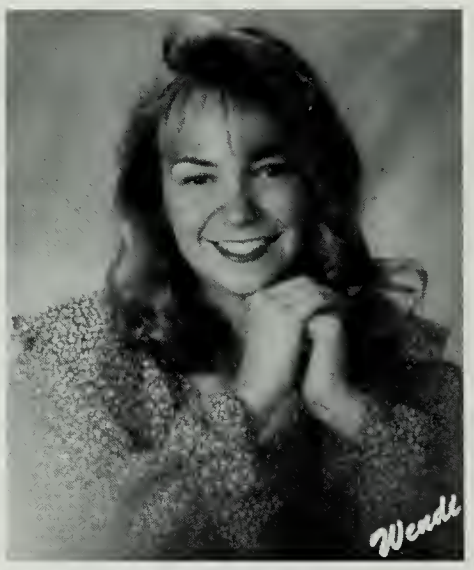
CONGRATULATIONS !!!

LOVE,

Mom, Dad,

Elgin, Jacob





Wendi,

We are proud of all your accomplishments, but most of all ,we love you for being you. Continue to reach for the stars. We wish only the best for you in the future.

All our Love,

Mom, Dad,
Sara, & Elizabeth



"The place of the dance is within the heart." --Tom Robbins

Allison, you are always within our hearts. You have made us so proud and we love you dearly.
Mom, Dad and Casey



Dear Heather,

It's hard for me to accept that you are ready to graduate. Somehow, the last seventeen years have slipped away when I wasn't looking. Thank you for all the joy, happiness, and precious memories you have given me. Just remember that we love you deeply and will always be there for you.

Good luck always.

Love,

Mom and Andy

CONGRATULATIONS AMELINA!!



I'm so proud of you!!

LOVE ALWAYS, TOMMY



Ron,

Congratulations!!

It's been a tough, long road. You overcame the many hurdles. We are very proud of you, believe in you & wish all your dreams come true.

All our Love,

Mom and Dad



SHANE

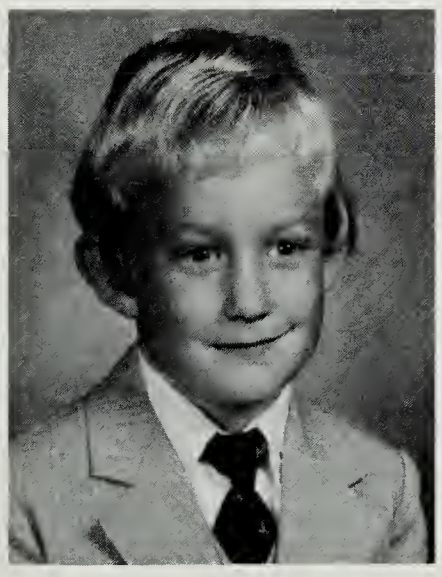
"Tuba Man"



You have been a blessing in our lives.
You and your accomplishments make us so very proud.
Your future is bright and full of promise and adventure.
Believe in yourself and your dreams can come true!

Love,

Mom and Dad



Dear Brian,
Life is a series of choices . . . so far, you have made some very good ones!

Wir gratulieren zum schulabschluss!



Julie,
"A true friend is the greatest of all blessings."

You have done so much to get where you are. No one could be prouder than me. Thanks for all of the memories, especially beach trips and bank tellers. You are the best!

Love Always,
Debbie



Heather,
These years have gone by way too fast. Thank you for being the friend that you've been. We had a lot of fun. I wish you all the best and I'll miss you! "Always and Forever,"

-Katie



Liz,

Thank you for always being there when a person needed a pal! You have been one of the world's greatest friends to me. Though our lives may lead to separate paths, I will always remember the memories and good times we've had in high school. My heart and home are always open to you now and forever! I'll miss you!

Georgia



Gark,

We are very proud of you and your accomplishments. You will go far.

Love,
Dad, Mom,
& Ro

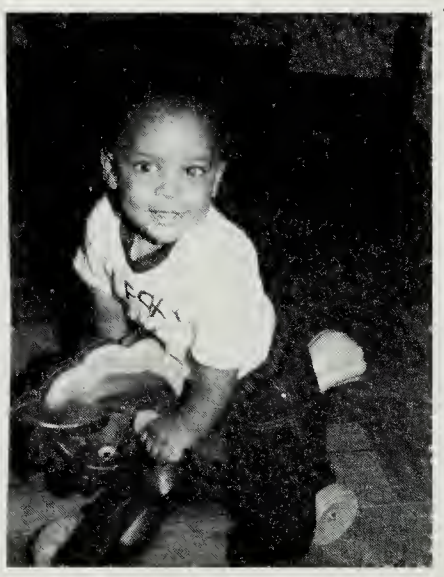






Congratulations on what you have accomplished so far, it's only a beginning. Good luck in all your future endeavors.

Love,
Mom, Dad,
Teri, & Jeff



Anitra,
"A Mother's Day Baby" that is what we called you, even though you were born the next day. You, were always our special Mother's Day present. From that sweet, soft warm bundle of love, emerged a beautiful, and intelligent young woman. God be with you on your journey of a lifetime. Because of God's love for you, He has inspired you with qualities of understanding, forgiveness, generosity and patience.
We love you much and wish you only the "Best of Everything".

Love Always,
Your Family
1995



KEVIN,

YOU HAVE ALWAYS BEEN A "SUPER" SON & BROTHER. YOU CONTINUE TO MAKE US PROUD. GOD BLESS YOU IN ALL YOU DO IN THE FUTURE.

LOVE,
MOM, DAD,
CLAIRE & TERI

"Look towards the Sun, And the shadows will fall behind you"

Alesha,

You've Always been the brightest light in my life. I couldn't have asked for a better daughter. I'm SOoooo proud of you!!



Love Always,
Mom





You're Still #1



"From one *hot wheels* to another."
Congratulations Eric!
Love, Mom & Dad



Stacey,

I just wanted to let you know, you're an extra special friend! The best I've ever had! Even if we're oceans apart, you'll always be in my thoughts.

Love Always,
Your bestest bud, Alicia



Elizabeth,

We're proud of all your accomplishments through the years.

Congratulations and all our love. May your blessings never cease as you journey through life.

Love,
Mom & Dad
Grandmaw & Grandpaw
Terry & Matthew



Kevin,

Congratulations to a wonderful son! We are so proud of you. We wish you every success in your college years and beyond.

Love Always,
Mom and Dad





Rachel Dency,

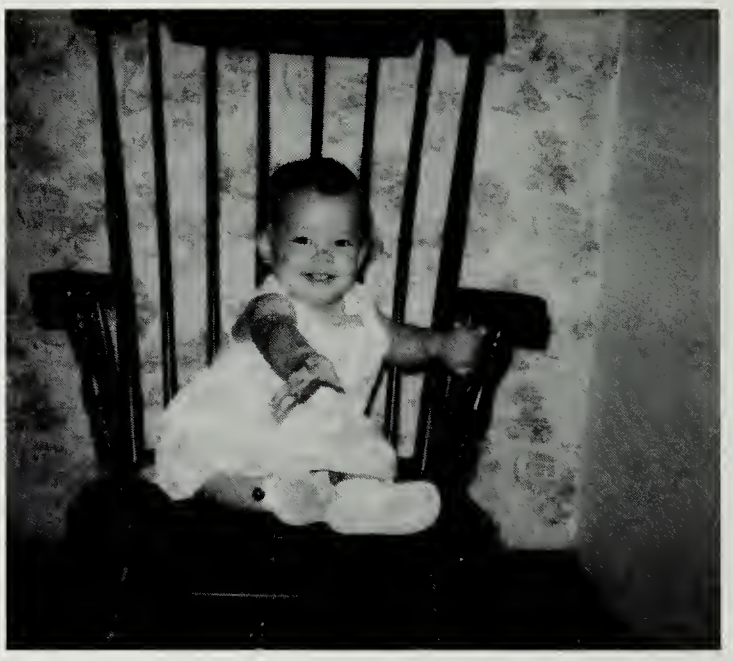
You always have and always will touch many lives with your strength, beauty, love and kindness.

We love you so very much and we couldn't be prouder of your accomplishments.

Always remember "You are God's baby"

Love,
Mom, Rick,
Jonathan & Mike,
Dad & Kathey









LaToria,

To God be the glory is my song of praise. By the grace of the Almighty God, he has brought you this far by faith and by His grace. Your faith will continue to lead you on. For greater is He (Christ) that's in you than he (devil) that's in the world. Always know that you can do all things through Christ, who strenghtens you. He will never leave you nor forsake you. Even though there have been many difficult times in your life, we thank God that by his Grace we can count them in all joy for His glory'sake. You are God's beautiful, black young girl in whom He is so well pleased and so am I. I love you and I thank God for such a blessed child. You are a very hilarious person. You are wise, beautiful, bold, strong, artistic, talented, gifted, fashionable, neat, generious & loving. Congratulations on your graduation from high school. I thank God for all the accomplishments you've made. I have faith that you will continue to go forth in victory acknowledging God's plan and purpose for your life.

Love with all my Heart,
Mom

Congratulations! You have cleared one major hurdle, however, you must now establish and set your sights on a new goal. Hopefully, it will be to continue with higher education.

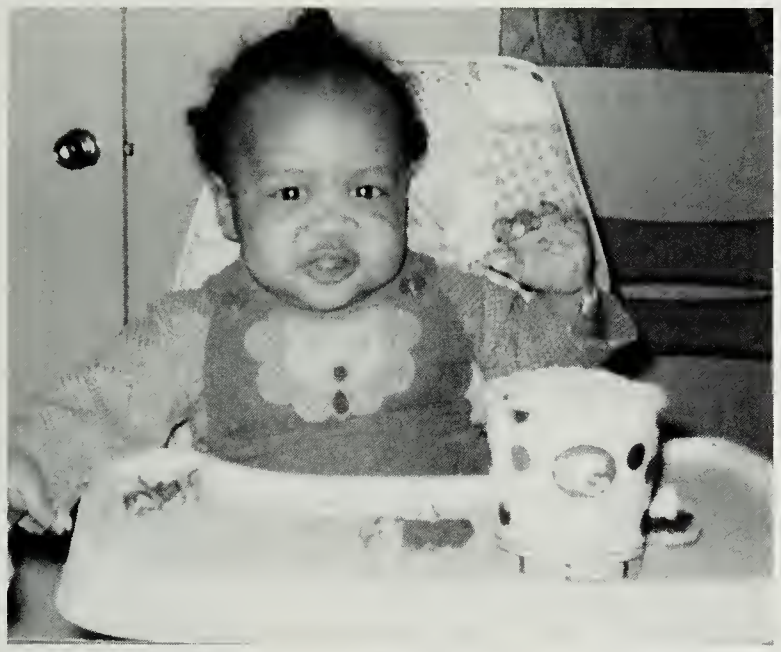
Hey Buckwheat!

No matter how grown you think you are, you're still the <u>little</u> sister. And I'm the proudest sister in the world. Remember when you passed the Dee Dee wiping contest ! Smile!

Go get 'em Sis!

Love ya,

Dee-Dee







Well, I guess time really does fly when you're having fun! It seems like only yesterday that we proudly watched you celebrate your first birthday or watched you play games with Gabe under the furniture; now look at this beautiful high school graduate. Congratulations! My prayers and love go with you as you begin to forge new trails in college and in life. We're very proud of you and happy for you.

Love,
Mommy, Gabe
and
The Davis and Carmouche
Families



Congratulations
Victoria,

Shoot for the moon
and even if you miss,
You'll still be amongst
the stars

Love,
Mom, Dad, Dion &
Darrin

In Loving Memory of Matthew Scott Edsall

Our Gifted Son, Loving Brother, Treasured Friend

March 20, 1977

July 1, 1990













Do not stand by my grave and weep
I am not there I do not sleep
I am a thousand winds that blow
I am a diamond glint on snow
I am the sunlight on ripened grain
I am the gentle autumn rain
When you wake in the morning hush
I am the swift uplifting rush
Of quiet birds in circling light
I am the soft star shine at night
Do not stand by my grave and cry
I am not there I did not die



As the Class of 1995 graduates, let the Spirit of Matthew remind all of us to preserve the innocence of children while believing in their voices.

Nicole Trucking, Inc.

P.O. Box 2347, Woodbridge, VA 22192



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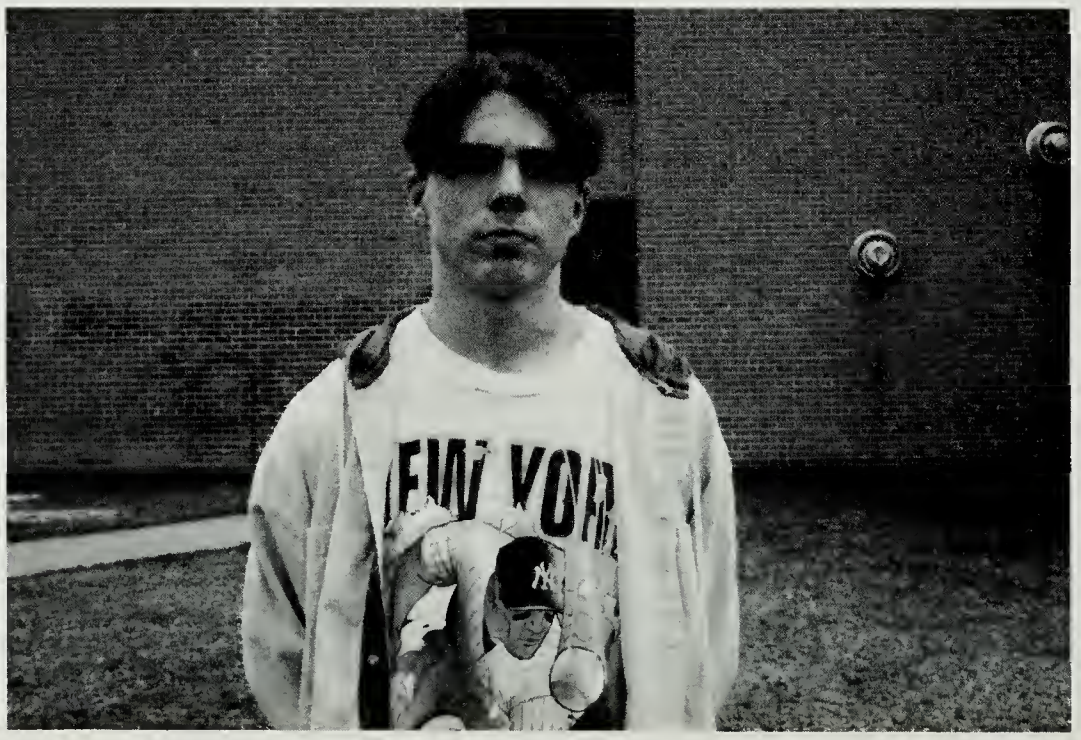
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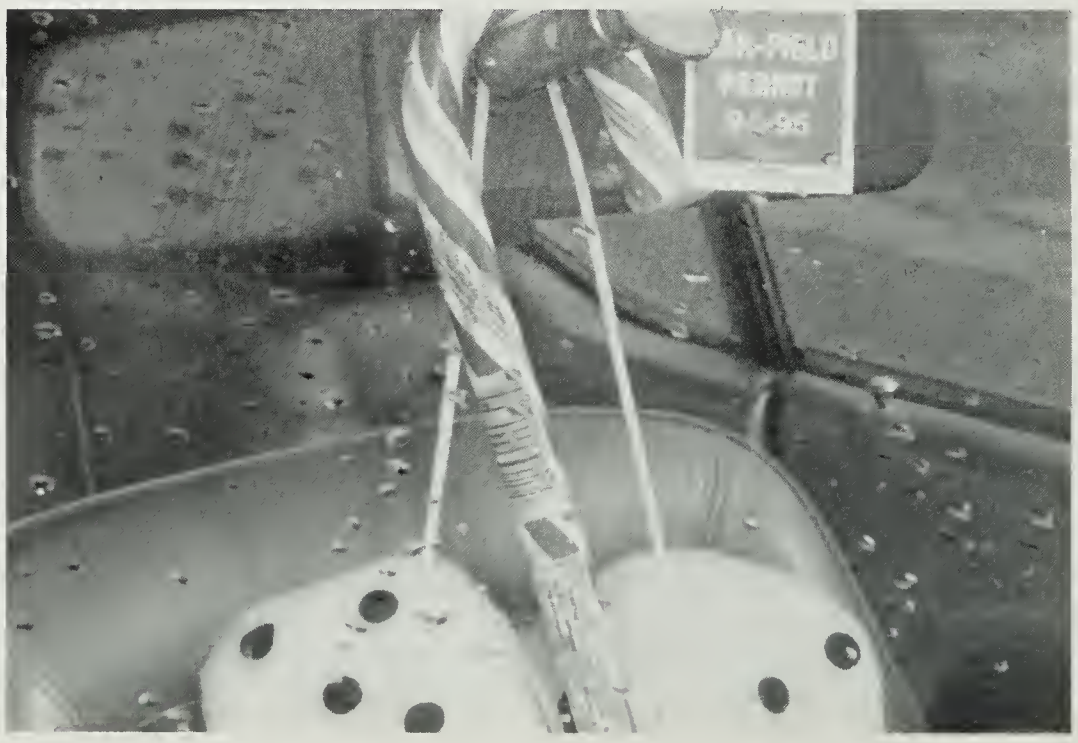
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...All Good Things Must Come to an End.

You made things happen. As the school year ended, you were even closer to acheiving your goals. You were proud of the ways you had grown during the year, of the territory you had covered, and new heights to which you had climbed. You had your fun, but when it came down to it you got the work done.

You each added your own accomplishments to the School of Champions. Changes were introduced and people were said goodbye to. Block scheduling found its way back into the school system, the tardy policy became more strict, and Mr. Constantino, the senior's administrator, left for Stonewall. Each one of you dealt with these changes in you r own way. You acted as champions by making full use of your multi-cultural and academic awareness. You lived up to the standards that others had set before you.

Time makes history of us all. The desire that keeps you focused on your goals, cannot blind you to the fact that what you do today will shape tomorrow. Whether you want it to or not, the story does not end with you. You have lived to tell about a year of growth and accomplishment, of fun and games, of dreams and realities. The best view is the one ahead. Step into tomorrow. -Katie Hawxhurst



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Colophon

Volume 52 of Indian Echoes was produced in its entirety on MacIntoshII si and LC computer using Aldus Pagemaker 5.0 with the yeartech program. The 1,000, 292 page copies were published by the Jostens Printing and Publishing Company in Winston Salem, North Carolina. A special thanks to our publishing Representatives Mr. Pete and Lori Griffin for their help. The book sold for a sliding scale of $35 to $40.

The endsheets were printed on 100lb. white stock paper. Our endsheets were 280 Snow White printed with 1 Black. The layouts were designed by Jostens and the 1994-95 Indian Echoes staff.

The plant artist Mr. Bob Eyster designed the cover. The book is a matte laminated lithograph, printed with foil stamp. The cover is done in 320 Blue Green, Black, 333 Iridescent Foil, and the grain is mission.

The pages were printed on 80 lb. gloss, 9x12 white stock paper. Captions were in 8 point type and the body was in 10 point type. Only Adobe fonts were used. The signatures were smyth sewn, rounded, and back with headbands. Photos were taken by photojournalism students and Segall-Majestic of Baltimore, Maryland.

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